

April 2014

Wahta Atenhros:sera Ori:wa

UPCOMING EVENTS:

- **Senior Shopping**
April 6 2014
Going to Orillia
(Mariposa Market & Wal-Mart)
- **Earth Day Community Clean Up**
April 26 2014
Breakfast begins at 8:00am clean to follow
- **Grocery Tour with Eva West**
April 29 2014
Bus leaving at 12:30
- **Community Council Meeting**
April 29 2014
7:00pm - 8:00pm
Community Centre
- **Women's Self-Esteem Workshop and Healing Jar Craft**
May 10 2014
10:00am - 4:00pm
Women only age 16+
- **Community Council Meeting**
May 26 2014
7:00pm - 8:00pm
Community Centre

We're on the Web!
See us at
www.wahtamohawks.ca

The Citizens of Wahta and Administration Staff would like to congratulate and welcome our newly elected Chief and Council.

Chief Philip Franks
Councillor Karen Commandant
Councillor Michael DeCaire
Councillor Teresa Greasley
Councillor Stuart Lane

Council Chambers has relocated from the Old Band Hall to the Administration Building to provide improved accessibility for the Community. We are currently under renovations, but please feel free to drop by for a coffee, just to say hello or to voice any concerns or issues. Council has an open door policy to all of our Wahta Members.

Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.

Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact Kristal at 705-762-2354 ex. 230 or by email

kristal.berwick@wahtamohawks.ca








Chief and Council


Philip Franks	Chief	philip.franks@wahtamohawksCouncil.ca
Karen Commandant	Councillor	karen.commandant@wahtamohawksCouncil.ca
Michael Decaire	Councillor	mike.decaire@wahtamohawksCouncil.ca
Teresa Greasley	Councillor	teresa.greasley@wahtamohawksCouncil.ca
Stuart Lane	Councillor	stuart.lane@wahtamohawksCouncil.ca

Administration

Scott Aubichon	Lands and Resources Coordinator	Ext. 242
Heidi Berninger	Council Assistant	Ext. 228
Kristal Berwick	OW/Employment & Training Administrator	Ext. 230
Harry Byrne	Maintenance Team Lead	
Sherry Byrne	Health Services Manager	Ext. 250
Misty Byrne	Medical Administrative Assistant	Ext. 243
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health Services Assistant	Ext. 241
Terry DeCaire	Maintenance Worker	
Allan Farrell	Properties Manager	Ext. 244
Kirstie Henderson	Health Services Addictions	Ext. 249
Carol Holmes	Education Services	Ext. 233
Mike McPherson	Financial Accountant	Ext. 245
Colleen Mendes	AHWS/NCWPW	Ext. 240
Sandra Monette	Senior Administrator	Ext. 231
Kim North	Finance – Accounts Payable	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Martie Stanton	Executive Assistant	Ext. 272
Dana Strength	Nurse Practitioner	Ext. 243



