

Orihwase'shón: 'a ne Wahta Rontenro Raotirihwá:ke

Onerahtokha - The Budding Time



April 2019



THIS ISSUE

- ◆ Calendar of Events
- ◆ Chief/Council Update
- ◆ Minutes
- ◆ Health Services
- ◆ Cultural Centre Events
- ◆ Education & Training
- ◆ FYI & Notices

General Meeting

There will be a general meeting on Saturday April 27th, 2019 at 9:30AM at the administration building.

Public Council Meeting

There will be a public council meeting on April 2nd at 7:00PM at the administration building.

Attention Members:

If you are stopped by MNR authorities, please keep a record of the name and badge number of the officer, as well as the date, time, and place that you were stopped. The goal of collecting the information is to assist council in advocating for the protection of the community's rights. Please report this information to Scott Aubichon at 705-762-2354 ext. 242.

Are you thinking about building or renovating? Contact Karen or Matthew for help with the various Housing Programs, Subsidy Programs & Mortgage Programs that are available. 705-762-2354

karen.sahanatien@wahtamohawks.ca
matthew.commandant@wahtamohawks.ca



APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Public Council Meeting (AB) 7:00pm	3	4 Program Plannning 10-4	5 Good Food Box Orders Due	6
7	8 Community Kitchen 11:00am	9	10 Footcare, Blood Pressure, & Dietician Senior's Exercise 1:00pm	11 Program Plannning 10-4	12	13 Water Drum & Rattle Making Workshop (AB) 9:00am
14 Church 11:00am	15	16 Community Shopping 9:00am	17	18	19	20
21	22	23 Good Food Boxes Arrive	24 Chair Exercise 10:00am	25	26	27 General Meeting (AB) 9:30am
28	29 Colouring 10:00am	30				

Chief and Council Update

Chief Philip Franks

It certainly looks like winter is on the downslide now and with the coming of spring Wahta Administration and Council will be gearing up for ongoing initiatives to be completed. Once the snow has cleared work needs to be done to build six new housing units that were funded later last year. The replacement of a new roof for the administration building is also on the priority list. Administration is also undergoing a organizational review. Interviews with staff have taken place and the next step is to interview Council members. In addition, Council recently signed a funding arrangement to complete the feasibility study for a water treatment plant in the core area. These results will offer alternative safe drinking water provision if a full blown plant is not in the cards.

General Election: Looking forward to the next general election coming in March 2020, Council has retained the services of an experienced electoral officer from Tyendinaga to provide oversight to the electoral process as described by Wahta's election regulations. As in preparing for the election some areas of our election rules that were ambiguous are being cleared up and written into the regulations. Being put forward will be the introduction of a longer election period, up from two weeks. The voting methods suggested will include mail in voting giving those who cannot make physically be at the poll on voting day an opportunity to take part. The draft is soon to be presented on line and through mail so that a vote can take place on the revised regulations at the next Wahta General meeting to be held in April.

Cannabis Update: The issues of retail sales of cannabis products in the community is being looked at by Council. Will it be none at all, or just medical, or medical and recreational products. From the Council perspective the notion of falling under the jurisdiction of Ontario is a non starter. Many other First Nations are contemplating the same scenario. Council members have attended and continue to attend meetings at the Iroquois Caucus where the direction had started to create our own laws about cannabis and have them federally and provincially recognized. There was also a law making conference that members attended recently. Certainly our own law is ideal. It also brings about organizational ramifications about how to physically regulate sales, as well as looking at contributions from businesses toward the greater good of Wahta Mohawks.

At the present time the policies coming into effect where licensing by Ontario will be the only avenue and retailers who are not sanctioned by them will be subject to arrest. Council is not looking to test the judicial system on this basis but continue to look at setting into place Wahta jurisdiction.

As it remains right now if you are selling cannabis Council can offer you no protection from the courts. This is important to remember, the Ontario law will apply unless we are able to come to other arrangements in the future.

In order to seek direction on going forward Council is sending out a survey to ask the membership their view on the retail sales of cannabis on the territory. Recently a survey was distributed by some citizens of Wahta on this issue. This information should be useful to augment the results of a more far reaching survey that Council is issuing. The answers to the question of yes or no to retail of recreational cannabis or recreational medical cannabis lie with the community members first.

Policing: Wahta Council will be meeting with the OPP on April 24 to discuss a number of issues. The approaches taken by officers on the territory is one area of discussion. We hope to be able to revive a protocol agreement with the detachment that seems to have fallen by the wayside. In addition our recently by law on trespass will be looked at for the OPP to abide by.

Child Welfare: Council recently signed a final protocol agreement with Dnaagdawenmag Binnoojiiyag a child and family services agency that operates at ten First Nations in this region, reaching out to include Tyendinaga in the east. Just recently the agency received full designation from the province to carry out the Child and Family Services act. The difference from the known Children's Aid Societies will be to offer a culturally intelligent service, staffed and governed by Indigenous people. The designation to take on the responsibility of providing child protection will be phased in during the coming months as we transition out of the mainstream agency. Expected by the end of this year will be implementation of all services including Adoption Services.

Other Activities: Hopefully I will be attending a lobby effort with the Association of Iroquois and Allied Indians early next month where we expect to visit the offices of MPs and Senators in Ottawa to explain our positions. The Chiefs Council priorities are Indigenous Housing and Infrastructure, Education, Cannabis Sales on-Reserve, Safe Drinking Water, Community Safety Elder Care & Long-Term Care Supports.

Council will meet here at home with the local Member of Provincial Parliament to kick start a process to clear up our rights to hunt and fish without interference from the Ministry of Natural Resources. There has been a lack of clear definition regarding our rights under our treaty and how the ministry lacks consistency in the application of their interpretation of their jurisdiction.

