



May 2014

Wahta Atenhros:sera Ori:wa

UPCOMING EVENTS:

- **Shopping**
May 6 2014
Going to Barrie Mall & Wal-Mart)
- **Aboriginal Awareness**
May 20, 21 & 22 Please see newsletter for further details
- **Community Council Meeting**
May 27, 2014
7:00pm - 8:00pm
Community Centre
- **Women's Self-Esteem Workshop and Healing Jar Craft**
May 10 2014
10:00am - 4:00pm
Women only age 16+
- **Community Council Meeting**
June 24 2014
7:00pm - 8:00pm
Community Centre

Residency

Just a reminder to those CP holders with non-members renting their homes that a criminal reference check and residency application is to be submitted from their renters as soon as possible.

This does not include non-members residing with members.

We're on the Web!
See us at

B'saanibamaadsiwin's 15th Annual Mental Health Expo Wednesday, May 7th at the Bobby Orr Community Centre

Men and women welcome. Bus will depart the Administration building at 11 a.m. – please be here beforehand. We will return at approximately 3:45 p.m. Lunch will be provided. Please *contact Kirstie by May 5th* at ext. 249 if you are interested in attending as spaces are limited to 13.



Healing Art Workshops

Thursday's in May (May 8, 15, 22, 29) from 1 – 4 p.m.
These healing art workshops combine meditation, visualisation, discussion, journaling and expression through art. Come and reduce your stress, learn to "let go", examine personal goals and obstacles, and recognize fears through use of paint and clay. For men and women ages 18+, please contact Kirstie at ext. 249 if interested. *Must register by May 6th* and be able to commit to all 4 sessions.





Council Update

Chief and Council have been actively working on a number of issues of a political nature that are ongoing from the past Council business as well as other priority areas that have arisen. Council has been subjected to a concerted attack by a small group of members intended to interrupt its work and that of the administration, and as such an update from Council was sent to the entire membership to ensure transparency, clarify decision-making and maintain accountability to the community. The update outlined certain issues and demands being made by this group of community members and the incumbent Councillor Lane opposing this Council.

Since that time members of that group: guided by Councillor Lane, Tim Thompson and David Stock have mounted a letter writing campaign to staff, council and political organizations making accusations, providing direction to staff and council, and defaming the character and actions of elected Chief and Council, including disrupting organized community programs, the daily administration of the office and staff, and ongoing relationships with external political organizations. These letters have been filled with innuendo, mistruths and half-truths on the pretense of holding this Council to a standard of conduct based upon transparency and accountability as outlined in the recently developed Administration Code and Financial Code.

These codes were developed and passed at a meeting last January with just 28 members present which included a contingent of the working committee and the Council of the day. This group is alleging, among other things, that "these codes are the starting point for developing our own Constitution" and that this Council is not adhering to community laws while the codes are under review. This is untrue. This administration adheres to numerous policies and principles that have successfully guided this community for years and will continue to do so in the interim. The staff and the community are fully protected by existing law and have adequate direction through existing policy. This Council will be open, transparent, and accountable to the full membership should they begin the process of developing our own Constitution through a governance process. We will be reviewing each code and requesting feedback from the full membership.

Despite these ongoing efforts to thwart the work of Council there has been some significant work accomplished. April 15, full Council attended a two day retreat to start to establish priorities and develop a work plan to address the needs of the membership over the next three years. One full day was spent

on Iroquois Cranberry Growers which has been cited by the community as a concern over the past term. Matthew Commandant, ICG Manager provided a presentation to Council outlining the needs and work plan to support the future of ICG. Our auditing firm KPMG was in attendance and also provided a summary of operations and performance for the past 5 years. The past Council proudly pointed to the fact that they were turning ICG around and had increased production to the point where the operations were producing income. In fact as KPMG reports, in 2011 Wahta had provided financial support to ICG in the amount of 1.3 million to offset their losses. Since that time another \$500,000.00 per year has been provided totalling 2.853 million as at March 31, 2014.

