

# Orihwase'shón: 'a ne Wahta Rontenro Raotirihwá:ke

Kentenhko:wa - The Time of Much Poverty



November 2019



## THIS ISSUE

- ◆ Calendar of Events
- ◆ Chief/Council Update
- ◆ Minutes
- ◆ FYI & Notices
- ◆ Education & Training
- ◆ Health Services
- ◆ Cultural Centre Events

### Public Council Meeting

There will be a Public Council Meeting on Tuesday, November 5<sup>th</sup> at the Administration Building at 7:00PM

### Mocassin Making

There will be a mocassin making workshop on November 27<sup>th</sup>, 28<sup>th</sup>, & 29<sup>th</sup>. Please RSVP to Sherry or Kristan. Registrations are limited.

### Career Fair

There will be a Career Fair on November 21<sup>st</sup> from 10am to 2pm at the Administration Building. Come out and meet representatives from over 30 employers (more info inside)

### Parent Information Night

The first Parent Information Night of the school year will be on Tuesday, November 26<sup>th</sup> at the Cultural Centre from 5:30PM to 7:30PM

**Are you thinking about building or renovating? Contact Karen or Matthew for help with the various Housing Programs, Subsidy Programs & Mortgage Programs that are available. 705-762-2354**

karen.sahanatien@wahtamohawks.ca  
matthew.commandant@wahtamohawks.ca



# NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Mindfulness 10AM	5 Public Council Meeting 7PM	6	7 Community Shopping 9AM	8	9
10	11	12 Harm Reduction/ Naloxone Workshop 5:30PM	13	14 Wreath Decorating 6:30PM	15 Couples Dinner & Movie Orillia (19-64) 5PM	16
17	18 Community Kitchen 11AM	19	20 Footcare/ Blood Pressure Clinic (Rescheduled)	21 Career Fair 10AM-2PM	22 Bingo & Lunch (55+) 10:30AM	23
24	25 Mindfulness 10AM	26 Cookie & Gift Exchange 11AM  Parent Information Night (CHC) 5:30PM	27 Moccasin Making 9AM  Chair Exercise & Lunch 10AM  Community Engagement Survey Kick-Off Event 5PM	28 Mocassin Making 9AM	29 Moccasin Making 9AM	30

## Chief and Council Update for November 2019

Chief Philip Franks

As usual the following are briefs on areas of activities Council has been addressing. Council meets with administration usually weekly to deal with items that are not in the general scope of the Wahta administration and its pre-determined authorities in development or finances, including being signatories to any new funding arrangement documents that may come in. Council receives updates on programs and projects and makes recommendations where needed.

**Change to Snow Services:** One of those areas discussed was the upcoming snow removal from driveways for community members who are not senior or disabled. After studying the recommendations from staff, it was determined that this service is not feasible to operate. A growing demand of seniors who require snow plow services, and aging equipment, were big factors in Council withdrawing from the snow plow service (except those served by Community Support Services for elderly). Those who need to find a plow contractor should contact the administration office for suggestions.

**General Meeting:** At the meeting there were four items on the agenda. The new Election Regulations were voted on and accepted. As prescribed in the existing regulations the vote was to be a show of hands at a public meeting called for that purpose. These will be in effect for the 2020 election in March. Changes can be found in the package all members received late in September. If you have any questions please call.

There was a discussion on proposed citizenship codes. The question of lineage vs blood quantum is a big issue on how Wahta Mohawks will continue to exist in the future. More on membership will occur.

The audited financial statements for 2018-2019 as of the end of March were presented by our auditing firm. Once again there were no issues from the auditor with the finances as presented, and Wahta is in a very strong financial position according to Indigenous Services Canada's rating scale of financial health.

The last item was the Wahta Mohawks Community Trust. The quarterly presentation once again touched on how the trust board functions, trust responsibilities, and our investments. There was some discussion on perhaps moving up a level with part of the portfolio to gain better interest returns. The overall trust investment policy is to be conservative investment risk takers so the principal amounts stay protected if a financial market downfall were to occur.

**November 11** is coming soon, please remember to attend Remembrance Day Ceremonies at the Wahta Cenotaph outside the Administration building. Each year the site of Remembrance alternates between Wahta Mohawks and the Bala Legion. The alternating tradition has been going on for decades now.

**Economic Development Board** Council was hoping to meet with board interested members recently after an initial meeting with them to hear a presentation on the by laws and how to work with them. The members had earlier put together suggestions for a set of Board Terms of Reference. These were taken back by our lawyer to be incorporated into the bylaws. To date we have not received the document but expect to soon. There will then be a final bylaw document to be considered to acceptance.

**OPP Enforcement** Having put the Wahta Trespass By Law into affect this year we still await word from Ontario Provincial Police as to their enforcing the law. Their legal team was to be reviewing our by law which is enacted under the Indian Act. I have heard this is an issue on many First Nations where a FN police force does not exist. Council will be working on hearing an OPP position likely into the winter.

**Federal / Provincial Relations:** After the October 21<sup>st</sup> Canadian election and the end result of a minority government, it appears there will be little effect on our relationships with the federal government. The federal

government has lately been working toward creating a new relationship with Indigenous people. Their first major attempt was creating a federal Indigenous Rights Framework. That being said, there is still much work to do. Going forward with a new relationship has to include First Nations people at the table from the start as part of a planning process, unlike with the rights framework that was handed over to us as if it was completed. That is why that framework did not succeed. We will be working with and through our associations to work with all parties that now currently hold power in the federal government.

Meanwhile in Ontario, the Chiefs Council of the Association of Iroquois and Allied Indians have been meeting with some Ministers of Premier Fords government to enlighten them on the issues we face. I have been part of the AIAI Health Social Advisory where priority items included Mental Health and Addictions, Supports for Elders, Disabled, and Chronically Ill, Water (drinking, and protection of water sources), Human Trafficking and Corrections, and Child Welfare. Recently a booklet was developed outlining each of these problem areas, providing statistics, and offering solutions. The booklet is being used as a guide when meeting with governments.