A month end meeting will occur with interested members who indicated they would be willing to sit on the Board of Directors for Wahta's economic development corporation to fully discuss what this entity will do and how it can do it. The corporation was formed to designate the Wahta Mohawks business development opportunities (Wahta communal owned, not private enterprises). It is hoped Council can make official appointments to the Board shortly thereafter.

As I wrap up this month I want to once again remind everyone this is a summary of ongoing issues. For further information please don't hesitate to attend upcoming meetings, or contact the council office. Nia wen

2018 Council Weekly Meeting Summaries

Council Weekly Meeting Summary – December 12, 2018

In Attendance:

☒Philip Franks ☒Lawrence Schell ☐Blaine Commandant ☒Teresa Greasley ☒Lorie Strength-Fenton

Agenda:

12.12.01 Monthly Financial Update – No significant updates on monthly budget spending. Reviewed the draft financial policy. The Chief Financial Officer would like to have a motion to have it passed and completed in January 2019.

12.12.02 Budget Adjustment Request – 550 Engine and new plow. A new engine is approx. \$25 000, a new truck is \$70 000, the trade in value is \$8000. More quotes are required, and a budget increase may be needed to accommodate replacement or repair.

12.12.03 Northern Star Meeting – A license to grow cannabis was submitted in August 2017 and is now in review. Funding has become an issue for Northern Star and their original proposal is no longer valid, they now require a funding commitment from Wahta. Council is concerned about the time lapse in communication, lack of business plan, site plan preparation and overall poor representation. A final decision needs to be made and if funding is required community consultation needs to take place.

Next meeting: Wed December 19, 2018

Council Weekly Meeting Summary –December 19, 2018

In Attendance:

☒Philip Franks ☒Lawrence Schell ☒Blaine Commandant ☒Teresa Greasley ☒Lorie Strength-Fenton

Agenda:

12.19.01 AIAI Letter of Agreement /Smoking Cessation Funds – AIAI has provided \$6560 in support for community awareness resources.

12.19.02 Proposed Date to Review Feasibility Study Proposals – Jan 28th - Date set to review proposals for water feasibility study and review bids.

12.19.03 Election Regulations Draft – Draft has been submitted, needs to be reviewed in more detail and included in the next general meeting.

12.19.04 Capacity Training AFOA Canada – The Chief Financial Officer has submitted some potential training for staff and Chief and Council. The governance training is costly, funding will be sought out from First Nation Market Housing Fund Training dollars first before a commitment can be made.

12.19.05 ICG Juice at Wahta Springs – Chief Franks stated there is approx. 10 skids of pure and cordial juice inventory in storage at Wahta Springs. This is older inventory stored some time ago. It will be brought to the Administration Building in the New Year to be given away to members.

12.19.06 Health and Safety Issues with Cultural Centre – There are some concerns with fire safety at the Cultural Centre. The Fire Chief is doing a review and it is expected that fire doors and other safety requirements will be needed. Children's programming in the new year will be temporarily located at the Administration Building. Adult programs will not be affected.

Next Meeting: Public Council meeting Jan 8, 2019. Starting in 2019, all public meetings to be changed to the first Tuesday of each month with the exception of January.

January 2019 Community Meeting Minutes

Wahta Mohawks Community Meeting Minutes

Date: Tuesday January 8, 2019

- I. **Present:** Chief Philip Franks, Councillor Lawrence Schell, Councillor Blaine Commandant, Councillor Strength-Fenton. Regrets Councillor Greasley
- II. **Call to Order:** The meeting was called to order at 7: 04pm.
- III. **Adoption of the Agenda:** Moved by Councillor Commandant, Seconded by Councillor Strength-Fenton. Carried.
- IV. **Adoption of Minutes of December 11, 2018:** Moved by Councillor Strength-Fenton Seconded by Councillor Schell. Carried
- V. **New Business:**
 - **Cultural Healing Centre Health and Safety** – Health and safety committee completed a tour and determined that there are some areas that need to be

addressed. There are no working alarm systems, the stairways and fire doors need to be fixed. The kids programs will be moved to the Administration building temporarily, adult programs will not be moved.

- **Cannabis Update Northern Star** – There has been no substantial activity from Northern Star. We are looking at the legalities of the Memorandum of Understanding and will likely not pursue any further action.
- **Cannabis Retail** – There is a time frame to opt out as a community. The Province is currently only allowing 25 licenses. More discussion is needed to discuss cannabis in the community. The Iroquois Caucus is also discussing Mohawk law and how the laws will be recognized. Councillor Strength-Fenton and Councillor Schell stated it should be a community decision.
- **Update on Wahta Gym** – Supplier has already been chosen, plan has been completed, construction to begin in the next few weeks.
- **Additions to Reserve** – Highway rights through the Ministry of Transportation within the ATR territory are now being dealt with. Next meeting date is February 7. New legal council retained from Blakes Law Firm.
- **Administration Roof** – Report completed with comprehensive pricing and cost estimates, looking for Capital Funding for financial assistance as well as any Health Canada Funding. Councillor Schell feels that it should be dealt with right away possibly through Wahta Trust, OFNLP etc. Chief Franks requested that the Senior Administrator work with Finance Officer to look at our own source funding to see what is available to get started.
- **Water Feasibility Study** – Final request for proposals have been submitted, a committee along with INAC will decide on which engineering company will be selected.
- **Hunting and Fishing** – Councillor Schell would like a meeting with Norm Millar regarding hunting and fishing.

