

# WAHTA ATENHROS: SERA OHIARIHKO: WA JULY (TIME OF MUCH RIPENING) 2015

## Wahta Mohawks Member Recognition

National Aboriginal Day is a day to celebrate the cultures and contributions to Canada of First Nations. Accordingly, we wish to recognize and celebrate our own members who have contributed to Canada and our community. We will be providing space in our monthly newsletter to recognize our people so that all of our members can be proud and inspired by these role models of our community. Please see page 15.

### NOTICE

We are compiling a list of persons who attended residential schools and are requesting family members to please call in with their names

Please call  
Karen Sahanatien  
705-762-2354 Ex 222

#### IN THIS ISSUE:

CALENDAR  
MESSAGE FROM  
COUNCIL  
HEALTH SERVICES  
EDUCATION  
ANNOUNCEMENTS  
EMPLOYMENT  
CONTACTS

### *CONSULTATION PLAN RESPONSES*

LAST MONTHS DRAW WAS UNCLAIMED SO WE HAVE DRAWN A 2ND

ENTRY. THE WINNING # IS 266!

PLEASE BRING YOUR HALF OF THE ENTRY TO CLAIM

YOUR PRIZE

# July 2015

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1	2 <i>Strawberry Social</i>	3	4
5	6		8 <i>Foot care</i>	9 <i>Right to Play Diabetic Slow Cooker Class</i>	10	11 <i>Annual Golf Day</i>
12	13 <i>Baby Play Crafts with Wendy</i>	14 <i>Right to Play Kids Camp</i>	15 <i>Right to Play Kids Camp</i>	16 <i>Right to Play Kids Camp</i>	17	18
19	20 <i>Baby Play Tie Dying</i>	21 <i>Right to Play</i>	22 <i>Right to Play</i>	23 <i>Right to Play</i>	24 <i>Santa's Village</i>	25 <i>Education Recognition</i>
26	27 <i>Baby Play</i>	28 <i>Right to Play Community Meeting</i>	29 <i>Right to Play</i>	30 <i>Right to Play</i>	31	

## A MESSAGE FROM COUNCIL

As summer is fast approaching I would like to invite everyone to take part in the events in the community that you will find in this and future issues of your newsletter. Additionally Council thanks those who provided input in our recent survey regarding the consultation plan. We hope people will continue to provide input into governance as we work on the strategic plan that council laid out for itself and the community in the coming years.

I will mention some of the work that Council has been dealing with in the last month or more starting with our "external affairs". These are dealings with other associations or government branches that may affect our future.

### **Association of Iroquois and Allied Indians (AIAI) Annual General Assembly**

Councillors Schell, Lane, and myself travelled to Sault St Marie and the Batchewana First Nation for this assembly during the last week of May. The assembly is for Chief and Councillors to learn what has transpired on many fronts that the AIAI has been working on in the past year, and to set direction for the year to come. The AIAI continues to be heavily involved in health, social services, education, and politically of late dealing with legislation that is rapidly being created and imposed on us by federal and provincial governments.

### **Ontario First Nations Limited Partnership Annual General Assembly (AFNLP)**

I attended the Annual Assembly for the Partners on June 11 in Toronto. At this assembly the Chiefs of First Nations in Ontario gather for updates and provide future direction to the board of directors of the AFNLP. The 1.7 % of the gross income from all Ontario Lottery and Gaming revenues that go to First Nations is flowed through this organization under specific terms and set out in agreements.

A positive announcement was made there regarding that First Nations now have a seat on the board of directors for OLG. This comes after seven years of legal wrangling and arbitration between First Nations and Ontario to have this seat filled as set out in the 2008 agreement. Steve Williams, Six Nations representative for the independent First Nations will be our board representative.

### **Meeting with Ministry of Aboriginal Affairs and Moon River Developments**

I was in Toronto early in June to meet with the Deputy Minister for Aboriginal Affairs. At this meeting we were able to discuss our concerns with the way in which the province handles the duty to consult First Nations, a good example is the now two hydro developments that are happening with The Muskoka River Water Management Plan and ultimately the Moon River which flows through our territory. Our concern began with the Portage in Bala and its historical significance to us, and more so now the ever changing face of the Bala Falls hydro project and those long term effects that may have on us. The scope of the project is departing from the original environmental assessments, of which we stand that the consultation process was never carried out. We also discussed no consultation regarding the sale of Ontario Hydro concerns and how that might affect the agreements we have with them, as well as the changing face of how health care delivery may be changed in Ontario after a media announcement from the Health Minister. A follow up meeting with representatives from various ministries will take place in July for Wahta Council.

### **Assembly of First Nations General Assembly**

I will be attending this assembly. Chiefs and delegates from across the country will be there to discuss the issues that face us and to make recommendations. I am certain there will be more on the Truth and Reconciliation report that came out recently, and the call to implement the recommendations contained there.



