Orihwase'shón:'a ne Wahta Rontenro Raotirihwá:ke



Ohiarikó:wa — (fruits ripen alot)



This issue....

Calendar of Events
Minutes
Health Services
Education and Training
Employment
FYI & Notices

Regular Community Meeting July 25th Administration Building

Wahta Gym

We will be holding a meeting to discuss the Wahta Gym and what things we would like to see improved on at the location, Equipment, programs etc. If this is something you are interested in please join us on July 10th at 5:30 at the gym, or contact Amy at 705-762-2354 ext. 240

Notice

The Draw for contractors for the brushing of the Hydro One Distribution Lines will occur at the July member's Council meeting on **July 25**, **2017** at the administration office.

We have had 31 contractors apply for 10 contracts; if you have applied to and your name is drawn you will be contacted for further details.

Every applicants name will be drawn in order but only the first 10 contractors will be awarded a contract, if one of the first 10 contractors decline then then eleventh contractor pulled will be offered the contract and so on.

If you have any questions please contact, Scott Aubichon 705-762-2354 Ext 242 scott.aubichon@wahtamohawks.ca

JULY 2017

SUN	MON	TUE	WED	THU	FRI	SAT
						I Strawberry Ceremony Longhouse 10am
2	3	4 Pole Walking (AB) 9-10 Mom's Group (CHC) 5:30 Faith Circle 7pm	5 Community Shopping (Orillia)	6 Pole Walking (AB) 9-10	7	8
9	10	Pole Walking (AB) 9-10 Healthy Living (CHC) 10-2 Traditional Camp Faith Circle 7pm	12 Foot Care Traditional Camp	13 Pole Walking (AB) 9-10 Traditional Camp	14	15
16	Women's Group (CHC) 5:30 Summer Camp	Pole Walking (AB) 9-10 Drum Group (CHC) 6:30-7:30 Summer Camp Faith Circle 7pm	19 Summer Camp	20 Pole Walking (AB) 9-10 Summer Camp	21 Summer Camp	22
23	24 Youth Camp Swimming Lessons	25 Pole Walking (AB) 9-10 Youth Camp Swimming Lesons Community Meeting (AB) 7pm Faith Circle 7pm	26 Chair Exercise (CHC) 10-1 Youth Group Swimming Lessons	27 Pole Walking (AB) 9-10 Youth Group Swimming Lessons	28 Swimming Lessons	29
30	31 Colouring (AB) Summer Camp					
	Locations	AB = Administra	ation Building CH	IC = Cultural Heali	ng Centre	2

April 2017 Council Weekly Meeting Summaries

Council Weekly Meeting Summary - April 5 2017

In Attendance:

 $\boxtimes P$ Franks $\boxtimes L$ Schell $\boxtimes B$ Commandant $\boxtimes T$ Greasley $\square L$ Strength-Fenton **Agenda:**

o4.05.01 ICG Meeting – Reviewed previous council decision to close ICG. Reviewed financials, price of berries etc. Exit plans were discussed such as how to liquidate equipment, potential lessees. Need detailed MCR and announcement to community.

04.05.02 CHC Basement Issue – Basement at CHC has leak that requires immediate attention, requires new ditching to reroute the water away from the playground. Current contractor to work on solution and repair

04.05.03 Hiring Board – Chief and Council felt that all of council should have more input into the hiring of new staff.

Motions:

04.05.03 – Motion to assign Chief and Council as the full hiring board temporarily, will act as hiring board to all job postings on a temporary basis. Motion carried by consensus

Council Weekly Meeting Summary - April 12 2017

In Attendance:

⊠P Franks ⊠L Schell ⊠B Commandant ⊠T Greasley ⊠L Strength-Fenton **Agenda:**

04.12.01 Trapping Request – A letter was requested by a member for permission to trap on the reserve as well as to obtain a trappers license through the MNR.

04.12.02 Donation Request – Glen Orchard/South Simcoe Hospital/Dreamcatcher Fund/Parry Sound Hospital – Donations of \$500 each were approved for the four requests

04.12.03 Housing Coordinator Position - motion required see below

04.12.04 ICG Announcement and MCR – Announcement of ICG closure was discussed and drafts of both announcement and MCR read. Final letter will be sent to all members April 13, website and PR release to be completed April 18. Final draft of MCR to be signed April 19 2017. Advertise in next newsletter selling off juice/food inventory at the admin building at a discount. Also advertise that buildings and land are available for lease.

Motions:

04.12.02 – Motion to authorize a \$500 donation to Glen Orchard Public School, Algonquin Health Centre, Dreamcatcher Fund and Parry Sound Hospital. Carried by consensus.

04.12.03 – Motion to approve Matthew Commandant to be moved internally to complete the Housing Coordinator contract position as per the HR policy as of April 17 2017. Carried by consensus.

Council Weekly Meeting Summary - April 19 2017

In Attendance:

☑P Franks ☑L Schell ☑B Commandant ☑T Greasley ☑L Strength-Fenton Agenda:

04.19.01 Finance – Presentation on budgets, any additions or budget requirements for Strategic Plan needed. Recap meeting scheduled

04.19.02 Education - Budget requirements for education presented. See motion below

o4.19.03 Gibson Lake Cottage Association – requested yearly access for annual picnic at the large island in south Gibson Lake, fireworks to be held at large island as well. Permission granted by quorum, send letter requesting cleanup of area as well as waterfront area.

04.19.04 Legion Donation/Military Recognition Service Book – A donation of \$500 will be made to the local Bala legion in place of the service book. See motion below

Motions:

04.19.02 Education – Council approves the education budget for 2017/18 in the amount of \$370 860 and that no more than \$117 533 be taken from audited education surplus funds to cover the deficit. Carried by consensus

04.19.04 Legion Donation - Motion to donate \$500 to the Bala legion. Carried by consensus

April 2017 Council Public Meeting Minutes

Date: Tuesday April 25, 2017

Present: Chief Philip Franks, Councillor Lawrence Schell, Councillor Blaine Commandant, Councillor Teresa Greasley, Councillor Strength-Fenton and members.

