

Orihwase'shón:'a ne Wahta Rontenro Raotirihwá:ke

Ennisko:wa - The Time of Much Lateness



March 2019



Photo Credit: Brittany DeCaire

THIS ISSUE

- ◆ Calendar of Events
- ◆ Chief/Council Update
- ◆ Minutes
- ◆ Health Services
- ◆ Cultural Centre Events
- ◆ Education & Training
- ◆ FYI & Notices

March Break Camp

Camp will be held March 11th-14th from 9:00am to 4:00pm and on March 15th from 9:00am to 1:00pm at the Administration Building.

Snacks and lunch will be provided.

Please ensure your children are prepared for the outdoors. Please contact Brittany for more information or to register.

Attention Members:

If you are stopped by MNR authorities, please keep a record of the name and badge number of the officer, as well as the date, time, and place that you were stopped. The goal of collecting the information is to assist council in advocating for the protection of the community's rights. Please report this information to Scott Aubichon at 705-762-2354 ext. 242.

Are you thinking about building or renovating? Contact Karen or Matthew for help with the various Housing Programs, Subsidy Programs & Mortgage Programs that are available. 705-762-2354

karen.sahanatien@wahtamohawks.ca
matthew.commandant@wahtamohawks.ca



MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7 Good Food Box orders due	8	9 Ripley's Aquarium (Bus leaves at 8:00am)
10	11 Community Kitchen 11:00am March Break Camp 9-4	12 March Break Camp 9-4	13 Footcare & Lua Baker Senior Exercise 1:00pm March Break Camp 9-4	14 March Break Camp 9-4	15 March Break Camp 9-1	16 Family Tobogganing Day 10:00am Potluck & Social (AB) 5:30pm
17	18 Colouring/ Diamond Dotz 10:00am	19	20 Lunch with Brad 11:00am Parent Education Meeting 5:30pm	21 Community Shopping 9:00am	22	23
24	25 Colouring/ Diamond Dotz 10:00am Bingo 5:30pm AB	26 Good Food Box arrives	27 Healthy Lunch and Chair Exercise 10:00am	28	29	30
31 Toronto Blue Jays Game (Bus leaves at 10:00am)						

Chief & Council Update

She:kon

There will be no report this month from Chief Franks. All staff, family and colleagues would like to send out our best wishes for a speedy recovery from his retina eye surgery.

Below are some important links to look at:

Membership Update

Download reports at www.wahtamohawks.com/citizenship (login required)

Wahta Membership Survey Results - you can now view the full results of the membership survey available online.

Wahta Community Engagement Report – The Community Engagement report conducted by Waneek Horn-Miller in late 2018 is now complete.

Election Regulations Update

Download all reports at www.wahtamohawks.com/election-regulations (login required)

On Feb 2, 2019 Chief and Council presented draft election regulations. Below are the reports available for download. Included are the proposed regulations as well as some charts outlining the main differences from the current regulations and other related documents.

Election Regulations – 2019 Draft

Chart of Changes from 2011

Election Regulation Main Concerns

Current Election Regulations January 8 2011

Legal Wahta Election Code Opinion 2017

Finance Reports

Download reports at www.wahtamohawks.com/reports (login required)

2017/2018 Financial Audit – Wahta Mohawks Public Audit now complete

Finance Policy – Wahta Mohawks Finance Policy passed by motion January 2019.

2018 Council Weekly Meeting Summaries

Council Weekly Meeting Summary – October 31, 2018

In Attendance:

☒ Philip Franks ☐ Lawrence Schell ☒ Blaine Commandant ☒ Teresa Greasley ☒ Lorie Strength-Fenton

Agenda:

10.31.01 MCR – Medical Transportation – This was discussed as to how it can be reinstated and how it worked in the past. Other ideas were suggested such as population, hiring drivers, cabs etc. Research for the NIHB Medical Transportation funding agreement under Indigenous Services and Health Canada will be considered.

10.31.02 Health Canada Flexible Funding Agreement – Planning for April 1, 2019 into a five year flexible term which provides for ongoing programming with more flexibility as issues arise in the community. Resolution required.

10.31.03 Home and Community Care – HCC program through Indigenous Services Canada (ISC) can provide for a full time Nurse Practitioner to build Wahta capacity and service the community long term along with program management, home care, record keeping, data collection and client assessment.

10.31.04 Truck Purchase – Review Quotes – Administration is looking into contracting out snow plowing for next year. Until this decision is made a new truck purchase will be put on hold.

10.31.05 MCR - Emergency Planning Committee – An emergency planning committee has been established that has appointed a 10 person committee. Emergency Management Services Coordinator is Matthew Commandant. Resolution will be drafted.

