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WAHTA ATENHROS:SERA

Tsothohrhko:wa - January

The Big Cold

JANUARY 2016

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Baby Play After School Program	5 After School Program	6 Baby Play Tutoring	7	8	9
10	11 Baby Play After School Program	12 After School Program	13 Foot Care Baby Play Tutoring	14	15	16
17	18 De-stressing Baby Play After School Program	19 After School Program	20 Baby Play Tutoring	21	22	23
24	25	26 Community Meeting	27 Tutoring	28	29 Community Conference	30 Community Conference
31 Community Conference						

FROM THE DESK OF CHIEF PHILIP FRANKS

On behalf of the Wahta Mohawks Council I would like to send all our members best wishes in the New Year. As we enter the New Year, perhaps, we are making traditional New Year's Resolution for ourselves. I believe that part of making a resolution for the future must include a look at the past, as this is what forms the thoughts that go into a new resolution.

It has not been too long since our last report. Things are moving as usual, we are revisiting items such as, the land claim, relations with Ontario Hydro, the Association of Iroquois and Allied Indians, and the Iroquois Caucus. We also have our latest local project, the Cultural Healing Centre; it is coming along quite nicely. Also, there are considerations that have been made in an effort to revitalize the business aspects of Iroquois Cranberry Growers and those are still underway. Much of this will be elaborated on in other reports and at our upcoming General Meeting of the membership on February 6, 2016, 9am-1pm.

Council will be revisiting the annual Strategic Plan that was set out in 2014. This plan, if you will recall, dealt in four main areas that encompass all the aspects of our community and lands. This will be a time to reflect on what needs to be recognized as achievable and what still needs to be strengthened by Council efforts.

In regards to relations with Ontario and Canada, First Nations are intent on moving forward in terms of ensuring our Aboriginal Rights are not only recognized by those other governing bodies, but that words are put into actions that will enable us to exercise those things we base our relationship on, with what is now Canada. We need to ensure First Nations people can actually prosper both as healthy communities and economically, so that we continue to grow as nations.

In order to continue the path to a healthy and prosperous Wahta Mohawks, we all need to reflect on what we can offer. Part of that is to consider going forward into 2016 and beyond, how we can realize what it is we envision as Wahta Mohawks future. We need to be able to voice our opinions, but more importantly be able to voice those opinions and move beyond making masked statements about things we do not feel is right, whether they are based on fact or hearsay. We need to voice why we think our opinions may be better, and to be able to understand other persons or groups opinions, working together to make positive change. Entering into a new year with a good mind; otherwise we cannot grow as individuals, families, or as a community.

Ontario Regional Chief, Isadore Day recently stated that in Ontario, all First Nations need to do our part and help further Indigenous peoples place in this country. In saying that, in our small community and membership, we can all do our part to ensure we Wahta Mohawks, remain as a united community to maintain what our parents, grand and great parents established for us.

As we enter into 2016 let us give thanks for what we have and each and every one of us strive to be the best that we can be, building a strong foundation and future for those yet to come.

Nia: wen kowa,

Chief Franks



Happy
New Year
From,
The Chief, Council and Staff of Wahta Mohawks

Come Out and Join
In !!!

Pole Walking
Every Tuesday
&
Thursday

Foot Care Clinic
January 13h
(Wednesday)



The Children's Place
ratiksakón'a
faatínákte

Baby Play
Every Monday and
Wednesday
9:30 am – 11:30 am
Please contact Colleen
at
705-762-2354 ext. 241
*Note: Sessions will not be
available on
January 25th & 27th*



The Women's
Book Club will
resume in
February

WHATS HAPPENING IN JANUARY

TUTORING SESSIONS

Sessions every Wednesday, at the
Administration Building Library
Please make sure the school is
informed if you want your child to be
dropped off at the Administration
Building for the program

AFTER SCHOOL PROGRAM

ATTENTION
ALL CHILDREN IN
KINDERGARTEN AND GRADES 1
THROUGH 8

After school programs run every Monday and
Tuesday from 3:30 until 5:30. Please have your
Mom or Dad call the school to have the bus
drop you off at the Community Centre and
Mom or Dad can pick you up there at 5:30.
Call Colleen
705-762-2354 ext.241 for more information.

*Note: Sessions will not be available on
January 25th & 26th*

DE-STRESSING AFTER CHRISTMAS

Please come out and join us on Monday,

January 18th, 2016!