Question of the Month	Wahta History	Culture Clip
 <p>When were women first allowed to vote in elections and run for office?</p>	<p>Many different plants grow on the territory that for eating or for medicine. Maple sap was collected and made into sugar at Wahta from very early on and is still done today. The trees would be tapped in March and the sap boiled in a cast iron pot. The sugar was sometimes sold in Bala and Muskoka Mills, but mostly used by the community. Sugar was used to preserve berries and wild apples. Many elders said that they or people they knew made maple syrup, many have fond memories of making or eating maple syrup. Berries and other edible plants were also picked by most people, many elders remember picking strawberries, raspberries, blueberries and blackberries when they were young and they remember their mother or others making jams, jellies and preserves with the berries and that people also used to dry them in the sun. Before the marsh was put in wild cranberries grew naturally on the reserve north of the Musquash.</p> <p>Before Wahta had its own medical doctor many community members relied on natural remedies and traditional healing. These medicinal plants and other natural remedies could be found growing on Wahta include birch, bitterroot (milkweed), blue flag (iris), St. John's Wort, Boneset, Yarrow, Pipsissewa (ground holly), wintergreen.</p>	<p>Most Mohawk Festivals were held in the planting and harvesting seasons. Some were day long events. During the festivals, we dance, sing and thank the Great Spirit for the gifts of the earth. It is also asked for blessings on their crops and a good harvest that will feed the people all winter. In early spring, the Maple Festival is held, it is to thank the Great Spirit for the spring and for the gift of "sweet waters" in the form of sap dripping from the Maple trees. The trees were tapped and the sap drained into buckets. It is taught that the Maple tree is the leader of all trees in the natural world. "And you, Wahta (the maple), you provide us with wood for heat, tools and shelter. The running of the maple syrup marks the reawakening of Mother Earth after her long winter sleep. "You also provide us your life's blood so that we may have Wahta ois (maple syrup) for medicine. It is indeed a happy time when you give us this gift, for we know the Creation is awakening and the cycle of life continues."</p> <p style="text-align: center;">"The Mohawks of North America" By Connie Ann Kirk</p> <p>The Thunder Dance is celebrated the first week of April, it is to acknowledge the return of the thunders who bring the rains from the west to revive the plants and summon the wetlands back to life.</p> <p style="text-align: right;">http://www.torontozoo.com/adoptapond/newsletter/AV-spring2008.pdf</p>
<p>Answer to Last Months Question</p>		
 <p>Wahta started the project in the 1960's as an economic development venture with just one-half acre of cranberries and has grown to the current 68 acres. It has provided employment for community members and has helped to support an economic base for community government. The marsh was developed on property that belonged to Frank Roads. The first planting was done in 1972 and there was a harvest of some 60,000lbs in 1975. Today the marsh can yield more than 1 million pounds of cranberries.</p>  <p>Picked cranberries float on the water waiting to be gathered. The harvest takes place in October.</p>		

Happy Birthday to Members Celebrating Birthdays in April			
	<p>Patricia Earlene Acree Lynda Gayle Arens Matthew Florian Clause Bernice Vera Clause Arthur Brian Commandant Gordon Commandant Lorna Jean Commandant Robert William A. Commandant Shannon James Commandant Amy Marie DeCaire Briar Oliver DeCaire Clarence Welby DeCaire Darrel Bruce DeCaire Donald Joseph DeCaire Donny Peter DeCaire Verna Ellen DeCaire-Millar</p>	<p>Elmer Shawn DeCaire Mark Errol Daniel DeCaire Sheila Bernice DeCaire Tyler David George DeCaire Sherry Anne DeCaire Verna Ellen DeCaire-Millar Lisa Marie DeCaire Barbara Dewasha David Roy Dewasha Carolynn Laura Dimmer Cindy Laurel Girard Gordon James Letourneau Peter Lauchlin Macinnes Jamie Scott McCullagh Victoria Marie Mendes Diane Lady News-White</p>	<p>Lynne Joanne Normand-Benninger Lexi Christina Pereira Allen Peter Rex Phoebe Roads John Lennon Sahanatien Ryan Austin Stiles Margaret Frances Stock Mary Elizabeth Stock Kristal Joy Strength-Berwick Michele Frances Temple Sadie Thompson Christopher Allen White Franklin White Gary Ronald White Karen Irene White-Caines</p>

HEALTH SERVICES

Rescheduled: Women's Self-Esteem Workshop and Healing Jar Craft

Saturday, May 10th 10a.m.- 4p.m. Women only, ages 16 +. Spots are limited; please contact Kirstie at extension 249 to register. See attached flyer for more information.



Senior Shopping

Tuesday April 8th
Orillia (Mariposa Market and Walmart)
Contact Christine ext. 273 if interested.



"Living in Harmony is the native way,
The creator did not put us here to hurt
each other..."

That's not our way."

Stop Family Violence

North American Indian Travelling College



Earth Day Community Clean Up

Saturday, April 26th

Please come out for breakfast and to help keep our community clean. Breakfast begins at 8:00 a.m. and clean up in the community to follow. Gloves and garbage bags will be provided. Please contact Kirstie at extension 249 to register.



Living Well Program (women only)

*Make
the most
of life*

Learning tools to live well...eat right, exercise, and learn to take time for yourself...

Mondays from 6:30-8
starting April 7th and running till June 23rd
(excluding Easter Monday April 21 or Victoria Day May 19)

Commitment of 10 evenings

Contact Christine at extension 273 spaces are limited.

Grocery Tour with Eva West

April 29th Bus leaves at 12:30

Contact Christine ext 273 if interested.