VI. Questions/Comments:

AIAI Law Making Summit – Chief Franks attended, cigarette quotas are still being

looked at and quota systems may change through the new Provincial Government. Next meeting Feb 2019.

- VII. Next Meeting Date: February 5, 2019**
- VIII. Adjournment**
- IX. Closing**



Employment Opportunity

Receptionist Permanent – Full-time (37.5 hours a week)

Overview:

Reporting to the Senior administrator, this position is responsible for providing receptionist, clerical and data entry services to the Wahta Mohawks Administration. The Receptionist will provide excellent customer service through regular and reliable attendance and punctuality.

What you'll do

- Maintains a welcoming environment by ensuring information materials, commonly used forms, bulletin boards and visitor information are relevant and up to date.
- Ensures contact with all visitors to the building in order to maintain a safe and secure reception area.
- Interacts with all visitors to establish the purpose of their visit or assistance required; identifies and redirects visitors to the appropriate staff as necessary;
- Greets each visitor in a welcoming manner with an emphasis on outstanding service delivery.
- Receives and redirects telephone calls as needed.
- Picks up, sorts, and date stamps all incoming mail.
- Receives and signs for courier deliveries; ensures the proper section is advised of their receipt and holds outgoing deliveries for pick up.
- Prepares routine correspondence such as electronic mail messages, telephone messages, filling out records forms, etc.
- Utilizes computer systems as an essential job tool including Word, Excel, Outlook Mail, Internet, etc.
- Performs other clerical duties within office services such as filing correspondences, data entry, and other duties as assigned.

What you'll need

- Excellent communication skills and good telephone manner in order to perform receptionist functions. Excellent interpersonal, de-escalation skills and active listening required to interact with a variety of internal and external customers.
- Proven superior customer service practices and experience. Experience in front line customer service preferred.
- Demonstrated commitment to providing a high level of customer service.
- Ability to maintain confidential information.
- Tact and diplomacy.
- Proven history of reliability, attendance and punctuality.

- Demonstrated positive experiences working in a team setting as well as individually.
- Knowledge of general office procedures.
- Familiarity with Wahta Mohawks administrative services and organizational structure.
- Typing skills required.
- Ability to use various computer software including email, internet, word processing, spreadsheets, etc.
- Valid driver's license.

Terms of Employment:

This is a full-time permanent position beginning as soon as possible. Annual salary will be based on qualifications and experience.

Applications:

Please submit a resume and cover letter detailing how you meet the requirements of the positions to:

Joanne Contant
P.O. Box 260
Bala, Ontario P0C 1A0

joanne.contant@wahtamohawks.ca

Deadline for applications is **April 19, 2019 at 4:30 pm**. Late applications will not be accepted.

Only those candidates selected for an interview will be contacted. The successful candidate will be required to provide an acceptable Canadian Police Information Check (CPIC) and proof of a valid driver's license before commencing work.



Employment Opportunity

Family Well-Being Worker

Reporting To: Family Well-Being Coordinator

Overview:

The Family Well-Being Worker will provide a key role in delivering supports for families. This will include working with the Family Well-Being Coordinator to develop and implement culturally appropriate community-based programming, and to support strong, happy and healthy families in Wahta.

Key Duties and Responsibilities:

1) Technical Functions:

- Collaborate with Family Well-Being Coordinator in preparing and delivering programming to the community pursuant to the Family Well-Being Program (FWBp) (i.e. organizing presentations, workshops, family-based activities, etc.)
- Maintain strict confidentiality and promote an atmosphere in which parents/guardians are provided encouragement and support in meeting the needs of their children.
- Support families in developing partnerships with professionals, which promotes children's learning and development.
- Facilitate family and group culture-based workshops and life skills development
- Actively collaborate with co-workers in other areas of Health and Social Services, based on community need.
- Assist and support the planning and delivery of programming for children in Wahta (i.e. After School Program)

2) Administrative Functions:

- Collect data for rollup that is comprehensive, accurate and systematic.
- Provide activity reports, time sheets, written reports and other requests as required.
- Complete financial requests for developed programming autonomously, accurately and in a timely fashion
- Provide intake and administration of Ontario Works to clients in a supportive role

3) Communication & Liaison

- Assist the Family Well-Being Coordinator in preparing annual evaluations of programs.
- Assist in conducting research, compiling data and preparing reports.
- Actively engage with families to share program and support services information
- Develop culturally-relevant communicative and informative resources for the community

4) Other Related Duties:

- Perform other job-related duties as may reasonably be required by the Family Well-Being Coordinator, Health and Social Services Manager and/or Senior Administrator.

Education and Experience Requirements:

- University degree or college diploma in a Human Services area of study.
- At least one (1) year of direct experience working with children and families in health and social sectors is preferred
- Experience designing and delivering community-based programs, preferably in a First Nation community.
- ECE Certification is an asset
- Valid CPR/First Aid Training, Safe Food Handling Certificate, WHIMIS are assets

Skills and Knowledge Requirements:

- Knowledge of Kanienkeha:ka culture, traditions and teachings is preferred.
- Comprehensive knowledge and understanding of children, young people, families and parenting including the wider context, such as services, legislation, policies and strategies.
- Proficiency with Microsoft Office Suite
- Knowledge of the various types of support services available to families, within the community and beyond
- Well-developed organizational, communicative, interpersonal, time management and analytical skills.
- High level of initiative and self-direction.
- Ability to work in a team environment.
- Must be reliable and dependable, and committed to maintaining confidentiality.
- Non-judgmental and positive approach to all service users.
- Self-awareness of own limiting factors that may impact job performance

Other Requirements:

- Must be able to work flexible hours when needed for community programming purposes.
- Must have a valid Ontario Class "G" license and access to a vehicle.