**Land Acknowledgement Process** There are currently within Muskoka District, people who have been meeting on how to best development a land acknowledgement that can be used by local governments when opening meetings, or by other groups who may wish to do the same. This meeting is attended by Chiefs or delegates, and mayors or their delegates from Muskoka Towns and Townships. Wahta could not attend the last one however the message coming from Indigenous leaders is a common theme and that is that a land acknowledgement must include all nations that may have been here, and that a land acknowledgement is not just something to be said. It must be heartfelt and an acceptance of our existence long before colonial governments came to these lands. This should be the basis of the beginning of a reconciliation process in this area.

**ATR Process** The Addition to Reserve process continues. This is a tedious process that is deals with many areas of legal and environmental policies that have to be cleared before Indigenous Services will accept the land back from the province so that it can be returned to reserve status. When we began the process some time ago I was somewhat optimistic we could be done in three years. Indications are now that it could be two more years before we see our land returned. Council wants the process complete so myself along with reps Murray Maracle and Scot Aubichon are doing the best we can to make sure the process keeps moving as quickly as possible. Most of the work lies with the two governments to complete.

**Upcoming** Council will be dealing with number of issues as we enter the final winter of this term of office. Some of them are clean up issues from as far back as 2012, many are recent issues. Work still has to be done regarding hunting and fishing. Ontario has been slow to comment on what they consider to be their position on our hunting and fishing rights. With the highway 400 land issue we continue to try have the Ministry of Transportation come to our table to work that out. Similar to that, Hydro One has not been back for some time with regard to their five year plans regarding a distribution station, or the provision of three phase power in the community or hearing our developmental plans that will require extra electricity in the future. I am grateful that with many initiatives ongoing that we have a good staff that are working on the administration's projects such as capital assets regarding housing, communications, infrastructure, human services etc. This leaves more time for Council to tend to those issues that involve political leadership to look after our interests as citizens and our rights and lands.

As usual if you need more clarification on any of these or other items, just ask.

Niawen for reading. Until next month, stay healthy and safe. Philip

## **2019 Council Weekly Meeting Summaries**

### **Council Weekly Meeting Summary – Wed August 14, 2019**

#### **In Attendance:**

☑Philip Franks   ☑Lawrence Schell   ☑Blaine Commandant   ☑Teresa Greasley   ☑Lorie Strength-Fenton

#### **Agenda:**

- 08.14.01      DBCFS Date Change and Customary Care** – Customary care agreements are the responsibility of the Dnaagdawenmag Binnoojiiyag Child and Family Services and must be approved by each First Nation to keep kids in the community. Each agreement can be customized for that particular family.
- 08.14.02      Development Board** - Deferred, book another appointment with attorney to discuss terms of reference, budgets and responsibilities of council and Board collectively.
- 08.14.03      Tent Rental** – Approved for the Legion, they must obtain their own insurance for any potential damages.
- 08.14.04      Election Regulation Date Change** – Discussed various date changes for public forum on election regulations. Must submit all changes to registrar 6 months in advance.
- 08.14.05      Wireless Internet Tower Project** – See motion below
- 08.14.06      McMaster Lake Property** – Formalize an agreement for the McMaster Lake Additions to Reserve lands. The land must be taken out of previous council members names upon ATR completion.

#### **Motions:**

**08.01.05** – Motion to approve the quotation of \$128 500 to install Point to Point Broadband at the Administration Building to improve internet access to the Administration building.

**Next Meeting:** Wed August 21, 2019

## **Council Weekly Meeting Summary –Wed August 21, 2019**

### **In Attendance:**

☑Philip Franks ☑Lawrence Schell ☑Blaine Commandant ☑Teresa Greasley ☑Lorie Strength-Fenton

### **Agenda:**

- 08.21.01 Gravel Crushing Invoices for July and August** - Approval to pay as per financial policy see motion below.
- 08.21.02 Trillium Lakelands School Board EA and Tuition Invoices** - Approval to pay as per financial policy see motion below.
- 08.21.03 AIAI Tobacco Project Phase 3 – Letter of Agreement** – Transfer of \$2000 to do community engagement for tobacco policy, improving capacity for increased awareness and law making activities.
- 08.21.04 Land Acknowledgement Working Group – District of Muskoka** – Will continue to follow the Districts work in acknowledging neighbouring First Nations, no attendees from Wahta for most recent meeting.
- 08.21.05 Finance Update** – Looked at needed capital expenditures with Finance Officer. Some units need shingling, replace gasoline tanks, surveillance cameras in maintenance areas. Some equipment, weed wacker, leaf blower, staff computer.

### **Motions:**

- 08.21.01** – Motion to approve payment of July/August invoice of \$30 240 to CDR Youngs Aggregate gravel crushing services. Carried by consensus.
- 08.21.02** – Motion to pay Trillium Lakelands District School Board for tuition and education assistant expenses in the last quarter of 2019 for \$40 655 and \$ 84 562. Carried by consensus.
- 08.21.03** – Motion to accept AIAI Tobacco project funding of \$2000 for phase 3 community engagement project activities. Carried by consensus.
- 08.21.05** – Council approves the Capital Assets request for the fiscal year 2019/2020 in the amount of \$42 660. This includes the salary budget increase effective August 2019 and the administration operations budget. It excludes the Education and Health and Social budgets for 2019-2020 which will be considered at an upcoming meeting.

**Next Meeting:** Wed August 28, 2019

### **Council Weekly Meeting Summary –Wed August 28, 2019**

**In Attendance:**

☑Philip Franks ☑Lawrence Schell ☑Blaine Commandant ☑Teresa Greasley ☑Lorie Strength-Fenton

**Agenda:**

- 08.28.01 Falls Law – Discuss Draft Membership Code** – Jay Herbert attended meeting to discuss the merits of a new membership code. Some items of concern are transfers in through marriage, criteria for eligibility. Will be discussed at next general meeting.
- 08.28.02 Permission to Remove Trees from Road Right Away** – Permission sought to remove some trees for road allowance. Trees must be within surveyed area and Wahta Mohawks assumes no liability. Reasons for removal of trees needs further inquiry.
- 08.28.03 Marsh Building Proposed Lease Terms** – Proposed lease terms discussed, leases may only be one year to start, rates also discussed. Lease to be brought back to council for final approval.
- 08.28.04 Health Letter of Agreement** – Health Transformation Engagement letter has issued a one time funding of \$1000 for Health and Wellness activities. Letter of agreement signed.