Motivational Life Skills Workshop

with

Diane Forbes
Motivation Through Inspiration



Workshop includes an exciting power point presentation, information work book, creative activities plus a custom "Certificate of Participation".

Date: Saturday, May 10, 2014

Time: 10:00 am to 4:00 pm

Location: Wahta Mohawk Administrative Building Council Chambers

Self Esteem Workshop

Having a positive self esteem is being able to acknowledge your strengths and weaknesses while accepting yourself as worthy and worthwhile unconditionally. Building a positive self esteem helps you to be yourself, handle adversity and gives you the courage to be the person you want to be.

Learn the steps to building a positive self esteem on your path to self empowerment.

Healing Jar Workshop

Enjoy being creative decorating a glass container into your own "Healing Jar" to fill with motivational words, sage, tobacco and inspirational poems to encourage and inspire you with healing energy on your life journey for building a positive Self Esteem. In our sharing circle, everyone can also write encouraging messages for each other's Healing Jars building group support and positive relationships.



Spots are limited so please contact Kirstie to reserve your spot at kirstie.henderson@wahtamohawks.ca or by calling 705-2354 ex. 249.



April 2014

705-762-2354
Ext. 243



Attending the Aboriginal Health Forum on March 19, 2014
(From left: Sue Siwik, Connie Foster and Dana Strength)

Wahta Nursing Station An Exciting Spring Update!

Dr. Wells

April 4th and April 25th

Available to those without
a Family Doctor.

Dental Hygiene Clinic

May 28th

Need your teeth cleaned?
Call to book an
appointment. Evening also
available.

Denture Clinic

Coming Soon

More information in our
next newsletter!

NOTE:

The Nursing Station
will be closed Easter
weekend.

April 18th and April 21st.

Dr. Barry Lavalee, an Aboriginal Human Rights Physician at the Aboriginal Health Forum shared with us that the new face of First Nations health will be Aboriginal nurses in First Nations communities.

Dr Lavalee's research shows that when Aboriginal health providers care for First Nation people in their communities they have better results then mainstream medication.

"It takes a community to raise a Nursing Station"

A proposal was submitted with several other communities across Muskoka to implement the Nursing Station Model across the district. We are hopeful that we will secure all or partial funding from the Ministry of Health for our Nursing Station as a result of this proposal. This will allow us to keep health care services in our community. Wahta Mohawks would still have full autonomy of our health care services. Good News!!

The Trust Committee are looking into upgrading the playground at the Old Band Hall. Below are 2 pictures of potential playgrounds. We welcome the communities input, thoughts and ideas on the playgrounds. Please forward any suggestions to Kristal Berwick by email kristal.berwick@wahtamohawks.ca or by mail:

Kristal Berwick
Wahta Mohawks Community Trust
P.O Box 260
Bala, ON
POC 1A0

On behalf of the committee Thanks!!!





WAHTA MOHAWKS

COMMUNITY RECOGNITION & AWARD PROGRAM

EFFECTIVE 2014

In an effort to recognize members of Wahta and their contributions to the overall well being of the community and its people, Chief and Council, through the Organizational Review process, acknowledged and authorized the development of an annual and ongoing **COMMUNITY RECOGNITION & AWARD PROGRAM**. As approved by Council, the **COMMUNITY RECOGNITION & AWARD PROGRAM** will be the responsibility of the Senior Administrator and Council to implement and maintain on an on-going and consistent basis including updating periodically as required.

Focused on recognizing and acknowledging the significant achievements and contributions of its membership, the **WAHTA MOHAWKS COMMUNITY RECOGNITION & AWARD PROGRAM** includes elements based on the principles and values of the Wahta Community Vision – **Respect** - *Good Minds Kahnikonri:io*; **Preserve** - *Strength/Unity Ka'satstenshera*; **Sustain** - *Peace/Health Sken:nen*:

Wahta Community Vision: WAHTA MOHAWKS are of One Mind in preserving our inherent and treaty rights to sustain future generations by respecting the Creator, Iethinistenha Ohwen:tsia (Mother Earth), yourself, others and our culture.