### **Truth and Reconciliation**

The summary report of this Commission was finally recently released. It contains many truths that we knew to be true, and now the rest of Canada has a document to also bring these truths to light. The report included 95 recommendations for the government to act on. Certainly nothing will be done by the government in the near future especially since parliament closes June 19, and will not reconvene until after the October election. We need to urge candidate Members of Parliament to study this report and respect the recommendations contained in it. At a recent funding announcement for our language project here at Wahta I relayed those recommendation concerns to our local MP for the Conservation Party.

### **Iroquois Caucus**

The caucus is a political voice unique to the Iroquois communities in Ontario and Quebec. Recently Council committed to another year of membership fees (\$10,000) as a contribution to the ongoing expenses of the Caucus.

### **Hydro One Networks Incorporated (HONI)**

Council is continuing to meet with HONI regarding our agreements regarding land usage in the territory. We have been asking for past information specifically with agreements signed by individuals and Ontario Hydro regarding certificate of possession lots. Council should be able to table a report on this matter in July.

### **Education Funding**

Here on the home front there is no shortage of issues to deal with. One of those is the funding of post-secondary students and the inadequacy of the federal contributions to us through Aboriginal Affairs and Northern Development. It has been a tradition of many Wahta Councils to make education opportunities for our students a priority. Given that we

cannot count on the federal government to hold that same concern, we must find alternative means to assist students in their journey. However with existing and limited resources Council must face the issue with a view to the long term. Currently and for the past years the education budget is being topped up with income earned from other sources. That was the case this year again. I write this as we prepare for our annual student recognition dinner and celebration for our elementary and secondary students. They are reminders of the need to work toward solutions for the future. As a membership I would ask that you express your views when we are able to put forth a report with details. We have asked for projections from our membership and education departments to assist in this. While we fund education with additional dollars we also have to consider economic development, housing, and environmental concerns as well.

### **Housing**

To date this year Council has approved one housing subsidy and agreeing in principal to another. For the latter Council is working stay within the existing policy yet enable a safe and healthy environment for another case where children are caught in the red tape. This situation reminds me of another case many years ago where residency regulations were relaxed so that a child could remain in this community from a toddler age. In that case what transpired was a member who has become fluent in our language and is well regarded not just here but in other Mohawk communities for his abilities.

Housing subsidies are subject to our housing policy whereby qualified members must adhere to the policy and prove with evidence that they are able to complete the house project according the Indian Residential Housing Code. While there are many persons who are not financially able to do so, this is recognized and Council has applied to the new Market Housing Fund to begin the work of creating more affordable housing alternatives for the community.

## Muskoka Health Hub Wahta

The transition for the Nurse Practitioner clinic to be part of the provincial health care system is all but complete. Council will meet soon with Cottage Country Family Health Team and the Muskoka Health Link to complete the details of an agreement which details how we will work together to bring forward this project. Communities with NP stations are required to donate some in-kind services, and in this case it is the use of the building the clinic is in, with shared contributions to upkeep and maintenance.

## Land Claim

Unfortunately there has not been much movement on this file. Following up with last Councils work, we deal with a lawyer to investigate alternatives to the final settlement. To date he has not been able to work on the land claim and is expected to report to Council in the very near future.

Have a very safe and enjoyable beginning to Summer. Please remember the General Meeting of the membership occurring June 27th.

Nia:wen kowa, Chief Franks



## Matrimonial Real Property Rights

Matrimonial Real Property—What is it?

Matrimonial real property can include land held by one or both spouses or common-law partners and used by the family i.e. houses, sheds, mobile homes or other structures on that land. It does not include things such as cars, money, clothing or televisions.

In the event of death, divorce or separation, people living off reserve have provincial law rights and protections regarding their family home. These provincial law rights and protections do not apply to those living on reserve. To give people living on reserves comparable protections and rights as those living off reserve, a law was put in place on December 16, 2013, called the Family Homes on Reserves and Matrimonial Interests or Rights Act (The Act).

### What does the Act do?

The Act gives First Nation Communities the opportunity to either develop their own community matrimonial real property law or follow provisional federal rules. These rules, although intended to temporarily apply until a First Nation develops their own matrimonial real property law, can be followed for an indefinite period of time.

### Protections

As of December 16, 2014, once the provisional federal rules are in effect, the following are examples of the protections and rights that would apply, should a First Nation community not have enacted its own community law:

#### Emergency Protection Orders

In cases of domestic violence, a victim can apply to the court to remove their abusive partner from the family home. This application can be made by the victim or by someone else, such as a nurse or a social worker on behalf of the victim, without the presence of the spouse or common-law partner.

### Family Home

Either spouse or common-law partner has the right to occupy the family home during the conjugal relationship.

A family home cannot be mortgaged or sold without the consent of both people in the relationship.

If a marriage or common-law relationship breaks down, a spouse or common-law partner can apply to the court to have time-limited exclusive occupation of the family home. That means that a court can order a spouse or common-law partner to leave the family home for a period of time.