**Next Meeting:** Wed September 11, 2019

### **September 2019 Community Meeting Minutes**

#### **Wahta Mohawks Community Meeting Minutes**

**Date: Tuesday September 3, 2019**

- I. **Present:** Councillor Lawrence Schell, Councillor Blaine Commandant, Councillor Strength-Fenton. Regrets Chief Philip Franks, Councillor Teresa Greasley
- II. **Call to Order:** The meeting was called to order at 7:03 pm.
- III. **Adoption of the Agenda:** Moved by Councillor Schell, Seconded by Councillor Strength-Fenton. Carried.

**IV. Adoption of Minutes of August 6, 2019:** Moved by Councillor Schell, Seconded by Councillor Strength-Fenton. Carried

**V. New Business:**

- **Iroquois Caucus Support Letter** – Chief Franks signed the support letter from the Iroquois Caucus regarding the negotiations between Kanesatake and the Mayor of Oka and discriminatory comments made by the Mayor.
- **Guard Rails at Wahta Springs Rd.** - The guard rails are in need of repair; they have deteriorated and have become a safety issue. Only one quote provided, more quotes needed to make a decision on repair cost.

**VI. Old Business/ Follow-up**

- **Election Regulation Vote Date Change** – Date has been changed to October 5, 2019 this will be the same day as the General Meeting.
- **Membership Code Update** – Chief and Council consulted with Falls Law for a new proposed Membership Code, it was suggested to draft a new code based on a lineage approach. More discussion needed at general meeting.

**VII. August Motion Summary:**

**08.14.05** – Council has approved the quotation of \$128 500 to install Point to Point Broadband internet tower for band use access. Carried by consensus.

**08.21.01** – Motion to approve payment of July/August invoice of \$30 240 to CDR Youngs Aggregate gravel crushing services. Carried by consensus.

**08.21.02** – Motion to pay Trillium Lakelands District School Board for tuition and education assistant expenses in the last quarter of 2019 for \$40 655 and \$ 84 562. Carried by consensus.

**08.21.03** – Motion to accept AIAI Tobacco project funding of \$2000 for phase 3 community engagement project activities. Carried by consensus.

**08.21.05** – Council approves the Capital Assets request for the fiscal year 2019/2020 in the amount of \$42 660. This includes the salary budget increase effective August 2019 and the administration operations budget. It excludes the Education and Health and Social budgets for 2019-2020 which will be considered at an upcoming meeting.

**VIII. Next Meeting Date:** October 1, 2019

**IX. Adjournment**



Gowling WLG (Canada) LLP is a member of Gowling WLG, an international law firm which consists of independent and autonomous entities providing services around the world. Our structure is explained in more detail at [gowlingwlg.com/legal](http://gowlingwlg.com/legal).

Compensation payments will begin sometime after the **Implementation Date**, defined as 30 days after the Opt Out Period, subject to the final determination of an appeal of the Settlement Approval Order. Any such appeal may delay the payment of compensation.

**Claims Forms are available on the Class Action Website or by contacting Class Counsel at the contact information below.**

More information on when claimants can submit their Claims Form to the Claims Administrator will become available in the coming weeks.

***Opt Out Process***

If a person does not wish to participate in this class action, they must submit an Opt Out Form by **November 18, 2019**. Please note that if they choose to opt out, they will not receive compensation under this settlement. Opt Out Forms are available on the Class Action Website or by contacting Class Counsel.

***Our Ongoing Commitment***

Class Counsel is committed to providing free legal support to all Class Members throughout the Claims Process. We will remain accessible and available to help.

**Please encourage community members to read the Notices of Settlement Approval carefully, as the information may affect their rights. We provide with this letter a copy of the Short-Form and Long-Form Notices, along with copies of the draft Claims Form and Schedule K. You may also access these Notices or Forms in French, Cree, Ojibway, Dene, Inuktitut and Mi'kmaq on the IDS website or by contacting Class Counsel at 1 (844) 539-3815.**

For more information about the Settlement and the Claims Process, please visit:

Website: [www.indiandayschools.com](http://www.indiandayschools.com)

Facebook: @McLeanClassAction

Twitter: @IndianDaySchool

You may also contact us at:

Gowling WLG (Canada) LLP

160 Elgin Street, Suite 2600

Ottawa, ON K1P 1C3

Toll Free Number: 1 (844) 539-3815

Fax Number: 1 (613) 788-3629

Sincerely,

*Robert Winogron*

Partner

*Jeremy Bouchard*

Partner

\*Copies of Notices and Claims Forms with more information are available at the Administration Building.

# **Community Engagement Survey Kick Off Event**

**Date:** Wednesday, November 27<sup>th</sup>  
**Time:** 5pm to 7:30pm  
**Location:** Administration Building

We are inviting all Wahta Mohawk members, along with spouses and children, to share your insights with us as we seek to better understand how we might further improve our programs, services and community infrastructure. The Administration is dedicated to continuous improvement and your feedback is paramount to us understanding how we might best meet the needs of all.

A dynamic online survey has been designed to capture your feedback and a link will be made available for a 2-week period for all those who are interested in sharing their anonymous feedback and ideas. The survey will go live starting at **5pm on November 27<sup>th</sup> and will close at 5pm on December 11<sup>th</sup>**. Please head to the Wahta Mohawks website or Facebook page to retrieve this link once the survey goes live.