Terms of Employment:

This is a full-time position beginning immediately. Hourly wage will be based on qualifications and experience.

Application:

Please submit a resume and cover letter detailing how you meet the requirements of the position to:

Joanne Contant

joanne.contant@wahtamohawks.ca
P.O. Box 260
Bala, Ontario
P0C 1A0

Phone: (705) 762-2354 ext. 227 Fax: (705) 762-2376

Deadline for applications is **April 12th, 2019 at 4:00 pm**. Late applications will not be accepted.

Only those candidates selected for an interview will be contacted. The successful candidate will be required to provide an acceptable Canadian Police Information Check (CPIC) before commencing work.

COMMUNITY ENERGY PROGRAM



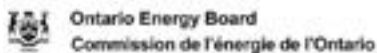
There will be a *Community Energy Presentation* at the General Meeting on April 27
Hope to see you there!

Hydro One **Delivery Credits and PST Exemption** cuts bills roughly in half, but **only guaranteed until 2021**, that's the year after next! Preparing now by using energy better will help deal with the price shock if/when bills skyrocket!

FREE MONEY!



Open to all households, the [AffordAbility Fund](http://AffordAbilityFund.org) helps ease what you spend on electricity – for good! 1-855-494-3863 or info@AffordAbilityFund.org



ONTARIO ELECTRICITY SUPPORT PROGRAM

Lower income homes [may be eligible for a credit on your bill](#), depending on number of people and combined income. Call the ONWAA at 1-844-885-3157 or e-mail oesp@onwaa.com



If you're behind on your bills, the [Low-Income Energy Assistance Program](#) may help. Contact the United Way Simcoe Muskoka at 1-855-487-5327

Energy Tip: Setting the thermostat to a higher temperature doesn't heat your home faster. Your heating system works just as hard until it reaches temperature

The Stone Age didn't end because we ran out of stones. The Global Energy Transition is already underway!

Electric Vehicles

There are already over 50,000 **plug-in** electric vehicles in Canada, including in the Yukon!

Google Maps has added electric-car charging locations for the more than 4,000 chargers across Canada

Imagine a 'fill up' for just \$10! Car dealers don't push electric cars because maintenance costs are so low!













Please don't hesitate to contact me at stefan.tylak@wahtamohawks.ca 705-762-2354 / 705-378-0048.

This initiative was made possible in part through the financial support of the Independent Electricity System Operator's (IESO) Education and Capacity Building Program. Wahta Mohawks is solely responsible for implementation of, and the content of any materials produced by, this initiative, and the IESO has no responsibility or liability whatsoever in the event that any person suffers any losses or damages of any kind as a result of the initiative.

What's Accepted

What can I recycle?

Effective May 1 2015, and until further notice, the Environmental Handling Fee's (EHF) are:

	Desktop Computers: Including those acting as servers and all bundled keyboards, mice, cables and internal components.	\$1.40		Display Devices, Televisions and Monitors: Including various technologies such as Cathode Ray Tube (CRT), flat panel (LCD, LED and plasma and rear projection. ≤ 29" - \$12.25 30-45" - \$24.00 ≥ 46" - \$39.50
	Portable Computers: Includes portable computers such as laptops, netbooks, notebooks and tablets.	\$1.00		Non-Cellular Telephones: Includes corded and cordless telephones, as well as telephone answering machines. \$1.50
	Computer Peripherals: Includes both wired and wireless manual input devices such as keyboards, mice and trackballs.	\$0.75		Personal or Portable Audio/Video Systems: Includes docking speakers, portable stereos, personal CD players, portable audio recorders, tape/radio players, headphones, digital media (MP3) players, voice recorders, and digital and video cameras. \$0.75
	Desktop Printers: Printers designed to reside on a work surface, including laser and LED, ink jet, dot matrix, thermal, dye sublimation and "multifunction" copy, scan, fax and print devices. Stand-alone desktop scanners and fax machines are also included in the category	\$8.00		Home Theatre In-A-Box (HTB) Systems: Includes pre-packaged disc player/speaker/ amplifier systems for use with video or television display to create a home theatre experience. \$5.00
	Floor-Standing IT, Printing, Copying & Multi-function Devices: Floor standing printing devices including printers, photocopiers, multi-function devices.	\$31.75		Home Audio/Video Systems: Includes VCRs, DVD and CD players, digital cable and satellite equipment, speakers, amplifiers, receivers, data projectors and similar audio/video systems. \$5.00
	Mobile Devices: Cellular phones and pagers.	\$0.07		Vehicle Audio/Video Systems: (aftermarket) Includes amplifiers, equalizers, speakers and in-dash audio/video components. \$4.00

Questions? Call 1.888.646.1820



Wahita Mohawks

2061 Steeles Road JR, Wahita
Box 248, Bala, Ontario
L7A 4G6, P.O. Box 136
Phone 705 762-2344
Fax 705 762-2376
www.wahitamohawks.ca

Hello,

Regarding the attached survey, when completed and handed in, you will receive a \$25.00 gift certificate.

Please note that you will not be required to put your name on the questionnaire itself. Your name may be recorded for the purpose of proof that you received your gift certificate.

Please give your completed survey to either Kristan Sahanatien or Christine Cox.

Thank you very much for your time,

Sincerely

Health and Social Services

AIAI Social Assistance Review Survey Questionnaire

This survey is non-identifying. Answers provided to the questions will be rolled up into a summary report which will focus only on general themes and considerations for reforming Social Assistance and Employment Supports.