10.31.07 Housing Project – Configuration (bedrooms and bathrooms) and Location – Location was chosen to be behind the seniors units in the core area with access to the proposed water treatment plant. It was felt that there is already enough one bedroom units and that two and three bedroom units should be considered. Tech services will assist with construction project manager.

10.31.08 Social Media Policy – Approved by Council as part of the HR policy. See motion.

10.31.09 Chiefs of Ontario Leadership Committee on Language – Looking for attendees to participate in the new language initiative from Chiefs of Ontario to assist in language development in Wahta.

10.31.10 Hunting Approval Letter – Members and other First Nation members are looking for a letter of approval for hunting off reserve in traditional territory. Council felt the letter should be vetted carefully as the Ministry of Natural Resources may not recognize traditional hunting territories and members could still be at risk of being charged.

10.31.11 Northern Star Cannabis - Cancelled

Motions:

10.31.08 – Motion to approve the Social Media Policy as submitted by the Senior Administrator. Carried by consensus.

Next Meeting Date: Wed November 7, 2018

Council Weekly Meeting Summary – November 7, 2018

In Attendance:

☒ Philip Franks ☒ Lawrence Schell ☒ Blaine Commandant ☒ Teresa Greasley ☒ Lorie Strength-Fenton

Agenda:

11.07.01 Hunting Letter Approval – There is a letter available to members if they chose to use it. They can also use their status card and state their Wahta membership. At this time the Ministry of Natural Resources may not recognize traditional hunting territories and members could still be at risk of being charged. Further meetings with MNR and local MP need to be held.

11.07.02 Alisa Lombard Retainer – It was asked by Alisa if Council wants a quote on the revision of the election codes only or meeting facilitation as well. It was decided that facilitation will be formulated at a later date.

11.07.03 Membership Report / Next Steps – Reviewed Waneek Horn Millers draft report. Some clarifications required, final report to be submitted in the coming weeks.

11.07.04 General Meeting Date Set – Date to be Feb 2, 9:30am.

11.07.05 Ontario Works Delivery Concerns – Looking at a hybrid mode that would include the addition of a full case manager that can handle safety concerns and OW clients directly. Currently Wahta only receives \$16 000 per year to operate the OW program and it is costing more in operations.

11.07.06 CCFHT Partnership – Update – The new RPN will be supported through the Cottage Country Health Team until April 1, 2020 at that time the Home and Community Care Program may continue the program through Wahta in order to build Wahta’s own capacity for ongoing nursing care.

11.07.07 Internet Tower Project – Trust Request – Reviewed plan for designated towers for band hall for improved internet access. Looking for additional quotes.

11.07.08 TD Bank Investment Account – Update – TD Lawyers requiring that the Trust agreement must be signed by current trust members to acknowledge the authenticity of the Trust agreement.

Next Meeting: November 21, no meeting November 14

Council Weekly Meeting Summary – November 21, 2018

In Attendance:

☒Philip Franks ☒Lawrence Schell ☒Blaine Commandant ☒Teresa Greasley ☐Lorie Strength-Fenton

Agenda:

11.21.01 Financial Update – No pertinent budget changes. The Health manager is going to group funding into more defined service areas so that employee roles are more clear and that funding is going towards the specific goals set out. The Financial Officer has requested signing authority on Wahta Signs Inc. which was approved.

11.21.02 Election Regulations Motion – See motion below

11.21.03 Iroquois Caucus Cannabis Meeting –The position of the Iroquois Caucus is that retailers should not have to acquire a provincial license as the province may not have jurisdiction over Wahta territory. It still remains unclear if OPP will enforce licensing. More information and consultation is needed.

11.21.04 Early Years Service Agreement – Signature required for ongoing funding.

11.21.05 NIHB Traditional Healing Service – Signature required for approved traditional programming funding.

11.21.06 Small Communities Fund Amendment – Signature required for extension of dates to be set to 2021. Water Feasibility study approved.

11.21.07 Community Member Request - Tree Removal – There is no budget set or policy guidelines for tree removal on member CP land. Tree removal is the responsibility of the CP holder.

Motions:

11.21.02 - Motion to approve Maurice Law via Attorney Alisa Lombard to revise Wahta Mohawk election regulations as per the 2017 legal opinion and ongoing discussions, approximate cost is \$8 000. Carried by consensus.

Next Meeting: November 28, 2018

Council Weekly Meeting Summary – November 28, 2018

In Attendance:

☒ Philip Franks ☒ Lawrence Schell ☒ Blaine Commandant ☒ Teresa Greasley ☒ Lorie Strength-Fenton

Agenda:

11.28.01 Fire Call Invoice – Charges for leased property to non-member(s) – The CP land owner is responsible for collecting any fees associated with emergency services from non member leases.

11.28.02 BCR for Water Treatment Feasibility Study – Request for proposals to go out in early January. Council Resolution to be drafted.