To help kick off this exciting engagement process, we will be hosting an open information session and dinner at the **Administration Building on November 27<sup>th</sup> from 5:00 pm – 7:30 pm**. The team from Future Design Lab will be on hand to answer any questions as well as support anyone who might appreciate some assistance in leveraging the online technology to complete the survey.

We encourage everyone to come out and join us for a fun and informative evening on the 27<sup>th</sup>, where you can grab a bite to eat, complete a survey and possibly win a door prize!

To assist in planning the evening, we ask that you please indicate your interest in attending to Sam Walker at [samantha.walker@wahtamohawks.ca](mailto:samantha.walker@wahtamohawks.ca) or at (705) 762-2354 ext. 272 by November 20<sup>th</sup>. If you are unable to indicate this ahead time no worries, we would still love to see you on the 27<sup>th</sup>!

As always, if you have any questions or would like further information at any point, we would love to hear from you. Please don't hesitate to reach out to Sam with any questions you might have.

Looking forward to seeing everyone on the 27<sup>th</sup>!

**Additional note:** If you're unable to make the dinner and are concerned about accessing the survey online, a limited number of paper surveys will be made available at the Administration Office. Please stop by during regular office hours between November 27<sup>th</sup> and December 11<sup>th</sup> to pick one up.

# Call for Potential Development Corporation Directors

We are looking for additional people who would be interested in sitting on a Board of Directors for our Development Corporation.

We are especially looking for members with business, accounting, or legal expertise.

If you are interested, please contact Murray Maracle at 705 762 2354 ext. 231 or email at: [murray.maracle@wahtamohawks.ca](mailto:murray.maracle@wahtamohawks.ca)

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## Indian Status Update

Some recent changes have been made to the Indian Act regarding status eligibility.

Did your mother or grandmother or great grandmother lose their Indian status due to marrying a non-native?

Was your mother or grandmother or great grandmother born out of wedlock of a native father and a non-native mother between Sept 4, 1951 and April 16, 1985?

Did your parent or grandparent or great grandparent lose their status because of their mother's marriage to a non-native man before April 17, 1985?

Was your parent or grandparent or great grandparent's name, omitted or deleted from the Indian registry or band list because of their non-native paternity?

If this is the case, you and your children or grandchildren may be eligible for status.

For more information, please call Indigenous Affairs at 800-567-9604 or visit <https://www.aadnc-aandc.gc.ca/eng/1462808207464/1462808233170>

# Two Bedroom Sets for Sale

Wahta Mohawks will be taking sealed bids from members for the two bedroom sets below. Items as-is, where-is. Drop off your bid at the administration building or mail it to Bedroom Set, Box 260, BALA ON P0C 1A0 noting your bid for Set One and/or Set Two. All bids must be received by November 21, 2019 at 4PM. Direct questions to Randy at 705-762-2354 Ext 224



**Bedroom set one:** Bed, Pillow-Top Serta Mattress, Night Table, Dresser and Lamp (reserved bid of \$500.00)



**Bedroom set Two:** Bed, Pillow-Top Serta Mattress, Night Table, Dresser, Chair and Lamp (reserved bid of \$550.00)

## West Nile Virus Monitoring



If you see a device like the one pictured in the woods, don't disturb it. It's a mosquito trap used by the Wahta Mohawks to collect samples as part of its surveillance of West Nile Virus in the community. Traps have been set up in 4 locations, evenly spaced throughout the area. They are mostly off the beaten path in wooded areas. We do move the traps around sometimes. Traps are checked and emptied weekly.

All it takes is one mosquito bite to become infected with West Nile Virus. About one in 150 people infected will develop serious symptoms, such as high fever, headache, neck stiffness, stupor, vision loss, numbness, and paralysis. Symptoms could last several weeks, and neurological effects could be permanent. Up to 20 percent of people infected will have milder symptoms, and about 80 percent won't have any symptoms at all.



To reduce the risks of infection, the Health Canada advises eliminating mosquito breeding sites by getting rid of standing water, wearing insect repellent, avoiding the outdoors at dawn and in the early evening, and fixing screens to keep mosquitoes out of your house.

**For more information please contact Evan Holmes at 705-762-2354**

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### Address Information

Please keep your address up to date with our office. If you will be moving or have moved, please provide us with your current mailing address, email and phone number.

We do not share your contact information with anyone.

We do send out information packages periodically and we need your input.

The election for Council is this coming March so we will need your address to send out information if you wish to vote by mail.

Thanks for keeping in touch!



## Gravel Delivery Notice

Following the purchase of each gravel order, members are now requested to call Sahanatien Haulage to provide delivery instructions. Their number is 705 762 5346.

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We have some remaining cranberry juice available for free to community members.

Contact Harry Byrne at 705-641-0833 for more information, and to arrange pick up.

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### GET YOUR WATER TESTED

The best time to sample your well water is when the probability of contamination is greatest. This is likely to be in early spring just after the thaw, after an extended dry spell, following heavy rains or after lengthy periods of non-use. If you live on the Territory and would like your water to be tested, please contact Evan Holmes at 705-644-9884.

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### Lot for Sale

Lot 5-2, Concession 5 (23.40 Acres)

Please call Teresa DeCaire  
at 778-587-3784 for more information

### Land for Sale

- Two 2 acre lots off Wahta Road 2
- Three lots off Muskoka Road 38

For more information, please call  
705-644-4227

# Recycle *Right.* Recycle *More.*



## ACCEPTABLE CONTAINERS

Clean and Empty No Food Waste!