Call to Order: The meeting was called to order at 7:05 pm.

Adoption of the Agenda: Moved by Councillor Greasley, Seconded by Councillor Commandant and Councillor Strength-Fenton. Carried.

Adoption of Minutes of: March 28, 2017 Moved by Councillor Commandant, Seconded by Councillor Greasley and Councillor Schell. Carried.

New Business:

Gibson Lake – Yearly request to host the annual picnic, permission was granted.

Donations – Yearly donations made to two local hospitals, school and legion and Dreamcatcher Fund, motion included below. Chief Franks stated that a budget for donations should be set as requests have increased.

Economic Development Update – Fednor has provided funding for a feasibility study to look at development for Hwy 400 and the cranberry Marsh interchange. Inquiries into renting ICG space are being

- looked at. A study of Raggid Rapids rd. upgrades and development opportunities as well. The development Board of Directors should oversee any business opportunities.
- **Iroquois Caucus Motion** Yearly fee of \$10 000 requested. Such things as legal experts for help with special causes, travel. Councillor Schell stated there should be reporting on the issues they are working on. Stuart lane mentioned that the National Indigenous Medical Cannabis Association is seeking to regulate medical marijuana on their own territory.
 - **Motion** Motion to renew the yearly fee of \$10 000 to the Iroquois Caucus. Chief and Council are also requesting more reporting from the Caucus. Carried by consensus.
- Member Programming Request Kyla Holmes is requesting a language nest for pre-schoolers to support language development within a childcare environment. She is also requesting an updated fitness facility with trainers and updated equipment to focus on the health of the community. Councillor Schell stated the cost can be prohibitive. Chief Franks stated that some research should be done first in the form of a community meeting to assess the feasibility. There was some discussion on language initiatives and if there is any interest in the community for immersion and the pros and cons of immersion programs. Councillor Commandant stated that a letter be sent with the detailed request to administration.

Old Business/ Follow-up

- Oath of Confidentiality The current Oath is linked to the Human Resource Management Policy which is an employee policy. This is problematic as elected bodies are not employees and it binds council to administrative functions. Councillor Commandant stated he is not aware of what is in the policy. Chief Franks stated it needs to be looked at again, deferred.
- Additions to Reserve meeting LEDSP application (Lands and Economic Development Service Program) The application will work towards getting a coordinator that will oversee the process. ATR items were updated within the work plan such as surveys, environmental assessments, hydro permits. Work is ongoing.

Motion Summary:

- **04.05.03** Motion to assign Chief and Council as the full hiring board temporarily, will act as hiring board to all job postings on a temporary basis. Motion carried by consensus.
- **04.12.02** Motion to authorize a \$500 donation to Glen Orchard Public School, Algonquin Health Centre, Dreamcatcher Fund and Parry Sound Hospital. Carried by consensus.
- **04.12.03** Motion to approve Matthew Commandant to be moved internally to complete the Housing Coordinator contract position as per the HR policy as of April 17, 2017. Carried by consensus.
- **04.19.02** Council approves the education budget for 2017/18 in the amount of \$370 860 and that no more than \$117 533 be taken from audited education surplus funds to cover the deficit. Carried by consensus.
- 04.19.04 Legion Donation Motion to donate \$500 to the Bala legion. Carried by consensus

Questions/Comments:

McMaster Lake – Tim Thompson asked what the status of McMaster Lake is. There was discussion on issues such as the legal state and liability of the land since it is still in the hands of provincial or federal control although it may be covered by Wahta's blanket insurance policy. Chief Franks stated that staff have been carrying out some

money that came during the last month of the fiscal year. It was felt by some that Chief and Council should be more aware to properly consult the membership on what should take place at this location, especially surrounding healing and wellness issues. Stuart Lane would like his name removed from land.

Cultural Healing Centre – Tim Thompson stated that he inquired about booking the Cultural Centre, he stated that the response was he had to pay \$250 and it needs to be an approved activity. He asked if everyone is getting charged and why the activity should be approved. It was asked if there was a policy. Councillor Commandant stated that it was reasonable that there would be approved or disapproved activities. Chief Franks stated he will find out the specific policy.

ICG - Lance DeCaire stated that there may be an auction to dispose of equipment. Equipment and product will be for sale to the community members first. All money will go into the general revenue fund. Councillor Commandant stated that there is a chance that the buildings could be leased but the land is not properly surveyed which could be problematic. Lance DeCaire stated that the frost will eventually kill the vines and that MFP as well as the store will be closed. There was further discussion about the closure, Ryan DeCaire asked if the main reason for closing was the survey that went out to members, Chief Franks stated that it was not only that but the loss of revenue over time, the current price of berries, the business structure etc. Councillor Greasley stated that council run business is not a sustainable business model.

Next Meeting Date: May 23, 2017

Adjournment

Closing



HEALTH

Services

APRIL 2017

- Community Shopping on Wednesday, July 5th, 9 am pick up (Orillia)
- Healthy Living on Tuesday, July 11th, 10-12 at the Cultural Center
- Foot Care on Wednesday, July 12th, at the Administration Building
- Drum Group on Tuesday, July 18th, 6:30-7:30 at the Cultural Center
- Chair Exercise on Wednesday, July 26th, 10-1 at the Cultural Center
- Colouring Monday, July 31st, 1-3 at the Administration Building
- Pole Walking every Tuesday and Thursday 8:30-9:30...Administration Building

The Elders Conference, located in Batchewana, is taking place from August 22-August 24...we will be departing at 8:30 on Monday, August 21 and returning after dinner on Thursday, August 24th. Please register with Christine or Sherry as soon as possible...deadline for registration is Tuesday, July 4th. Thank you.