1. **Respect** - *Kahnikonri:io*

- a. **LIFETIME ACHIEVEMENT EXCELLENCE – ONE (1) AWARD ANNUALLY – PHOTO PLAQUE PLACED ON THE “HONOUR WALL” IN THE ADMINISTRATION OFFICE, \$500 (given to appropriate charity if recipient is deceased) and LETTER OF RECOGNITION FROM COUNCIL (NOTE: Could be awarded posthumous)**
 - i. HUNTING AND FISHING RIGHTS
 - ii. LANDS AND RESOURCES PROTECTION AND RIGHTS
 - iii. VETERANS
 - iv. PROMOTING AND PROTECTING TREATY RIGHTS
- b. **VOLUNTEERISM AND COMMUNITY EXCELLENCE – ONE (1) AWARD ANNUALLY – for a member who is recognized as always being there, committed to the community, and committed to volunteering within the community on a consistent basis - \$500 and a CERTIFICATE OF APPRECIATION**

2. **Preserve** - *Ka'satstenshera*

- a. **LANGUAGE AND CULTURE EXCELLENCE – ONE (1) AWARD ANNUALLY – for the promotion and protection of the Wahta Mohawk language, culture and history - ENGRAVED PLAQUE, \$500 and LETTER OF RECOGNITION FROM COUNCIL**

- i. PROMOTING AND PROTECTING THE LANGUAGE
- ii. PRESERVING CULTURE THROUGH THE ARTS
- iii. PRESERVING CULTURE THROUGH HISTORY
- iv. PRESERVING CULTURE THROUGH CEREMONY AND TEACHINGS
- b. **ACADEMIC EXCELLENCE – TWO (2) AWARDS ANNUALLY:**
 - i. HIGH SCHOOL – one Award annually for the highest grade achievement on graduation – **\$1,000 SCHOLARSHIP and CERTIFICATION OF APPRECIATION**
 - ii. POST SECONDARY – one Award annually for the successful achievement of a University Degree - **\$5,000 and ENGRAVED PLAQUE**

3. Sustain - Sken:nen:

- a. **LEADERSHIP & ENTREPRENEUR EXCELLENCE – ONE AWARD ANNUALLY** – for the establishment and successful operation of a member owned business or profession – **ENGRAVED PLAQUE, \$500 and LETTER OF RECOGNITION FROM COUNCIL**
 - i. BUSINESS AND LEADERSHIP DEVELOPMENT
 - ii. COMMUNITY DEVELOPMENT
 - iii. PROFESSIONAL DEVELOPMENT
- b. **SPORTS & RECREATION EXCELLENCE – ONE (1) AWARD ANNUALLY** – for a member – youth or adult – who has achieved a high level of skills and recognition in a field of sports, music, arts, and crafts - **\$500 and a CERTIFICATE OF APPRECIATION**

WAHTA MOHAWKS COMMUNITY RECOGNITION & AWARD PROGRAM

On an annual basis, Council will develop a list of community members who have achieved success in any of the stated categories. Council may seek input from members, staff and others to ensure the list is complete and accurate. From the list, Council will select one person for each category to receive community recognition annually. If there are not potential candidates for each category, the annual awards will be made in the categories that are available for review. **A recipient of an award can only receive each individual award once, but can receive awards from other categories if selected.**

On JUNE 21ST each year, a community dinner will be hosted by Council during which community members selected to receive an Award will be acknowledged and presented with their gift of appreciation and Award plaque. (NOTE: This event MAY coincide with the Staff Long Service Award program.)

Members of the Wahta Mohawks are very much appreciated for their commitment to the community and the advancement of personal development as role models for Wahta and its people. This **WAHTA MOHAWKS COMMUNITY RECOGNITION & AWARD PROGRAM** is being implemented to recognize the efforts and achievements of members and show appreciation for the effort, commitment and personal sacrifices made by many as proud citizens of Wahta.



Wahta Mohawks Community Recognition and Awards

Nomination Form

Respect – Kahnikonri:io

LIFETIME ACHIEVEMENT OF EXCELLENCE

I/We would like to nominate:

Name: _____

Address: _____

Phone: _____

Is the nominee aware you are making this nomination? ☐ Yes ☐ No

Reason why nominating:

VOLUNTEERISM AND COMMUNITY EXCELLENCE

I/We would like to nominate:

Name: _____

Address: _____

Phone: _____

Is the nominee aware you are making this nomination? ☐ Yes ☐ No

Reason why nominating:

You may also wish to attach letters of support or other documentation to show why your nominee is deserving of recognition.