Space is limited, please call

Christine at 705-762-2354

Ext. 273



Community Shop-
ping
Monday, January
11th,
In
Barrie 9:00 am
Please contact
Christine at
705-762-2354 ext.
273



Chair Exercise
Wednesday, Janu-
ary 27th
at
10:30 am
Contact Christine
at
705-762-2354 ext.
273

ENGAGING
WAHTA
CHILDREN,
CREATING
POSITIVE
CHANGE



The medicine wheel placed in the front of the building represents health, balance and inclusiveness; principles the cultural healing centre upholds. Our plan is to include more symbolism to the building and grounds.

Cultural Healing Centre Update

We are getting closer to the completion of the renovations that have been occurring at the Cultural Healing Centre for the past several months. Our committee, who is representative of all three clans of the Wahta community, have been meeting monthly. In the November edition we presented a draft document that included the vision, mission and guiding principles. At that time we asked for feedback by end of December so that we could finalize our work. Moving forward we expect to have this work finalized in January 2016.

We are planning a Grand Opening in the New Year. However, we do plan to open the Centre once the contractors have completed their work. We are hopeful to begin offering programs from the Centre toward the end of January.

Nia:wen Ko:wa to those who have offered such positive and kind words regarding the cultural healing centre. Many are very happy to know that our centre will be soon be opening and look forward to participating in programs and activities in a positive and safe place. Our "heart of the community" will soon be the reality that we envisioned and we are pleased to see this dream fulfilled. We hope to see all community members involved and participating

Something to think about as we enter a New Year:

"That is not our way, to set yourself apart and talk about who you are and what you've done. You let your life speak for you. With the Mohawk people, wisdom is how you live and how you interpret what your mother and father, what your grandmothers and grandfathers have told you about this world - and then how you interpret that into the fact of living every day."

Tom Porter, Mohawk Elder

May you enter the New Year with Peace in your heart...

Post Secondary applications will be available January 2016 for those wishing to apply for funding. The application deadline is March 31, 2016. Please contact Carol at carol.holmes@wahtamohawks.ca for an application form.

Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, under-employed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.

Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact Kristal at 705-762-3343 x. 204 or by email at kristal.berwick@wahtamohawks.ca



EMPLOYMENT OPPORTUNITIES

Wahta Mohawks **FULL TIME EMPLOYMENT OPPORTUNITY** **Position: Public Works Position**

POSITION SUMMARY: Wahta Mohawks are seeking a Public Works Person to work with the maintenance department and its services including the planning, development and implementation of effective policies, procedures and practices for the keeping the Senior Administrator current and up-to-date on all matters relating to the management of the maintenance services and programs of the Wahta Mohawks in a timely and professional manner.

EDUCATIONAL AND PROFESSIONAL REQUIREMENT:

- Journey person certification in a skilled trade
- Minimum Grade 12 diploma and or 5 years' experience in plumbing, electrical, carpentry and mechanical fields, including automobile and furnace applications
- DZ Driver's License essential
- Safety compliance training and up-grading required as applicable to the job function areas; i.e. Confined spaces, WHMIS, etc. essential
- Must produce a clean CPIC (criminal record check)

SKILLS REQUIRED:

- Ability to manage a team effectively
- Capable of meeting the physical demands of the maintenance department work environment including lifting, working outdoors year round, climbing, confined spaces, etc.
- Proficient level of communication skills, verbal and written
- Willingness to obtain a bus license
- Willingness to work flexible hours including evenings, weekends for client based programs

Wahta Mohawks **PART TIME EMPLOYMENT OPPORTUNITY** **Position: Community Wellness Worker**

POSITION SUMMARY: Reporting directly to the Senior Administrator, the Community Wellness Worker is responsible to develop and deliver culturally appropriate community based programs and services, to develop and deliver preventative programs and activities to all age groups by promoting a healthy lifestyle; increase cultural awareness and understanding among the community and about substance abuse issues. This will be facilitated one to one, family, and or group sessions with clients and the community.

EDUCATION AND PROFESSIONAL REQUIREMENT:

- University or College degree in a related field
- Experience working within the field with clients and community
- Must produce a clean CPIC (criminal record check)

SKILLS REQUIRED:

- Must have a proficient level of communication skills, verbal and written.
- Must possess excellent organizational and time-management skills.
- Must have the ability to work in and contribute to a team environment.