Social Assistance in Ontario consists of the Ontario Works (OW) program, the Ontario Disability Support program (ODSP), the Ontario/Canada Child Benefit; and, for seniors, the Canada Assistance Plan (CAP), Old Age Security (OAS) and Guaranteed Income Supplement (GIS).

The OW program provides two things:

- a. financial assistance (basic and for adults) when you do not have a job and have used up any Employment Insurance (EI) benefits you may have had, and
- b. employment assistance to help you, your spouse and your adult dependents improve chances of getting a job (or another job).

ODSP is basically the same as OW, but with higher benefits in recognition of the higher cost of living with a disability.

Retirees receive the Canada Pension Plan (CPP) if they paid in when working and the Old Age Security (OAS) plus the Guaranteed Income Supplement (GIS) if eligible.

Questions:

1. Are you Single? ☐ a sole support parent? ☐ a couple without children? ☐
a couple with children? ☐ a retiree? ☐
2. Do you own or rent your own home? ☐ OR do you live with your parents or other family members? ☐ OR do you share the home with unrelated others? ☐
3. Are on OW currently? Yes ☐ No ☐
if YES, how long? _____
If NO, have you ever been on OW? _____
4. Are you on ODSP currently? Yes ☐ No ☐
if YES, how long? _____
if NO, have you ever been on ODSP? _____

If you have never relied on OW or ODSP or OAS/GIS, skip to question 10.

5. Is (or was) the financial assistance you are receiving or received (plus the child benefit if applicable) enough to:

buy enough nutritious food for you &, if applicable, your family? Yes ☐ No ☐

pay the rent? Yes ☐ No ☐

pay heating, electricity and any other utility costs? Yes ☐ No ☐

buy the clothing you and, if applicable, your family need? Yes ☐ No ☐

pay for dental care Yes ☐ No ☐

pay for eye care Yes ☐ No ☐

pay television cable or satellite costs? Yes ☐ No ☐

pay a phone bill? Yes ☐ No ☐

pay for internet access? Yes ☐ No ☐

pay car or other transportation costs? Yes ☐ No ☐

6. If you answered NO to any of the above, how do you or did you cover your costs (check all that apply)?

- ☐ I or a member of my family works or worked part time
☐ I asked for and received discretionary funding from my worker
☐ I applied for and received TSF (transitional support funding) from my worker
 (e.g. to pay rent or cover utility arrears or do repairs)
☐ I borrowed from family or friends
☐ I did without
☐ Other (please specify)

7. Have you participated in OW employment services Yes ☐ No (deferred) ☐

If you answered YES, what services have you received (check all that apply)?

- ☐ personal development services (e.g. life skills training, etc.)
☐ job application skills training (e.g. resume writing, interviewing, job finding)
☐ job skills training
☐ employment experience placement
☐ volunteer community placement
☐ child care costs
☐ support while upgrading education
☐ other (please specify) _____

8. If you are participating or have ever participated in OW employment services, are/were the employment services you received helpful even if you do not yet have or did not get a job? Yes ☐ No ☐

If you answered YES, how have these services helped you (check all that apply)?

- ☐ I gained or am gaining more confidence in my ability to get and keep a job or to create a job for myself
- ☐ I learned or am learning how to find available jobs, how to apply and how to prepare for a successful interview
- ☐ I have gone or went back to high school to improve my chances of getting a job
- ☐ I have gone or went on to post-secondary education
- ☐ I gained or am gaining new job skills
- ☐ I gained or am gaining practical experience in a volunteer position
- ☐ I gained or am gaining practical experience in an subsidized employment experience position
- ☐ I acquired or am acquiring certification of my job skills
- ☐ other (please describe below)

9. On a scale on 0 (very negative) to 5 (very positive), how would you describe your relationship with the OW or ODSF or Federal Pension programs and staff?

0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

Please explain your score:

10. What types of OW/ODSP supports do you need or do you think are needed by community members to help them become more employable?

11. What types of job-skills training programs would you like to see offered or supported by OW/ODSP?

12. What types of personal development services would you like to see offered or supported by OW/ODSP?

13. Some people think that there are better ways than OW/ODSP/OAS/GIS to support individuals and families and seniors who do not have an income from employment or a decent pension income.

Do you agree? Yes ☐ No ☐

if YES, what might this "better way" look like in your community? (please continue on the back if necessary)

Health & Social Events

Friday, April 5th Good Food Box Orders are due

Monday, April 8th Community Kitchen 11:00am-12:30pm

Wednesday, April 10th Footcare, Blood Pressure and Dietician

Wednesday, April 10th Senior's Exercise 1:00pm

Saturday, April 13th Water Drum and Rattle Making Workshop 9:00am-3:00pm
(Call Kristan for availability)

Tuesday, April 16th Community Shopping Barrie, Lunch at Sunset Grill bus leaves at 9am for pickup

Tuesday, April 23rd Good Food Boxes arrive

Wednesday, April 24th Chair Exercises 10:00am



HIV IN CANADA

In 2016, an estimated **63,110** people were living with HIV

Canada's progress to meet **HIV 90-90-90 targets** by 2020:

86%



of Canadians
living with HIV
were diagnosed

81%



of Canadians
diagnosed with HIV
were on treatment

91%

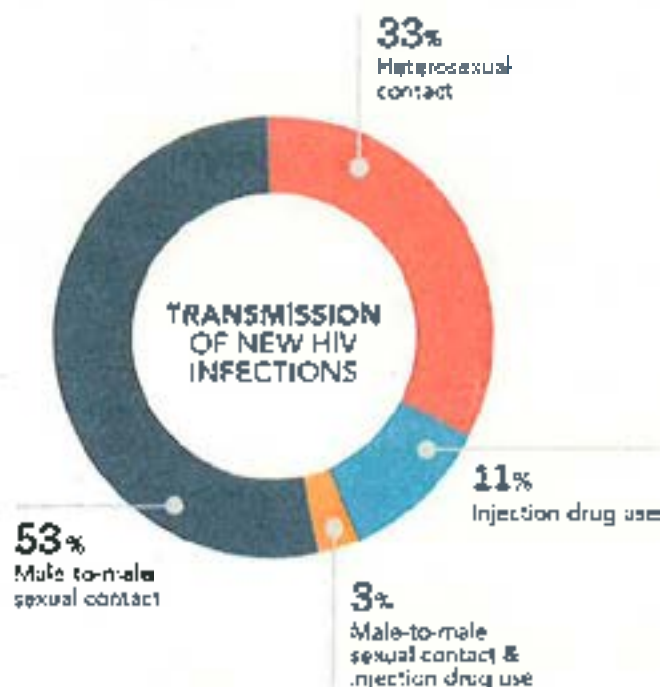


of HIV positive Canadians
on treatment had achieved
viral suppression

In 2016, an estimated
2,165 NEW HIV infections
occurred



Canadians were
infected with HIV
every day



Figures for Canada's HIV/AIDS are reported by the Ministry of Health, 2016.
Figures are estimates and may vary slightly from actual figures.

To learn more about HIV and what you can do to prevent the virus, visit:
Canada.ca and **search HIV/AIDS**



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Canada



The Wahta Mohawks Health and Social Services department will be hosting program planning the first two weeks of April for the first 6 months of the fiscal year, (April-September 2019). We wish to invite community members of all ages to assist in planning programs. Community is invited to attend on Thursday, April 4th, 2019 from 10:00am to 4:00pm and again on Thursday, April 11th, 2019 from 10:00am to 4:00pm in the round room at the administration building.

This is a new and exciting process, and the staff are looking forward to seeing you all. We will be providing snacks and lunch. Please RSVP to Brittany DeCaire at reception by April 2nd, 2019 for snacks and lunch numbers.

Please bring your ideas, positive thoughts, gracious stories to share with us on what you would like to see upcoming and in the future



Honor Missing and Murdered Indigenous Women

»————«
**Wear red, a
red dress or
display a red
dress outside
your home,
office or place
of work**
»————«

upload your photo #REDdress

#MMIW #MMNAWG

#Gonebutnotforgotten



»————«
**May 5th National Day of
Awareness for Missing and
Murdered Native American
Women and Girls**
»————«



JORDAN'S PRINCIPLE

Jordan's Principle is a Federal principle that was enacted in 2009 to ensure that public services are available to First Nations children as they need them, when they need them. Services in health, education, recreation, childcare, languages and culture can be applied for.

Eligibility:

- All First Nations children (0-19 years old) who live on or off reserve
- One child, or a group of children



"Every child, no matter who they are, or where they live, should get the services they need to grow up healthy and proud."

To work together in supporting a child through Jordan's Principle, please contact Allana



Dnaagdawenmag Binnoojiiyag Child and Family Services (DBCFS) is a multi-service agency. Development of DBCFS began over 20 years ago by member First Nations, who identified that there was a need for consistent, responsive, culturally intelligent child welfare services for Indigenous children, youth and families. Their workers work collaboratively and alongside the family, extended family, First Nation and surrounding community to assess and ensure the well-being of children and youth.

DBCFS Offers:

- Early intervention/prevention strategies
- Support services for member First Nations, members on and off territory as well as Indigenous children, youth & families off territory
- When needed, Alternative Care placements- these are in the form of Kinship Service, Customary Care, and Kinship Care (more on this next month!)

For any questions or concerns, or interest in learning more about DBCFS, please contact:



Allana Healey
Family Well-being Coordinator
Wahta Mohawks
allana.healey@wahtamohawks.ca
+1 705 762 2354 ext 241
wahtamohawks.ca



First Aid Course



Wahta Mohawks, with the support of Kagita Mikam, is seeking to gauge the interest of Wahta Mohawks membership in participating in a Standard First Aid Course. **This course would be open to members only and would need to have a direct connection to your career advancement.**

Topics to be covered would include:

- Roles & Responsibilities of the First Aider
- Emergency Scene Management
- Adult CPR & AED Training – with Level C and HCP
- Choking
- Unconsciousness and Fainting
- Severe Bleeding & Wound Care
- Shock
- Head Injuries & Spinal Management
- Burns
- Medical Conditions – Asthma, Diabetes, Anaphylaxis, Seizures
- Multiple Casualty Management
- Bone & Joint Injuries
- Child & Infant CPR (optional)
- 2 Rescuer CPR
- Chest Injuries
- Heat & Cold Injuries
- Eye Injuries
- Poisons, Bites and Stings

Although no date has been confirmed we plan on offering this course in May.

If you are interested in participating in this training opportunity, please contact Simon Sutherland at simon.sutherland@wahtamohawks.ca or 705-762-2354 ext. 245

Foot Pain?



If so, come visit Zach, the onsite pedorthist at the Wahta Health Hub.
Specializing in orthotics, footwear, compression socks and knee braces.

All services are federally funded at no cost to the client

Booking new appointments for March 27th and May 1st, 2019

Please call the Health Hub at 705-762-1274

Thank you.

If you are a senior (55+) living on territory and would like to receive the good food box, please contact Kristan or Christine at the administration building (705 762 2354). Pick up is the fourth Tuesday of the month. Please note : You must contact Christine or Kristan each month by the 7th, to indicate if you would like the food box for that month. Also, families with children 0-17 living on territory, if you are not already receiving the good food box and would like to sign up, please contact Kristan.