Saturday August 12, 2017

Bus departs Administration Building at 8:00am

There is a \$20.00 per person non refundable fee payable in advance.

Please contact Colleen 705-762-2354 ext. 241 or Amy ext. 240 to reserve your spot (maximum 46 participants) Women's Group Gathering

Pot Luck

July 17th 5:30

at the

Cultural Centre

Please bring a game or craft or any other ideas you have for social activities.



Moms support group meeting

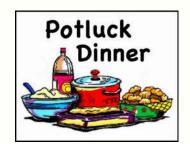
July 4th at 5:30, Pot Luck

&

July 20th at 5:30 snacks will be provided

Meeting will be held at the

Cultural Centre





AIAI18th ANNUAL ELDER'S GATHERING

WHEN

August 22 - 24,2017

WHERE

Batchewana First Nation

Batchewana Learning Centre | 15 Jean Ave., Sault Ste. Marie, ON P6B 4B1 | 705.759.7285

DETAILS

Theme: Power of the Past, Force of the Future Dress Up Theme (Day 2 - Aug 23rd): 1940's Era

Registration Deadline: Friday, July 28, 2017 (Registrants must be from an AIAI Member Nation).



TO REGISTER PLEASE CONTACT:

Christine (273) or Sherry (250) As soon as possible so we can get the hotel reserved.

SUMMER LANGUAGE AND CULTURE CAMP

WHEN; Monday July 17, 2016 from 9:00AM – 4:00pm Monday – Thursday 9:00am – 1:00pm on Fridays

CAMP WILL NOT RUN THE WEEK OF JULY 24, 2017 TO JULY 28, 2017 DUE TO ANNUAL SWIMMING LESSONS.

WHERE: Cultural Healing Centre

This language and culture camp will run Monday to Friday.

Activities to include but not limited to;

Language, Culture, Arts & Crafts, Play, Traditional Foods, Gardening WHO: School aged children, Mom/Dads and babies and tots, Students that require volunteer hours, and Elders.

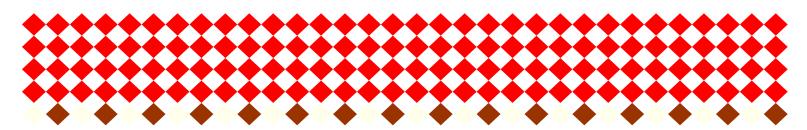
WHY: Language and Culture is who we are and we believe if we give our children enough exposure, they will learn it and continue speaking and teaching the future children in our community.

Please contact Colleen (705)762-2354 ext241. to register your child(ren).



Traditional Kids Camp – Summer 2017

Camp for the kids will be held at the Longhouse from July 11-13, 2017. The day will start at 9:00 am and end at 3:00 pm. Terry, Lucia and Iohate Sahanatien will continue to teach Kanien'kéha language and provide traditional teachings. Children will need to pack their swimsuits, towels and PFD's. Snacks, drinks and lunch will be provided for the three days. Please sign your child/ren up with Kristal by June 23, 2017. 705-762-2354 ext. 230





Exciting news...

Partnering with Chigamik Health Center in Midland...we are pleased to bring traditional healers to the Wahta Cultural Center. There are limited spots and it will be first come basis. You may only see one healer, not both. Please also keep in mind your preparedness for what they may say. There will be a notetaker provided by Chigamik for both healers. Please contact **Sherry** for more information. 705-762-2354 ext 250. Sherry is the only one taking the reservations due to the limited space and no need for confusion. Please bring an offering of tobacco for the healer, if you don't have your own, we will provide you with the offering.

Thursday, June 29th <u>- Jake Agoneh</u> is from Sheguindah First Nation. He is Ojibway and provides guidance and healing in all areas. Jake is a Medicine Man and he is also a Master Herbalist. He is especially experienced at healing physical ailments although he provides spiritual guidance and insight into your dreams and the giving of Names as well as interpreting the events and needs in your life.

Wednesday, **August** 9th - <u>Troy Greene</u> is Bear Clan from the Oneida Nation. He is 45 years old and has been giving Readings since he was 16. As a Seer Troy communicates with Spirit Helpers and Spirit relatives to give information about a person's health regarding physical, spiritual and emotional well-being. Troy attended our Health Fair last September as the healer.

If you are unable to secure an appointment here we have attached Chigamik schedule for the summer.



Every One Matters.
Chaque personne compte.

La place du peuple - The Peoples' Place

SUMMER SCHEDULE CHIGAMIK HEALING PROGRAM

PAM TREMBLAY - JULY 17, 18, 19, 20, 21.

JULY - PAULINE SHIRT - 24, 25, 26, 27, 28.

JAKE AGONEH – JULY 31, AUGUST 1, 2, 3

TROY GREENE - AUGUST 8, 9, 10, 11.

PAULINE SHIRT - AUGUST 28, 29, 30, 31. SEPTEMBER 1.

PLEASE CALL BRIAN GEORGE AT 705.526.4154 EXT. 204 OR JODI BLUE AT 705.527.4154 EXT. 204 TO SCHEDULE AN APPOINTMENT.

EDUCATION

Glen Orchard Public School staff has shown their commitment to our First Nation and Metis students with the initiatives that have emerged over this past year. The students have gained valuable knowledge and our students in particular have become more confident in all other areas of school. We acknowledge the support of Terry, Lucia and Iohate Sahanatien for all their work over the past year assisting staff and students of Glen Orchard Public School to become more knowledgeable and aware of Mohawk culture. The grand opening of Tsi Iontia'tarohrokstha (The gathering place) at Glen Orchard was a great success.





Pictured to the far left is Iohate Sahanatien offering the Thanksgiving Address to the attendees of the Grand Opening at Glen Orchard Public School. Iohate provided the Address in the Mohawk language

with the English translation to follow.

Also is a picture of Kiera Grey who spoke of what this new space means for her and her school mates.