On the death of a partner who held the interest in the family home, the surviving partner may live in the home for a period of 180 days.

### Division of On-Reserve Matrimonial Interests or rights

In the event of separation, divorce or death, both partners are entitled to half the value of the family home.

A court can enforce written agreements that set out the amounts that each spouse or common-law partner is entitled to receive in the event of separation or divorce.

## Balancing Your Rights and the Rights of your First Nation Community

### The provisional federal rules specify:

First Nation councils are to be notified about applications for an order made under the Act, such as an application made to the court for exclusive occupation of the family home.

First Nation councils will not be notified in cases of emergency protection orders and confidentiality orders arising from domestic violence situations. Before issuing exclusive occupation orders, courts are to consider the collective interests of the First Nation members and any representations by the First Nation's council with respect to that First Nation's cultural, social and legal context, ECT.

# HEALTH SERVICES

## Men's Medicine Wheel Teachings

Thursday July 16<sup>th</sup>

5:30-8:30

David R. Maracle

Tehanenia:kwe'tarons – Cutter of Stone



If interested in attending please contact Christine (273) or Sherry (250) to sign up

Spaces are limited Sign up by Tuesday, July 7 @ 4pm



**Tie Dying for the Elders Conference**  
In reference to the Theme Day/Dinner

**Monday July 20<sup>th</sup>**  
**10-12**

If you plan to attend the conference but are unable to make it for tie-dying day please get in touch with Sherry (250) or Christine (273) and we will make sure that one gets made for you!!



## Strawberry Social and Teaching

Thursday, July 2nd at 1:30

Please contact Sherry at ext. 250 or Christine at ext. 273



## Community Shopping

Tuesday, July 7th—Walmart in Bracebridge

Wednesday, August 5th—Walmart and Mall in Barrie



## Diabetic Slow Cooker Class

Thursday, July 9th

Please contact Sherry at ext. 250 or Christine at ext. 273



**Footcare**  
**Wednesday, July 8th**



## Annual Golf Day Bonaire

Saturday, July 11— Tee off at 8:30

Please contact Christine at ext. 273 by July 2nd



## Attention all Elders!!!

Come for Tea, cookies and sandwiches that the children and youth of Wahta have prepared for you on Thursday August 6<sup>th</sup> from 11:30am - 1:00pm. Please contact Colleen at ext. 241 if you would like to join us.



## Crafts with Wendy

Monday, July 13th at 9 until 12

Pease contact Sherry at ext. 250





## Gravenhurst Farmers Market

Wednesday, July 22nd

Wednesday, August 12th

The bus leaves at 8:30

Please contact Christine at  
ext.273

Or Sherry at 250



## Chair Exercise, Lunch & Bingo

Wednesday, July 29th

Please Contact Christine at ext. 273



## Blueberry Picking

Monday, August 10th

We will be stopping for lunch at your own cost

Please contact Sherry at ext. 250 or Christine at ext. 273.



## RIGHT TO PLAY

The summer program will run  
every Tuesday, Wednesday,  
and Thursday from 9:00am –  
1:00pm beginning July 9th.  
Please contact Colleen ext. 241  
for more information.

## Baby Play at Ratiksaokón:'a Raotinákte (The Children's Place)

Monday July 13th, 20th, 27th. Contact  
Colleen ext.241 for more information.



## Santa's Village

Friday , July 24th, the bus  
departs the Community  
Centre at 9:00am. Con-  
tact Colleen ext.241 to  
reserve your spot.







## COMMUNITY CORN ROAST AND POTLUCK

MONDAY AUGUST 31, 2015 FROM 6:30pm – 9:30pm

Please confirm your attendance with Sherry ext. 250, Colleen ext. 241, Kristal ext. 230 or Christine ext. 273.

Please let us know what you plan on bringing to the pot luck so we can ensure we have a variety.

Please bring your lawn chair with you as we will be outside.



## YAHOO!!!!!!! TRADITIONAL KIDS CAMP IS HAPPENING

**WHERE: LONGHOUSE**

**WHEN: JULY 14, 15 & 16/2015**

**TIME: 9AM -3PM (PARENTS DROP OFF & PICK UP)**

**WHAT: CHILDREN ARE TO BRING SWIMSUITS & TOWELS**

**CONTACT: KRISTAL OR COLLEEN TO SIGN UP.**

**WE ARE LOOKING FORWARD TO ANOTHER AMAZING CAMP!!!!**

**Please sign up by July 3rd.**



# MOHAWK LANGUAGE PROGRAM

WAHTA MOHAWKS IS OFFERING AN ONLINE BEGINNER LEVEL  
MOHAWK LANGUAGE PROGRAM

THE PROGRAM IS A NOVICE LEVEL- THREE STAGE PROGRAM  
THIS IS A GREAT STARTING POINT FOR THOSE WITH LITTLE TO NO  
PRIOR LANGUAGE EXPERIENCE

- ♦ STUDENTS WILL RECEIVE FREE TRAINING TO BECOME FAMILIAR WITH ADOBE CONNECT, THE PROGRAM TO BE USED FOR THE COURSE.
- ♦ HIGH SPEED INTERNET ACCESS IS REQUIRED. - NO INTERNET?
- ♦ WAHTA MOHAWKS WILL PROVIDE A LEARNING SITE.
- ♦ LANGUAGE TUTORS WILL BE AVAILABLE TO SUPPORT LEARNERS IN COMMUNITY.
- ♦ SPACE IS LIMITED TO 12 PARTICIPANTS PER STAGE.

