#### Orihwase'shón:'a ne Wahta Rontenro Raotirihwá:ke

Kentenha- The Time of Poverty



#### Roles and Responsibilities (Men's and Women's)

<u>Saturday, October 13</u> 9:30 start at the Cultural Center lunch will be served (Mary Anne Spencer and Dave Jock) Contact Christine or Sherry

### **Baby Shower**

Baby Shower for Kelsey Mullen (Strength)

Please Join October 28th, 2018 @ 12:30

Culture Centre Wahta Reserve

Grandma Lorie 705-774-2796

This issue....

Calendar of Events Minutes Health Services Culture Centre Events Education and Training FYI & Notices

#### **Shawl Making**

Shawl making with Priscilla Yellowhead Tobey Thursday, October 4<sup>th</sup> 10:30 until finished. **9 spaces available**. Please contact Sherry or Christine to register

## Fall Clean Up

Saturday October 20th, 2018 fall road side clean up and breakfast.

Breakfast will be served at 8am.

YOGA CLASSES will resume commencing WEDNESDAY OCTOBER 17, @7:30 Our instructor for weekly classes is Candace Wiese of PERSONAFIT who will lead us in weekly classes. Candace is a certified personal trainer with a BASc in Kinesioloy and Diploma in Fitness and Health Promotion.



October 2018

# **October 2018**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	] Toddler Mondays	2	<b>3</b> Community Shopping	4	5	6
7	8	9 Senior Crafts Club	10 Seniors Exercise	11	12	13
14	<i>15</i> Toddler Mondays Diamond Dotz	16	17	18	19	20
21	22	23 Senior Tech Club	24 Community Kitchen	25	26	27
28	29 Toddler Mondays Colouring	<i>30</i> Book Club	<i>31</i> Chair Exercise Troy Greene			

### **Chief and Council Updates**

As we move into October Council has reviewed the strategic plan document that is continually being updated with the view to highlight areas that are of higher priority. The document is set to cover the categories of Land and Environment; the People, Social and Cultural; Governance; and Economy. As council works on these items it is important to note that this is done in accordance with the administration of Wahta, where resources both human and fiscal are available to carry out the work. Much of the important work that Council has set out to do is within policy development and intergovernmental affairs.

Going forward we will continue to strive for the completion of the Additions to Reserves process where we look forward to having our lands returned to us complete with title. The lands will be important to our future in terms of expanding community, both socially and economically. At some point, Wahta will need to look at land usage policies as the return of the lands becomes a reality.

The communal water project is underway and council monitors these developments as they occur. This remains a high priority. The most immediate concern is to ensure the drinking water situation at the administration building is complete. There is an engineering company in charge of these projects.

Underway and near complete is the improvement of long term care provisions of services for the elderly and disabled.

We continue to look for ways with the administration to apply our language strategy. This is always regarded as important, but have been issues with finding teachers and someone to implement the strategy.

Council is reviving the goal of creating a museum like area to house artifacts of significant importance to our history at Wahta. Other First Nations are also looking to or are creating such spaces. This would be done with assistance from the Woodland Cultural Centre museum expertise.

After review, Council is looking to complete the implementation of the economic development corporation and hopes to open a renewed search for a Board of Directors very soon. For those who had applied already, they are still on the list of candidates.

Another high priority is to determine location and the building of two new housing units in the community. This is a time limited project based on funding deadlines.

Under the **governance** area, bylaws of hunting and fishing, and trespass are well underway. The trespass bylaws will be posted for final consultation by Wahta members before moving on to implement it.

Over the years there have been tweaks to our election code for general election. There are still a number of identified problems with this as per previous electoral officers. It is the goal of council to work with the membership to have developed an improved election code well ahead of the next general election in March 2020.

The review of the citizenship code carries on. An important update will be given by Three Bears Consulting. We would highlight the progression at the general meeting September 29.

Council is still working to finalize understandings with Hydro One and the Ministry of Transportation regarding the facilities and infrastructure they have located within our boundaries.

Council governance policies are set as a priority. We would have a review of all previous works and would like to come up with a policies package acceptable to all Wahta Mohawk members.

The changing environment with regard to intergovernmental affairs is becoming very important as changes are occurring and in a swift manner. We have a fairly new provincial government and will need to communicate with them regarding all of the provincial responsibilities to Indigenous people. Major policy shifts are happening with Canada as well. This means more work from our end as Council will need to bring information back to the membership in a timely matter.

In order to more effectively carry out some of the activities described, Council is looking to expand focus group consultations on many of these matters. Feedback as to what people see as needs in the community are important to develop plans to realize goals. Council is likely going to have to increase business meetings to two days a week, as we look at the goals to accomplish. Staffing is at a premium but there are investigations going on to see where more funds might be obtained for contracts in certain areas.

We will put together a finalized strategic plan for members access. This will more clearly highlight priorities, ongoing progress, any deferrals and reasons why, and a list of completed goals.

Please remember the general public meeting on September 29th is the last one this year. Although another general meeting is not until January, there will be continued meetings on specific areas, as have been happening in hunting and fishing, elders' needs, family concerns, etc. Of course, look for the regular council meetings that occur on the last Tuesday of each month.