### GROCERY PLASTICS

Beverage Bottles  
Condiment Bottles  
Detergent Bottles  
Takeout Trays  
Tubs and Lids  
Plastic Film / Bags Packed in a Bag

### GROCERY METAL

Tin / Soup Cans  
Aluminum Cans / Foil / Trays

### GROCERY GLASS

Glass Jars / Bottles

### OTHER

Empty Aerosols  
Empty Beauty Bottles  
Empty Dry Paint Cans (*Lids Off*)  
Foam  
Meat Trays  
Plastic Garden Pots



## ACCEPTABLE PAPER (FIBRE) PRODUCTS

### PAPER PRODUCTS

Tissue Boxes / Paper Tubes  
Empty Food Boxes  
Paper Cups  
Office Paper / Envelopes  
Milk / Juice Cartons  
Magazines / Catalogues

### CARDBOARD

Flatten, Bundle, Tie  
(*Smaller than 80cm x 80cm x 20cm*)



LANDFILL SITE IS OPEN FROM 9 AM TO 12 NOON ON SATURDAYS & 5 PM TO 7 PM ON WEDNESDAYS

We also accept Electronic Waste - Dump metal and wood waste where directed - 705-762-2354 for more information





## Orange Shirt Day



The annual Orange Shirt Day on September 30th opens the door to global conversation on all aspects of Residential Schools. It is an opportunity to create meaningful discussion about the effects of Residential Schools and the legacy they have left behind. A discussion that everyone can tune into and create bridges with each other for reconciliation. A day for survivors to be reaffirmed that they matter, and so do those that have been affected. Every Child Matters, even if they are an adult, from now on.

The staff at the Administration Building honoured the day by donning our Orange Shirts and taking the time to honour all those affected by Residential Schools.



Students at Glen Orchard Public School also honoured Orange Shirt Day on Tuesday, October 1. (It was strongly stated at the board's Indigenous Education and Advisory Committee meeting that moving forward no other board events should conflict with honouring Orange Shirt Day on September 30<sup>th</sup>.) There was a powerful ceremony led by students where they explained the history of

the day and why it is important to remember the legacy of Residential Schools. Students read "You Hold Me Up" to the assembly and were led in the Round Dance by Terry, Lucia and Iohate Sahanatien.

Tanya Fraser, Principal at Glen Orchard commented that *"We are so fortunate at Glen Orchard to have Elders from Wahta Mohawks help us with our journey of truth and reconciliation. Students and staff were encouraged to consider what else we can do as a school to show we not only remember, but also show our respect and love for those families and individuals impacted by residential schools. During our Orange Shirt Day ceremony, we showed our dedication and commitment to ensure that everyone - all our families, friends, and students at our school and beyond matter. Every child matters"*



# 2019 Wahta Mohawks Career Fair

**When:** Thursday, November 21<sup>st</sup>, 2019 from 10am – 2pm

**Where:** Wahta Mohawks Band Administration Building, Main Hall  
2664 Muskoka Rd. #38, Bala, ON P0C 1A0

## Who will be here:

- Contact North
- Canadore College
- Georgian College
- First Nation Training Institute
- TLDSB- Adult & Alternative Education
- Lakehead University
- Rosseau Lake College
- Tawingo College
- Employment North
- Waubetek
- Muskoka Futures
- Fowler's Construction
- Kingsman Kustoms
- Rockscape
- Team Boats
- Scuba Shack
- Snap Fitness
- KPMG
- TD Bank
- Falls Law Group
- District of Muskoka
- Canadian Armed Forces
- Ontario Provincial Police
- Corrections Canada
- Hydro One
- Ontario Power Generation
- JW Marriott
- Westwind Forest Stewardship Inc.
- Sublime Graphic Design
- Muskoka Audio
- Good Food Co-op
- Dnaagdawenmag Binnoojiiyag Child & Family Services

*(These booth holders have confirmed at the time of this posting, but this list is subject to change)*

## Things to know:

- There is no obligation from any of the booth holders to offer employment or interviews. BUT please feel free to bring along resumes!
- Pre-employment Tips and Skills (job searching, resumes and interview skills) workshops through Employment North will be available. **Please contact Simon by November 14<sup>th</sup> to register as space is limited**
- Business Start-up workshops through Waubetek will be available. **Please contact Simon by November 14<sup>th</sup> to register as space is limited**

Please direct any inquiries to Simon Sutherland, Education,  
Employment & Training, at [simon.sutherland@wahtamohawks.ca](mailto:simon.sutherland@wahtamohawks.ca)  
or 705-762-2345 ext. 245

## **Education Department Parent Information Night**

The Education Department would like to invite interested parents and caregivers to join us for the first Parent Information Night of the new school year on **Tuesday, November 26<sup>th</sup> from 5:30-7:30** at the Cultural and Healing Centre.

The evening will feature updates from the Trillium Lakelands District School Board and a presentation from Autism Ontario. We will also provide updates on the Language Program, Education Department initiatives and information on Jordan's Principle.

Light refreshments will be served, and childcare will be provided.

Hope to see you there!

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## **Seeking a Graphic Designer!**

Wahta Mohawks is seeking expressions of interest from Graphic Designers for community projects. Working in concert with the Education Department this individual would be tasked with planning and hosting sessions for selected youth, sharing with them the fundamentals of graphic design.

For more information on this exciting opportunity please contact Simon Sutherland at [simon.sutherland@wahtamohawks.ca](mailto:simon.sutherland@wahtamohawks.ca) or 705-762-2354 ext. 245

## Health & Social Services November Events

Monday, November 4<sup>th</sup> **Mindfulness** (Diamond Dotz, Rug Hooking, Colouring) 10am

Thursday, November 7<sup>th</sup> **Community Shopping** (Barrie) bus leaves at 9am for pick up Contact Christine

Tuesday, Nov 12<sup>th</sup>: **Harm Reduction/Naloxone** workshop 5:30-7:00pm Contact Kristan 241

Thursday, November 14<sup>th</sup> **Wreath Decorating** (1 per household) @6:30pm-8pm Contact Christine

Friday, Nov 15<sup>th</sup> **Couples 19-64 Movie and Dinner in Orillia** Meet at Montana's in Orillia at 5pm RSVP by Nov 8<sup>th</sup>. Kristan ext. 241

Monday, November 18<sup>th</sup> **Community Kitchen** 11am-1pm Contact Christine

\*Wednesday, November 20<sup>th</sup> **Rescheduled Footcare/Blood Pressure**/(no dietician in November)  
Contact Christine if new sign up or questions

Friday, November 22<sup>nd</sup> **Bingo and Lunch 55+** 10:30am-1pm Contact Christine

Monday, November 25<sup>th</sup> **Mindfulness** (Diamond Dotz, Rug Hooking, Colouring) 10am

Tuesday, November 26<sup>th</sup> **Cookie and Gift Exchange** 11am-1pm Bring 2 dozen cookies and a \$5-\$10 gift.