Preserve – Ka'satatenshera

LANGUAGE AND CULTURE EXCELLENCE

I/We would like to nominate:

Name: _____

Address: _____

Phone: _____

Is the nominee aware you are making this nomination? ☐ Yes ☐ No

Reason why nominating:

ACADEMIC EXCELLENCE

I/We would like to nominate:

Name: _____

Address: _____

Phone: _____

Is the nominee aware you are making this nomination? ☐ Yes ☐ No

Reason why nominating:

You may also wish to attach letters of support or other documentation to show why your nominee is deserving of recognition.

Sustain – Sken:nen:

LEADERSHIP & ENTREPRENEUR EXCELLENCE

I/We would like to nominate:

Business Name: _____

Owner: _____

Address: _____

Phone: _____

Is the nominee aware you are making this nomination? ☐ Yes ☐ No

Reason why nominating:

SPORTS & RECREATION EXCELLENCE

I/We would like to nominate:

Name: _____

Address: _____

Phone: _____

Is the nominee aware you are making this nomination? ☐ Yes ☐ No

Reason why nominating:

You may also wish to attach letters of support or other documentation to show why your nominee is deserving of recognition.

Miziwe Biik Aboriginal Employment & Training

Miziwe Biik provides training & employment needs for Aboriginals living in the Greater Toronto Area.

Any Aboriginal living in the GTA can access employment services that can assist them with:

- Employment workshops,
- Second Career Information,
- Aboriginal Self Employment Assistance,
- Job Skills Development Program,
- Purchase of Training,
- Targeted Wage Subsidy,
- Job Creation Partnership,
- Employment Assistance Support Measure,
- Self Employment Assistance,
- Mobility Assistance, Summer Career Placements Youth Work Experience.



The office is located at: 167 Gerrard St East, Toronto, ON, M5A 2E4

Telephone: (416) 591-2310, Fax: (416) 591-3602, Email: reception@miziwebiik.com

Office Hours: Monday to Friday 8:30 am – 4:30 pm

Job Hunting? Check out these career websites to explore

- 📌 Job Bank-Service Canada www.jobbank.gc.ca
- 📌 Indeed www.indeed.ca
- 📌 Osprey Careers-Newspaper Classified Ads www.ospreycareers.com
- 📌 Mining Opportunities www.infomine.com/careers/
- 📌 Extreme Jobs www.extremejobs.ca/index.php
- 📌 Workopolis www.workopolis.com
- 📌 Wow Jobs www.wowjobs.ca
- 📌 Monster www.monster.ca
- 📌 Simply Hired www.simplyhired.ca
- 📌 Ontario Municipal Jobs www.ontariomunicipaljobs.com
- 📌 Federal Government Jobs www.jobs-emplois.gc.ca
- 📌 Aboriginal Job Centre www.aboriginalcanada.gc.ca/acp/ic/site.nsf/eng/menu.html
- 📌 Canadian Forces Personnel Support Agency www.eluta.ca/jobs-at-canadian-forces-personnel-support-agency

Job Opportunity

Summer Student – Farm Laborer

Iroquois Cranberry Growers requires farm laborers for the summer at our farm on Wahta Mohawk Territory off Hwy 400.

- ⚡ **You must be between the ages of 15 and 30 and be in school and returning full time to apply**
- ⚡ **You must be a member of the Wahta Mohawks to apply.**
- ⚡ **You must be able to lift 40 pounds**
- ⚡ **You must be physically fit**
- ⚡ **Excellent communication skills.**
- ⚡ **Ability to work both independently and in a team environment.**
- ⚡ **Strong problem solving skills.**
- ⚡ **Ability to work effectively under pressure.**
- ⚡ **A positive approach & genuine desire to be helpful to co-workers.**
- ⚡ **You must provide your own transportation to and from work**
- ⚡ **You must provide your own safety footwear**

Employment starts June 30, 2014 and end August 22, 2014 with 40 hrs work per week at \$11.00 per hour

For more information or if you are interested in applying for this position please contact Matt Commandant at 705-644-4226 or matt@iroquoiscranberries.com.