SEND RESUME TO HUMAN RESOURCES, WAHTA MOHAWKS
P.O BOX 260, BALA, ON. P0C 1A0

EMAIL: martie.stanton@wahtamohawks.ca FAX: 705-762-2376

For further information please contact the above.



Health
Canada

Santé
Canada

Your health and
safety... our priority.

Votre santé et votre
sécurité... notre priorité.

PARRY SOUND HEALTH CENTRE - FIRST NATIONS & INUIT HEALTH BRANCH

ADDRESS:

Box 89, 74 James Street
Parry Sound, ON P2A 2X2
Phone: 705-746-5807
Fax: 705-746-1421
nancy.tabobandung@hc-sc.gc.ca
susan.siwik@hc-sc.gc.ca

STAFF:

Susan Siwik, CHN

Nancy Tabobandung, Clerk

OFFICE HOURS:

Monday, Tuesday & Wednesday
08:30 – 4:30
Thursday 08:30 – 4:30

IMPORTANT PHONE #'S

Toll Free NIHB client lines:
Dental: 1-855-618-6291

All other benefits:
1-800-640-0642

JANUARY 2016 – NEWSLETTER SUBMISSION

HELPFUL HINTS \ REMINDERS:

- Monitor the number of repeats on your prescription medications. When you see that you are calling in your last repeat, let the pharmacy know and ask them to fax a request to your Doctor's office for another prescription. For some medications, your doctor may want you to monitor your progress, therefore, he/she may ask you to do regular office visits.
- When you bring an Ambulance Service Invoice to our office, please make sure you are bringing in the ORIGINAL INVOICE that says "AMBULANCE" on it. Reminders do not usually have "ambulance" written on them.
- When you have a full sharps container, you can do one of the following things: drop them off at your pharmacy for disposal, call our office and ask Sue to pick them up, or make arrangements for pick up through your Community Health Rep or Health Centre. When you drop that one off, don't forget to get another one!
- Unused or Expired Medications should never be thrown in the garbage. Medication disposal bags are available through our office, the Health Unit, or the Pharmacy. Sue is available to assist you in deciding when medications should be disposed of. You can call our office to set up a home visit the next time Sue is in your community.
- If you have been asked to pay for a medically necessary item, and want to know if you can get reimbursed, give Nancy a call at our office. Remember to have the correct spelling of the item. For medications give Nancy the DIN# (found on the label) and she can assist you in determining if you can get reimbursed. When submitting a claim – you will be required to complete a NIHB Client Reimbursement Request Form. They are available at our office, or on the Health Canada website.



MOVE, STRETCH, STRENGTHEN

**JOIN KYLA IN A 1 HOUR YOGA CLASS THAT WILL
LEAVE YOU FEELING EMPOWERED & RELAXED!**

**FEB. 1ST
FEB. 8TH
FEB. 15TH**

**FEB. 22ND
FEB. 29TH
MAR. 1ST**

INFO@KYLAELLENYOGA.COM

WAHTA COMMUNITY YOGA CLASSES

**INSTRUCTOR
KYLA HOLMES**

SIX WEEK SERIES!

NO YOGA EXPERIENCE REQUIRED

**PLEASE WEAR COMFORTABLE
CLOTHING**

**- CONTACT TO REGISTER -
289-314-6894**

Logo Redesign

Artwork Submissions for a New Logo wanted!



We are considering a change to the old logo (pictured to the left) and are looking for member submissions. The last newsletter requested feedback on one option we have used on the members report and newsletter. This is only one design and we are looking for feed back, please send your comments, comments and any new artwork to comments@wahtamohawks.com



This logo was designed keeping in mind that Wahta means maple.

The three feathers represent the three clans of the Kanienkehaka "people of the flint".

The two flint arrows represent our gift to make fire and to obtain sustenance by hunting our food.

The nation squares represent the future faces for generations to come.

All artwork submitted will be posted in the newsletter and website for member feedback.

If you are submitting your artwork could you briefly explain the cultural significance and how it relates to Wahta Mohawks.

You may ask;

1) Why change the old logo?

For many years we have received feedback that the logo should be updated to something new that better represents our community and culture.

2) Is there a prize offered to the winner?

There will be a \$100.00 cash prize and recognition awarded to the successful designer. The deadline for submissions is December 1st, 2015

3) How is the decision going to be made?