Wednesday, November 27<sup>th</sup> **Chair Exercise and Lunch** 10am-1pm

Nov 27, 28, 29 **Moccasin Making** 9am-4pm – Limited registrations. RSVP to Sherry or Kristan.

### Announcement

#### **Come celebrate and share stories about the Iroquois Cranberry Marsh!**

Do you have photographs, newspaper articles, old brochures, or other memorabilia from the Iroquois Cranberry Growers and marsh? Would you like to share copies of these so that they can be included in the Iroquois Cranberry Growers oral history project?

Bryan Grimwood from the University of Waterloo has been working with the Wahta Mohawk First Nation to document knowledge and share stories associated with the Iroquois Cranberry Growers and marsh. Bryan will be attending this year's Christmas luncheon on December 14, 2019. He will be available at this time to provide updates on the research and to scan copies of any photos, newspapers articles, etc. that you would like to share. Please bring hardcopies so that they can be copied. The originals you share will stay with you.

For more information about this study, or if you would like to volunteer for this study, please contact:

Christine Cox (Wahta Health Services) at (705) 762-2354

or

Bryan Grimwood (University of Waterloo) at (519)888-4567, ext. 32612, or [bgrimwood@uwaterloo.ca](mailto:bgrimwood@uwaterloo.ca)

\*A Mohawk Council Resolution was passed July 26, 2017 in support of this research. The research has been reviewed and received ethics clearance from the University of Waterloo Research Ethics Committee (ORE #23054)

## **Flu Shot**

Wednesday November 6<sup>th</sup> from 2pm-5pm Flu Shot with Sue for anyone 6 months and older. \*Be prepared to wait 15 minutes after shot is given\*. Contact Sue Siwik with any questions 705-746-5808 cell 705-346-1308.

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## **The Good Food Box Update**

The Good Food Box is a monthly box of assorted fresh fruits and vegetables. Bulk ordering of fresh, high-quality produce (mostly local and Ontario) offers a sizable discount to customers. Each box contains a monthly newsletter with health and dietary information along with produce information and recipes to prepare meals from the box of produce you receive.

**“We would like to extend out the offer of  
The Good Food Box to all members living on territory, *free of charge*.  
Next Scheduled pick up days are October 22<sup>nd</sup>, and November 26<sup>th</sup>  
Note there will be no pickup for the month of December.  
If you would like to be added to the list please contact Skye, Kristan or  
Christine.”**

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## **Quilting Club**

Starting in November we will be offering a quilting club. If you are interested in joining please contact Sherry at 705-762-2354 ext. 250 for more information and to sign up.



# Community Christmas Luncheon

Saturday, December 14<sup>th</sup>

11:30am-1:00pm

Please register with **Skye** at the front desk  
by November 25 at noon.

If you are bringing a child (sixteen and under)  
\*please note an angel tree form must be filled  
out \*there is no monetary requirement.

Also if you are interested in sponsoring an  
angel \$25 unwrapped gift, please contact  
Christine at ext 273. (Angels are available  
for both children and seniors (for the seniors  
Christmas Luncheon)

We look forward to seeing you there!!

# Senior's Christmas Luncheon

11:30am-1pm

Tuesday, December 10<sup>th</sup>

(seniors 65+)

Please register with **Skye** at the front desk  
by November 25 at noon.

If you are attending \*please note an angel  
tree form must be filled out \*there is no  
monetary requirement.



# Angel Form

## Child

**Please fill out the below information to have your child added to the tree. This is how the child will receive a Christmas gift this year. The monetary value will be \$25. If there is something they need please mention it below. As well as any other information you feel is appropriate. Please note that the child's name will remain confidential.**

1. Name

2. Age

3. Boy      Girl

4. Size

5. Needs

6. Interests

Other information:



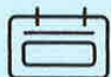


# RAAM CLINIC

## West Parry Sound Rapid Access Addiction Medicine Clinic

The Rapid Access Addiction Medicine (RAAM) Clinic is a low-barrier, culturally safe clinic for individuals 16 years of age and older who are struggling with substance use concerns; or for friends and family seeking personal support around a loved one's substance use.

Although not required, referrals are helpful and appreciated. Walk-ins are welcome.



Start Date:  
Monday May 27, 2019



Mondays: 2 PM - 6 PM  
Thursdays: 8 AM - 12 PM



West Parry Sound Health  
Centre - Ambulatory Care  
6 Albert St., Parry Sound



Check-in at Admitting

For additional information, referral forms, patient hand-outs, and brochures, please contact us:



**705-375-9900**

or call:



**705-746-4264**

and ask for a RAAM counsellor



Canadian Mental  
Health Association

Addictions and  
Mental Health Services



West Parry Sound Health Centre

*Rural Nurse Practitioner-Led Clinic*



Canadian Mental  
Health Association

Addictions and  
Mental Health Services

West Parry Sound Health Centre

Rural Nurse Practitioner-Led Clinic

WPSHC  
CARES



Phone: 705-375-9900

West Parry Sound

Fax: 705-375-9905

RAAM (Rapid Access Addiction Medicine) Clinic

## Patient Handout

*Note: Calls and Referrals answered by Moose Deer Point Nurse Practitioner Led*

### What is the RAAM Clinic?

RAAM is a low-barrier, culturally safe clinic available by Walk-in or Referral. Although not required, referrals are helpful and appreciated. It is for individuals aged 16 or older, who are looking for help with their substance use. The providers (Nurse Practitioner or Physician), have experience treating people who are struggling with their drinking or substance use, and know how difficult it can be to ask for help.

Individuals are welcome to come to the clinic even if there is uncertainty as to whether the addiction is an issue or alternatively if it is a known issue and support is desired.