There are a number of contributing factors that should have been addressed by the past Council to stop this decline in productivity and profitability. This Council has begun a process to review the complete operation and establish a new business plan that will begin by establishing a Board of Directors that will start to treat the overall operation as a business instead of what some have termed ICG as a "social program". There is no choice any longer. This Board will initially include three members of Council, a Cranberry consultant and a financial member such as KPMG with strong knowledge of the cranberry business. The Board will develop a budget over a three to five year period that will be considered by full Council and this is the time period ICG will have to become a profitable business this community can be proud of once again. Should there be no substantial turn around in the consistency of yield, productivity and marketing of the berries in the established time frame then this Board through Council will turn to the community to decide the future of Iroquois Cranberry Growers.

Wahta cannot continue to financially commit large amounts of Wahta Mohawks funds, to the ongoing operation and management of ICG without a solid business plan, at the expense of our ancestor's future. If this strategy is not successful in the medium term then we must collectively decide whether to close the business and look for alternative uses for the land. Given the history and sense of pride in this business we realize this will be a hard decision for the community to make, but the time has come for a Council to lead, be transparent and accountable and admit the challenges ICG is facing. Setting out a specific accountable course of action with a defined budget and timelines we hope to accomplish a turn around. This decline should not have been ignored for so many years: a business case should have been developed and seen through; there is no other course of action. The first step that this Council has taken is to offer to "fire sale" the approx. 800,000 lbs of berries being held in inventory in freezer storage. The cost of holding on to these berries with no buyer in sight has been \$250,000 a year. Selling the berries will generate some cash flow and reduce inventory storage costs placing ICG in a much more favorable financial position ongoing. There will be some changes implemented over the next year and updates and regular annual reporting will be made available to the membership.

The balance of the Council Retreat was spent on Strategic Planning and completing ongoing Council business. Overall the retreat was found to be very beneficial and allowed time for Council to conduct discussions that were necessary to preserve the ongoing structure of Council and overall health of the organization.

Council has reviewed the contract of Mr. Jeff Diabo for Consultation and Advisory Services provided to the past Council. This contract has been in place since August 2012 until March 15, 2014 at which time this review began. Mr. Diabo has been paid \$5000.00 per month over 18 months totalling approx. \$90,000.00 plus travel to and from his home community. This contract was later amended to include the Business Manager responsibility for ICG. Records show that Mr. Diabo was to receive an additional \$2,500 per month however, although Mr. Diabo assumed a position at ICG, this contract does not appear to have been signed. The Council had built in that a rental accommodation on the territory at \$300.00 per month would be recovered from the contract however no recovery appears to have been made. As this Council has not seen Mr. Diabo nor been able to locate any tangible outputs of his work for the past Council or ICG, we have requested his final report and have advised him that we no longer require his services. This Council is comfortable obtaining any consultation or advisory services we may need from staff, the organizations we are allied with, or on an ad hoc basis as required. We calculate this will result in considerable savings to the community and have asked Mr. Diabo to return all Wahta Mohawk belongings in his possession and vacate the "rental" property on or before May 15, 2014.

Council has supported in principle the establishment of a community Cultural Center to be located at the Old Hall. It is hoped that this will become an open and welcoming place for all members of Wahta to come together and participate in language and cultural activities. The Education Department will be preparing a proposal for the Wahta Trust Fund for the feasibility and needs assessment stage as well as a capital start-up and 3 year operations budget.

Carol Holmes will be working in collaboration with the administration staff and community members to complete the project. The current language program will be ending at the end of May for the summer break and we hope to begin again in the fall. Council will be reviewing the current language delivery as again it appears this position was appointed and we are not able to confirm a signed contract exists, any required reporting or curriculum developed. This will need to be rectified over the summer months during the cultural center proposal process.

As has been the case for many years our education budget is sorely underfunded, especially in the area of post-secondary education. This fall the demand has once again outweighed the funding by \$188,000. Wahta has always put education of our students high on a priority list. There will not be an increase forthcoming from the federal government in the near future, if at all. The recent decision by the Supreme Court to uphold an earlier ruling which gives Metis people full Indian Status can only make matters much worse. In the meantime Council will approve the 2014-2015 post-secondary education budget as it was submitted using interest earned. A letter will be sent from Council to the Minister outlining our concerns in this area.