Again, if you want to talk about anything written here, call or write with your questions and comments. Nia:wen for reading.

#### 2018 Council Weekly Meeting Summaries

#### Council Weekly Meeting Summary - Date: Wed July 11, 2018

#### In Attendance:

⊠Philip Franks ⊠Lawrence Schell ⊠Blaine Commandant ⊠Teresa Greasley ⊠Lorie Strength-Fenton **Agenda:** 

**07.11.01 TD Bank – Investment Policy** – TD Senior Investment Specialist attended meeting. The trust interest account will be moved into a conservative risk investment portfolio. Return on investment is 4-8% with a mix of equity funds and bonds.

**07.11.02** Financial Budget Review – Reviewed budgeting process. See motion below.

**07.11.03 Knowledge First Forms** – Post Secondary Education Savings plan based on a one time Post Secondary surplus purchased in 2000 for students born within 1986-1999. Yearly signature required.

**07.11.04 Housing Funding** – Confirmation of approximately \$900 000 for housing funding. Needs assessment will determine what kind of housing is needed.

o7.11.05 Education Invoice - See motion below

#### Motions:

**07.11.02** – Motion to approve a budget deficit of \$1 708 531 for 2018/2019. This includes all future expenses for the Clean Wastewater fund and Water Treatment plant cost projection of \$1 161 790. The budget will be revisited to reflect normal fluctuations and ongoing changes. Carried by consensus.

**07.11.05** – Motion to pay last invoice of \$84 621 to Trillium Lakelands District School Board for Elementary/ Secondary tuition from April to June 2018. Carried by consensus.

Next meeting: July 18, 2018

#### Council Weekly Meeting Summary – Date: Wed July 18, 2018

#### In Attendance:

⊠Philip Franks ⊠Lawrence Schell ⊠Blaine Commandant ⊠Teresa Greasley ⊠Lorie Strength-Fenton **Agenda:** 

**o7.18.01 NRCAN Surveys**– The surveys have been completed for the Additions to Reserved lands. NRCAN recommends that council must approve any final changes and compare old outdated surveys with new surveys including highway boundaries.

<u>07.18.02 Trapping Letter to support harvesting</u> – Member cannot sell furs at the International Fur Harvesters Auction without a letter of approval from the land owner in this case Wahta Mohawk Territory. Council will provide a letter of permission.

**o7.18.03 OPG MOU – Proposed Compensation Structure** – Ontario Power Generation proposed a rate of \$25.40/day for each day Ragged Rapids road is closed for members who own a house/cottage past the construction area. They have also been in contact with the District for an emergency evacuation plan. The compensation plan will be added to the Memorandum of Understanding.

**07.18.04 Funding Agreement for Transitional Supports** – Ontario works service agreement for funding of \$13 400 for emergency funds and other supports requires council signature.

**07.18.05 Funding Agreement Amendment - Drinking Water Program** – Water testing program service agreement for \$14 775 in funding of staff and testing supplies requires signature.

**07.18.06 Social Media Policy** – Draft social media policy presented to council to be added to HR policy upon approval.

**07.18.07 Update on MTO and Electronic Signs** – Safety barriers have been installed. The MTO is asking for a section 35 permit which council is not inclined to provide. More discussions required.

Next meeting: July 25, 2018

#### <u>Council Weekly Meeting Summary – Date: Wed July 25, 2018</u>

#### In Attendance:

⊠Philip Franks □Lawrence Schell □Blaine Commandant ⊠Teresa Greasley ⊠Lorie Strength-Fenton **Agenda:** 

**07.25.01 KPMG Audit** – KPMG attended meeting to review the financial statements ending March 31, 2018. No remarkable comments over previous year, suggested an Investment Policy to direct growth initiatives over time and to continue to move forward on Development Corporation and policies.

**07.25.02 IESO Signing Document** – Short term funding for Community Energy Plan, requires implementation approval.

**o7.25.03 Northern Star Cannabis Update** – Licensing has been difficult as there is no building in place which can be a deterrent to license approval. They are requesting a meeting to discuss an equity partnership or what steps can be taken to improve the likelihood of license approval.

#### Motions:

**07.25.01** – Chief and Council move to accept the 2017/2018 audited financial statements as completed by KPMG. Carried by consensus

Next meeting: August 8, 2017

#### Council Weekly Meeting Summary - Date: Wed August 1, 2018

#### In Attendance:

□Philip Franks ⊠Lawrence Schell ⊠Blaine Commandant ⊠Teresa Greasley ⊠Lorie Strength-Fenton **Agenda:** 

**o8.01.01 S. Burnett** – Discussed how to approach the upcoming meeting with Indigenous Services on increased funding for the water project and ongoing operation and maintenance costs. More water testing still needs to be done to identify a reliable water source.

**o8.01.02 Robert Berg** – Assured Care Consulting attended to discuss the pros and cons of a long term care facility. Homes must in in 32 bed increments and follow the Long Term Care Act and regulations. Costs range at approx. \$200 000 per bed for construction, initial funding and ongoing expense funding is difficult to obtain. Suggestions are to increase senior day programs and home care assistance. Bala Legion representatives have requested a meeting to discuss the Long Term Care facility plan in Bala.