Members, Council and Staff will vote. The design with the most votes will win. The results will be posted in the newsletter and online at www.wahtamohawks.com

The final date for your logo submissions is February 29th, 2016.



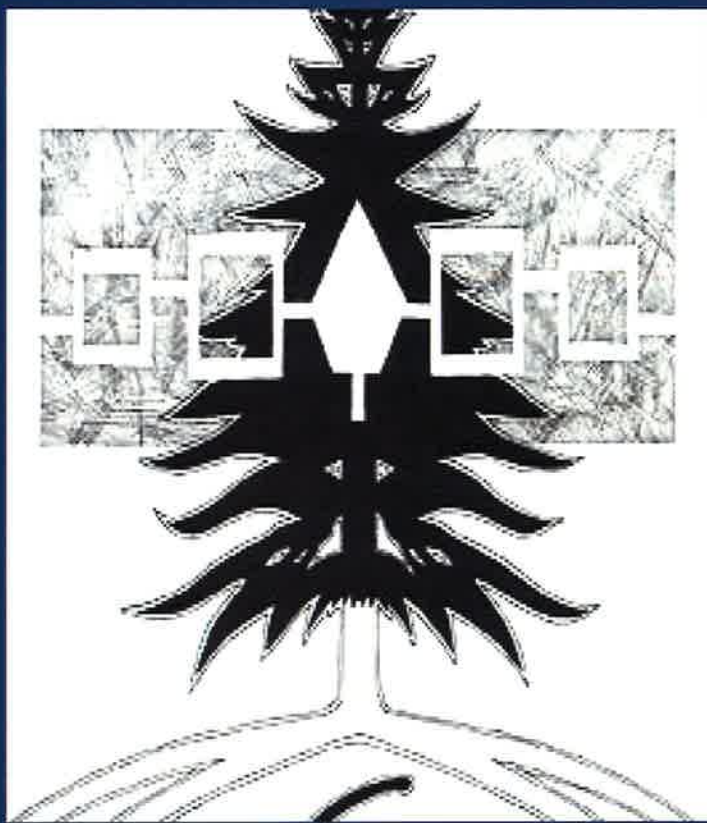
LOOKING FOR YOUNG ADULTS MEMBERS OF WAHTA MOHAWKS

Lets begin talking about a "Mentor" program in the community!

If you want to have input and be part of the development of a program please contact Kara at 705-762-2354 ext. 224 or email

kara.wanothmee@wahtamohawks.ca

WE CAN MAKE A POSITIVE DIFFERENCE!!!



Membership Report

Persons accepted as Members

Corey Matthew Barron
Gabrielle Ann Marie Campbell
Jackson Paul Bigelow
Kylie Sarah Jordan Haryett
Logan John William Campbell
Michael Joseph Monette

*Do you have any Questions,
Comments or Suggestions for us?*

Your comments and suggestions are welcome and will assist us in continuously improving our community.

We appreciate your input!

Please send a detailed email to:
comments@wahtamohawks.ca

****ANNOUNCEMENT****

GENERAL MEETING

February 6th, 2016

9am- 1pm



**2 Bedroom Apartment
for**

**Senior Tenant
Excellent Condition**

**For more information, please contact
the office at
705-762-2354**



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twitter.com/wahtamohawks



Register for Newsletters, Meeting
Minutes and More Monthly Content
www.wahtamohawks.com



TRUSTEE ELECTION RESULTS

DECEMBER 12, 2015

This will confirm the results of today's Trust Election.

NAME	NUMBER OF VOTES
Hay, Shirley Elizabeth	29
Thompson, Timothy Patrick	29
DeCaire, Lance Frederick	27
Jones, Glen	25
Roberts, Bill	23
DeCaire-Smith, Lisa Marie	21
Berwick, Kristal Joy	15

I declare the following elected to the position of Trustee for the Wahta Mohawks Trust:

Hay, Shirley Elizabeth

Thompson, Timothy Patrick

DeCaire, Lance Frederick

Matthew Commandant
Electoral Officer

Monthly Community Meetings

In order for council to serve you better we would like to ask members attending monthly meetings to submit new business in advance. This is something that council has done in the past and would like to start again, it can include questions, suggestions or items for discussion to be added to the meeting agenda. Council would like to be able to address all issues and request a reasonable amount of time in which to do so.