Nia:wen kowa



Chief and Council

Phillip Franks	Chief	705-528-9468
Karen Commandant	Councillor	7056-644-9894
Mike DeCaire	Councillor	705-644-3384
Teresa Greasley	Councillor	705-644-9934
Stuart Lane	Councillor	705-641-1548
Council Office		Ext. 256

Administration

Scott Aubichon	Lands and Resources Coordinator	Ext. 242
Heidi Berninger	Council Administrative Assistant	Ext. 228
Kristal Berwick	OW/Employment & Training Administrator	Ext. 230
Harry Byrne	Maintenance Team Lead	
Misty Byrne	Medical Administrative Assistant	Ext. 243
Sherry Byrne	Health Services Manager	Ext. 250
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health Services Assistant	Ext. 240
Terry Decaire	Maintenance Worker	
Allan Farrell	Properties Manager	Ext. 244
Kirstie Henderson	Health Services Addictions	Ext. 249
Carol Holmes	Education Services	Ext. 233
Mike McPherson	Financial Accountant	Ext. 245
Colleen Mendes	AHWS/NCWPW	Ext. 241
Sandra Monette	Senior Administrator	Ext. 231
Kim North	Finance – Accounts Payable	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Martie Stanton	Executive Assistant	Ext. 272
Dana Strength	Nurse Practitioner	Ext. 243



Question of the Month



Which community shares ownership with Wahta for Indian Village in Port Carling?

Did you know that members can obtain permits to camp at the Indian Village? Please call the administration office to obtain the permit for approval.



Answer to Last Months Question...

When were women first allowed to vote in elections and run for office? The new Indian Act declared that women would be eligible to vote and run for office in 1951. Dorothy Strength became the first women councillor in 1954. In 1993 Lyla Commandant became the first women Chief.

Wahta History

We would like to invite the membership to send in any stories about Wahta or any pictures that can be published in the monthly newsletter.

Please submit your story or picture to heidi.berninger@wahtamohawks.ca

The Wahta Mohawk First Nation Waste Management Overview and Information

This announcement is an attempt to clarify the issue regarding garbage collection, recycling and waste removal within the community.

Historically, residents (Seniors/Disabled) throughout the Territory could deposit an unlimited number of garbage bags of varying contents for collection on Mondays however, if the Mondays fall on a statutory holiday collections will resume the next day. The collection will begin between the hours of 9:30am – 2:00pm all bags will be picked up and deposited in the Wahta landfill.

What does this mean to your community as users of the waste management system (recycling going green)? Ultimately prolonged existence of your landfill.

In order to maximize the lifespan of the Wahta Mohawk First Nation landfill and in the interest of a sustainable, healthy environment. Over the course of the implementation period, we have seen, and will continue to see, various changes in how your waste is managed.

I welcome all questions or concerns regarding the landfill, thank you in advance for your continued cooperation.

Allan Farrell, Properties Manager



**Happy Birthday to all members
celebrating birthdays in May**

Newsletter and Council Mailings

If you would like to receive your newsletter via email, please send an email to karen.sahanatien@wahtamohawks.ca and you will be added to the email list.

Please submit any address changes and/or updates to the office to ensure you continue to receive all mailings.

If a newsletter is returned with refused on it from the post office, we will assume you no longer wish to receive the newsletter and you will be removed from the mailing list or call the office to have your name removed from the mailing list.



Spring Flowers Workshop

For Men and Women!

Just in time for Mother's day!!

Make a beautiful spring arrangement to take home,
or to give to your Mom!!

May 5th 6:30-8pm

Contact Christine at ext. 273 by May 1st.

Healthy Lunch and Chair Exercise

Wednesday, May 28th

Please contact Christine to register ext 273



Community Shopping, formally known as Senior Shopping will take place on **Tuesday, May 6th** and will be headed to **Barrie**. Due to community need and being more inclusive we are opening the senior shopping up to the entire community...please note priority will be given to seniors as long as their interest is stated before the deadline. This is May 1st, at 4:00 PM. Please Contact Colleen at ext. 241 to sign up.