**o8.01.03 ATR File** – Additions to Reserve process is ongoing, there was no Section 35 permit granted for full access to the highway lands. This needs more discussion and a legal opinion.

**o8.01.04 TD Investment Policy** – Policy draft has been approved for Trust interest funds to be invested in a moderate risk profile. TD agreement signed.

**o8.01.05 Revised Trapping Permission Letters** – Letter approved with minor changes to allow selling of harvested furs at auction.

**o8.01.06 OPG MOU** – Final draft approved with Ontario power generation for Ragged Rapids bridge construction with compensation rates, safety issues and road improvements added. See motion below.

**o8.01.07** Market Housing Fund – Roll Out and Approval of Draft Housing Policy – The First Nation Market Housing Fund Housing Policy has been approved for signature. The final stage of the FNMHF process requiring Canada Mortgage and Housing Corporation (CMHC) has been approved. A community meeting will be held to roll out the program.

#### **Motions:**

**o8.01.06** – **OPG MOU** - Motion to approve and sign the revised and final Ontario Power Generation (OPG) Memorandum of Understanding for Ragged Rapids Rd. Bridge work. Carried by consensus

Next meeting: August 8, 2018

#### <u>August 2018 Community Meeting Minutes</u> Date: Tuesday August 7, 2018

**Present**: Chief Philip Franks, Councillor Lawrence Schell, Councillor Blaine Commandant, Councillor Teresa Greasley, Councillor Strength-Fenton.

Call to Order: The meeting was called to order at 7:03 pm.

Adoption of the Agenda: Moved by Councillor Commandant, Seconded by Councillor Greasley. Carried.

Adoption of Minutes of July 4, 2018: Moved by Councillor Strength-Fenton, Seconded by Councillor Commandant. Carried.

#### **Actions Arising from Minutes:**

Kristal Strength offered to do the Trust Application for the church roof, it was suggested she speak with Admin first to see what has been done with this so far.

#### **New Business:**

- KPMG Financial Audit Recommendations The yearly audit was completed, there was no management letter issued with any specific concerns. Suggestions were to have an investment policy on hand to determine financial objectives.
- Wahta Administration Building Assessment Roof assessment completed by Neeghan Burnside, costs are approx. \$900 000 which include new roof, ventilation, replacing insulation, window replacements and engineering fees. Further discussions needed on funding this project. Councillor Schell suggested OFNLP funding.
- OPG Big Eddy Trespass There has been a complaint that people were camping and burning fires at Big Eddy. Hydro owns this land and were unaware of any damage in the area. They stated that signs and fencing usually doesn't work and suggested trees be put down. Councillor Strength-Fenton suggested large rocks be put down. Councillor Commandant suggested looking at the area, Chief Franks will follow up.
- Health Social Advisory Update Chief Franks is on the Health and Social Advisory Board which meets every three months. Discussions were held on household ramps, human trafficking issues, Family Well Being program, palliative care services, cannabis education and Indigenous counselling.
- Kagita Mikam Annual General Assembly Chief Franks would like a proxy to attend this event. Councillor Strength-Fenton agreed to attend. A proxy letter is required.

#### **Old Business/ Follow-up:**

- **TD Investment Policy Approval** The trust interest account will be moved into a conservative risk investment portfolio. Return on investment is 4-8% with a mix of equity funds and bonds. Policy draft has been approved and agreement signed.
- Ontario Power Generation MOU for Ragged Rapids Rd. Final draft approved with Ontario power generation for Ragged Rapids bridge construction with compensation rates, safety issues and road improvements added. See motion below.
- First Nation Market Housing Fund CMHC Approval The First Nation Market Housing Fund Housing
   Policy has been approved for signature. The final stage of the FNMHF process requiring Canada Mort gage and Housing Corporation (CMHC) has been approved. A community meeting will be held to roll
   out the program.
- Water Treatment Plant DISC Funding –Discussed how to approach the upcoming meeting with Indigenous Services on increased funding for the water project and ongoing operation and maintenance costs. More water testing still needs to be done to identify a reliable water source. Costs may be higher than anticipated at the one third ratio of Federal and Provincial contributions.

• Long Term Care Update - Assured Care Consulting met with Council to discuss the pros and cons of a Long Term care facility. Homes must in in 32 bed increments and follow the Long Term Care Act and regulations. Costs range at approx. \$200 000 per bed for construction, initial funding and ongoing expense funding is difficult to obtain. Suggestions are to increase senior day programs and home care assistance. Increase services with Cottage Country Health Team, possibly get a full time registered nurse to go daily home visits and serve as a Seniors advocate. Councillor Schell said he would like to see more personal support workers available. Bala Legion is building a long term care home, more information needed.

#### July 2018 Motion Summary:

- **07.11.02** Motion to approve a budget deficit of \$1 708 531 for 2018/2019. This includes all future expenses for the Clean Wastewater fund and Water Treatment plant cost projection of \$1 161 790. The budget will be revisited to reflect normal fluctuations and ongoing changes. Carried by consensus.
- 07.11.05 Motion to pay last invoice of \$84 621 to Trillium Lakelands District School Board for Elementary/ Secondary tuition from April to June 2018. Carried by consensus.
- 07.25.01 Chief and Council move to accept the 2017/2018 audited financial statements as completed by KPMG. Carried by consensus

#### **Questions/Comments:**

Shirley Strength said she enjoyed the senior's luncheon. Councillor Greasley said she would like to see council meet with all different age groups.