Tsi Iontia'tarohrokstha has provided students a safe place to learn and share the Mohawk culture.

Congratulations to all students, elementary, secondary and post secondary on a successful year! In the next edition the names of our graduates will be posted. We have such great students and we are all very proud of each and every one who we come to know through our children's programming, or for those who access our post secondary / training programs.

The preschool children's prescram will continue ever the summer menths and we will share the space with the

The preschool children's program will continue over the summer months and we will share the space with the children's summer program that will be taking place.

JOB DESCRIPTION

POSITION TITLE: Senior Administrator

REPORTING PROTOCOL: REPORTS DIRECTLY TO Chief and council

POSITION SUMMARY: The senior administrator is directly responsible for the overall efficient and effective administration management of the Wahta Mohawks, it's programs areas and services and working with Chief and Council on all matters relating to the business of the Wahta Mohawks in a timely and professional manner.

PRIMARY DUTIES:

- Oversee the administration and programs and services of the Wahta Mohawks
- Take direction from the Chief and Council for the Wahta Mohawks community and governance development plans and ensuring the strategic plan approved by Chief and Council is implemented in an efficient and effective manner and that staff are current and up to date on the direction of council.
- Work with the Human Resources department ensuring stability, efficiency and effectiveness of staff performance
- Oversee the activities of the staff including developing and maintaining a harmonious and supportive team environment.
- Oversee the development and/or implementation of the staff and community recognition Program as approved by Chief and Council.
- Communicate effectively with citizens, Chief and Council, Council committees and all Boards, staff, funding agencies and other First Nation organizations as required in a timely, responsible and professional manner.
- Remain current and up to date on the program and service area and community needs, including short term and long-term strategic planning processes, goals and objectives, legal issues and claims and all related processes and systems.
- Ensure council directives/motions and BCR's are completed in a timely, efficient and professional manner.
- Attend all meetings as required, within and outside the community. This includes monthly public council meetings and weekly council meetings.
- Ensure monthly reporting on items such as expenditures, staff programming initiatives, funding requirements and any other related information as requested by Chief and Council is provided in a consistent professional manner.
- Attend Council/Committee/Board meetings as required as ex-officio of Council when designated, ensuring the
 goals and objectives established by Chief and Council are communicated and carried effectively and in a consistent manner.
- Assist with the preparation of council meetings, regular and special meetings, general meeting and staff meetings or any other meetings required. Also making sure all staff and applicable meeting attendees remain current and up to date on community related issues, services and programs.
- Assist in the effective communication for all Wahta Mohawk citizens ensuring the Community Consultation Plan is adhered to and all citizens are kept informed on community related issues, services and programs.
- Attend appropriate workshops, seminars and training sessions as required to remain current and up to date on topics of concern to Wahta Mohawks.

- Liaise with other First Nations, program agencies and related organizations/institutions to network effectively for the benefit of the Wahta Mohawks, Chief and Council and the community.
- Advocate on behalf of Wahta Mohawks with agencies, organizations and institutions to ensure the interests of Wahta Mohawks is represented.
- Liaise with legal representatives and/or attend applicable legal obligations to ensure Wahta Mohawks is represented in a professional manner.
- Liaise, research and acquire ongoing funding for program and project development as per the Strategic Plan
 with all applicable government and/or funding agencies. This also included reporting and/or proposal submissions as required.
- Provides supervision and guidance to all Wahta Mohawk staff, ensuring all policies and procedures are in place, enacted and enforced.
- Ensures the staff conduct themselves in a professional, efficient and effective manner as outlined in the Human Resource Management Policy.
- Ensure that performance reviews are conducted and undertaken on an annual basis.
- Other duties and responsibilities as required.

Education/professional requirements:

Minimum Business Management/Administration or Masters/Honours degree or an equivalent combination of education and experience in a similar or related position with a proven demonstration of skills.

Professional affiliations in business, law, finance, accounting or other related field an asset. skills required:

- A knowledge and understanding of the community environment and culture is an asset.
- Experience working in a First Nation environment is an asset.
- Excellent Human Relations and Public Relations skills an asset.
- Excellent Management. Administration and Conflict Resolution skills and asset.
- Negotiation, mediation, analytical and problem solving, capacity to take initiative and multi task.
- Excellent report/proposal writing and development skills.
- Excellent organizational and time management skills.
- Must have the ability to work in and contribute to a team environment.
- Must have a proficient level of communication skills, verbal and written, and be comfortable dealing with the public.
- Must possess a proficient level of organizational and time-management skills.
- Must have the capacity to take initiative and to multi-task at times to accomplish the tasks and activities assigned.
- Must possess a current and valid Driver's License and dependable vehicle.

If you are interested in applying for the position, please send a cover letter and resume to:

Martie Stanton

Human Resources

martie.stanton@wahtamohawks.ca

t: 705-762-2354 ex 272

f: 705-762-2376

^{**} Only those selected for an interview will be contacted**

General labourer - manufacturing ADVERTISED

9619 - Other labourers in processing, manufacturing and utilities

Wahta Springs

Pala, ON

Job details

Job posting date 2017-06-13

Advertised until 2017-07-04

Days to be posted

21

Vacancies

2

Job start date

As soon as possible

Wage

\$11.40 to \$14.25 / Hour

Hours

44 Hours / Week

Group insurance benefits

Terms of employment

Permanent, Full time, Overtime, Day

Employer

Wahta Natural Spring Water

Job location

1100 Wahta Springs Trail Bala , Ontario P0C 1A0

Skills

Own Tools/Equipment Steel-toed safety boots

Transportation/Travel Information

Own transportation, Public transportation is not available

Work Conditions and Physical Capabilities

Fast-paced environment, Repetitive tasks, Handling heavy loads, Physically demanding, Manual dexterity, Attention to detail, Handeye co-ordination, Standing for extended periods

Work Site Environment

Noisy

Personal Suitability

Punctuality, Reliability, Effective interpersonal skills, Initiative, Dependability, Team player, Excellent oral communication

Additional Skills

Not required, Completion of high school

Specific Skills

Transport raw materials, finished products and equipment throughout plant manually or using powered equipment, Check and weigh materials and products, Sort, pack, crate and package materials and products, Assist machine operators, assemblers and other workers, Perform other labouring and elemental activities, Clean machines and immediate work areas

Weight Handling Up to 23 kg (50 lbs)

Work Setting

Packaging company

Education

Secondary (high) school graduation certificate

or equivalent experience

Experience

1 to less than 7 months

Languages

English

20/06/2017

How to apply

In person

1100 Wahta Springs Trail

Bala ON

P0C 1A0

from 09:00 to 11:30

By fax

705-762-5600

By email

info@wahtasprings.com





We need **YOUR** help!!