11.28.03 Budget Adjustment Request – Organization Review and Plan – The Senior Administrator would like to focus on revising the organizational structure, including strategic planning and assigning priorities. This will determine where there are organizational strengths and weaknesses and how to best address them. A maximum budget of \$75 000 is requested. More quotes to be obtained. See motion below.

11.28.04 Snow Clearing – There are 78 homes to be cleared and it is very time consuming for staff. It has been decided that the only portion that needs to be cleared is one entrance way that can accommodate a wheelchair or stretcher from the house to the car.

11.28.05 Appoint Electoral Officer and set revisions budget – See both motions below.

11.28.06 Trespass BCR and Final Approval – The final draft of the Trespass By-law has been approved and signed at the duly convened meeting on this day. Refer to council resolutions 2018/2019-34, 2018-2019-35, 2018/2019-36, 2018/2019-37. Documents will be posted online and at the Administration Building.

Motions:

11.28.03 – Motion to approve a budget amendment of \$75 000 to be taken from professional services for an organizational review. Carried by consensus.

11.28.05 – Motion to appoint a representative from KPMG as the Electoral Officer and Matthew Commandant as the Assistant Electoral Officer. Carried by consensus.

11.28.05B – Motion to budget \$15 000 for election regulation revisions. Carried by consensus.

Next Meeting: Wed December 5, 2018

Council Weekly Meeting Summary – December 5, 2018

In Attendance:

☒Philip Franks ☒Lawrence Schell ☒Blaine Commandant ☒Teresa Greasley ☒Lorie Strength-Fenton

Agenda:

12.05.01 Water Treatment Feasibility Study BCR – Council Resolution required to approve the Water Treatment Feasibility Study. Capital funding from Indigenous Services Canada will retain a consultant to investigate long term solutions for drinking water advisories.

12.05.02 Neegan Burnside Quote – Duplex Construction – One quote has been obtained so far for housing project management. Two more quotes to be obtained. Funding of \$945 000 has been obtained for 3 duplex homes.

12.05.03 Monthly Meeting Dates – Chief Franks felt it would be better to change the public meeting dates to the beginning of the month. Many other outside meetings often take place at

the end of the month causing a number of date changes for Wahta in 2018. Meetings will now take place the first Tuesday of the month.

12.05.04 Woodland Cultural Centre Board – See motion below.

Motions:

12.05.04 – Motion to appoint Philip Franks to the Woodland Cultural Centre Board of Directors. Carried by consensus.

Next meeting: Wed December 12, 2018

November/December 2018 Community Meeting Minutes

Wahta Mohawks Community Meeting Minutes

Date: Tuesday December 11, 2018

- I. **Present:** Chief Philip Franks, Councillor Lawrence Schell, Councillor Teresa Greasley. Regrets Councillor Strength-Fenton, Councillor Blaine Commandant,
- II. **Call to Order:** The meeting was called to order at 7:06 pm.
- III. **Adoption of the Agenda:** Moved by Councillor Schell, Seconded by Councillor Greasley. Carried.
- IV. **Adoption of Minutes of October 30, 2018:** Moved by Councillor Schell Seconded by Councillor Greasley. Carried.
- V. **Actions Arising from Minutes:**
The water study Feasibility Study BCR was signed. The Cottage Country Health Team hiring of nurse will be delayed to the new year. This will close the gaps for home visits needed in the community.
- VI. **Old Business/ Follow-up**
 - **Trespass By-Law Approval** – As of November 21, 2018 the Trespass Bylaw is now in place. This will help CP holders to protect their property as well as designate band owned buildings for specific purposes to prevent the closure of such buildings. Final copies are available at the office and on the website.
 - **Fire Call to non member leases** - Leases need to state that non member lessees are responsible for the cost of emergency services charges. Leases should also include a clause in which insurance is required. Lessees shall not be living full time in leased

property longer than the stated period of time which is May to October.

- **Snow Clearing** - There are quite a few homes that need to be shovelled, it is recommended by the Administrator that only the entry ways need to be cleared for safety reasons. Clearing sheds and propane tank paths etc. has to be the responsibility of the rentor/home owner. It was asked what the cost will be to hire someone for more snow clearing.
- **Housing Project** – Quotes are being obtained by the project manager. There will be 3 buildings with 2 units in each building with a combination of 2 and 3 bedrooms. It will be located behind the senior's units. This was the most logical place considering a possible water treatment plant and the site plan preparation costs in this area.
- **Water Treatment Feasibility Study** - ISC (Indigenous Services Canada) has committed to funding a water feasibility study. This will commence in the new year.