Councillor Strength-Fenton mentioned that there is no sign at the Cultural Centre.

Kristal Strength asked if the First Nation Market Housing Fund offers second mortgages. Councillor Greasley said she did not think so.

#### Next Meeting Date: August 28, 2018

#### Adjournment

#### BUILDING LOTS FOR SALE

Both on Muskoka Road 38, one Ha with driveway and 1.88 Ha without a driveway. Central location with Hydro nearby. Call 705-644-42227



#### **Employment Opportunity**

AMENDED - Capital Assets Manager Permanent – Full-time

#### Reporting To: Senior Administrator

#### **Overview:**

Reporting to the Senior Administrator, the Capital Assets Manage provides oversight and leadership in the areas of Public Works, Maintenance and Housing. Your departmental responsibilities include organizing, planning, coordinating and directing the activities of departmental staff and being an advocate for a collective culture of mutual collaboration across the entire organization.

The ideal candidate is a results-oriented professional that is passionate about public service and improving service delivery. The candidate will bring innovation and effective leadership to the department, is enthusiastic about growing, developing and empowering staff and has the ability to build and maintain positive relationships with people within and outside the organization.

#### Key Duties and Responsibilities:

- Oversee and direct departmental staff and operations for the Wahta Mohawks, ensuring the stability, efficiency and effectiveness of departmental services to maintain and improve the quality and effectiveness of the capital assets (property/buildings/equipment) within the community.
- Responsible for the development and maintenance of an effective departmental operating and human resource management plan that is consistent with the hiring practices and policies of the Wahta Mohawks as outlined in the Human Resource Management Policy and that meets the workforce requirements both current and projected, ensuring staff remain current and up to date with the objectives of the First Nation including technology advancements, health and safety standards, and infrastructure requirements, plans and processes.
- Ensure departmental staff work in partnership with the Health and Social Services Manager in the Emergency Response Plan and as such, must remain current and up to date on the Plan, its details and requirements and be prepared to respond to an emergency when required.

- Oversee the ongoing development and monitoring of the First Nation's operating and capital budgets ensuring budget guidelines and processes are followed and maintained on a regular and consistent basis.
- Oversee and provide direction on the issuing of request for proposals and securing quotes for approved work and capital projects.
- Responsible for the development and implementation of effective processes and programs for risk management, workplace safety and productivity, customer service, and workforce development.
- Communicate effectively with citizens, Senior Administrator, Council, staff, and others as required in a timely, responsible and professional manner.
- Remain current and up-to-date on identifying community needs, including short-term and long-term strategic planning processes, goals and objectives, and all related processes and systems.
- Review monthly budget and variance reports for the department to ensure the reporting is accurate and resolve any variances or issues with the Senior Administrator and Chief Financial officer.
- Ensure related Council directives/motions, and MCR's are followed up on in a timely, efficient and professional manner.
- Oversee the process for the coordination and management of departmental personnel records and attendance records, ensuring all activities/functions are carried out in a responsible and professional manner and that accurate and up-to-date record and reports are completed in a timely manner.
- Assist in developing and promoting a harmonious team environment within both the department and the administration as whole.
- Operates in accordance with and ensures compliance to the Wahta Mohawks Administrative, Personnel, Finance and Properties Management department operating Policies and Procedures as may be updated and amended from time to time.
- Attend all Council Meetings and other meetings as required and as assigned, within and outside of the community.

- Be familiar with the Canada Labour Code, Occupational Health and Safety Act, and other laws and processes applicable in conducting the business of the Wahta Mohawks.
- Attend appropriate workshops, seminars, and training sessions as required to remain current and up-to-date on topics of concern to the management of the department's services and programs.
- Provides supervision and guidance to all departmental staff to ensure all
  policies and procedures approved and in place are enacted and enforced and
  that staff conduct themselves in a professional, efficient and effective manner
  in carrying out the business of the Wahta Mohawks.
- Ensure required reporting on funding and departmental activities is completed in a timely manner.
- · Other duties/tasks/responsibilities as required.

#### Qualifications:

The successful candidate will lead a team of staff, ensure operational requirements are met, determine priorities and work effectively with the Senior Administrator, Chief and Council and the public. We are seeking an innovative results-oriented individual with strong interpersonal and communication skills.

You will have:

- A Grade 12 diploma and a minimum of 5 years' experience in a similar or related supervisory position;
- · Demonstrated ability to manage a team effectively and boost workplace morale;
- Strong working knowledge of the theory, principles, practices and techniques of public works, maintenance and property management functions;
- Ability to analyze complex issues and problems, to evaluate alternative solutions, develop sound conclusions and recommend courses of action;
- Excellent human resource management, leadership, administrative and organizational skills;
- Strong public relations skills;
- Proven track record of effective financial administration, including the development and management of operational and project specific budgets;
- A valid Ontario Driver's License;
- Safety compliance training and upgrading in areas applicable to the position's responsibilities (i.e. Confined Spaces, WHIMIS, working at heights. etc.);

- The capability of meeting the physical demands of the department's functions including lifting, working outdoors year-round, climbing, working in confined spaces, etc.;
- · The ability to work flexible hours when needed; and
- Current First Aid/CPR certification, or willingness to obtain.