### Services Provided

- Care that is culturally competent
- Assess substance use concerns (includes multisubstance use) and concurrent mental health concerns
- Initiate pharmacotherapy if indicated: *Alcohol Use Disorders, Opioid Use Disorders*
- Anticraving medication for alcohol
- Suboxone induction and stabilization
- Provide harm reduction interventions and advice
- Provide solution-focused counselling
- Provide trauma-informed care
- Make appropriate links to community partners for addiction, psychosocial and social support services
- Transition clients back to their primary care provider when stable
- Help in connecting clients to a primary care provider if needed

### Services Not Provided

- Management of acute/severe withdrawal. Clients in severe withdrawal should call 911 or present to the emergency department
- Management of acute intoxication; for alcohol Client should have their last drink the night before
- Replacement of primary care services
- Long-term psychotherapy
- Management of acute psychiatric illness
- Diagnosis, treatment, or opioid prescriptions for chronic pain
- Safe injection site services



Canadian Mental  
Health Association  
*Learning • Policy • Support*

Addictions and  
Mental Health Services

West Parry Sound Health Centre

*Rural Nurse Practitioner-Led Clinic*

WPSHC  
CARES



Page 1 of 2

### Hours of Operation

- Monday: 2:00 pm-6:00 pm
- Thursday: 8:00 am- 12:00 pm

**\*New clients are encouraged to arrive at the beginning of the clinic\***

To access RAAM, arrive at the **Admitting Department, Main Floor (3<sup>rd</sup>), WPSHC between 1:45-5:30 pm Mondays and 7:45-11:30 am Thursdays.**

### What to Bring

- OHIP card
- List of medications, including prescribed and non-prescribed. Bring in the medication bottle if possible.
- Please bring a copy of your referral form if you have one.
- **Please feel free to bring support, for example a close family member or friend.** If you are feeling anxious or hesitant about coming to the RAAM clinic, a supportive person with you may help you feel less overwhelmed and alone.

### Please Call for an Appointment (705-375-9900)

While **Walk-in appointments are welcome**, pre-booking your appointment helps us to plan for your visit, as well as helps plan your transportation (if transportation is a barrier for you coming to our clinic).

**Note: Calls and Referrals answered by Moose Deer Point Nurse Practitioner Led Clinic**

### What to Expect

- Safe, comfortable, accessible meeting space
- Provide a urine sample for drug screening at each clinic visit
- Appointments with medical staff (Nurse Practitioner or Physician), and addictions counsellors
- Detailed history, explore substance use concerns and recovery
- Regularly scheduled clinic visits based on clinical progress

**We do not provide emergency medical services, or acute/severe withdrawal detox. If you are in severe withdrawal please visit the emergency department. Please do not present intoxicated. Have your last drink the night before.**

**If you require a residential (inpatient) withdrawal management service, here are some services you may contact:**

- Withdrawal Management Services of Health Sciences North: (705) 671-7366
- Royal Victoria Hospital Residential Withdrawal Management: (705) 728-4226
- North Bay Withdrawal Management Services: (705) 476-6240

We are Excited to announce YOUR LOCAL HEARING CLINIC  
RIGHT HERE IN WAHTA. Partnered with the Wahta Health and  
Social Services Department and for now, clinic will held out of  
Administration Office. First Clinic will be held March 26, 2019  
from 10 am-4:30 pm

Do you need HEARING TEST?

Do you have or need HEARING AIDS?

Do you need Custom Swim Plugs, Custom Noise Protection,  
Home Alerting Devices or anything to do you with your EARS?

# PLIMMER

## hearing centres

[www.plimmerhearing.com](http://www.plimmerhearing.com)

CALL TODAY TO RESERVE YOUR SPOT.

1 (833) 350-1165 or (647) 350-1165

[www.plimmerhearingcentres@hotmail.com](mailto:www.plimmerhearingcentres@hotmail.com)

(Ages 4 to 18 can have screen hearing tests)

(Ages 18+ can have hearing tests and hearing aid evaluations)

**WE'VE GOT YOU COVERED:**

ALL NIHB (Indian Affairs), ALL WSIB

(Workers Safety Insurance Board)

ALL ODSP, OW (Social Services), ALL DVA (Veterans Affairs) and

ALL Private Insurance

# IROQUOIS CRANBERRY GROWERS

## ORAL HISTORY PROJECT



This project aims to document and celebrate the history of the Iroquois Cranberry Growers and marsh, informed by the stories, knowledge and experiences of Wahta Mohawk community members.



## PROGRESS

- Consultation workshops in Fall 2017 & Winter 2018 involving Wahta elders, administration, and representatives
- Life story interviews with former Iroquois Cranberry Growers employees
- Compiled archives related to cranberry marsh



## NEXT STEPS

- Additional interviews and workshops with Wahta community members, including those involved with the Iroquois Cranberry Growers
- Collect additional documents (e.g., photos, newspaper articles) relating to the Iroquois Cranberry Growers
- Work with Wahta community to create a display that documents and tells the history of the Iroquois Cranberry Growers



## GET INVOLVED

- Take part in an interview or workshop to share stories, photographs and other symbols / objects that you associate with the cranberry marsh. You will receive a \$50.00 honorarium for each session
- Offer ideas on how to showcase the history of the Iroquois Cranberry Growers
- Contact Bryan if you're interested in working together on the project



## CONTACT

Bryan Grimwood, PhD  
Associate Professor  
Department of Recreation and Leisure Studies  
University of Waterloo  
Waterloo, ON, Canada N2L 3G1  
Tel: (519) 888-4567 ext. 32612  
bgrimwood@uwaterloo.ca

A Mohawk Council Resolution was passed July 26, 2017 in support of this research. The research has been reviewed and received ethics clearance from the University of Waterloo Research Ethics Committee (ORE #23054)



Social Sciences and Humanities  
Research Council of Canada

Conseil de recherches en  
sciences humaines du Canada

Canada



UNIVERSITY OF  
WATERLOO | FACULTY OF APPLIED  
HEALTH SCIENCES





## Do you have foot/knee/hip/low back pain?

If so, come visit Zach, the onsite pedorthist at the Wahta Health Hub.