TO REGISTER FOR THIS FREE PROGRAM CONTACT CAROL HOLMES AT  
705-762-2354 X 233 OR EMAIL [CAROL.HOLMES@WAHTAMOHAWKS.CA](mailto:CAROL.HOLMES@WAHTAMOHAWKS.CA)



## EDUCATION NEWS

As the school year comes to a close we like to take this time to appreciate the many parents and extended families who have played an essential role “behind the scenes” contributing to the success of our students. For the early mornings, the countless lunches and snacks, and the hours of homework support, nia:wen. The summer break is almost here!!!!

The annual education recognition celebration

is occurring on Thursday June 25 at 6:00 p.m. at the Wahta Mohawk Longhouse. This is a pot luck event. If you haven’t called in yet to indicate that you are planning to attend please do so as soon as possible. This is an invitation to all; not just families with children in school. It is important for our students to experience the support of community, and it truly does make a difference!

## WAHTA MOHAWK ONLINE LANGUAGE PROGRAM

Many thanks to those who came out to the formal presentation given by Tony Clement on behalf of the Aboriginal Language Initiative for the grant money to provide an online language program to begin late August. If you are interested in participating as a student in an on line beginner program, registration is now open. The program is designed to allow participants to learn from the comfort of their own home, or space and internet service will be provided for students to learn at Wahta Mohawks. If you have any questions please email [carol.holmes@wahtamohawks.ca](mailto:carol.holmes@wahtamohawks.ca) and we will be happy to respond. Alternatively you can phone 705-762-2354 x 233.



*Funding Presentation*

*Pictured above, Amos Key, Tony Clement and  
Chief Philip Franks*



**JULY 25TH—31ST**

**Recital of the Great Law of  
Peace  
In  
Akwesasne**

#### WALKING IN BALANCE AND HARMONY

IN MAY 2015 THERE WAS A YOUTH ENGAGEMENT SESSION HELD IN HIAWATHA FIRST NATION WHICH INCLUDED YOUTH REPRESENTATIVES FROM AIAI MEMBER COMMUNITIES INCLUDING HIAWATHA, BATCHEWANA, MOHAWKS OF THE BAY OF QUINTE, AND WAHTA. BEKKI DECAIRE AND KARA WANOTH ATTENDED AS THE YOUTH REPRESENTATIVES FROM WAHTA. THE PURPOSE OF THIS SESSION WAS FOR THE YOUTH TO LEARN SKILLS TO IDENTIFY AND COPE WITH VIOLENCE IN FIRST NATION COMMUNITIES AND CREATE A PRESENTATION FROM THEIR PERSPECTIVE ON SOLUTIONS TO DEAL WITH ISSUES IN THEIR COMMUNITIES. THIS PRESENTATION WAS THEN TO BE PRESENTED BY THE YOUTH TO THE SEVEN A.I.A.I. COMMUNITY REPRESENTATIVES AT THE AIAI "WALKING IN BALANCE AND HARMONY" ASSEMBLY HELD IN ONEIDA ON JUNE 9 – 11, 2015.

THE YOUTH FROM THE PREVIOUS ENGAGEMENT SESSIONS GATHERED AND RECEIVED GUIDANCE AND SUPPORT FROM DIANE HILL'S R.E.A.L SCHOOL PROGRAM ON THIS ISSUE. THE YOUTH DISCUSSED THE THINGS YOUTH WERE EXPERIENCING NOW AND THROUGHOUT THEIR LIVES, AND HOW BEING FIRST NATION THEY COULD ENGAGE IN INDIGENOUS WAYS OF LEARNING THAT WOULD INFLUENCE THEM AND PROVIDE OPPORTUNITIES TO MAKE HEALTHY CHOICES AND RELATIONSHIPS. THIS WAS AN EXCELLENT OPPORTUNITY WORKING WITH THE R.E.A.L. SCHOOL PROGRAM THAT COULD BE HELPFUL IF HELD IN WAHTA IN THE FUTURE.

#### The AIAI Elders Conference

Is being held at Wahta this year on August 18th–20th. If you are interested in setting up and manning a craft both during that time please contact Sherry (250) or Christine (273) if you are interested



*Above Photo: Reyanna Senecal (Batchewana), Grand Chief  
Gord Peters, Kara Wanath*





## 1st ANNUAL "YWalk4Wome&Girls"

On Monday, August 10th, 2015 the 1st Annual "YWalk4Women&Girls" will begin in Port Severn (Township of Georgian Bay), and follow a route connecting Georgian Bay Township, Gravenhurst, Bracebridge, Muskoka Lakes, Huntsville and Lake of Bays. "YWalk4Women&Girls", approximately 170 kilometres, will be walked on consecutive days, with the hope of finishing in Dwight on August 19th. The Walk will be going through Wahta Territory on Tuesday, August 11<sup>th</sup>, 2015.