VII. New Business

- **Council Meetings Date Changes** – Public council meetings will be changed to the first Tuesday of the month as many out of town meetings are held at the end of the month. The exception will be January 2019, meeting will be held January 8, 2019.
- **Emergency Planning Committee** – This committee is starting again with a renewed focus on emergency planning. The ICG generator will be relocated to power the Duplex and Triplex buildings in case of power outage.
- **Flexible Funding Agreement** – Health Canada now operates under ISC (Indigenous Services Canada) and in the past has provided many different funding agreements with different expectations every year. Switching to a five year flexible funding agreement allows for a better planning and budgeting so the money can be spent over time and not spent unnecessarily by March 31 every year.
- **Indian Day School** – Item added to the agenda by Gerry Fox. She is asking about the class action lawsuit filed in court. Chief Franks stated he did some research and this lawsuit was started in 2009 and certain law firms such as Gowling LLP or Alghoul & Associates have forms that can be submitted if they would like to be considered. Chief Franks also stated that so far the old day school in Wahta has not been added to the list of recognized Indian Day Schools.

VIII. November Motion Summary:

- **11.21.02** - Motion to approve Maurice Law via Attorney Alisa Lombard to revise Wahta Mohawk election regulations as per the 2017 legal opinion and ongoing discussions, approximate cost is \$8 000. Carried by consensus.

IX. Questions/Comments:

Dennis Stock asked about opening a language school before our language disappears.

X. Next Meeting Date: January 8, 2019

XI. Adjournment

XII. Closing

DID YOU KNOW

The two radar signs measure the number and speed of vehicles coming and going?

- The signs have measured over 571,000 readings since July 26th 2018
- Information is downloaded monthly
- Average speed at is 74 Km/Hr
- We have measured speeds in excess of 150 Km/Hr
- Statistics to be used to target speeders

If you have any questions about the traffic calming campaign please contact;

Scott Aubichon

Lands & Resources

705-762-2354 Ext. 242

scott.aubichon@wahtamohawks.ca



Update on Day Scholars Class Action: Survivors urge Canada to Provide Fair Compensation to Day Scholars Now

by admin | Dec 11, 2018 | News Release, Update

FOR IMMEDIATE RELEASE

December 10th, 2018



Download PDF

Kamloops, BC – Day Scholars reacted to news that Canada has entered into a settlement agreement regarding the Indian Day Schools class-action lawsuit by questioning why Canada has not yet resolved a similar class action lawsuit brought on behalf of Day Scholars who attended Indian Residential Schools. “Day Scholars” are individuals who attended a federally owned and operated Indian Residential School during the day but returned home at night. Day Scholars suffered many of the same harms and abuses as other students at Residential Schools.

“We are happy that the pain and suffering our brothers and sisters endured in Day Schools is being recognized and compensated. But I can’t help but feel angry and frustrated that once again we are being left behind,” said Jo-Anne Gottfredson, the Tkemlúps Day Scholar coordinator and Day Scholar Executive Committee Chair. “I am optimistic that we will include the excluded and settle a fair and just settlement for those day scholars who suffered as a result of residential schools.”

Councillor Selina August, Sechelt First Nation stated “Too many Day Scholars have already died waiting for justice. When will it be our turn? When will the horrific wrongs done to us by Canada’s shameful Residential School policy be recognized and made right?”

Day Scholars are one of the few remaining groups who suffered the evils of Canada’s Residential School policy who have yet to receive proper compensation. The Day Scholars’ class action was certified by the Federal Court in 2015, and yet Canada continues to delay reaching a fair resolution of the claim.

Lawyers for Day Scholars are in active negotiations with Canada with the goal of reaching a positive settlement of the class action. The next negotiation session is scheduled for January 2019.

“Enough is enough. We urge the government of Canada to come to the table in the spirit of reconciliation with a fair offer. This should happen now, before one more Day Scholar dies without having received justice,” said Doctor Matthew Coon Come, former National Chief of the Assembly of First Nations.

Contact information:

Jo-Anne Gottfredson

Tkémélúps Day Scholar Executive Chair

Jo-Anne.gottfredson@xih.ca

Recent Updates

2019 IMPROVING DAY SCHOLAR UPDATE February 7, 2019

Harper government loophole allowed 101 bands to sue feds over residential schools (APTN News) January 14, 2019

Update on Day Scholars Class Action: Survivors urge Canada to Provide Fair Compensation to Day Scholars Now December 11, 2018

Tkémélúps Le Setweperim, Sechelt First Nations and James May Leon Day Scholar Update April 24, 2018

Press Release, October 10th, 2017: MOU Signed October 10, 2017



COMMUNITY ENERGY PROGRAM

Myth:

Lowering the thermostat while I'm away or sleeping uses more energy than if I left it alone



Busted!

More energy is lost to the outside when you leave your thermostat at room temperature because of the greater temperature difference between inside and outside!