Iroquois Cranberry Growers

Box 260 BALA ON CANADA P0C 1A0

705-762-5725 Phone

705-762-2376 Fax

www.iroquoiscranberries.com

Registered Trap lines Available

Lands & Resources Department

If you are interested in this opportunity please contact
the Lands & Resources Department.

Scott Aubichon

705-762-2354 Ext 242

Email: Scott.aubichon@wahtamohawks.ca

Deadline is April 15, 2014

Map of available trap lines are on the next two pages.



Trapline BR-05 (BR03N00501)

Trapline Quota:

- 40 - Beaver
- 1 - Marten
- 9 - Fisher

Legend

- Trapline BR-05
- Other Trapline Areas
- Rec Camp
- Building
- Utility Line
- Railway
- Trail
- MTO Highway
- Municipal Road
- Other Road
- Lot Fabric
- Stream, Intermittent
- Stream, Permanent
- Lakes
- Geographic Township
- Provincial Park
- Conservation Reserve
- Crown Land
- Private Land
- Federal Land, First Nation
- Federal Land, Other

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Data Source: Parry Sound NRVIS Duplicate Data
Projection: UTM Zone 17N
Datum: North American Datum 83

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Metadata for map data available at:
<http://mappp.slc.gov.on.ca/edwin/edwin.asp>

Map created on 3/6/2014

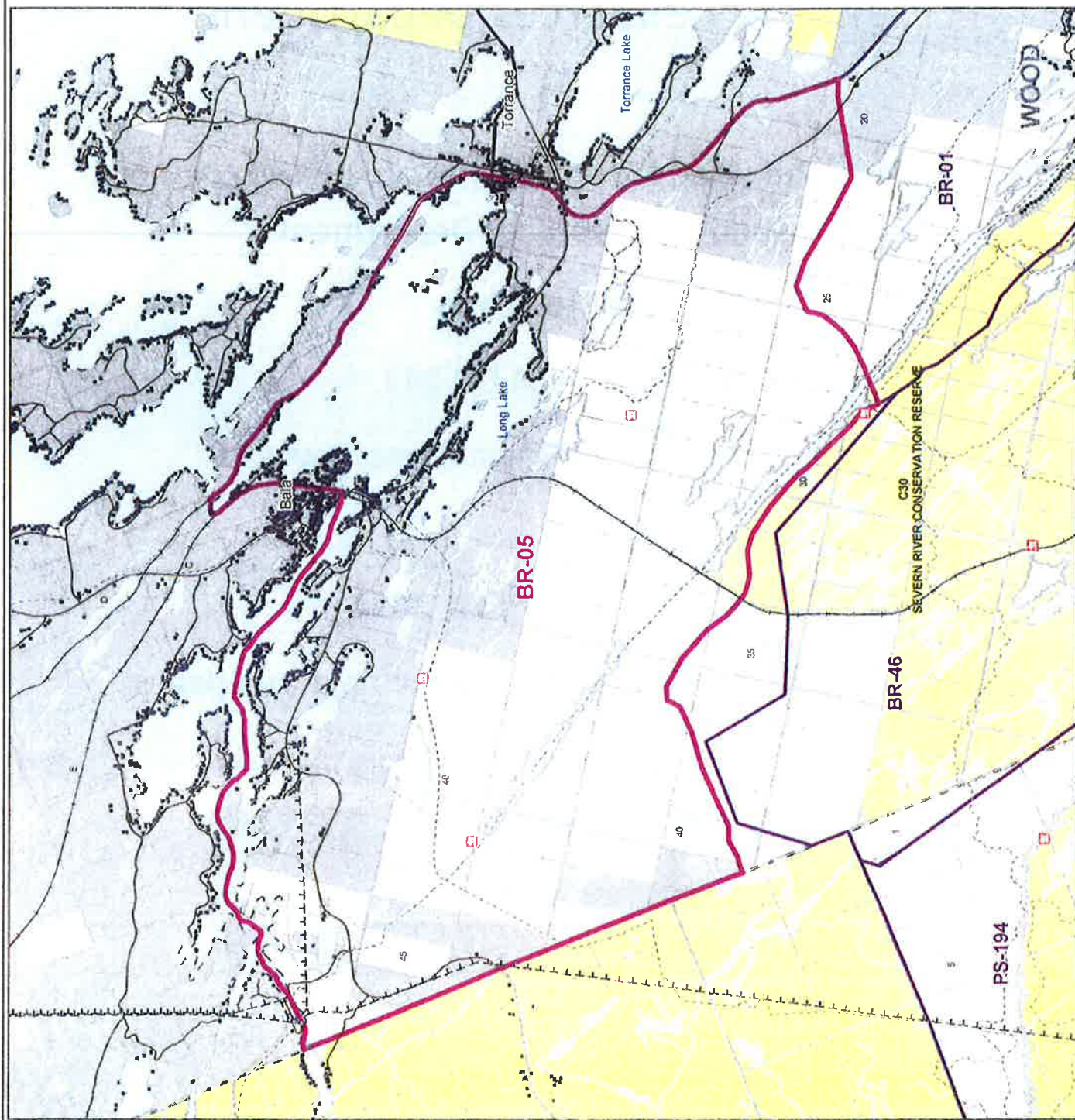
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Ontario