9am departure

Barrie Mall (with Lunch at your own expense in the food court)

Walmart to follow at 1



Reiki Level II

Saturday, June 7th 9:30-3:30

Reiki Level 1 Certificate Required

Contact Christine ext 273 to register



Baby Seat Installation Clinic

Friday, May 30th

10:30-12

Mothers, Fathers, Grandparents, and
Caregivers welcome!!!

Contact Christine as soon as possible to
register ext. 273

Health Services

Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Meetings*

***Registration is not necessary for meetings. They are on a drop-in basis.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 am Open to ALL	8:00 pm Alcoholics ONLY	6:00 pm Alcoholics ONLY	8:00 pm. Alcoholics ONLY	No meeting	12:00 pm Alcoholics ONLY	No meeting
Gravenhurst Senior's Centre	Bala United Church	Trinity United Church	Trinity United Church		Trinity United Church	
480 First St. N. Gravenhurst	3115 Muskoka Rd Bala	290 Muskoka Rd. N. Gravenhurst	290 Muskoka Rd. N. Gravenhurst		290 Muskoka Rd. N. Gravenhurst	

To speak directly to Alcoholics Anonymous or Al-Anon, please call their Bracebridge office at 705-646-2491. For more information or help making the first step, call Kirstie at extension 249.



SPRING THAW

As you well know, the spring thaw has begun and the snow is still covering a lot of dangerous spots on lakes, rivers, and creeks. Walking on, or near any water body is now a risk even to those who believe they know better. The creeks are flowing quite quickly and can fool kids in close vicinity to them. Please ensure that children are supervised and educate them on the safety issues around the changes in the rising water and spring melt. Please ensure that all of our children stay clear and well away from the changing water.

WATER TESTING

Early spring is a good time to test your well water for bacteria. Another good time is the day after a heavy rainfall. Melting snow and running water can carry surface contaminants into your well water. If your well water is safe under these conditions, it is most likely to be safe the rest of the year.

If you live on the Territory and would like to have your water tested, please contact Colleen at ext.241 to set up an appointment.

Health Services Program Updates

B'saanibamaadsiwin's 15th Annual Mental Health Expo Wednesday, May 7th at the Bobby Orr Community Centre

Men and women welcome. Bus will depart the Administration building at 11 a.m. – please be here beforehand. We will return at approximately 3:45 p.m. Lunch will be provided. Please *contact Kirstie by May 5th* at ext. 249 if you are interested in attending as spaces are limited to 13.



Healing Art Workshops

Thursday's in May (May 8, 15, 22, 29) from 1 – 4 p.m.

These healing art workshops combine meditation, visualisation, discussion, journaling and expression through art. Come and reduce your stress, learn to “let go”, examine personal goals and obstacles, and recognize fears through use of paint and clay. For men and women ages 18+, please contact Kirstie at ext. 249 if interested. *Must register by May 6th* and be able to commit to all 4 sessions.



Rescheduled: Women's Self-Esteem Workshop and Healing Jar Craft

Saturday, May 10th 10 a.m. – 4 p.m.

Women only, ages 16+. A certificate of participation will be awarded at the end of the workshop. Spaces are limited; please contact Kirstie at ext. 249 to *register by May 5th*.



Great Beginnings Programs

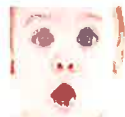
Prenatal Nutrition (For expectant mothers and babies up to the age of 6 months)

Tuesdays 1:00-3:00 in Gravenhurst

Growing up (For parents and children ages 6 months – 3 years old)

Tuesdays 10:00-12:00 in Gravenhurst

We will be transporting interested individuals on a bi-weekly basis to the Great Beginnings Program, rotating between the Prenatal Nutrition program and the Growing Up program. If you are interested or want more information, *please contact Kirstie at extension 249* as the bus will only go if community members are registered.



Kid's after school cooking class.