Vehicles need to 'warm up' in colder temperatures



Vehicles without a carburetor (less than 25 years old) should be warmed up for no more than 30 seconds! Challenge friends and family to a shorter warm up time – you'll shrink your carbon footprint, breathe cleaner air and be easier on your vehicle. Idling gets you nowhere (zero mpg)!

Community Outreach

We're currently working with Glen Orchard Public School and Gravenhurst High School to connect with local youth on energy and climate change by increasing energy literacy and discussing how to use energy better. It's especially important to connect and engage with children and youth on the climate crisis, as they're our future!

75% LESS ELECTRICITY!

FREE MONEY!

UP TO 50,000 HOUR LIFE!

Small Business Lighting program offers a free assessment and up to \$2,000 in turn-key lighting, with better lighting and savings in costs and GHG for years to come!

saveonenergy@hydroone.com or 1-866-932-8283

I'm hoping to do a presentation at the next General Meeting. You're most welcome to contact me with any questions/suggestions at stefan.tylak@wahtamohawks.ca 705-762-2354 / 705-378-0048. Thanks for reading!

This initiative was made possible in part through the financial support of the Independent Electricity System Operator's (IESO) Education and Capacity Building Program. Wahta Mohawks is solely responsible for implementation of, and the content of any materials produced by, this initiative, and the IESO has no responsibility or liability whatsoever in the event that any person suffers any losses or damages of any kind as a result of the initiative.

Professional Chainsaw Operators Course

Funded through Kagita Mikam, Wahta Mohawks is happy to offer a Professional Chainsaw Operators course to interested members. This course is only available to members of Wahta Mohawks over the age of 14. Interested individuals will need to provide a letter from the registrar at the time of registration. Membership letters are available by contacting Karen Sahanatien at the Administration office.

To take part in the course, participants must supply the following equipment:

Chainsaw (Be sure that the chainsaw is purged of fuel for the classroom portion):

- Size and type appropriate for the work normally performed
- Properly sharpened, maintained and ready to work in full compliance with requirements of applicable legislation, with owner's manual (if possible)
- For field session, participants will require chain oil and mixed gas as per the owner's manual

Sharpening & Maintenance Tools

- Combination tool
- Correct size round file with handle
- Filing guide
- Depth gauge tool
- Flat file with handle
- Small screwdriver (to fit carburetor adjustment screws)
- Chainsaw grease gun, rag
- Spark plug gap tool, wire brush, emery paper
- Chain saw owner's manual
- Felling aids (wedges, axe/hatchet, felling bar (optional))

Personal Protective Equipment:

- Forestry headset (CSA approved hardhat, ear plugs and/or earmuffs, and face screen)
- CSA approved safety glasses (with side shields)
- Chainsaw gloves/mitts
- Chainsaw pants/chaps
- CSA approved protective footwear with chain saw cut protection
- Reflective vest (or similar high visibility garb)

******Limited funding is available to assist with the costs of required equipment. Please review your equipment before registering so you know what your needs are as you must have all of the listed equipment in order to participate******

Dates for this course are to be determined but will occur in APRIL or MAY

To register please contact Simon Sutherland at 705-762-2354 ext. 245 or by email at simon.sutherland@wahtamohawks.ca no later than March 15th, 2019

Military Service Recognition Book Project

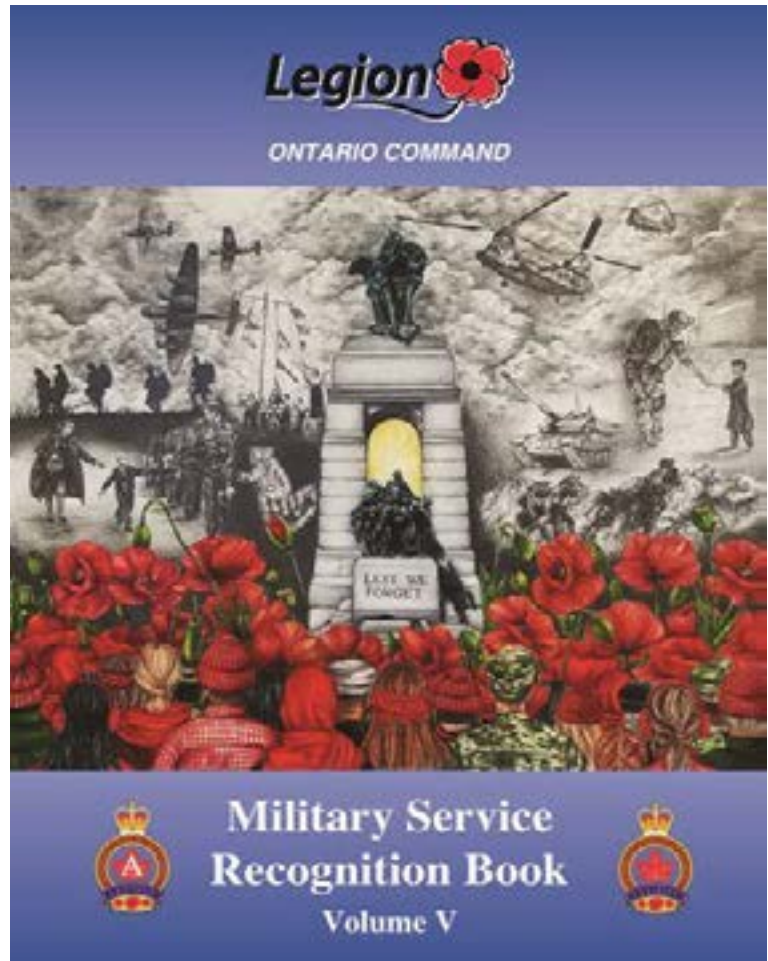
To the brave soldiers who were able to return home from far away lands and let us not forget the brave fallen soldiers who did not come home to their loved ones.