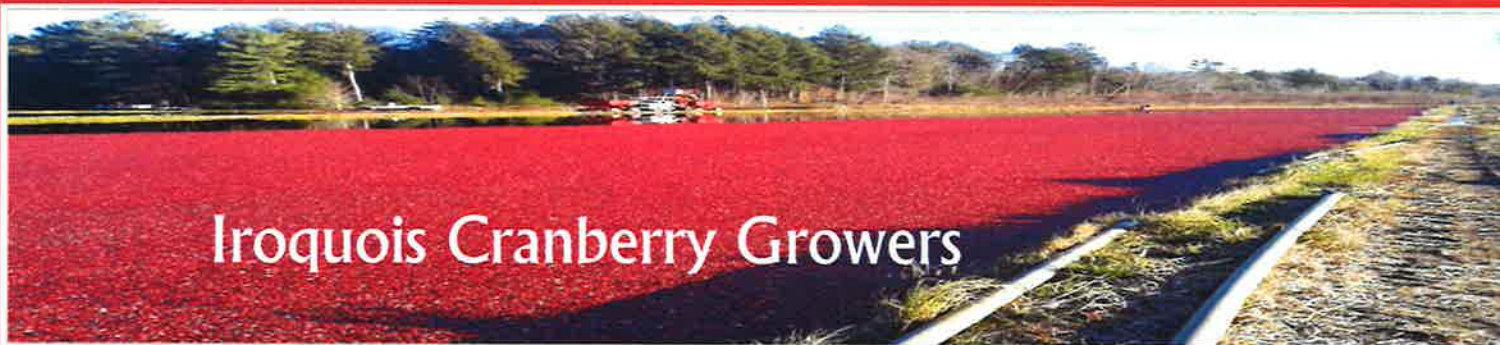
Please submit items no later than the Friday before the Tuesday meeting (meeting is the last Tuesday of every month).

Items not requested in advance cannot be included as new business or the meeting agenda. There are two ways to submit items, email at comments@wahtamohawks.com or leave a message at 705-762-2354 ext. 256

Hydro Brushing

If you have trees or brush on your property from the hydro brushing last fall and would like it removed you may call the office at

705-762-2354



Iroquois Cranberry Growers

We're back...Even though its cold outside!

We still have all of your favourite cranberry treats, sauces, and jams available. So be sure to come check out the Cranberry Kiosk Store located at the Wahta Administration Building (2664 Muskoka Road 38, Wahta Mohawk Territory) throughout the winter months.

Hours of Operation:

Monday- Thursday 8:00 am- 4:30pm

Friday 8:00 am- 2:30pm

Chief and Council

Chief Philip Franks	philip.franks@wahtamohawksCouncil.ca	705-528-9468
Councilor Mike DeCaire	mike.decaire@wahtamohawksCouncil.ca	705-644-3384
Councilor Teresa Greasley	teresa.greasley@wahtamohawksCouncil.ca	705-644-9934
Councilor Stuart Lane	stuart.lane@wahtamohawksCouncil.ca	705-641-1548
Councilor Lawrence Schell	lawrence .schell@wahtamohawksCouncil.ca	705-644-3001

Administration

705-762-2354

Karen Commandant	Senior Administrator	Ext. 231
Scott Aubichon	Lands and Resources Coordinator	Ext. 242
Kristal Berwick	Employment/SS Administrator	Ext. 230
Sherry Byrne	Health Services	Ext. 250
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health Services Assistant	Ext. 240
Lance DeCaire	Economic Development Officer	Ext. 224
Allan Farrell	Properties Manager	Ext. 244
Teresa Greasley	Communication Coordinator	Ext. 256
Carol Holmes	Education Services	Ext. 233
Alice Murphy	Finance Officer	Ext. 245
Colleen Mendes	AHWS/NCWPW/AHBHC	Ext. 241
Kim North	Finance Clerk	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Martie Stanton	Executive Assistant/Human Resources	Ext. 272
Kara Wanoth-Mee	ICG Retail Manager	EXT. 227

Please Feel Free to Call with any Questions or Concerns

Administration Office Hours:

Monday thru Thursday, 8:00am – 4:30 pm

Fridays 8:00 am – 2:00 pm

www.wahlamohawks.com
 705-762-2376 fax
 705-762-2354 phone
 Bala, On, POC 1A0
 P.O. Box 260