"YWALK4Women&Girls" will raise awareness of the lives of women and girls in Muskoka; connect Muskoka's communities in a common cause and raise funds so that YWCA Muskoka can continue to serve over 1,600 people in 44 different locations throughout Muskoka whose lives are affected by domestic abuse, unemployment, lack of housing, transportation and poverty.

**YOU are invited** to be part of this exciting Muskoka-wide trek by **sponsoring "YWalk4Women&Girls"** AND **recruiting at least one other sponsor** (the more the merrier!). The total fundraising goal is \$10,000. That is 200 people at \$50 each – enough to fund 4 school-based programs for girls or 3 programs for women. YOU can make a difference!

Simply click on this link <http://bit.ly/1GyPEx8> or call YWCA Muskoka at 705-645-9827 for more information and to donate. Don't forget to forward this message to at least one other friend, tell them you are a supporter and invite them to join you. Then follow our progress!

Wahta Mohawks would like to support this Walk by getting as many women to participate as possible. Staff, community and members who sign up and complete the walk with another sponsor will be invited to join us for a meal after the event and will be recognized in the monthly newsletter for their participation. Be a CHAMPION of positive change for women & girls! Please leave your name at the reception should you plan to attend. (705) 762-2354. We hope to see you there!

Tax receipts will automatically be issued for every donation of \$50 or more.

## EMERGENCY PREPAREDNESS THUNDERSTORMS

Thunderstorms are accompanied by lightning and may produce damaging weather such as tornadoes, hail, high winds and heavy rain. In Canada, lightning kills on average 9 to 10 people and seriously injures 92 to 164 people a year. When you are building your family emergency plan review and discuss these safety tips with your entire household:

### **If you are indoors:**

Stay indoors when a thunderstorm strikes. Remain indoors for at least 30 minutes since the last rumble of thunder to ensure the storm has moved well away from your location;

Strong winds and large hailstones can shatter windows.

Stay away from all windows, skylights and doors;

Stay away from running water inside a house. Lightning can enter a house through pipes and plumbing. This means no showers or baths during a thunder

storm.

### **If you are outdoors:**

If you hear thunder; then lightning is close enough to be dangerous. Move immediately to a place of shelter. Go to a well-constructed, enclosed building. Small, open structures **do not** provide protection from lightning;

Avoid water, high ground, isolated trees, picnic shelters and power lines;

There isn't a place outside that is safe during a thunderstorm. Make every effort to get into a solid shelter or metal-topped vehicle. If neither are available, find a low-lying area away from tall, pointy, isolated objects, crouch down and put your feet together. **Do not lie down.** Cover your ears to reduce the threat of hearing damage from thunder.



14

# Bass Derby/Picnic



Grab your fishing rod and head to Webster Lake for our annual bass derby. This year will be slightly different due to the ongoing work at the old hall. All activities will be held at the administration building beginning at 8am with fishing. Unfortunately we won't have baseball this year, but we will still enjoy a horseshoe tourney and fish fry/bbq. Prizes and giveaways! Everyone welcome, hope to see you there!

**Date: Saturday, AUGUST 1st**

**Time: 8 am**

**Webster Lake  
Administration Office**





WANECK HORN-MILLER



JAMES JONES



INEZ



TAMARA PODEMSKI



RELLIK

Dnaagdawenmag Binoojiiyag Child & Family Services  
presents

# the h.o.p.e. concert

Barrie, Ontario

**Saturday**  
June 27, 2015  
10-4PM

Open to Families with  
children  
8 years and older

## WORKSHOPS & PERFORMANCES

Pop-sensation, **Inez**

Olympian, **Waneek Horn-Miller**

Actress/Singer, **Tamara Podemski**

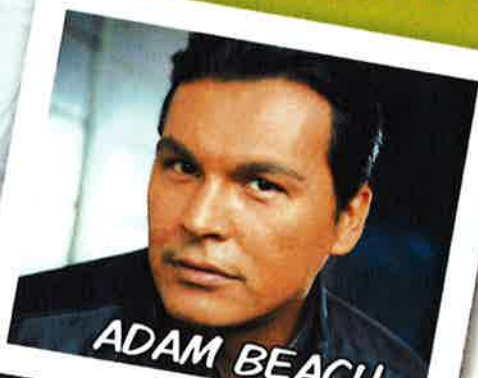
Dancer, **James Jones**

Hip Hop Recording Artist, **Rellik**

Actress/Producer, **Jennifer Podemski**



JENNIFER  
PODEMSKI



ADAM BEACH

**FREE to ELIGIBLE participants**  
**CALL NOW!!**

**1-844-523-2237**





**STAFF:**

Susan Siwik CHN

Marsha Rivers CHN - LOA

Nancy Tabobandung, Clerk

**OFFICE HOURS:**

Monday, Tuesday &

Wednesday 8:30am – 4:30pm

Thursday 8:30am – 1pm



**Important Phone #'s**

Toll Free NIHB client lines

Dental: 1-855-618-6291

All other services:

