Seskeha - August 2014

## Wahta Atenhros:sera Ori:wa



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Funding was approved to provide tutorial support again this school year beginning on Wednesday September 10. Please contact Carol should you wish your child to attend this afterschool program as bussing arrangements will need to occur. You may call Carol at 705-762-3343 ext 204. Location

of tutoring will be determined.

We are pleased to provide an afterschool program on Thursdays at the Mohawk Longhouse. This cultural program will begin with children learning songs and dances along with traditional teachings that go along with the songs.

Please contact Carol should you wish more information and to indicate if your child would like to attend this program.

Nia:wen

# Traditional Kids Camp 2014



Traditional Kids the Wahta Mohawks Nation Creation Story, Longhouse this past July 8-9/14. Overall, there were 17 of our members that attended the camp. The days were filled with the children learning

Mohawk basic Camp was held at language, Mohawk cultural teachings, Thanksgiving Address, Origin of the Clan System, Migration story of the Haudenosaunee, Old time Mohawk foods-Three Sisters, Social dances and songs using water drum and

horn rattles, Traditional games such as the Fluff dance and the Peach Stone game. At the end of the day the children enjoyed swimming at Gibson Lake. A great big Nia:wen ko:wa to Terry and Lucia Sahanation for leading the camp.



# August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Bass Derby and Summer Picnic Starts 8am
3	4	5 Community Shopping - Midland	6 Children's Story- telling 10-12	7 Children's Crafts 9-11 Triplex	8 Kids Spirit Painting Workshop Triplex— 12 pm Farmers Market	9
10	I I Paintball- Bus 6:30pm	Family Trip to the Toronto Zoo - Bus 8am	Foot Care Clinic 8 am -Triplex Farmers Market	14 Paddleboard yoga -Bus 6pm Rez Kids 10am	15 Farmers Market	16
17	18 Canada's Won- derland— Bus 8:30am	19	20	21	22	23
24	25	26 Community Council Meeting 7pm	27 Community Talk with Sue Siwik 10:30am -Triplex	Craft 10:30am	29 Back to School Workshop 12:30 - Triplex	30

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# COUNCIL UPDATE

### Notice

Wahta Mohawks have been notified of an immediate concern to the membership with the detection of a human case of West Nile Virus within the community. This is the first one this year in Ontario, and it is early in the season considering the greatest potential for infection is toward the end of summer. We have invited the Simcoe Muskoka District Health Unit in to assist with the surveillance of the mosquitoes at this time due to the cancellation of the federal Health Canada programs for First Nations across Ontario. The administration and the EHO have previously raised our concerns with Health Canada and will continue to demand the return of this program for First Nations in Ontario, especially in our territory where we have previously displayed a prevalence of the mosquito that is capable of carrying the human transmission of the virus.

### Community Meeting

On July 12th, Council held the regular June Community meeting in a nearby village due to lack of meeting space in the community. This was the regular June meeting however due to a death in the community it had been postponed. The agenda item was the issue over the ongoing protest at the administration centre. The purpose of the meeting was to hear the views of a broad spectrum of members. The concerns of the people occupying the administration centre grounds were represented as were members in attendance. Given the feedback from those in attendance and a great number of correspondence from Wahta members, Council is taking pos-

itive steps to resume normal operations of the administration, programs and services to all members. Work is underway and includes a task force to review the Codes and bring them to the membership in a timely manner and to address the concerns that council may have potential to interfere with the administration. These actions will occur once the Administration Centre is accessible and has to return to normal operations.

#### Land Claim

Council has been investigating the reopening of the land claim that the previous council initiated and are taking a cautious approach to how this may occur. There is a small window of opportunity that is time restricted. The lack of accessibility is to records stored in the Administration building is now hindering our ability to move forward with this within the Courts timeframe. We will provide further updates as we are able to progress.

#### Lands

Trespass to reserve lands particularly to the island on the Gibson Lake have been delegated to the OPP Marine Squad. While this is not an ideal situation, Council will follow up with more affirmative action upon receipt of their report.

Wahta Council looks forward to resolution of our current conflict so that we may remain strong and united in the protection of our heritage and values and continue to build a thriving community.

Nia:wen

The Community Garden is looking great! A big thank you goes out to the community members that volunteer to tend the garden.