May 9, 16, 23 & 30 @ 3:30 at the Community Centre. Please RSVP with Colleen ext. 249 ASAP



Aboriginal Awareness Week

May 20-22



Jewelry Making

At 10am

Tuesday

May 20th

Traditional Healer and Dinner

Wednesday May 21st



For more information and registration contact Colleen as soon as possible 762-2354 ext. 241.
(RSVP's are required for all programming)

May 2014

Wahta Nursing Station

(705) 762-2354 Ext. 243

Hours:

Monday, Tuesday and Thursday: 8:00 – 4:30pm

Wednesday: 12:00 – 8:00pm

Friday: 8:00 – 2:00pm

Closed weekends and Statutory Holidays.



HARRISON + BAJIC
DENTURE CLINIC
It's too good to go without a smile!

Embarrassed by loose teeth?

Call our office for a consultation today.

We are excited to welcome the *Harrison + Bajic Denture Clinic* of Midland for a Denture Clinic Day here in the Nursing Station.

They provide patients with full service denture care. From customized complete upper and complete lower dentures, removable cast partial dentures, immediate dentures, or just a reline of your existing denture, repair of any break or chip or if you have lost teeth.

Call to book your appointment for a **free** consultation at the Wahta Nursing Station and you also will receive a free cleaning of your dentures and an oral cancer check.

Denture Clinic - June 23rd 2014

The Wahta Nursing Station's Health Advisory Committee is looking for new members! If you are interested please contact us for more information or join us at our next meeting!

Save the Date:

Dr. Wells: **May 2 + May 16.**

Please call for an appointment.

Dental Hygiene Clinic: **May 28**

Please call for an appointment.

Denture Clinic: **June 23**

Please call for an appointment.

Health Committee Meeting: **June 25 7:00pm.**

New members welcome!



EDUCATION NEWS

WOODLAND CULTURAL CENTRE NEEDS YOUR INPUT:

The Woodland Cultural Centre invites the community to attend a dinner and information gathering session on May 15 at 5:00 at the Wahta Mohawks Administration Building. Please begin thinking about how relevant is the Woodland Cultural Centre in today's market and in what ways can it be made more relevant? *Please see flyer for more details in this edition of the newsletter.*

TRILLIUM LAKELANDS DISTRICT SCHOOL BOARD **PRESENTS AUTHOR JOSEPH BOYDEN:** **THURSDAY MAY 22 - 7 p.m.**

It's true! Joseph Boyden Author of Three Day Road, Through Black Spruce, The Orenda, and other titles will be the key note speaker for this upcoming event. Transportation will be made available for our Seniors who wish to attend and do not like driving at night. Please keep in mind we have limited seating so please contact Carol if you would like to attend. (705-762-2354 x 233). *Flyers will be posted for this event in local businesses and administration building.*

BILL C-33 "FIRST NATION CONTROL OF FIRST NATION **EDUCATION ACT"**

This Act was released by the Federal Government on April 10, 2014 and will be put forward for the second reading after April 25, 2014 despite opposition from the Ontario region. In January the Association of Allied Indians together with the Ontario Accord developed an inter-jurisdictional agreement between First Nations and Canada involving 5 elements. These are as follows: *Jurisdiction* - treaties and agreements must be upheld. *Systems* - Recognition of life-long learning, infused of language and culture into the curriculum, support services and infrastructure. *Funding* - Co-develop a funding framework which will consist of fiscal transfers and equalization payments with annual escalators for capacity development. *Accountability and Transparency* - First Nations to develop their own set of standards and accountability mechanisms. *Meaningful Dialogue* - A joint relationship to co-develop and co-draft legislation and to repeal any legislation that interferes with jurisdiction. In March 2014 an AIAI Chiefs council meeting was held to develop a position response and the main points were to continue to reject education legislation due to insufficient information and to affirm that funding does not meet member Nations needs.

The Chiefs of Ontario are holding an emergency Education Summit on May 8 and 9 in Thunder Bay to strategize next steps regarding Bill C-33.

INDIGENOUS EDUCATION COALITION

Requires an Elder to serve on the Elders Circle Program.