1-800-640-0642

Box 89 – 74 James Street

Parry Sound, ON P2A 2X2

Phone: (705) 746-5807

Fax: (705) 746-1421

[nancy.tabobandung@hc-sc.gc.ca](mailto:nancy.tabobandung@hc-sc.gc.ca)

[susan.siwik@hc-sc.gc.ca](mailto:susan.siwik@hc-sc.gc.ca)

[marsha.rivers@hc-sc.gc.ca](mailto:marsha.rivers@hc-sc.gc.ca) (LOA)

# Parry Sound Health Centre

## First Nations & Inuit Health Branch

### JULY 2015

#### WAHTA MOHAWKS COMMUNITY VISIT DATES

WEDNESDAY JULY 15<sup>TH</sup> – COMMUNITY VISIT

WEDNESDAY JULY 29<sup>TH</sup> – CHAIR EXERCISES \ LUNCH EDUCATION

#### NON-INSURED HEALTH BENEFITS or (NIHB)

YOUR STATUS CARD COVERS A VARIETY OF BENEFITS.

ONE COMPONENT IS: **MEDICAL SUPPLIES & EQUIPMENT**. THE PRESCRIPTION MUST BE FROM A DOCTOR, NURSE PRACTITIONER, SURGEON OR SPECIALIST (DEPENDING ON THE ITEM NEEDED).

SOME OF THESE ITEMS ARE CONSIDERED OPEN BENEFITS, SOME NEED PRIOR APPROVAL, AND FREQUENCY LIMITS MAY APPLY. FOR EXAMPLE, A NON-SLIP TUB MAT (BATH MAT) IS AN OPEN BENEFIT & CAN BE COVERED ONCE EVERY TWO YEARS.

WHEN NECESSARY, THE PROVIDERS MUST WORK IN CONJUNCTION WITH THE ASSISTIVE DEVICES PROGRAM (PROVINCIAL PROGRAM) AND AN OCCUPATIONAL THERAPIST OR PHYSIOTHERAPIST ASSESSMENT MAY BE NEEDED.

YOU WILL BE REQUIRED TO GIVE THE PROVIDER YOUR NAME, DATE OF BIRTH & STATUS NUMBER. (OR SHOW THEM YOUR STATUS CARD).

MEDICAL EQUIPMENT & SUPPLIES INCLUDE ITEMS SUCH AS:

- Bathing & toileting aids
- Mobility aids, wheelchair \ parts \ repairs, rollators, canes, etc.
- Ostomy supplies \ devices, incontinence supplies
- Wound dressing supplies
- Respiratory equipment & supplies

EXCLUSIONS – WILL **NOT** BE COVERED UNDER ANY CIRCUMSTANCES.

IF YOU HAVE BEEN DENIED APPROVAL OF AN ITEM, CALL NANCY AND SHE CAN LOOK INTO THE REASON FOR THE DENIAL, SUGGEST WAYS TO GET THE ITEM COVERED, OR ASSIST YOU IN THE APPEALS PROCESS.

IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT YOUR MEDICAL SUPPLIES & EQUIPMENT, YOU CAN GIVE NANCY A CALL AT 705-746-5807, OR CALL THE TOLL FREE NIHB CLIENT INFORMATION LINE 1-800-640-0642.

# West Nile Virus (WNV) Fact Sheet

## What Is West Nile Virus?

West Nile virus infection can cause serious disease. WNV is established as a seasonal epidemic in North America that flares up in the summer and continues into the fall. This fact sheet contains important information that can help you recognize and prevent West Nile virus.

## What Can I Do to Prevent WNV?

The easiest and best way to avoid WNV is to prevent mosquito bites.

- When outdoors, use repellents containing DEET, picaridin, IR3535, some oil of lemon eucalyptus or para-menthane-diol. Follow the directions on the package.
- Many mosquitoes are most active from dusk to dawn. Be sure to use insect repellent and wear long sleeves and pants at these times or consider staying indoors during these hours.
- Make sure you have good screens on your windows and doors to keep mosquitoes out.
- Get rid of mosquito breeding sites by emptying standing water from flower pots, buckets and barrels. Change the water in pet dishes and replace the water in bird baths weekly. Drill holes in tire swings so water drains out. Keep children's wading pools empty and on their sides when they aren't being used.