#### Terms of Employment:

This is a full-time permanent position beginning immediately. Annual salary will be based on qualifications and experience.

#### Applications:

Please submit a resume and cover letter detailing how you meet the requirements of the positions to:

Martie Stanton P.O. Box 260 Bala, Ontario P0C 1A0 Phone: (705) 762-2354 ext 272 Fax: (705) 762-2376 martie.stanton@wahtamohawks.ca

Deadline for applications is **October 5, 2018 at 4:30 pm.** Late applications will not be accepted.

Only those candidates selected for an interview will be contacted. The successful candidate will be required to provide an acceptable Canadian Police Information Check (CPIC) and proof of a valid driver's and DZ license before commencing work.

## **Clearing the Air about Recreational Marijuana (Cannabis) Use**

It seems like everyone is talking about marijuana.

Public discussions about legalization of recreational marijuana (cannabis) may have led people to believe that this drug is harmless. Ontario's doctors want to provide clarity on some of the myths associated with use of recreational marijuana, particularly for youth. Before using, be informed of the risks.

#### MYTH: Marijuana isn't that bad for you.

**FACT:** Recreational marijuana is associated with a number of negative health risks and is an inherently harmful substance. The health risks caused by recreational marijuana can best be avoided by abstaining from use.

#### MYTH: Marijuana isn't addictive.

**FACT:** Canadian youth are among top users of marijuana in the Western world. Using marijuana when you are a teenager and your brain is still developing can lead to physical and emotional impacts as well as substance dependence.

## MYTH: It's just fun, and there are no real negative effects of using marijuana.

**FACT:** Users of marijuana can develop cannabis (marijuana) use disorder. Symptoms of this disorder include tolerance and withdrawal, which are also seen in other addictive substances such as alcohol and tobacco. Marijuana withdrawal includes irritability, anger or aggression, anxiety, depressed mood, restlessness, difficulty sleeping, decreased appetite, and weight loss.

#### MYTH: Marijuana helps anxiety issues.

**FACT:** Marijuana use can have harmful effects on the mental health of some at risk individuals, and generally harmful effects on most users. It has been found to contribute to anxiety and depression by increasing the negative feelings associated with these conditions. Evidence suggests that using marijuana during teenage years is linked to the development of mood and anxiety disorders.

## MYTH: It's okay to use marijuana when you are young, it impacts people of all ages the same way.

**FACT:** There is strong evidence that shows marijuana impacts brain development. We know that the brain continues to develop through early adulthood, until the age of 25.

## MYTH: Smoking marijuana isn't as bad as smoking Tobacco.

**FACT:** No matter what, smoking harms your respiratory tract. Tar from a marijuana cigarette harms the lungs, and smoking it increases your chance of respiratory diseases, including lung cancer.

## MYTH: Marijuana doesn't cause any long term harm to the body.

**FACT:** Smoking marijuana is known to have negative effects on cognition. Effects include difficulties with attention, problem solving and impaired judgement, decision-making and ability to learn.

## **MYTH:** Using marijuana and then driving isn't as bad as using alcohol and driving.

**FACT:** While the effects of marijuana are different from alcohol, it similarly impairs reaction times and the ability to concentrate on the road. When a person consumes marijuana, his/her heart rate increases, short-term memory is impaired, and attention, motor skills, reaction time, and the organization of complex information are all reduced. All of these impacts are crucial for driving a motor vehicle.

(April 11, 2018)

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Indigenous Services Services aux Autochtones Canada Parry Sound Health Centre First Nations & Inuit Health Branch PO Box 89, 74 James Street Parry Sound, Ontario P2A 2X2

## **VACCINES AVAILABLE AT FLU CLINICS**

#### Pneumovax 23 vaccine

*Eligible to persons 65 years of age and older <u>or</u> between 2 and 65 years old and have:* 

- Diabetes
- Chronic respiratory disease
- Chronic cardiac disease
- Cirrhosis or alcoholism
- Chronic renal disease
- Asplenia, splenic dysfunction or sickle cell disease
- HIV, hepatitis B, hepatitis C
- Condition that causes immunosuppression
- Solid organ transplant
- Cochlear implant

#### **Tetanus booster vaccine – Adacel ( Td with Pertussis)**

Due every 10 years

Shingles vaccine Publicly funded for age 65-70 years.

\*Please let us know if you need any of these vaccines so we can order them ahead of time and administer them at the flu clinic705-746-5807\*

## Canada

## Remembering Missing & Murdered Indigenous Women October 4, 2018 - Wahta Mohawk Territory



What to expect: Walk from the Administration building to the Old Hall; information sharing, hanging red dresses in the trees; drumming and singing; refreshments. If you're not up for the walk, join the caravan or come to the Old Hall to show your support.