The Royal Canadian Legion is in the process of gathering information on Veterans who served in the Military. This information will be part of a book being published in late 2019.

In Volume #6 we will be publishing approximately 700 veteran submissions into a soft cover 496 page.

Submissions are now being accepted by completing the submission form.

The form can be downloaded from the Legion website at <http://www.on.legion.ca> or contact Bill Roberts at renting@xplonet.ca



Mail or hand deliver your submission to the Bala Legion along with a photo. Do not e-mail or fax your submission. See detailed information on the Ontario Command website.

Bala Legion
1011 Maple Ave
Bala, ON
POC 1A0

Health Services

Thursday, March 7th **Good Food Box orders due** Contact Christine for more info

Monday, March 11th **Community Kitchen 11:00am-12:30pm** Contact Christine.

Wednesday, March 13th **Footcare**, Sue Siwik (**blood pressure** clinic etc), and Lua Baker (**nutritionist**) Please call Christine for more information (Administration Building)

Wednesday, March 13th **Senior Exercise 1:00pm-2:00pm** with Sue Siwik (Administration Building) Contact Christine for more info

Monday, March 18th **Diamond Dotz/Colouring 10:00am**

Wednesday, March 20th **Lunch with Brad 11:00am-1:00pm** Contact Sherry to sign up

Thursday, March 21st **Community Shopping** bus leaves AB at **9:00am** for pick up
Contact Christine or Sherry to sign up

Monday, March 25th **Diamond Dotz/Colouring 10:00am**

Tuesday, March 26th **Good Food Box Arrives**

Wednesday, March 27th **Healthy Lunch & Chair Exercise 10:00am-1:00pm** Contact Christine to sign up

Trip to Ripley's Aquarium Toronto Saturday March 9th (Leaving Administration Office at 8:00am)

March Break Camp March 11th to 14th from 9:00am to 4:00pm and March 15 from 9:00am to 1:00pm at the administration building. Snacks and Lunch will be provided, please ensure your children are prepared for the outdoors. Please contact Brittany at 705-762-2354 for more information or to register

Potluck & Social Saturday March 16th at the Administration Office from 5:30pm to 7:00pm. Please bring a dish to share with everyone. ***All Are Welcome, Doors Are Open.*** Drive safe and we look forward to seeing you! For questions please call Allana Healey, 705-762-2354 ext. 241

Trip to Toronto Blue Jays Sunday March 31st (Leaving Administration Office at 10:00am)

Upcoming Events

Water Drum & Rattle Making Workshop Saturday April 13th from 9:00am-3:00pm. Call Kristan to register. There are 15 spots available.



Lua says:

Carrot (In season in Ontario: JAN; FEB; MAR; APR; MAY; JUL; AUG; SEP; OCT; NOV; DEC)

Fun Facts:

1. We often think of carrots as orange, but they grow in a whole rainbow of colors: red, yellow. White, green and purple
2. Carrots can be baked into delicious cookies, cakes and muffins
3. Carrots can make your skin orange but only if you eat A LOT of them- this is from the beta-carotene

Nutrition Facts: Low in calories, carrots are an excellent source of beta carotene, converted in the body to Vitamin A and a source of folacin and fibre.

Lua will be at the Wahta Administration Building every second Wednesday of the month from 9am -12:30pm.

Do your knees hurt this time of year?

If so, come visit Zach, the onsite
pedorthist at the Wahta Health Hub

Orthotics may help!

All services are federally funded at no cost to
the client

Booking new appointments for March 6th and
March 27th, 2019

Please call the Health Hub at 705-762-1274

Thank you.



We are Excited to announce YOUR LOCAL HEARING CLINIC
RIGHT HERE IN WAHTA. Partnered with the Wahta Health and
Social Services Department and for now, clinic will held out of
Administration Office. First Clinic will be held March 26, 2019
from 10 am-4:30 pm

Do you need HEARING TEST?