WAHTA MOHAWKS COMPREHENSIVE COMMUNITY HOUSING NEEDS ASSESSMENT (CCHNA)

Work on the Comprehensive Community Housing Needs Assessment continues. We need <u>YOUR</u> information though to ensure the needs of the community are reflected.

We have 3 separate surveys available to help citizens share their information. No one person will need to fill out more than two, and for many, only one of the three is necessary.

<u>Survey #1</u> is called the Residence Assessment Survey, and it asks questions about the current type of dwellings (homes/ apartments) that Wahta citizens are living in, and the condition they are. This survey is intended to be completed <u>ONE PER HOUSEHOLD</u>.

<u>Survey #2 On and #2 Off</u> are called the Individual Citizen Survey, and they ask questions about where and what type of housing citizens need for the immediate (5 year) and long term (20 year) future. There is a version of the survey for both On and Off reserve citizens, and we ask **that all citizens aged 16 and over** fill out a survey.

How do I fill out a survey? The surveys will be mailed to all citizens with a preaddressed stamped envelope. Once you have filled out the survey, it can be returned DIRECTLY to the consultant by using the preaddressed stamped envelope. If you prefer, the surveys are also available ON-LINE and can be accessed through the community webpage.

When can I fill out a survey? We have extended deadline... please fill in your survey by the end of June and return it as soon as you can.

We thank you in advance for your participation in developing this very important study for the future of Wahta Mohawks!

If there are any questions regarding the survey, please contact the consultant, Neegan Burnside Ltd. at:

Cory Jones, Project Manager P: 1-800-595-9149 x 3015

Email: cory.jones@neeganburnside.com

Risks of West Nile virus

Find out what the risks of West Nile virus are and who is most at risk.

What are the risks of being infected with West Nile virus?

West Nile virus infection can lead to serious disease.

In most parts of Canada, the risk of becoming infected with West Nile virus starts mid-April. It goes to the first hard frost in late September or October. Humans are most at risk between mid-July and early Septem-

ber. Mosquitoes are often most active at dawn (first light) and dusk (just before dark).

Some people are at greater risk for serious health effects from West Nile virus. These include people:

- over the age of 50
- with chronic diseases, such as:
- o cancer
- o diabetes
- o alcoholism
- o heart disease
- o who require medical treatment that may weaken their immune system, such as chemotherapy.

What are the symptoms of West Nile virus?

Symptoms can range from mild to severe. Most people (70% to 80%) who are infected with West Nile virus have no symptoms.

Some people have mild symptoms that can include:

- fever
- headache
- body aches
- mild rash
- swollen lymph glands

First symptoms usually appear within 2 to 15 days after infection.

Anyone infected with West Nile virus can be at risk of developing more severe symptoms and health effects. Adults 50 years or older and those with underlying conditions or weaker immune systems, however, are at greater risk. Very few people (fewer than 1 per cent of people infected with the virus) will develop severe symptoms and health effects. In many of these cases, the infection can affect the central nervous system. This is the nervous system tissues in the brain and spinal cord).

Serious symptoms can include:

- rapid onset of severe headache
- high fever
- stiff neck
- nausea or vomiting (sometimes both)
- difficulty swallowing
- drowsiness
- confusion

•

You can also get serious symptoms like:

- loss of consciousness
- lack of coordination
- muscle weakness
- Paralysis

In general, recovery can take a week for mild cases. Some severe cases could experience a variety of health effects for many months to years after their initial illness. Some severe cases of the disease can be fatal.

Public Health Division

Lyme Disease

This fact sheet provides basic information only. It must not take the place of medical advice, diagnosis or treatment. Always talk to a health care professional about any health concerns you have, and before you make any changes to your diet, lifestyle or treatment.

Lyme Disease

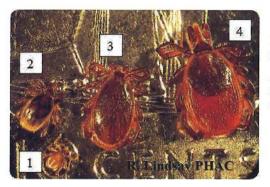
Lyme disease is an infection caused by the corkscrew-shaped bacteria, *Borrelia burgdorferi*. In Ontario, these bacteria are spread by the bite of blacklegged ticks (formerly called deer ticks), *Ixodes scapularis*. The blacklegged tick can be found sporadically throughout the province.

What are ticks?

Ticks are closely related to spiders. They are typically small when unfed, (1 to 5 mm in length), and all active stages feed on blood. They cannot fly and they move quite slowly. Ticks usually come in contact with people or animals by positioning themselves on tall grass and bushes. They may take several hours to find a suitable place on the host to attach to feed. Most tick bites are painless. The majority of bites will not result in disease because most ticks are not infected with the agent of Lyme disease.



An adult female blacklegged tick waiting on a blade of grass for host.



Blacklegged ticks pass through three different life stages (larva-1, nymph-2, adult male-3, adult female-4). The nymphal stage typically occurs during the summer months and is the stage most likely to infect people with Lyme disease. This is due to their small size which prevents people from noticing them on their body.

The ticks in the picture sit atop a dime for reference to their small size.