# WHATS HAPPENING IN HEALTH SERVICES

## Family trip to the Toronto Zoo



Tuesday, August 12th

Bus will leave at 8am sharp
Please register by August 6th with
Christine ext 203

## **Community Shopping**



Tuesday, August 5th

Midland

Please contact Christine (ext 203) by August 1st if you are interested

# UPCOMING IN HEALTH SERVICES

### **CHILDREN'S CRAFT**

Thursday, August 7, 2014 – 9:00-11:00

AM at the Triplex
Parents are welcome!

Spaces are limited; please contact
Kirstie at extension 202 for more
information and/or to register.



# COMMUNITY TRIP TO CANADA'S WONDERLAND

\*\*DATE CHANGE\*\* Monday,

August 18 – bus departs the Old Band Hall at 8:30 AM SHARP and returns around 7PM

Tickets and bus are provided with registration. Food must be purchased at participants own expense (we will be stopping on the way home).

Children 16 and under must be accompanied by an adult.

Spaces are limited and registration is a MUST- deadline to register is

### **COMMUNITY TALK WITH SUE SIWIK**

Wednesday, August 27 at 10:30 AM in the Triplex Common Room



Topic TBA. Lunch
will be provided.
Please contact Kirstie at
extension 202 for more
information and/or to register.

### **COMMUNITY CRAFT: SUNCATCHERS**

August 11.

Thursday, August 28 at 10:30 am in the Triplex Community Room. Lunch will be provided. Spaces are limited. Please contact Kirstie at extension

Please contact Kirstie at extension 202 for more information and/or to register.





### **Children's Storytelling**

Kids Only! (register by Aug 5th)

Wednesday August 6th

Triplex 10-12

Snacks will be provided

Contact Christine ext 203



# Stand Up Paddleboard Yoga & Empowerment

Mothers and Daughters (12 and up)

Thursday August 14, and Thursday August 28

Bus will leave at 6pm.

Please register by August 8<sup>th</sup> with Christine ext 203



# Paintball- A stress free night out for men only...

Monday, August 11th

Bus will leave at 6:30pm

Please register by August 8<sup>th</sup> with Christine ext 203



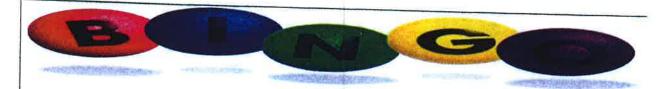
# **Kagita Mikam Employment &**

# **Training**



Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.

Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact Kristal at 705-762-3343 x. 204 or by email at <a href="mailto:kristal.berwick@wahtamohawks.ca">kristal.berwick@wahtamohawks.ca</a>



Wednesday August 6<sup>th</sup> at 1:00PM at the Triplex common room. Please bring a \$5.00 wrapped gift.

## **Kids Spirit Painting Workshop**



Monday August 11<sup>th</sup> at the Triplex common room Please call Colleen (705)762-3343 ext. 203 to reserve a spot for your child.

Please RSVP by Friday August 8th at Noon.

## **Farmers Market Outings**

Wednesday August 13<sup>th</sup> – Gravenhurst Friday August 8<sup>th</sup> – Rosseau Friday August 15<sup>th</sup> – Rosseau

Please call Colleen (705)762-3343 ext. 203 if you wish to attend.

\*\*Please note there is a maximum of 14 participants due to bus size\*\*

## "REZ KIDS"



A workshop for school aged children with a focus on racism, ignorance, bullies and ways for dealing with these issues without becoming a bully yourself.

Thursday August 14<sup>th</sup> at 10:00AM until 2:00PM. Lunch will be served. We will be outdoors all day so please ensure your children are dressed for the weather (hats, sunscreen, bug spray, shoes etc...)

Please call Colleen (705) 762-3343 ext.203 if you would like your child to attend.

## **BACK TO SCHOOL WORKSHOP**



Friday August 29<sup>th</sup> at 12:30 at the Triplex common room. This workshop will provide returning students with strategies for studying for tests, homework completion, and dealing with stress/anxiety. There will be an information session on severe allergies and what we all can do to avoid somebody having a severe allergic reaction. We will also be discussing healthy lunch and snack ideas suitable for school.

New students will have the opportunity to ask questions related to going to school, going on the bus, and making new friends. They will have the opportunity to speak to "going to school experts" (other kids).

Kids, get your mom or dad to call Colleen (705)762-3343 ext. 203 if this is something that you would like to come to. We will be having a healthy snack in the afternoon.