Specializing in orthotics, footwear, compression socks and braces.

Booking new appointments for October 16<sup>th</sup> and November 6<sup>th</sup>, 2019

Please call the Health Hub at 705-762-1274 to book an appointment

Thank you!

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# DECAIRATIONS

**Time is running out only a month until the Christmas Season starts.**



Order one these Custom Christmas crates now to ensure you have it before the big day. Made with recycled skids/pallets. Three colour combos red with white letters, green with white letters or white with red letters. The dimensions of the crates are 24" x 13" x 7". \$35.00

Or 24" x 13" x 10" \$40.00

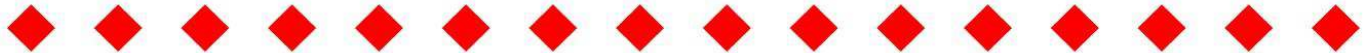
[Decairations@gmail.com](mailto:Decairations@gmail.com)

# Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.



Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact **Simon Sutherland** at 705-762-3343 x. 245 or by email at [simon.sutherland@wahtamohawks.ca](mailto:simon.sutherland@wahtamohawks.ca)



**Do you need support...someone to talk to?? Everyone needs support at one time or another.**

**Aboriginal Mental Health and Addictions Program (B'saanibaamaadsiwin)  
705-746-2512 24/7 Support Line**

This program is aimed at providing culturally appropriate support and treatment for Indigenous individuals, families, and community. Model of service is culturally relevant and community specific therapeutic interventions that are based on best practices.

Please contact Sherry for referral (ext. 250) or referrals for counselling and treatment can come through any source or self-referral throughout the districts of Muskoka and Parry Sound. Services can be accessed by calling the Parry Sound Office. People can be supported in community or go into their offices...whatever your preference may be.

If you would like an appointment with **Dr. Ed Connors** please call **Sherry Byrne** at 705-762-2354 ext. 250.

# Join our Newsletter Email List!

In an effort to help save paper and postage costs, we would like to email the newsletter to as many community members as possible. There are two ways to join the newsletter list.

1. Register at [www.wahtamohawks.com/member-registration](http://www.wahtamohawks.com/member-registration)
2. Email us at [info@wahtamohawks.com](mailto:info@wahtamohawks.com) and let us know you would like to have the newsletter emailed to you

## Why Switch to Email?

### Why should I opt in for Newsletters?

Help save on postage and paper! With over 300 newsletters sent out each month, it is a time consuming and costly procedure for staff. Electronic newsletters also make it easier to visit links provided for websites and contact information.

### When will I get the Newsletter?

You will receive the newsletter as soon as it is ready. You will not have to wait for it to be sent out in the mail.

### Do I need to be a member to receive the newsletter?

If you are the spouse or parent of a member of the community, please email us at [info@wahtamohawks.com](mailto:info@wahtamohawks.com), and let us know you would like to receive the newsletter.

### How else will my email address be used?

Your email address will not be shared with anyone and will only be used for newsletters and the occasional communication regarding community updates.

## The Good Food Box



The Good Food Box is a monthly box of assorted fresh fruits and vegetables. Bulk ordering of fresh, high-quality produce (mostly local and Ontario) offers a sizable discount to customers. Each box contains a monthly newsletter with health and dietary information along with produce information and recipes to prepare meals from the box of produce you receive.

Boxes can be purchased and picked up from the administration building.

Small boxes cost \$10.00 and large boxes cost \$15.00.

Boxes must be pre-ordered and paid for by the 7<sup>th</sup> of each month, and they are available for pick up on the fourth Tuesday of every month

The next scheduled pick up day is November 26<sup>th</sup>. There will be no Good Food Box in December.

They will resume in January 2020.

Please contact Christine or Kristan



# Contact Information

## Chief and Council

Chief Philip Franks	philip.franks@wahtamohawkscouncil.ca	705-528-9468
Councilor Blaine Commandant	blaine.commandant@wahtamohawkscouncil.ca	705-394-8699
Councilor Teresa Greasley	teresa.greasley@wahtamohawkscouncil.ca	705-644-9934
Councilor Lorie Strength-Fenton	lorie.fenton-strength@wahtamohawkscouncil.ca	705-774-2796
Councilor Lawrence Schell	lawrence.schell@wahtamohawkscouncil.ca	705-644-3001

## Administration

**705-762-2354**

Scott Aubichon	Lands and Resource Coordinator	Ext. 242
Sherry Byrne	Health Services	Ext. 250
Matthew Commandant	Housing Coordinator	Ext. 275
Joanne Contant	Chief Financial Officer	Ext. 227
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health and Social Assistant (CHC)	705-762-3343 ext. 201
Brittany DeCaire	Ontario Works Administrator	Ext. 240
Sara DeCaire	Cook/Custodian	N/A
Skye DeCaire	Receptionist	Ext. 221
Carol Holmes	Education Services Manager	Ext. 233
Murray Maracle	Senior Administrator	Ext. 231
Kim North	Finance Clerk	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Kristan Sahanatien	NNADAP	Ext. 241
Randell Sonmor	Director, Capital Assets	Ext. 224
Simon Sutherland	Edu. Assist./Employment & Training	Ext. 245
Cindy Thompson	Health Services Manager	Ext. 240
Samantha Walker	Executive Assistant/Librarian	Ext. 272

## Maintenance & Public Works

Berry Berwick	Public Works Supervisor	705-641-0722
Harry Byrne	Maintenance Supervisor	705-641-0833
Terry DeCaire	Maintenance	705-644-9862
Evan Holmes	Public Works	705-644-9884

*Please Feel Free to Call with any Questions or Concerns*

Administration Office Hours:

Monday through Thursday, 8:00 am-4:30 pm

Fridays 8:00 am-2:00 pm