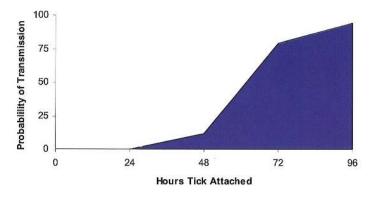
In Ontario, blacklegged ticks are more commonly found in areas along the north shores of Lake Erie, Lake Ontario, and the St. Lawrence River. Locations with established blacklegged tick populations infected with the Lyme disease agent, include: Long Point Provincial Park, Turkey Point Provincial Park, Rondeau Provincial Park, Point Pelee National Park, Prince Edward Point National Wildlife Area, Wainfleet Bog Conservation Area, and in the St. Lawrence Islands National Park area. The precise boundaries of these established tick populations are difficult to define but it is anticipated that some of these populations will continue to expand into neighbouring areas. Blacklegged ticks are also known to feed on migratory birds and as a result, they can be transported throughout the province. Therefore, while the potential is low, it is possible for people to encounter blacklegged ticks, or to be infected with Lyme disease from the bite of an infected blacklegged tick, almost anywhere in the province.

In general, blacklegged ticks infected with Lyme disease are much more common in the United States along the Atlantic seaboard from Maine to Virginia and in Minnesota and Wisconsin than they are in Ontario.

How do ticks transmit Lyme disease?

Blacklegged ticks are the only type of tick in Ontario that can consistently transmit Lyme disease in Ontario. Even with a bite from an infected blacklegged tick, there is only a small chance of getting Lyme disease. Ticks feed on blood by inserting their mouthparts (not their whole bodies) into the skin of a person, or an animal. Ticks feed slowly and their body gradually enlarges as it feeds, making it more visible. It usually takes from 3 to 7 days for a blacklegged tick to take a complete blood meal.

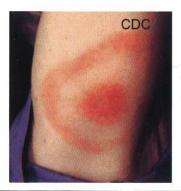
Ticks are most likely to transmit infection after being attached for more than 24 hours of feeding (see attached figure) because the bacteria requires time to migrate from the tick's gut to its salivary glands. Because of this delay, prompt detection and removal of ticks is one of the key methods of preventing Lyme disease.



If a blacklegged tick has Lyme disease and it is removed quickly from the body, it is very unlikely that it has transferred Lyme disease to the human host. People who are bitten by a tick and who develop symptoms of infection should see their doctor.

What are the symptoms?

Early symptoms of Lyme disease usually occurs within one to two weeks, but can occur as soon as three days or as long as a month, after a tick bite. If you develop: fever, headache, muscle and joint pains, fatigue and a skin rash, especially one that looks like a red bull's eye (called erythema migrans), promptly seek medical advice. It is important to tell your doctor when and the geographical location of where you were bitten by a tick. Not all patients with Lyme disease will develop the bull's eye rash.



A typical bull's eye rash of a patient with Lyme disease. Not all rashes from Lyme disease will look like a typical bull's eye. If you are bitten by a tick and/or if you get symptoms described in the previous section, see your doctor.

Treatment

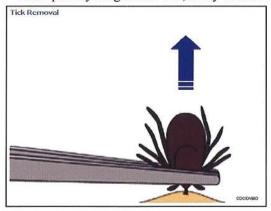
In most circumstances in Ontario, antibiotic treatment is not necessary if someone has been bitten by a tick. If a tick is discovered attached to a person, the tick should be promptly removed (see below). The tick can be identified through a doctor and/or public health unit. If the tick is a blacklegged tick, it will be tested for Lyme disease. Medical attention should be sought if any symptoms of early Lyme disease develop within 30 days of removal of the tick. In rare instances, antibiotic treatment may be recommended if the tick was attached for a long time (more than 24 hours), the person had been visiting an area where Lyme disease is relatively common, or the tick is not available for testing and the patient has symptoms of early Lyme disease. If symptoms of Lyme disease develop, antibiotics should prevent further complications. The earlier treatment is received, the better. If the initial infection is not treated, symptoms involving the heart, nervous system or joints can occur.

How do I avoid ticks?

- Wear light-coloured clothing. It makes ticks easier to see and remove before they can attach to feed.
- Wear long pants and a long sleeved shirt.
- Wear closed footwear and socks.
- Tuck your pants into your socks.
- Use a tick repellent that has "DEET" (following the manufacturer's directions for use). Apply it to your skin and outer clothing. Avoid your eyes and mouth, as well as cuts and scrapes.
- Put a tick and flea collar on your pet and check them for ticks periodically.
- If you frequent the areas where blacklegged ticks are established, examine yourself thoroughly for ticks. It is important to do this each day. Pay special attention to areas such as groin, scalp and armpits. Use a mirror to check the back of your body or have someone else check it.

What do I do if I find an attached tick?

- Prompt removal of ticks from your skin will help prevent infection, since transmission of the Lyme disease agent usually requires the tick to be attached for more than 24 hours.
- Using fine-tipped tweezers, carefully grasp the tick as close to your skin as possible. Pull it straight out, gently but firmly.
- Don't squeeze it. Squeezing the tick can cause the Lyme disease agent to be accidentally introduced into your body.
- Don't put anything on the tick, or try to burn the tick off.



- After the tick has been removed, place it in screw-top bottle (like a pill vial or film canister), and take it to your doctor or local health unit. They can send it to the Ontario Public Health Laboratory for identification. Establishing the type of tick may help to assess your risk of acquiring Lyme disease.
- It is important to remember where you most likely acquired the tick. It will help public health workers to identify areas of higher risk.
- Thoroughly cleanse the bite site with rubbing alcohol and/or soap and water.