# Important Notice!

# Positive Human Case of West Nile Virus in Walita

People at higher risk for serious health effects from West Nile virus include:

- People over the age of 50
- Those with chronic diseases, such as cancer, diabetes, alcoholism or heart disease

# How can West Nile virus infections be prevented?

The best way to avoid infection with West Nile virus is to prevent mosquito bites. You can do this by minimizing your exposure to mosquitoes, and by getting rid of mosquito breeding grounds on your property.

- using insect repellents (bug sprays or lotions) that contain DEET (diethyltoluamide) or Icaridin.
  - wearing light-coloured protective clothing
- making sure door and window screens fit tightly and have no holes
  - emptying standing water from pool covers, garbage cans and similar outdoor items
- changing the water in wading pools, birdbaths and pet and livestock water dishes regularly
- covering rain barrels with screens and keeping eavestroughs clear of leaves and debris

# Symptoms:

Most people who get
West Nile virus
(70% to 80%)
experience no
symptoms at all.
Others may
experience a sudden
high fever with these
flu-like symptoms:

- Headache
- Joint pains
  - Vomiting
  - Diarrhea
    - Rash

Visit your local Nursing Station or Community Health Centre for more information or contact Suc Siwik at 705-746-5807 West Nile Virus Information Line: 1-800-816-7292 (toll free) www.westnilevirus.ge.ca



# Operation:

Monday, Tuesday, Wednesday and Thursday: 8:30am - 4:00pm

Friday: 8:30am - 12:00pm

Closed for lunch between 12:00 -1:00.

August 2014

## What does the **Nursing Station** Mean to You??

Have a story or a positive sentence or two on what the Nursing Station has meant to you and/or your family?

Please share them with

Please significant to Misty at misty byrnea wainlamohawkson



Wahta Nursing Station NEW PHONE NUMBER: (705) 762-1274

# Wahta Community Advisory Committee:

The Wahta Nursing Station is looking to expand our Community Advisory Committee. If you would be interested in joining the committee please contact Misty via email or phone!

The Health Advisory Committee meets 4 times a year to discuss Nursing Station concerns, issues and on-going business. It is an opportunity for members to share community feedback and contribute input.

If you are looking for a way to get involved with the Nursing Station this may be the committee for you!

Our next Health Advisory Committee Meeting is on September 24h at 6:00pm. New members are encouraged to attend!

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## TRADITIONAL KIDS CAMP 2014



















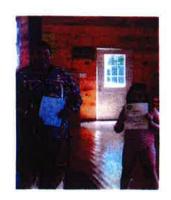












Certificates given to each child by Terry Kanenrahkeniate Sahanatien; Bear Clan, Pine Tree Chief and Faithkeeper



Wahta Mohawks P.O Box 260 Bala, ON, POC 1A0 705-762-3343

### **How Are We Doing?**

Please take a few minutes to fill out this survey on the Traditional Kids Camp that was held at the Longhouse from July 8-10, 2014. Wahta Mohawks welcomes your feedback and your answers will be kept confidential. Thank you for your participation.

General Information					
In general, what did your so	on/daughter think of	Traditional Kids Camp	?		
☐ Excellent			☐ Poor		
Would your son/daughter a	attend a Traditional k	Kids Camp again?			
☐ Yes ☐ No If you answer No or Depends please elaborate:			☐ Depends		
How often would you like to	o have a Traditional (	Kids Camp?	to the second of		
☐ 1 per year	☐ 2 per year		☐ More than 2		
Education					
What did your son/daughte	er enjoy the most?		The second secon		
		cultural teachings	☐ Creation Story		
☐ Thanksgiving Address	☐ Origin of	the Clan System	☐ Migration Story of the Haudenosaunee		
☐ Traditional Mohawk food	Traditional Mohawk food Social Dances and songs us water drum and rattles		☐ Traditional Games		
What would your son/daug	hter like to see adde	d to the camp?			

Thanks for completing. Please return the survey to Kristal Berwick. <u>kristal.berwick@wahtamohawks.ca</u>

### **POW WOW**

14th Annual Traditional Powwow
KINOOMOWAADA NDA BINOOJIIMNOG

# "TEACH OUR CHILDREN"

Presented in partnership with Sainte-Marie among the Hurons

Saturday, September 6, 2014

Bus will leave the old hall at 10:00AM (maximum 14 participants)

NO DRUGS - NO ALCOHOL - NO PETS

Admission will be paid for each participant.