When: 4 pm on October 4, 2018

Where: Meet at the Old Hall; walkers will be shuttled over to the Administration building. If inclement weather, the gathering will occur in the Old Hall.

Everyone welcome. Bring a lawn chair if you have one.



We do Custom woodwork decorations.

- Designs for all seasons, i.e, Thanksgiving, Halloween, and Christmas. Etc.
- Interior and Exterior works.
- Recycled Pallet wood creations.

From Coat Racks to Pine Boxes etc.

Affordable prices.

#### Please e-mail Terrydecaire78@gmail.com





## **Get Your Water Tested**

The best time to sample your well water is when the probability of contamination is greatest. This is likely to be in early spring just after the thaw, after an extended dry spell, following heavy rains or after

lengthy periods of non-use. If you live on the Territory and would like your water to be tested, please contact Evan Holmes 705-644-9884.

YOGA CLASSES will resume commencing WEDNESDAY OCTOBER 17, @7:30 Our instructor for weekly classes is Candace Wiese of PERSONAFIT who will lead us in weekly classes. Candace is a certified personal trainer with a BASc in Kinesioloy and Diploma in Fitness and Health Promotion.

The next parent information night is Wednesday December 5, from 5:30 -7:30 following the after school program. The first meeting provided an opportunity for two-way communication. Many thanks for your participation. Next meeting will again provide a dinner and childcare services. We appreciate your support.

Directors of School Boards along with Education Managers, and Leadership will gather together to discuss issues identified by Education Managers from within the AIAI membership. This meeting is being hosted by Wahta Mohawks.

#### REMINDER: SATURDAY OCTOBER 20/2018 FALL ROADSIDE CLEAN UP

JOIN US FOR BREAKFAST, AND GRAB YOUR SUPPLIES TO HIT THE ROAD TO PICK UP TRASH LEFT BEHIND – STUDENTS REQUIRING VOLUNTEER HOURS? COME PARTICIPATE!!



Plastic Bags and Plastic Film no longer accepted

Do not bag your recyclables (keep them loose)

### **Changes to Recycling**

DO recycle empty cans, bottles, paper & cardboard	DON'T bag your recyclables Plastic bags and film get tangled in the machinery
DO keep Foods and Liquids out of recycling	DON'T include food-soiled or small food crates - they can turn an entire load a load into trash
DO keep plastic bags out of recycling	DON'T include hoses and wires as most are not recyclable and can disrupt the recycling process
DO call us with any questions - 705-762-2354 Ext 275	DON'T include bulky items like old toys and small appliances

## Health Services October Updates

**Community Shopping** <u>Wednesday, October 3</u> **10 am Pickup** Mandarin and Walmart (**only**) Contact Christine or Sherry

Seniors Exercise with Sue Wednesday, October 10th Contact Christine or Sherry

**Roles and Responsibilities (Men's and Women's)** <u>Saturday, October 13</u> 9:30 start at the Cultural Center lunch will be served (Mary Anne Spencer and Dave Jock) Contact Christine or Sherry

Diamond Dotz Monday, October 15 at 10 am Contact Christine or Sherry

Community Kitchen Wednesday, October 24<sup>th</sup> 1pm Contact Christine or Sherry

Colouring Monday, October 29<sup>th</sup> at 10 am Contact Christine or Sherry

**Chair Exercise** Wednesday, October 31<sup>st</sup> at 10 am Contact Christine or Sherry

Troy Greene Mohawk Seer <u>Wednesday</u>, October 31<sup>st</sup> at 10 am Contact Sherry

**Community Shopping** <u>Thursday November 1<sup>st</sup></u> Midland (Giant Tiger, Alia, Winners, Boston Pizza, and Walmart) Pick up at 9 am Contact Christine or Sherry

#### Atterntion All Parents and Caregivers of Children 18 and Under:

#### All parents caregivers of children 18 and under are invited to meet with Chief and Council on Saturday November 3rd at 10am.

Recently Chief and Council met with the seniors to discuss their needs in the community, what is working and what needs improvement. It is the goal of Chief and Council to speak all age groups to listen to the needs of every member whether it be a parent, youth, senior or adult. We would like to continue this work and listen to the needs of all age groups in a group setting.

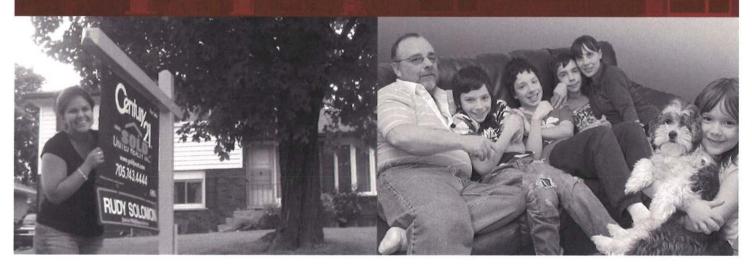
Chief and Council cordially invite all caregivers of children 18 and under to meet with Chief and Council on Saturday November 3<sup>rd</sup> at 10am for an informal discussion on what parents feel the needs are in the community for their children and how they feel the services and amenities can be improved upon. We will continue the meetings for youth and adults in the coming months as well. Lunch will be served we hope that you can help us to determine the most important needs for our children and future generations.