Lyme disease testing

Blood tests to support a diagnosis of Lyme disease are performed at the Ontario Public Health Laboratory. The diagnostic tests that are used are approved by federal regulators in Health Canada. The testing protocol follows the recommendations of the Canadian Public Health Laboratory Network, as well as the Centers for Disease Control (CDC) in the USA. The CDC and the Public Health Agency of Canada caution health care professionals and the public regarding the use of private laboratories offering Lyme disease testing in the USA, as these "forprofit" laboratories may not follow the same testing protocols as most Canadian provincial and federal or United States federal or state laboratories. For more information on this, please see the following link: http://www.cdc.gov/MMWR/preview/mmwrhtml/mm5405a6.htm

Who can tell me more about Lyme disease?

Talk to your doctor, or contact your local public health unit for more information.

Lyme disease resources:

Health Canada, It's Your Health: Lyme Disease

http://www.hc-sc.gc.ca/hl-vs/alt_formats/pacrb-dgapcr/pdf/iyh-vsv/diseases-maladies/lyme-eng.pdf

Public Health Agency of Canada: Ticks and Lyme Disease http://www.phac-aspc.gc.ca/id-mi/tickinfo-eng.php

Canada Communicable Disease Report: The rising challenge of Lyme borreliosis in Canada http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/08vol34/dr-rm3401a-eng.php

Centers for Disease Control and Prevention (U.S.A.) http://www.cdc.gov/ncidod/dvbid/Lyme/index.htm

Wahta Annual

Fishing Derby and Community Picnic

Aug 5th at 8am, fishing at the Administration Building,

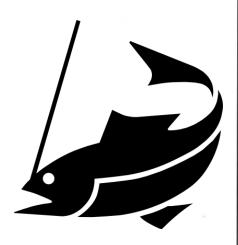
Webster lake followed

by a

Fish Fry and BBQ

at the

Cultural Centre



Association of Iroquois & Allied Indians YOUTH DEVELOPMENT CAMP



Wahta Mohawks is hosting this year!

Purpose: to inspire the youth of the Member Nations together to learn the knowledge they need to succeed in life with a cultural learning perspective.

<u>Member Nations</u>: Batchewana First Nation, Caldwell First Nation, Delaware Nation at Moravian Town, Hiawatha First Nation, Mohawks of the Bay of Quinte, Oneida Nations of the Thames and Wahta Mohawks.

Youth from First Nations across Ontario will gather at Wahta for a week-long camp bridging math, science, and technology with culture and traditions.

The Youth Development Camp, organized by the Association of Iroquois and Allied Indians (AIAI) and by Community Wellness Worker Kara Wanoth is designed to encourage First Nations youth to not only stay in school but to pursue career paths in science, technology, engineering, and math.

Throughout the week the youth will learn about plant properties on a traditional medicine walk, about sound waves using water drums, and about careers in renewable energy as they relate to water and air teachings.

Air, Fire, Earth and Water teachings will be held as well as a Traditional social and many crafts and fun activities.

Who: Grade 5-8 (Approx. Ages 10-13) **When:** July 24-27, 2017

Accommodations: Grand Tappattoo Resort
Registration Forms to be submitted by: June 23, 2017
Contact Kara ext. 227 or kara.wanothmee@wahtamohawks.ca

Housing Assistance

Wahta Mohawks is accepting applications for housing renovations and housing subsidies.

Housing Subsidy

Grant of \$26,300.00 for house construction Grant of \$15,000.00 for well and septic installation Must have status and membership Need to own the land where the home is to be built

Housing Renovations

Home must be located on Wahta Territory

Home must be the permanent residence of applicant

Must have status and membership

Cost shared with Wahta Mohawks at 50% homeowner and 50% band up to maximum of \$26,300.00

This is a summary of information for housing assistance. Please contact the office for further information, 705-762-2354

Customary Care

Customary care is an important care option for First Nations children who are not able to remain with their immediate family. It is a family-based care model reflective of the culture, values and traditions of the child's parents and community. It recognizes that members of the child's immediate and extended family and community share responsibility in the provision of care to a child, who is or may be in need of protection.

There are two kinds of customary care:

Traditional Customary Care

For First Nations communities, customary care refers to care throughout an individual's lifespan and it is a way of life in which the community takes care of its own members according to its own customs, traditions and standards. Customary care is sanctioned by tribal laws that are indigenous to each Band or First Nations community; tribal laws give Chief and Council the authority to act on behalf of the community in matters related to child and family services. For this reason, the contents of a Customary Care Agreement may vary between each Band or each First Nations community. The mandated child protection agency may or may not be involved in traditional Customary Care Agreements. A traditional Customary Care Agreement may be entered into by a child, the child's parents, the child's Band, or the alternative caregivers who will be providing out-of-home care for the child, pursuant to the Band's customary care declaration.

Formal Customary Care

Where a child protection agency determines that a First Nations child is in need of protection, removal of the child from the parents/caregiver is required and there is a customary care declaration by the Band, the agency may grant a subsidy to the person caring for the child. Formal customary care is recognized as a culturally appropriate placement option for First Nations children, but the child's placement must be supervised by a child protection agency pursuant to the Band declaration and the terms of a signed Customary Care Agreement.

This service is provided by the Simcoe Muskoka Family Connexions FNMI protection team and resource team.

If you are interested in learning more about customary care or if you are interested in becoming a customary care provider in your home, please contact Colleen Mendes at 705-762-2354 ext.241

Membership, Leadership and Governance: A Community Peacemaking Process – An Update

During the February 2017 weekend gathering we had Rick Hill a well known Haudenosaunee teacher to speak to us about the principles, form of government and leadership that come from the Great Law of Peace. Ed Conner's and Kevin Deer facilitated the conference, Alisa Lombard and Kahante Horn-Miller also did presentations on getting to the roots of Indigenous citizenship, membership and identity as well as some examples of other communities that have faced similar challenges. This was provided to help you to make decisions about governance, leadership and defining membership within your community.

The entire event was videotaped and is now available online. Please use the links below to watch the presentation.