The selection criteria is as follows:

The candidate must be recognized by Wahta Mohawks as an Elder. A letter of support must accompany the selection from the Chief and Council of Wahta Mohawks. The candidate must have a background in traditional, cultural, linguistic and spiritual knowledge. A background in education is required; either having achieved post-secondary education or working within the educational field. The term of an appointed Elder is two years. The Circle will meet two times per year being updated on the programs, projects and events of IEC and providing feedback and guidance towards future development and movement.

The Elders Circle will have the responsibility to appoint four members of their Circle to the **Elders Circle Working Committee**. Seven key areas in which the Elders Circle Working Committee will be involved in the aspects of the IEC are:

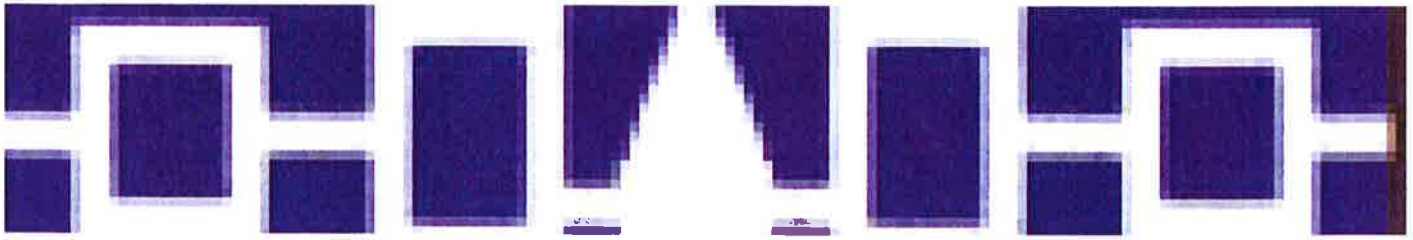
1. Liaise with the Elders Circle on a bi-annual basis
2. Participate in various programs, projects and events delivered by IEC providing guidance and support.
3. Promote the revitalization and preservation of our traditional languages.
4. Ability to work with IEC staff and consultants in developing educational materials with cultural, linguistic and spiritual enhancements.
5. Ability to teach and promote the culture and history of the respective nations they represent.
6. Ability to teach, promote and share openly the values and perspectives of the community or nation they represent.
7. Ability to mediate will be necessary in ensuring a balanced and harmonious working environment for IEC staff, board of directors and member communities. Elders will have active involvement in the human resource wellness plan of IEC.

Honorarium and travel expenses are provided to the Elders by the IEC.

Please note that this list is a framework of responsibilities, thus this list is not limited. IEC will always maintain the highest regard and respect for our Elders and would never require duties beyond their ability.

If you are interested in serving as an Elder to the IEC, please submit your interest in writing to the attention of Heidi Berninger, Council Administrative Assistant to the Wahta Mohawk Council.

HEALTH SERVICES PROGRAMS



HIGHLIGHTS OF 2013/2014

- ◆ Health Services moves Offices.
- ◆ Wahta Mohawks administration building is now fully accessible.
- ◆ Health Services water quality monitoring.
- ◆ Healthy Babies Healthy Children, welcomed seven new babies into our community this year. Congratulations!
- ◆ Health Services, 10th annual conference at the JW Marriott.
- ◆ Health Services had its 3rd annual Health Fair.
- ◆ We have filled two new positions within the Health Services Department.

Summary of The Past

We moved! The Health Services department has relocated there offices, to across the hall from its previous location. You are now able to access all Health Services programs and information from one central office. Just to be more convenient for you!

The Wahta Mohawks administration building is now fully accessible. The Health Services Department obtained funding to install accessible door openers at the administration building. This was along time due and are grateful to the Properties Department for organizing and installation of the doors. We now are able to

accommodate and provide services to persons with disabilities.



ACCESSIBLE DOOR OPENER
(ADMINISTRATION BUILDING)

Health Service has worked along side with the Properties department, and George Korzeniecki (Environmental Health officer) from Health Canada to create a

proper water monitoring schedule for all Wahta Mohawk band owned properties. Water samples are now taken and analyzed on a monthly, quarterly and yearly basis as per Environment Canada Water Monitoring Guidelines.