#### \*Please note caregivers include parents, grandparents, guardians or caregivers.



Ontario Aboriginal Housing Services

## First Nation, Inuit, Métis Urban and Rural (FIMUR) 2014/20 Housing Program



#### **Assisted Homeownership Program**

A forgivable loan opportunity providing up to \$30,000 to assist Aboriginal individuals and families in the purchase of an Off-Reserve home in Ontario, outside of the Greater Toronto Area. Applicants should be of low-to-moderate income, qualify for a mortgage and may not own real estate. Priority applicants include people escaping situations of violence or currently living in Social Housing.

#### **Home Repair Program**

A forgivable loan opportunity providing up to \$25,000 to assist Aboriginal homeowners with low-to-moderate income to repair their Off-Reserve homes. Applications are reviewed in order of receipt with priority given to: homes with emergency repair need, health and safety concerns, accessibility repairs, energy efficiency upgrades and those individuals below the poverty threshold.

## "Providing safe, affordable housing is our mandate. Creating homes is our goal."







Call us today! 1.866.391.1061 and ask for the FIMUR program or visit us online at <u>www.OntarioAboriginalHousing.ca</u> for full program details.

#### Wahta Annual Picnic and Fish Derby 2018

Congratulations goes out Angel who claimed the womens trophy, Cayden who received the youth trophy and Jonathan who collected the mens in the fishing tourney. Some impressive bass were caught.







Also congratulations to Earl Strength and Lloyd Mason who took home the hardware for the horseshoes. Well done.

Thank you to all the workers and helpers who make this event happen.

It was a perfect summer day and we hope everyone had an enjoyable day.

See you next year!

## **LOOK. LISTEN. LEARN. BE AWARE!** Fire can happen *anywhere*.



*LOOK* for potential fire hazards around your home.

Take action to **prevent fire** from starting.



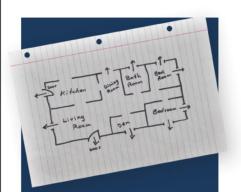


*LISTEN* for the smoke alarm in an emergency.

Make sure everyone knows the sound of the smoke alarms and can hear them in an emergency.

## There is no time to spare in a fire.

**Early detection** gives you the extra seconds you need to get out safely.



*LEARN* two ways out of every room in your home.

**Practice an escape plan** with everyone in your home before a fire starts so you and your family can get out quickly.



## GET OUT & STAY OUT!

When the smoke alarms sound in an emergency, get out **immediately** and call 9-1-1 from outside. *Never* re-enter a burning building.

## FIRE PREVENTION WEEK | October 7–13, 2018

Insert Fire Department Name and Address Insert Fire Department Name and Address Office of the Fire Marshal and Emergency Management ontario.ca/firemarshal

### Library Update

Visit us online at <u>facebook.com/wahtamohawkslibrary</u>

**OverDrive Collection** – Contact the library for a Patron ID to get access to thousands of online books and audiobooks.

### Toddler Mondays (October 1<sup>st</sup>, 15<sup>th</sup>, 29<sup>th</sup> at 10:30am)

Pre-school aged children will have the opportunity to listen to a Storytime, explore the library and participate in a variety of activities and crafts.

## Senior Library Crafts Club (October 9<sup>th</sup> at 2:00pm)

Seniors will have the opportunity to get together, socialize with peers, and participate in some simple craft making.

Please call (705) 762-2354 ext. 225 if you plan to attend.

## Senior Technology Club (October 23<sup>rd</sup> at 2:00pm)

Seniors or anyone who needs a little extra help with technology will have the opportunity to practice using a variety of technology that the library has to offer.

Please call (705) 762-2354 ext. 225 if you plan to attend.

## The best place to find more information about programs is on the Library's Facebook page.



## Dinner and Cranberry Marsh Story Exchange

### Wednesday, October 10, 2018 5:00 - 7:30 PM Community Hall, Wahta Administration Building





#### Come celebrate and share stories about the Iroquois Cranberry!

The Wahta Mohawks First Nation and researchers from the University of Waterloo are working together to document knowledge and share stories associated with the Iroquois Cranberry Growers and marsh. Please join us on Wednesday, October 10 for a free dinner and storytelling event at the community hall. If you decide to participate in this celebration, you will have the opportunity to take part in a workshop with other community members (approx. 60-90 minutes), and to share photographs or other symbols/objects you associate with the cranberry marsh with the researchers and other participants. In appreciation of your time, you will receive a \$50.00 honorarium after the workshop. For more information about this study, or if you would like to volunteer for this study, please contact:

Wahta staff: Samantha Walker (Librarian) or Christine Cox (Community Health Services) (705) 762-2354 University of Waterloo Researcher: Bryan Grimwood, Associate Professor (519)888-4567, ext. 32612 bgrimwood@uwaterloo.ca

\*A Mohawk Council Resolution was passed July 26, 2017 in support of this research. The research has been reviewed and received ethics clearance from the University of Waterloo Research Ethics Committee (ORE #23054).

## Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.



Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact Martie at 705-762-3343 x. 272 or by email at martie.stanton@wahtamohawks.ca



Do you need support...someone to talk to?? Everyone needs support at one time or another.