Do you have or need HEARING AIDS?

Do you need Custom Swim Plugs, Custom Noise Protection,
Home Alerting Devices or anything to do you with your EARS?

PLIMMER

hearing centres

www.plimmerhearing.com

CALL TODAY TO RESERVE YOUR SPOT.

1 (833) 350-1165 or (647) 350-1165

www.plimmerhearingcentres@hotmail.com

(Ages 4 to 18 can have screen hearing tests)

(Ages 18+ can have hearing tests and hearing aid evaluations)

WE'VE GOT YOU COVERED:

ALL NIHB (Indian Affairs), ALL WSIB

(Workers Safety Insurance Board)

ALL ODSP, OW (Social Services), ALL DVA (Veterans Affairs) and

ALL Private Insurance

Wahta Health Hub Welcomes

Tread Orthopaedics Inc.

“A community based, eco-conscious pedorthic practice”

Custom Foot Orthotics

Custom Footwear

Orthopaedic Footwear Modifications

Orthopaedic Hip/Knee/Ankle Braces

Compression Garments

Custom Shoes

Common issues treated include:

Fatigue/ache in the feet/legs, arch/heel/forefoot pain, ankle pain, knee pain, hip pain, low back pain, osteoarthritis, diabetes, ulcers, etc..

Patients are not charged for an assessment and most orthotics are covered by First Nations Inuit Health Benefits (FNIHB) or personal medical benefits. Zachary directly bills FNIHB.

To book an appointment with Zachary, please call the

Wahta Health Hub at 705-762-1274.

Tread Orthopaedics is owned and operated by Zachary Quesnelle, H.Kin,
Dip PED, C.Ped(C), Pedorthist.



JORDAN'S PRINCIPLE

Jordan's Principle is a Federal principle that was enacted in 2009 to ensure that public services are available to First Nations children as they need them, when they need them. Services in health, education, recreation, childcare, languages and culture can be applied for.

Eligibility:

- All First Nations children (0-19 years old) who live on or off reserve
- One child or a group of children



"Every child, no matter who they are, or where they live, should get the services they need to grow up healthy and proud."

To work together in supporting a child through Jordan's Principle, please contact:



Allana Healey
Family Well-being Coordinator
Wahta Mohawks
allana.healey@wahtamohawks.ca
+ 1 705 762 2354 ext 241
wahtamohawks.ca

YOGA CLASSES

When? Every Wednesday from 7:30-8:30PM

Where? Cultural Centre (until further notice)

Join us for relaxation and rejuvenation with weekly yoga classes that focus on stretching, strengthening and becoming one with self.



Everyone is welcome! For any questions please contact:



Allana Healey
Family Well-being Coordinator
Wahta Mohawks
allana.healey@wahtamohawks.ca
+ 1 705 762 2354 ext 241
wahtamohawks.ca

Education

Post Secondary Application Forms are available by contacting Carol Holmes at carol.holmes@wahtmohawks.ca.

The deadline to receive these forms has changed to **MAY 15, 2019**.

The next Parent Education meeting will be held **March 20, from 5:30 – 7:00**. The meeting will be held at the same location where the children are attending the after school program which is currently being held at the Administration building.

School bus safety and behavior. Please remind your children that when they are riding the bus to and from school it is imperative that they are staying seated and not using a loud voice. The winter travel has been difficult at times due to weather issues. Our driver does not need the added distraction from children who are unable to follow these rules.

Family Tobogganing Day

for March 9th will be rescheduled to March 16th,

At Kerr Park Bracebridge,

from 10- 4

Snacks and food will be provided.

See you there!

BINGO

March 25th

5:30 at the administration Building

DECAIRE FAMILY REUNION!

DATE: AUGUST 10, 2019 TIME: NOON

LOCATION: HALL/CULTURAL CENTRE

2343 MUSKOKA ROAD 38 (ACROSS FROM HEALTH HUB)

POTLUCK – BRING YOUR FAVORITE DISH

RSVP TO: TERESADECAIRE@HOTMAIL.COM 778-587-3784

LISA2MAK2JACK@GMAIL.COM 705-644-3118

PLEASE BRING BASEBALL EQUIPMENT IF YOU HAVE ANY AND PASS THIS INVITE ALONG

Wahta United Church

Church Service will be on
March 10th at 11:00am

Church Service will be on the
second Sunday of each month

If anyone would like a visit, they
can contact Pastor Derek at
(705) 346-1858



Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you would like to receive education or training to get back into the workforce, or to improve your career opportunities, then support is available upon meeting the criteria and funding availability.



Various programs are available through Kagita Mikam including course costs, wage subsidies, mobility assistance to help with the costs of travel to and from training and supports for youth and entrepreneurs.