Babies! Wahta Mohawks, has welcomed seven new babies into our community over the past year. It's a beautiful and an amazing experience to welcome these little ones into our community and our culture. We congratulate all the happy parents and offer our support through the Healthy Babies and Healthy Children's programming.

Program Highlights of 2013/2014

Health Services delivered its 10th annual Conference at the JW Marriott, January 24-26, 2014. This year the theme was Moving Forward. We hope that the theme and the information shared at the Conference this year, inspires us to "keep moving forward". We all know there are many different challenges in life that we all face .

Moving Forward benefits all for a brighter and more positive future. We thank all of those who attended and shared this experience with us.

Health Service hosted another Health Fair on March 12, 2014. This was our third Health Fair that we have put on throughout the past 3 Years. The pur-

pose of this event is to educate and provide resources to our community members on a variety of health care related topics We hope the information that was collected by those that attended was helpful and we thank all those who participated in this event.



BABY MASSAGE

Community Wellness Programs

Health Services has hired two full time Health Services Workers. We welcome Christin Cox, and Kirstie Henderson. Our new team members are delivering a variety of Health and Social programming to our community members. Health services provides programming to our seniors for senior shopping trips, meals on wheels, volunteer medical transportation and social dining. Some of our past successful programming included: Our Strong Women's night, Yoga, Zumba, Baby Sign language, Baby Massage, Lets make soup, Children's pizza making, Children's gingerbread making, Drysdale's tree farm, Imperial Circus of China and the Babysitting course. Health Services also organized Community events such as the Summer Community Picnic, Community Socials, The Winter Carnival, The Summer Golf Tournament, Aboriginal Day Festivities, Remembrance Day Festivities, Community Clean-up and many, many more.

**"THE FIRST STEP
TOWARDS GETTING
SOMEWHERE IS TO
DECIDE YOUR NOT
GOING TO STAY
WHERE YOU ARE."**

**Please look for future programming
In the Wahta Mohawks
Monthly Newsletters**

HEALTH SERVICES DEPARTMENT CONTACTS (705) 762-2354



**HEALTH SERVICES
DEPARTMENT STAFF
(CHRISTMAS 2013)**

Amy Davidson (Health & Social Assistant)	Ext. 240
Colleen Mendes (Healing & Wellness) & (Native Child Services)	Ext. 241
Christine Cox (Health Services Worker)	Ext. 273
Kirstie Henderson (Health Services Worker)	Ext. 249
Sherry Byrne (Health Manager)	Ext. 250

May 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Dr. Wells	3
4	5 Spring Flowers Workshop Live Well	6 Community Shopping in Barrie	7 Mental Health Fair Dress Making	8 Healing Arts Workshop	9 Kid's Cooking Class	10 Women's Self Es- teem workshop & Healing Jar Craft
11	12 Live Well	13	14 Dress Making	15 Healing Arts Workshop	16 Dr. Wells Kid's Cooking Class	17
18	19 <u>Victoria Day</u> Administration office closed	20 Aboriginal Awareness Week	21 Aboriginal Awareness Week	22 Aboriginal Awareness Week Healing Arts Workshop	23 Kid's Cooking Class	24
25	26 Live Well	27 Great Beginnings —Prenatal Nutrition Community Meeting	28 Healthy Lunch & Chair Exercise Dental Hygiene Clinic Dress Making	29 Healing Arts Workshop	30 Baby seat installation clinic Kid's Cooking Class	31

June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Live Well	3	4	5	6	7 Reiki Level II
8	9 Live Well	10 Great Beginnings - Growing up	11	12	13	14
15	16 Live Well	17	18	19	20	21
22	23 Denture Clinic Live Well	24 Great Beginnings - Growing up Community Meeting	25 Health Committee Meeting	26	27	28
29	30 Live Well					

WAHTA MOHAWKS
BOX 260
BALA ON CANADA
POC 1A0



Please.....

Please advise Wahta Mohawks of any
change in address as soon as possible
so we can continue to serve you.