At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

If you are interested in learning more about this program and/or would like to see it hosted in Wahta, please contact Allana Healey by April 30th at the below email or phone number:



Allana Healey
Family Well-being Coordinator
Wahta Mohawks
allana.healey@wahtamohawks.ca
+ 1 705 762 2354 ext 241
wahtamohawks.ca



Wahta Mohawks Health and Social Services department is seeking interested community members who wish to become drivers for the Medical Transportation program.

We would require the following clarifications to ensure the safest possible medical appointment rides for our members.

We shall ensure:

- All drivers carry and maintain a valid provincial/territorial driving permit and appropriate liability insurance in relation to the carriage of passengers by vehicle or other motorized conveyances
- All drivers undergo a screening process, including background checks and references, whereby the general trustworthiness of the driver is assessed, bearing in mind that the driver will not only be operating a motor vehicle, but also entrusted with the transport of medical clients and will frequently be alone with such persons for extended periods
- All vehicles carry and maintain a valid license, registration and appropriate liability insurance in relation to the carriage of passengers by vehicle or other motorized conveyances
- All vehicles used for medical transportation are in good working order, including seat belts and child safety seats, and all laws applicable to transportation are adhered to by all drivers.

Wahta Mohawks Health and Social Services is seeking our own Non Insured Health Benefits funding agreement to cover medical transportation for the community. This will include using drivers that will be reimbursed a flat rate based on an hourly rate plus .21 per km, and self-driven clients will be reimbursed .21 per km. We will be developing forms that must be taken to your appointments to verify that appointments have been kept. They will be kept at front reception. Appointments needing drivers will need to be called in to the program as soon as you know of them to ensure a driver, and the program coordinator will return a call to you to inform you that your appointment has indeed been assigned a driver.



Wahta Mohawks Health and Social Services
2664 Muskoka Road 38, Wahta Mohawk Territory
Bala, ON P0C 1A0
705 762 2354

We are Excited to announce YOUR LOCAL HEARING CLINIC
RIGHT HERE IN WAHTA. Partnered with the Wahta Health and
Social Services Department and for now, clinic will held out of
Administration Office. First Clinic will be held March 26, 2019
from 10 am-4:30 pm

Do you need HEARING TEST?

Do you have or need HEARING AIDS?

Do you need Custom Swim Plugs, Custom Noise Protection,
Home Alerting Devices or anything to do you with your EARS?

PLIMMER

hearing centres

www.plimmerhearing.com

CALL TODAY TO RESERVE YOUR SPOT.

1 (833) 350-1165 or (647) 350-1165

www.plimmerhearingcentres@hotmail.com

(Ages 4 to 18 can have screen hearing tests)

(Ages 18+ can have hearing tests and hearing aid evaluations)

WE'VE GOT YOU COVERED:

ALL NIHB (Indian Affairs), ALL WSIB

(Workers Safety Insurance Board)

ALL ODSP, OW (Social Services), ALL DVA (Veterans Affairs) and

ALL Private Insurance

Wahta Mohawks Annual Fishing Derby and Winter Carnival **2019**

It was another great derby and winter carnival this year. The dog sledding returned and all the kids, big and small had as many rides as possible. The lumberjack show was a big hit also.

We even caught some fish. Congratulations goes to Emily Strength who took home the ladies trophy for the second straight year. To Lily Falconer who captured the youth trophy, awesome fishing. And to Jonathan Stock, the returning champion from last year, took home the men's trophy. Congrats to all!



This is our second year for the chili cook off and we had great participation. There were six entries this year. Congratulations to Lloyd Mason who claimed first prize! Second place went to Lori Roads and third to Robin Stock. Very Tasty Chili!

We have to thank our amazing maintenance department who did all the setup and cleanup. To all the folks who helped out, Sheldon, Dan, Penney and to all the others. Many thanks.

Hope to see everyone next year!

Education

The Education department of Wahta Mohawks has undergone some changes that we feel will provide better supports and services to our recipients.

As you are aware, in October Simon Sutherland was hired to assist by providing direct support to elementary and secondary students, as well as coordination of Indigenous Education resources and curriculum initiatives in the provincial schools. As of lately Simon is now responsible for Employment and Training for Wahta Mohawks as well.

Carol Holmes will continue working in the Post Secondary Education program, and is responsible to carry out the work load in managing all Education as well as Employment and Training budgets. The Education/Employment and Training programs are now under one umbrella to offer services to our eligible members. It is our hope that we can secure a position to solely focus on language and work with the Wahta Mohawks Language Strategic Plan.

Indigenous Services Canada has implemented a new formula-based funding model for elementary and secondary education for the 2019/2020 budgets. This funding model is to provide funding predictability, and in some ways we have a little more local control on how we utilize the funding within the scope of elementary/secondary education. For example some of the smaller funding budgets no longer exist as prescribed programs but fall under one program and can be utilized to support elementary/secondary students as needs exist, to an extent. This is the first year this new model is being implemented and hopefully this proves to be better than the past practices.

As a reminder Post Secondary applications will be received until May 15, 2019 with no exceptions. Please submit your application by requesting through Carol Holmes at carol.holmes@wahtamohawks.ca

Language Video Project Viewing

Come join us at the Administration Building on May 16th at 5:30pm for dinner and language video viewing. Six Elders from our community were involved in a special language project, and we're excited to show the video to all our community. Please plan to attend!

RSVP to Carol by May 1st 705 762 2354 ext. 233

DECAIRE FAMILY REUNION!