## What Are the Symptoms of WNV?

- **Serious Symptoms in a Few People.** About 1 in 150 people infected with WNV will develop severe illness. The severe symptoms can include high fever, headache, neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness, vision loss, numbness and paralysis. These symptoms may last several weeks, and neurological effects may be permanent.
- **Milder Symptoms in Some People.** Up to 20 percent of the people who become infected will have symptoms which can include fever, headache, body aches, nausea, vomiting, and sometimes swollen lymph glands or a skin rash on the chest, stomach and back. Symptoms can last for as short as a few days to as long as several weeks.
- **No Symptoms in Most People.** Approximately 80 percent of people who are infected with WNV will not show any symptoms at all, but there is no way to know in advance if you will develop an illness or not.

## How Does West Nile Virus Spread?

### ▪ Infected Mosquitoes.

WNV is spread by the bite of an infected mosquito. Mosquitoes become infected when they feed on infected birds. Infected mosquitoes can then spread WNV to humans and other animals when they bite.

### ▪ Transfusions, Transplants, and Mother-to-Child.

In a very small number of cases, WNV also has been spread directly from an infected person through blood transfusions, organ transplants, breastfeeding and during pregnancy from mother to baby.

### ▪ Not through touching.

WNV is not spread through casual contact such as touching or kissing a person with the virus.

## How Soon Do Infected People Get Sick?

People typically develop symptoms between 3 and 14 days after they are bitten by the infected mosquito.

## How Is WNV Infection Treated?

There is no specific treatment for WNV infection. In cases with milder symptoms, people experience symptoms such as fever and aches that pass on their own, although illness may last weeks to months. In more severe cases, people usually need to go to the hospital where they can receive supportive treatment including intravenous fluids, help with breathing, and nursing care.

## What Should I Do if I Think I Have WNV?

Milder WNV illness improves on its own, and people do not need to seek medical attention for this infection though they may choose to do so. If you develop symptoms of severe WNV illness, such as unusually severe headaches or confusion, seek medical attention immediately. Severe WNV illness usually requires hospitalization. Pregnant women and nursing mothers are encouraged to talk to their doctor if they develop symptoms that could be WNV.



## What Is the Risk of Getting Sick from WNV?

- **People over 50 at higher risk to get severe illness.** People over the age of 50 are more likely to develop serious symptoms of WNV if they do get sick and should take special care to avoid mosquito bites.
- **Being outside means you're at risk.** The more time you're outdoors, the more time you could be bitten by an infected mosquito. Pay attention to avoiding mosquito bites if you spend time outside, either working or playing.
- **Risk through medical procedures is very low.** All donated blood is checked for WNV before being used. The risk of getting WNV through blood transfusions and organ transplants is very small, and should not prevent people who need surgery from having it. If you have concerns, talk to your doctor.

## What Is CDC Doing About WNV?

CDC is working with state and local health departments, the Food and Drug Administration and other government agencies, as well as private industry, to prepare for and prevent new cases of WNV.

### Some things CDC is doing include:

- Coordinating a nation-wide electronic database where states share information about WNV
- Helping states develop and carry out improved mosquito prevention and control programs
- Developing better, faster tests to detect and diagnose WNV
- Creating new education tools and programs for the media, the public, and health professionals
- Working with partners to develop vaccines.



## What Else Should I Know?

**West Nile virus infects birds.** In nature, West Nile virus cycles between mosquitoes and birds. Some infected birds can develop high levels of the virus in their bloodstream and mosquitoes can become infected by biting these infected birds. Some, but not all infected birds get sick and die of disease. One way health officials conduct surveillance for West Nile virus is by testing local birds. Finding dead birds may be a sign that West Nile virus is circulating between birds and the mosquitoes in an area. By reporting dead birds to state and local health departments, you can play an important role in monitoring West Nile virus. State and local agencies have different policies for collecting and testing birds, so check with your county or [state health department](#) to find information about reporting dead birds in your area.

**If you find a dead bird:** Don't handle the body with your bare hands. Contact your local health department for instructions on reporting and disposing of the body. They may tell you to dispose of the bird after they log your report.

**For more information,** visit [www.cdc.gov/westnile](http://www.cdc.gov/westnile), or call CDC at 800-CDC-INFO (English and Spanish) or 888-232-6348 (TTY).



# NOTICE

## BRUSHING CONTRACTS

THERE WILL BE BRUSHING CONTRACTS AVAILABLE THIS YEAR FOR THE TRANSMISSION AND DISTRIBUTION LINES. FOR FURTHER INFORMATION PLEASE CALL SCOTT AUBICHON AT 705-762-2354 EXT. 242 OR EMAIL [SCOTT.AUBICHON@WAHTAMOHAWKS.CA](mailto:SCOTT.AUBICHON@WAHTAMOHAWKS.CA)

## ATTENTION WAHTA YOUTH

THE LANDS AND RESOURCES DEPARTMENT IS CURRENTLY SEEKING 3 YOUTH FOR SUMMER EMPLOYMENT. THE STUDENTS WILL BE WORKING OUTDOORS COLLECTING FOREST INVENTORY INFORMATION. FOR FURTHER INFORMATION PLEASE CALL SCOTT AUBICHON AT 705-762-2354 EXT. 242 OR EMAIL [SCOTT.AUBICHON@WAHTAMOHAWKS.CA](mailto:SCOTT.AUBICHON@WAHTAMOHAWKS.CA)

## Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.



Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance.

Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact Kristal at 705-762-3343 x. 204 or by email at [kristal.berwick@wahtamohawks.ca](mailto:kristal.berwick@wahtamohawks.ca)

## EMPLOYMENT OPPORTUNITY

### MOHAWK LANGUAGE INSTRUCTOR

**POSITION SUMMARY:** Wahta Mohawks is seeking a Mohawk Language Instructor to participate in the adaptation of existing curriculum and to deliver an on line virtual Mohawk language program from July 2015 to March 2016.

**PRIMARY DUTIES:** To assist in the adaptation of existing curriculum and resource development for an online Mohawk language program that is structured in 3 ten week stages and to teach and evaluate students using a virtual learning classroom approach.

Assessment of students to determine appropriate stage level

Consult with Education Specialist and IT to develop lesson plans

Participate in Adobe Connect software training

Join in Feast and ceremony to launch the program

Provide evaluation of students and program

#### **EDUCATIONAL AND REQUIREMENTS:**

First Language Mohawk language speaker with Teaching background preferred

Must produce a clean CPIC (criminal record check).

#### **SKILLS REQUIRED:**

Experience in curriculum development

Cultural awareness of Mohawk Nation

Computer literate

#### **WORK CONDITIONS:**

Ability to attend software training sessions.

Must have ability to work effectively in a team.

Willingness to work flexible hours

**SEND RESUME TO HUMAN RESOURCES, WAHTA MOHAWKS**

**P.O BOX 260, BALA, ON. P0C 1A0**

**EMAIL: [martie.stanton@wahtamohawks.ca](mailto:martie.stanton@wahtamohawks.ca)**

**FAX: 705-762-2376**

### **Some tips to use when preparing a résumé**

Your cover letter and résumé are the most important documents you can use to demonstrate your skills, experience and knowledge in relation to job advertisements. Overall, your cover letter and résumé are your opportunity to clearly convey to the employer how you meet the job requirements.

Before you apply, ask yourself these key questions:

#### **Can you do the job?**

Do you meet the requirements described in the job advertisement?

Consider some of the strengths you have that would be relevant and transferable to the new position.

Remember, developing your cover letter and résumé for positions for which you are a good match is much easier than trying to apply your skills and experience for a job that is not a match. Spending time applying to jobs that you are not really interested in which do not utilize your skills and experiences will only reduce your chances of success.

#### **Are you really interested?**

Success comes from doing something you like to do. Are you interested in the work and business of the position you are applying to?

It is strongly recommended that you research the background of the business to determine your interest.

#### **What's in it for you?**

Does the job potentially contribute to the goals you have set for your career and life?

Look for the jobs that match your values and will help you develop as a person or professional

#### **What is the work environment like?**

Does it look like the environment of the job will fit with your personal situation and expectations?

Do your research and define your requirements related to your commute, work schedule, team and business goals.

When you find the ideal job to apply to, begin to strategize how you will write your cover letter and résumé. As you prepare your application consider the following:

How have you demonstrated the skills, knowledge and qualifications required for the position you are applying for?

What relevant training, experience, accomplishments and/or education do you have to substantiate the skills, knowledge and qualifications you outline?

What makes you stand out from all of the other applicants?

What type of crucial information should you include and what can you leave out?

Have you communicated the necessary information concisely with five pages or less?

Remember, when you submit your cover letter and résumé, it will be carefully screened and evaluated against the qualifications outlined in the job advertisement.



## Chief and Council

Phillip Franks	Chief	705-528-9468
Lawrence Schell	Councillor	705-644-3001
Mike DeCaire	Councillor	705-644-3384
Teresa Greasley	Councillor	705-644-9934
Stuart Lane	Councillor	705-641-1548

## Administration

**705-762-2354**

Karen Commandant	Senior Administrator	Ext. 231
Scott Aubichon	Lands and Resources Coordinator	Ext. 242
Kristal Berwick	Employment/SS Administrator	Ext. 230
Sherry Byrne	Health Services	Ext. 250
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health Services Assistant	Ext. 240
Lance DeCaire	Economic Development Officer	Ext. 224
Allan Farrell	Properties Manager	Ext. 244
Carol Holmes	Education Services	Ext. 233
Alice Murphy	Finance Officer	Ext. 245
Colleen Mendes	AHWS/NCWPW	Ext. 241
Kim North	Finance Clerk	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Martie Stanton	Executive Admin Assistant/Human Resources	Ext. 272

WAHTA MOHAWKS  
BOX 260  
BALA ON CANADA  
P0C 1A0



*Please....*

*Please advise Wahta Mohawks of any  
change in address as soon as possible  
so we can continue to serve you.*