## Aboriginal Mental Health and Addictions Program (B'saanibaamaadsiwin) 705-746-2512 24/7 Support Line

This program is aimed at providing culturally appropriate support and treatment for Indigenous individuals, families, and community. Model of service is culturally relevant and community specific therapeutic interventions that are based on best practices.

Please contact Sherry for referral (ext 250) or referrals for counselling and treatment can come through any source or self-referral throughout the districts of Muskoka and Parry Sound. Services can be accessed by calling the Parry Sound Office. People can be supported in community or go into their offices...whatever your preference may be.

**Dr. Ed Conners** every Thursday at Culture Centre if you would like to book an appointment contact Martie 705–762-2354 ext 272

## Wahta United Church

Faith Circle will be meeting at 1pm at the Church every Thursday Afternoon. Church Service will be on October 7th at 11:00am If anyone would like a visit, they can contact Pastor Derek at (705) 346-1858



## Important changes to Status Registration Program

New forms have been introduced by Indian Affairs for registering for Indian status beginning April 1<sup>st</sup>, 2018.

Rather than having a separate application for each area (Bill C-31, Bill C-3 or Bill S-3 etc.) Indian Affairs has stream lined the application process and have tried to make it culturally sensitive and person centred.

The new application also has the option for applying for a secure certificate of Indian status (SCIS) at the same time.

Please ensure you send your original long form birth certificates as copies are not accepted. They will be

## **Status Cards**

Rama First Nation has been assisting our members with renewing status cards. Unfortunately they can no longer do this.

As an alternative, renewing your status card can be done by mail. The forms are available online at www.aadnc-aandc.gc.a or from the Wahta administration office. Assistance in completing the forms is also available at the Wahta office. Please check the expiry date on your card, if you have one, as it could take a couple months to renew it by mail.

If you have any questions, please contact the administration office.

## Join Our Newsletter Email!

In an effort to help save postage and paper costs, we would like to email the newsletter to as many community members as possible. To join the newsletter list, there are 2 ways to do so.

#### 2 ways to get your newsletter through email:

#### Register at www.wahtamohawks.com/member-registration

**Email us at info@wahtamohawks.com** and let us know you would like to have the newsletter emailed to you.

## Why Switch to Email

#### Why should I opt in for Newsletters?

Help Save on Postage and Paper! With over 700 newsletters sent out each month it is a time constraint and costly procedure for staff every month. If you have an email address we would like to email you and save on time, paper and postage costs.

#### When will I get the Newsletter?

Getting the newsletter online is usually faster than postage. We can email it once it is ready, no need to wait for snail mail.

#### Do I need to be a member to get the newsletter?

Not necessarily, if you are the spouse or parent of a member then please do not register but instead email us and let us know you would like to receive the newsletter via email.

#### How else will my email address be used?

Your email address will not be shared with anyone and will only be used for newsletters and occasional communication regarding community updates.

## The Good Food Box

#### A Pilot Project (Started in January)

**The Good Food Box** is a monthly box of assorted fresh fruits and vegetables. Bulk ordering of fresh, high-quality produce (mostly local and Ontario) offers a sizable discount to customers. Each box contains a monthly newsletter with health and dietary information along with produce information and recipes to prepare meals from the box of produce you receive.

Boxes can be purchased and picked up from the administration building. Small boxes cost \$10.00 and large boxes cost \$15.00.

Boxes must be pre-ordered and paid for by the 7th of each month

#### **Please contact Christine or Sherry**

#### Chief and Council

Chief Philip Franks	philip.franks@wahtamohawkscouncil.ca	705-528-9468
Councilor Blaine Commandant	blaine.commandant@wahtamohawkscouncil.ca	705-394-8699
Councilor Teresa Greasley	teresa.greasley@wahtamohawkscouncil.ca	705-644-9934
Councilor Lorie Strength-Fenton	lorie.fenton-strength@wahtamohawkscouncil.ca	705-774-2796
Councilor Lawrence Schell	lawrence.schell@wahtamohawkscouncil.ca	705-644-3001

#### Administration

#### 705-762-2354

Scott Aubichon	Lands and Resources Coordinator	Ext. 242
Nicole Belcourt	S.S Administrator/Executive Assistant	Ext. 230
Matthew Commandant	Housing Coordinator	Ext. 275
Joanne Contant	Chief Financial Officer	Ext. 227
Sherry Byrne	Health Services	Ext. 250
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health and Social Assistant (CHC)	705-762-3343
Carol Holmes	Education Services	Ext. 233
Murray Maracle	Senior Administrator	Ext. 231
William Manary	By-Law Coordinator	Ext 224
Kim North	Finance Clerk	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Kristan Sahanatien	NNADAP	705-762-3343
Martie Stanton	Human Resources/Employment	Ext. 272
Samantha Walker	Librarian	Ext. 225

#### Please Feel Free to Call with any Questions or Concerns

Administration Office Hours: Monday thru Thursday, 8:00am—4:30 pm Fridays 8:00 am—2:00 pm



P.O. Box 260 Bala, On. POC 1A0 705-762-2354 phone 705-762-2376 fax www.wahtamohawks.com