DATE: AUGUST 10, 2019 TIME: NOON

LOCATION: HALL/CULTURAL CENTRE

2343 MUSKOKA ROAD 38 (ACROSS FROM HEALTH HUB)

POTLUCK – BRING YOUR FAVORITE DISH

RSVP TO: TERESADECAIRE@HOTMAIL.COM 778-587-3784

LISA2MAK2JACK@GMAIL.COM 705-644-3118

PLEASE BRING BASEBALL EQUIPMENT IF YOU HAVE ANY AND PASS THIS INVITE ALONG

Wahta United Church

Church Service will be on
April 14th at 11:00am

Church Service will be on the
second Sunday of each month

If anyone would like a visit, they
can contact Pastor Derek at
(705) 346-1858



Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you would like to receive education or training to get back into the workforce, or to improve your career opportunities, then support is available upon meeting the criteria and funding availability.



Various programs are available through Kagita Mikam including course costs, wage subsidies, mobility assistance to help with the costs of travel to and from training and supports for youth and entrepreneurs.

For more information on the program please contact **Simon Sutherland** at **705-762-3343 x. 245** or by email at simon.sutherland@wahtamohawks.ca or visit Kagita Mikam's website at <http://www.kagitamikam.ca/>



Do you need support...someone to talk to?? Everyone needs support at one time or another.

**Aboriginal Mental Health and Addictions Program (B'saanibaamaadsiwin)
705-746-2512 24/7 Support Line**

This program is aimed at providing culturally appropriate support and treatment for Indigenous individuals, families, and community. Model of service is culturally relevant and community specific therapeutic interventions that are based on best practices.

Please contact Sherry for referral (ext. 250) or referrals for counselling and treatment can come through any source or self-referral throughout the districts of Muskoka and Parry Sound. Services can be accessed by calling the Parry Sound Office. People can be supported in community or go into their offices...whatever your preference may be.

Dr. Ed Conners is at the cultural centre every Thursday. If you would like to book an appointment contact Sherry at 705-762-2354 ext. 250

Join Our Newsletter Email!

In an effort to help save postage and paper costs, we would like to email the newsletter to as many community members as possible. To join the newsletter list, there are 2 ways to do so.

2 ways to get your newsletter through email:

Register at www.wahtamohawks.com/member-registration

Email us at info@wahtamohawks.com and let us know you would like to have the newsletter emailed to you.

Why Switch to Email

Why should I opt in for Newsletters?

Help Save on Postage and Paper! With over 700 newsletters sent out each month it is a time constraint and costly procedure for staff every month. If you have an email address we would like to email you and save on time, paper and postage costs.

When will I get the Newsletter?

Getting the newsletter online is usually faster than postage. We can email it once it is ready, no need to wait for snail mail.

Do I need to be a member to get the newsletter?

Not necessarily, if you are the spouse or parent of a member then please do not register but instead email us and let us know you would like to receive the newsletter via email.

How else will my email address be used?

Your email address will not be shared with anyone and will only be used for newsletters and occasional communication regarding community updates.

The Good Food Box

A Pilot Project (Started in January)

The Good Food Box is a monthly box of assorted fresh fruits and vegetables. Bulk ordering of fresh, high-quality produce (mostly local and Ontario) offers a sizable discount to customers. Each box contains a monthly newsletter with health and dietary information along with produce information and recipes to prepare meals from the box of produce you receive.

Boxes can be purchased and picked up from the administration building. **Small boxes cost \$10.00 and large boxes cost \$15.00.**

Boxes must be pre-ordered and paid for by the 7th of each month

Please contact Christine or Sherry

Contact Information

Chief and Council

Chief Philip Franks	philip.franks@wahtamohawksCouncil.ca	705-528-9468
Councilor Blaine Commandant	blaine.commandant@wahtamohawksCouncil.ca	705-394-8699
Councilor Teresa Greasley	teresa.greasley@wahtamohawksCouncil.ca	705-644-9934
Councilor Lorie Strength-Fenton	lorie.fenton-strength@wahtamohawksCouncil.ca	705-774-2796
Councilor Lawrence Schell	lawrence.schell@wahtamohawksCouncil.ca	705-644-3001

Administration

705-762-2354

Scott Aubichon	Lands and Resource Coordinator	Ext. 242
Nicole Belcourt	S.S. Administrator/Executive Assistant	Ext. 272
Sherry Byrne	Health Services	Ext. 250
Matthew Commandant	Housing Coordinator	Ext. 275
Joanne Contant	Chief Financial Officer	Ext. 227
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health and Social Assistant (CHC)	705-762-3343 Ext. 200
Brittany DeCaire	Receptionist	Ext. 221
Allana Healey	Family Well-being Coordinator	Ext. 241
Carol Holmes	Education Services	Ext. 233
Murray Maracle	Senior Administrator	Ext. 231
Kim North	Finance Assistant	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Kristan Sahanatien	NNADAP (CHC)	705-762-3343 Ext. 203
Randell Sonmor	Capital Assets Manager	Ext. 230
Simon Sutherland	Education Assistant	Ext. 245
Cindy Thompson	Health Services Manager	Ext. 240
Stefan Tylak	Community Energy Specialist	705-378-0048
Samantha Walker	Librarian	Ext. 259

Maintenance & Public Works

Berry Berwick	Public Works Supervisor	705-641-0722
Harry Byrne	Maintenance Supervisor	705-641-0833
Terry DeCaire	Maintenance	705-644-9862
Evan Holmes	Public Works	705-644-9884

Please Feel Free to Call with any Questions or Concerns

Administration Office Hours:

Monday through Thursday, 8:00 am-4:30 pm

Fridays 8:00 am-2:00 pm



P.O. Box 260
Bala, On, P0C 1A0
705-762-2354 phone
705-762-2376 fax
www.wahiamohawks.com