Video #1 – Introduction – Alisa Lombard https://youtu.be/eVWXKATuUr8

Video #2 – Kahante Horn-Miller https://youtu.be/KyzO5F0ZwHQ

Video #3 – Rick Hill https://youtu.be/ylyrqrDBxag

Video #4 – Rick Hill Continued https://youtu.be/0 TZIH2kvwl

Video #5 – Kahante Horn-Miller https://youtu.be/kAi2 YBfV7c

Video #6 – Alisa Lombard https://youtu.be/47QA5U4TV3k

Video #7 – Alisa Lombard https://youtu.be/apjXrCz3bOw



Sault Ste. Marie – June 27 & 28 Sudbury – July 13 & 14 Manitoulin Island - July 10 & 11 North Bay- July 17&18

Parry Sound/Barrie - July 19 & 20

Over the two (2) day period the workshop covers the following:

How to Write a Business Plan

You will get assistance to help write your business plan. We will discuss the components of the business plan, market research and marketing plan, business costs and permits, cash flow projections, how to write the executive summary, and more. You will receive one-on-one assistance and time to work on your business plan with the help of Waubetek and partner staff.

Other Topics

Waubetek Financing Programs and Application Process, other potential Funding Programs, and Social Enterprise. You will also hear from local entrepreneurs who will share their experiences, challenges and successes. Participants who attend both days will be invited to a central workshop in late summer/early fall where more topics will be covered to help you get your business started.

OUR PARTNERS

Waubetek has partners that work with us to provide business supports to aspiring and existing clients. We want to thank and acknowledge the help of the following organizations who are instrumental in helping us bring these free workshops to you.

- NORDIK Institute Algoma University
- The Business Centre Nipissing Parry Sound Inc.
- Business Development Bank of Canada
- Sudbury Regional Business Centre







HOW TO REGISTER

Registration forms are available on the Waubetek website at www.waubetek.com. Please REGISTER EARLY as SPACE IS LIMITED to 10 PARTICIPANTS per workshop. For more information call Irene at 705-285-4275. Lunch is provided both days.

Send your completed registration forms to the attention of: Irene Altiman, Regional Initiatives Coordinator

PO Box 209 Birch Island, ON POP 140 Fax: 705-285-45

PO Box 209, Birch Island, ON, POP 1A0 Fax: 705-285-4584 Email: ialtiman@waubetek.com

This workshop is provided to you by the Regional Initiatives Program at Waubetek that supports business and economic development for First Nations and Indigenous entrepreneurs. This program is generously supported by FedNor.

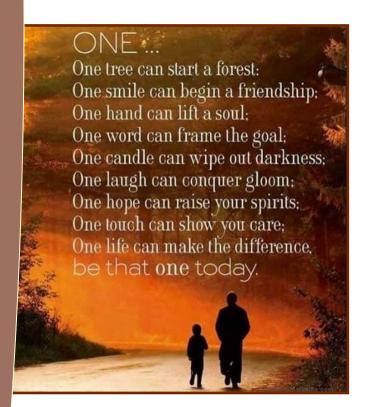


Traditional Bean Supper

We are looking for volunteers to plan and organize this years "Traditional Bean Supper". If you are interested in being part of this group please contact

Amy at 705-762-2354 ext.240





Wahta United Church

"Faith Circle will be at 7pm every Tuesday at the church.

The next church service will be on July 9th at 11 am.

If anyone would like a visit, they can contact Pastor Derek at (705) 346-1858"



HOUSE FOR SALE Muskoka Road 38, Wahta

THE HOUSE IS A 3 BEDROOM, 2 BATH HOME ON APPROXIMATELY 2.4 ACRES OFF MUSKOKA ROAD 38.

MANY RECENT UPGRADES

PLEASE EMAIL: <u>WAHTAHOUSE@GMAIL.COM</u> OR CALL 705-641-0940 AND LEAVE A MESSAGE.

STRAWBERRY CEREMONY

Saturday, July 1st, 2017
10 am at the Longhouse
Potluck for the Feast/Lunch

For more info call

705-762-2385

For Sale

For Sale (located on Wahta) 2009 model trailer home 42x12, comes fully furnished can be moved to your location. 1 bedroom with additional loft sleeping area and pull out couch, sleeps 6. Central air, central vac, includes all appliances and more. Outside deck also included. \$49 000 plus delivery negotiable. For pictures or a showing please contact teresai@rogers.com or call 705-762-1870.



Chief and Council

Chief Philip Franks	philip.franks@wahtamohawkscouncil.ca	705-528-9468
Councilor Blaine Commandant	blaine.commandant@wahtamohawkscouncil.ca	705-644-3384
Councilor Teresa Greasley	teresa.greasley@wahtamohawkscouncil.ca	705-644-9934
Councilor Lorie Strength-Fenton	lorie.fenton-strength@wahtamohawkscouncil.ca	705-774-2796
Councilor Lawrence Schell	lawrence.schell@wahtamohawkscouncil.ca	705-644-3001

Administration

705-762-2354

Scott Aubichon	Lands and Resources Coordinator	Ext. 242
Matthew Commandant	Housing Coordinator	Ext. 275
Kristal Berwick	Employment/SS Administrator	Ext. 230
Sherry Byrne	Health Services	Ext. 250
Joanne Contant	Chief Financial Officer	Ext. 245
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health Services Assistant	Ext. 240
Lance DeCaire	Economic Development Officer	Ext. 224
Carol Holmes	Education Services	Ext. 233
Colleen Mendes	AHWS/NCWPW/AHBHC	Ext. 241
Joanne Contant	Finance Officer	Ext. 245
Kim North	Finance Clerk	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Martie Stanton	Human Resources	Ext. 272
Kara Wanoth-Mee	Community Wellness Worker	EXT. 227

Please Feel Free to Call with any Questions or Concerns

 $Administration\ Of\!fice\ Hours:$

Monday thru Thursday, 8:00am—4:30 pm

Fridays 8:00 am—2:00 pm

P.O. Box 260 Bala, On. POC 1A0 705-762-2354 phone 705-762-2376 fax