Please bring blanket or lawn chair

Grand Entry Saturday at Noon

Please call Collegn to reserve your spot on the bus (705) 762-3343 ext 203

## IN MEMORIAM

### **VALERIE TINGLEY**

February 26th, 1959 - July 9th, 2014

Daughter of Stan and Pauline Gray, mother of Steve and Kyle, sister to Sharon, Edward and predeceased by her bother Greg. Valerie was an aunt and great aunt to numerous nieces and nephews. Val will be missed by all and forever in our hearts.

## IN MEMORIAM

### IAN MITCHELL FRANKS

Ian Mitchell Franks passed away suddenly in Whistler B.C. on Tuesday, July 15th, 2014 at the age of 35 years. Dear son of Beverly Anne Franks, and the late Peter Franks. Loving brother of Rachel and Adam, loving grandson of Grace and the late Mitchell Franks and Maxwell and Margaret Smith of Bracebridge. Loved by many aunts, uncles and cousins.

Ian's name meant "Gods Gracious Gift" and we as a family and friends have been truly blessed to have had Ian in our lives

A celebration of life service will be held on Saturday, September 27th, 2-5pm at Kerr Park, Bracebridge

Donation may be made to the Heart and Stroke Foundation on behalf of Ian.

Let's go paperless! Please let the office know if you wish to receive the monthly newsletter by email. The newsletter is also available on the web at www.wahtamohawks.ca

# What would happen to your Matrimonial Home or Real Property on Reserve if your Marriage were to break down? The Law is changing, read how this might affect YOU.

As you may know, the federal government recently enacted the Family Homes on Reserves and Matrimonial Interests or Rights Act (the Act). This Act addresses a legislative gap that has been outstanding since 1986 when the Supreme Court of Canada ruled in Paul v. Paul and Derrickson v. Derrickson that provincial matrimonial real property laws cannot alter rights of possession of reserve land.

The Act applies to married couples and common-law partners living on reserve, where at least one of them is a First Nation member or an Indian. It seeks to provide basic protections and rights to individuals living on reserves regarding the family home and other matrimonial interests and rights, during a conjugal relationship, in the event of a breakdown of that relationship, and on the death of their spouse or common-law partner. The legislation sets out provisions for the enactment of First Nation laws respecting on-reserve matrimonial real property, as well as provisional federal rules to fill the legislative gap.

The provisions for the enactment of First Nations laws means communities are able to draft a matrimonial property law that addresses their particular needs and circumstances. Specifically, a First Nation may enact a law that applies:

- during a conjugal relationship;
- when that relationship breaks down; or
- on the death of a spouse or common-law partner, respecting the use, occupation and possession of family homes on its reserves and

the division of the value of any interests or rights held by spouses or common-law partners in or to structures and lands on its reserves.

The Governor in Council determined December 16, 2013, as the date for when this part of the Act came into force. This gives First Nations a twelve month transition period to develop and approve, through community ratification, their own laws before the federal provisional rules apply.

In the event a community does not enact its own MRP law by December 16, 2014, substantive provisional federal rules for matrimonial real property protections and rights on reserves will be applied until a First Nation develops their own matrimonial real property law. These provisional rules provide the following rights and protections:

- Equal right to occupancy of the family home: provides spouses or common-law partners with an equal entitlement to occupancy of the family home until such time as they cease to be spouses or common-law partners.
- Requirement of spousal consent for the sale or disposal of the family home: provides spouses or common-law partners with protection that the family home cannot be sold or otherwise disposed of or encumbered during the marriage or common-law relationship without the free and informed

- written consent of the spouse or common-law partner, regardless of whether that spouse or common-law partner is a First Nation member.
- Emergency protection order:
   allows a court to order that a
   spouse or common-law partner
   be excluded from the family
   home on an urgent basis (in
   situations of family violence).
- Exclusive occupation order:
   enables courts to provide short
   to long-term occupancy of the
   family home to the exclusion of
   one of the spouses or common law partners. The duration of
   this order could range from a
   set number of days to a longer
   period, such as until dependent
   children reach the age of
   majority.
- Entitlement of each member spouse or common-law partner to an equal division of the value of the family home and any other matrimonial interests or rights: ensures that the proven value of a couple's matrimonial interests or rights in, or to, the family home and other structures and lands on the reserve are shared equally on the breakdown of a relationship.

- between member spouses or common-law partners: allows a court to order the transfer, in some circumstances of the matrimonial interests or rights between member spouses or common-law partners together with, or instead of, financial compensation.
- Entitlement of surviving spouses or common-law partners:
   ensures that when a spouse or common-law partner dies, the surviving spouse or commonlaw partner may remain in the home for a specified period of time, and can apply under the federal rules for half of the value of the matrimonial real property interests or rights as an alternative to inheriting from the estate of the deceased.
- Enforcement of agreements on the division of the value of the matrimonial property: allows a court to make an order that can be used to enforce a free and informed written agreement made by spouses or common law partners that is not unconscionable and that sets out the amount to which each is entitled and how to settle the amount.