Map created by Parry Sound District MNR
estherae



Trapline PS-193 (PS12N19301)

Trapline Quota:
40 - Beaver
1 - Marten
9 - Fisher

Legend

- Trapline PS-193
- Other Trapline Areas
- Rec Camp
- Building
- Utility Line
- Railway
- Trail
- MNR, Primary Road
- MNR, Operational Road
- MNR, Road
- MTO Highway
- Municipal Road
- Lot Fabric
- Stream, Intermittent
- Stream, Permanent
- Lakes
- Geographic Township
- Provincial Park
- Conservation Reserve
- Crown Land
- Private Land
- Federal Land, First Nation
- Federal Land, Other

This map should not be relied on as a precise indicator of routes or locations. It is a guide to navigation only. It is not a substitute for a map. The Province of Ontario (MNR) and its employees may use this map for the purpose of or in connection with any or any information on this map.

Data Source: Parry Sound NRVS Duplicate Data
Projection: UTM Zone 17N
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MapData for map product available at:
http://mapdata.mnr.gov.on.ca/edw/mapping/egis/21HDC-51746/geography/1818/Theme-1818_Themes
MapData for map data available at:
http://mapdata.mnr.gov.on.ca/edw/mapping/egis/21HDC-51746/geography/1818/Theme-1818_Themes

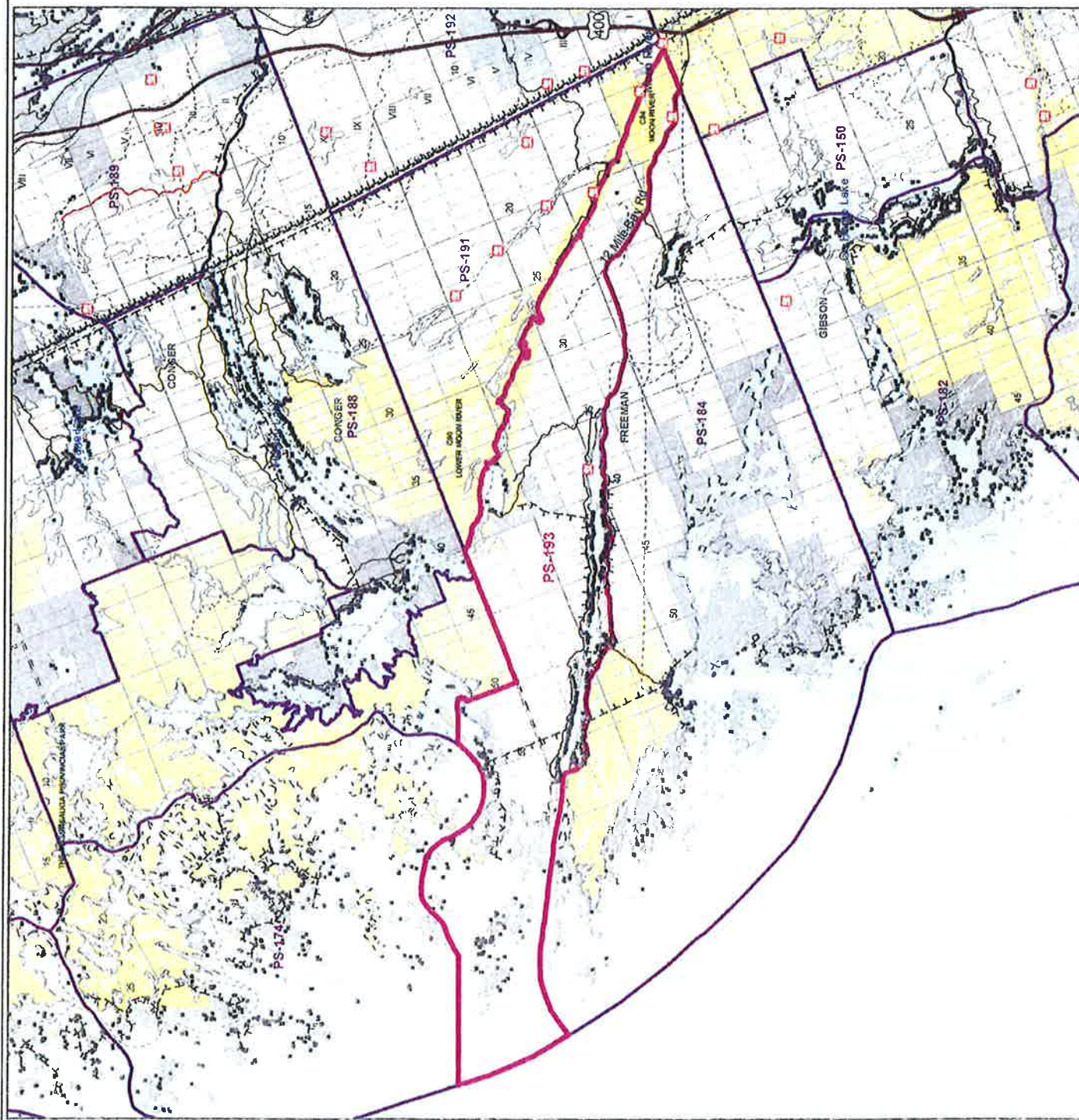
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Map created by Parry Sound District MNR
odhena



Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Meetings*

***Registration is not necessary for meetings. They are on a drop-in basis.**

Sunday	10:30 am Open to All	Gravenhurst Seniors Centre	480 First St. N. Gravenhurst
Monday	8:00 pm Alcoholics ONLY	Bala United Church	3115 Muskoka Rd. Bala
Tuesday	6:00 pm Alcoholics ONLY	Trinity United Church	290 Muskoka Rd. N. Gravenhurst
Wednesday	8:00 pm Alcoholics ONLY	Trinity United Church	290 Muskoka Rd. N. Gravenhurst
Thursday	No Meeting		
Friday	12:00pm Alcoholics ONLY	Trinity United Church	290 Muskoka Rd. N. Gravenhurst
Saturday	No Meeting		

To speak directly to Alcoholics Anonymous or Al-Anon, please call their Bracebridge office at 705-646-2491. For more information or help making the first step, call Kirstie at extension 249.





April/Onerahtokha 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Drum Group Tutoring	3	4 Language Program	5 Language Program
6	7 Living Well Program	8 Senior Shopping	9 Drum Group Tutoring	10	11	12
13	14 Living Well Program	15	16 Drum Group Tutoring	17	18 GOOD FRIDAY	19
20	21 Happy Easter!	22 Earth Day 	23 Drum Group Tutoring	24	25 Language Program	26 Language Program Earth Day Commu- nity Clean Up
27	28 Living Well Program	29 Grocery Tour with Eva West Community Meeting	30 Drum Group Tutoring			



May/Onerahtohko:wa 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Living Well Program	6	7 Tutoring Drum Group	8 Healing Art Workshop	9 Language Program	10 Language Program Women's Self-Esteem Workshop and Healing Jar Craft
11 	12 Living Well Program	13	14 Tutoring Drum Group	15 Healing Art Workshop	16	17
18	19 	20	21 Tutoring Drum Group	22 Healing Art Workshop	23 Language Program	24 Language Program
25	26 Living Well Program	27 Community Meeting	28 Tutoring Drum Group	29 Healing Art Workshop	30	31

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

WAHTA MOHAWKS
BOX 260
BALA ON CANADA
POC 1A0



Please.....

Please advise Wahta Mohawks of any
change in address as soon as possible
so we can continue to serve you.