For more information on the program please contact **Simon Sutherland** at **705-762-3343 x. 245** or by email at simon.sutherland@wahtamohawks.ca or visit Kagita Mikam's website at <http://www.kagitamikam.ca/>



Do you need support...someone to talk to?? Everyone needs support at one time or another.

**Aboriginal Mental Health and Addictions Program (B'saanibaamaadsiwin)
705-746-2512 24/7 Support Line**

This program is aimed at providing culturally appropriate support and treatment for Indigenous individuals, families, and community. Model of service is culturally relevant and community specific therapeutic interventions that are based on best practices.

Please contact Sherry for referral (ext. 250) or referrals for counselling and treatment can come through any source or self-referral throughout the districts of Muskoka and Parry Sound. Services can be accessed by calling the Parry Sound Office. People can be supported in community or go into their offices...whatever your preference may be.

Dr. Ed Conners is at the cultural centre every Thursday. If you would like to book an appointment contact Sherry at 705-762-2354 ext. 250

Join Our Newsletter Email!

In an effort to help save postage and paper costs, we would like to email the newsletter to as many community members as possible. To join the newsletter list, there are 2 ways to do so.

2 ways to get your newsletter through email:

Register at www.wahtamohawks.com/member-registration

Email us at info@wahtamohawks.com and let us know you would like to have the newsletter emailed to you.

Why Switch to Email

Why should I opt in for Newsletters?

Help Save on Postage and Paper! With over 700 newsletters sent out each month it is a time constraint and costly procedure for staff every month. If you have an email address we would like to email you and save on time, paper and postage costs.

When will I get the Newsletter?

Getting the newsletter online is usually faster than postage. We can email it once it is ready, no need to wait for snail mail.

Do I need to be a member to get the newsletter?

Not necessarily, if you are the spouse or parent of a member then please do not register but instead email us and let us know you would like to receive the newsletter via email.

How else will my email address be used?

Your email address will not be shared with anyone and will only be used for newsletters and occasional communication regarding community updates.

The Good Food Box

A Pilot Project (Started in January)

The Good Food Box is a monthly box of assorted fresh fruits and vegetables. Bulk ordering of fresh, high-quality produce (mostly local and Ontario) offers a sizable discount to customers. Each box contains a monthly newsletter with health and dietary information along with produce information and recipes to prepare meals from the box of produce you receive.

Boxes can be purchased and picked up from the administration building. **Small boxes cost \$10.00 and large boxes cost \$15.00.**

Boxes must be pre-ordered and paid for by the 7th of each month

Please contact Christine or Sherry

Contact Information

Chief and Council

Chief Philip Franks	philip.franks@wahtamohawksCouncil.ca	705-528-9468
Councilor Blaine Commandant	blaine.commandant@wahtamohawksCouncil.ca	705-394-8699
Councilor Teresa Greasley	teresa.greasley@wahtamohawksCouncil.ca	705-644-9934
Councilor Lorie Strength-Fenton	lorie.fenton-strength@wahtamohawksCouncil.ca	705-774-2796
Councilor Lawrence Schell	lawrence.schell@wahtamohawksCouncil.ca	705-644-3001

Administration

705-762-2354

Scott Aubichon	Lands and Resource Coordinator	Ext. 242
Nicole Belcourt	S.S. Administrator/Executive Assistant	Ext. 272
Sherry Byrne	Health Services	Ext. 250
Matthew Commandant	Housing Coordinator	Ext. 275
Joanne Contant	Chief Financial Officer	Ext. 227
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health and Social Assistant (CHC)	705-762-3343 Ext. 200
Brittany DeCaire	Receptionist	Ext. 221
Allana Healey	Family Well-being Coordinator	Ext. 241
Carol Holmes	Education Services	Ext. 233
Murray Maracle	Senior Administrator	Ext. 231
Kim North	Finance Assistant	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Kristan Sahanatien	NNADAP (CHC)	705-762-3343 Ext. 203
Randell Sonmor	Capital Assets Manager	Ext. 230
Simon Sutherland	Education Assistant	Ext. 245
Cindy Thompson	Health Services Manager	Ext. 240
Stefan Tylak	Community Energy Specialist	705-378-0048
Samantha Walker	Librarian	Ext. 259

Maintenance & Public Works

Berry Berwick	Public Works Supervisor	705-641-0722
Harry Byrne	Maintenance Supervisor	705-641-0833
Terry DeCaire	Maintenance	705-644-9862
Evan Holmes	Public Works	705-644-9884

Please Feel Free to Call with any Questions or Concerns

Administration Office Hours:

Monday through Thursday, 8:00 am-4:30 pm

Fridays 8:00 am-2:00 pm



P.O. Box 260
Bala, On, P0C 1A0
705-762-2354 phone
705-762-2376 fax
www.wahiamohawks.com