For more information visit <a href="http://www.coemrp.ca/">http://www.coemrp.ca/</a>
Or contact the Wahta Mohawks Land & Resources Department
705-762-3343

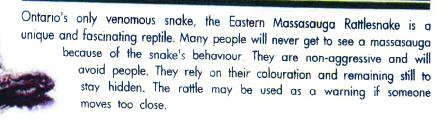
Email: scott.aubichon@wahtamohawks.ca

The

Massasauga

Rattlesnake

Eastern

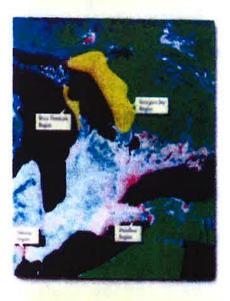


### ... A Threatened Species

The Eastern Massasauga Rattlesnake once had a much wider distribution in Southern Ontario than it does today. Persecution, habitat fragmentation and loss have resulted in their decline. This threatened species is protected by both Provincial and Federal legislation. Massasauga rattlesnakes are a unique component of Ontario's natural heritage. By being aware of your surroundings and following some precautions, you can safely share habitat with the Eastern Massasauga Rattlesnake.

## Identifying Ontario's Eastern Massasauga Rattlesnake

Learn to identify Ontario snakes, and to distinguish the Eastern Massasauga Rattlesnake from other snakes. Teach your children and visitors how to identify the massasauga. Ask children to tell an adult if they see a snake. The message is not meant to scare them, but to make them aware.









### What To Look For

Colour

Brownish grey to dark grey background with dark saddle-shaped blotches on the back with several rows of alternating blotches on the side. Blotches are edged in white. Belly is dark.

#### Shape

Heavy-bodied snake. Head is diamond shaped with white stripes along jaw. Neck is narrow in contrast to wide head and body. Stubby tail has a brown, segmented rattle.

Eves

Vertical (cat-like) pupils. Heat sensitive pits are located between eye and nostril. If you can see this you are probably too close! Try using binoculars to see these features.

Length 47 - 76 cm

www.massasauga.ca

# **Snake Safety Tips**

pick up snakes or other wild animals.

harass, chase, or

















Parks Canada Parcs Canada

- Wear protective footwear (such as hiking boots that cover the ankle) and long, loose fitting pants, especially when hiking at night or in open rocky areas, through brush or long grass.
- 2. Use a flashlight when traveling at night.
- 3. Always watch where you are putting your feet and hands. Poke around gently with a stick before reaching into brush, under rocks, or into dark places where snakes may be hiding.
- 4. Keep pets on leashes, curious pets are more likely to encounter a snake than people.
- 5. If you hear a rattlesnake, STAY CALM! Stop walking, and then determine the snake's location. Slowly move away from the snake and give it room to also move away. Enjoy the unique encounter but observe it from a distance and try not to disturb the snake.

### If a Snakebite Does Occur

- Do not panic. Remain calm. Remember that the person may have been bitten but no venam injected.
- Call emergency services to request transportation to the hospital. If possible, carry the patient or assist them in reducing activity. Ensure they are laying down while waiting for transportation. Remaining calm and inactive will slow the circulation of venom through the body.
- 3. Wash and cleanse the wound,
- Remove any jewellery from the bitten limb in case of swelling.
- Loosely splint the limb to reduce movement.
- 6. Always seek medical attention.

Never apply a tourniquet, ice, cut the bite area or apply suction. Never try to catch or kill the snake; this is unnecessary, dangerous, and illegal due to its protected status.

### PLEASE TAKE NOTE!

The massasauga rattlesnake's striking distance is limited to 1/2 its body length. The fangs and venom glands of the Eastern Massasauga Rattlesnake are quite small. The fangs are not likely to penetrate leather-hiking boots or loose clothing. If a rattlesnake does bite, there is a 25% chance that no venom is injected. In many other instances, only a small quantity of venom may be injected.

Keep the danger of snakebite in perspective. There have only been two fatalities in Ontario linked to snakebite. These fatalities occurred over 40 years ago, and in both cases, neither person received appropriate medical attention.

For more information: www.massasauga.ca