

Orihwase'shón: 'a ne Wahta Rontenro Raotirihwá:ke

Tsothohrha - The Time of Cold



December 2019



THIS ISSUE

- ◆ Calendar of Events
- ◆ Chief/Council Update
- ◆ Minutes
- ◆ FYI & Notices
- ◆ Education & Training
- ◆ Health Services
- ◆ Cultural Centre Events

Public Council Meeting

There will be a Public Council Meeting on Tuesday, December 3rd at the Administration Building at 7:00PM

Draft Membership Code Consultation Meeting

On Saturday, December 7th at 10:00am, Falls Law will be in attendance to discuss the proposed draft code. Please join us for discussions on the code.

Attention Members:

The Administration Building will be closed for the Holidays beginning December 23rd, 2019, and will reopen on January 6th, 2020. Emergency contact numbers will be released during the month of December.

Notice

Please ensure your address is up to date so you are included in election related mailouts. Contact Karen to confirm

Are you thinking about building or renovating? Contact Karen or Matthew for help with the various Housing Programs, Subsidy Programs & Mortgage Programs that are available. 705-762-2354

karen.sahanatien@wahtamohawks.ca
matthew.commandant@wahtamohawks.ca



DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Church Service & Pot Luck 10:30AM	2	3 Public Council Meeting 7PM	4	5 Community Shopping 9AM	6	7 Draft Membership Code Consultation Meeting 10AM
8	9 Community Kitchen 11AM	10 Seniors Christmas Luncheon 11:30AM	11 Footcare/ Blood Pressure/ Dietician	12	13 Good Food Box Pick Up	14 Community Christmas Luncheon 11:30AM
15	16 Mindfulness 9AM	17	18	19	20	21
22	23 Office Closed	24 Office Closed	25 Office Closed	26 Office Closed	27 Office Closed	28
29	30 Office Closed	31 Office Closed	1 Office Closed	2 Office Closed	3 Office Closed	4

Council Update for December

Chief Philip Franks

Once again we are approaching the end of another year. As always there are many items on the burner for Council's consideration. The following will highlight some of the issues that Council has been dealing with since the last newsletter.

Citizenship There is a community meeting slated for December 7th. Council has distributed a draft of a citizenship code and this will be the item for discussion. To assist in presenting will be Jay Herbert. Jay can offer legal insights into why some items may be as prescribed in the revised Code. Other items are truly Wahta member issues, and will help define who is a member going forward. I urge everyone to attend, and also to take a few moments to write or email the office with any comments. Correspondence can be directed to the membership office, karen.sahanatien@wahtamohawks.ca.

By Law Enforcement Over the past few years there have been instances where there have been conflicts with trespass, not only general trespassing on Wahta Territory, but in areas of housing and real estate deals gone wrong. To assist with those, council introduced and enacted a by-law to deal with trespassing. This led to the follow up to that and how to enforce First Nation by laws. Our policing system is with the Ontario Provincial Police. Having inquired about OPP enforcing our laws we now understand this is a province wide issue with such enforcement. The OPP are questioning their ability to enforce such laws. I will be attending a meeting with AIAI Chiefs on November 21st, and those discussions will be happening to try and get some resolution to the problem. I will be emphasizing the urgency of having some resolution to these complex legal issues.

Law Making and Cannabis Council is comparing a number of different First Nation laws that have been created around the issue of growing or selling cannabis. The current laws about being licensed by Ontario and Canada or sellers are illegal and subject to arrest. Council is looking at how the development of a law regarding this would or could be implemented and if it will or can be enforced. This issue will still take some time to go through the process with our membership.

Housing Council is awaiting a final go ahead to begin work on the three duplexes that have been in the works for some time now. The inability to secure a general contractor this year and the cost factor has led council to put out tenders for modular home builds. Quotes are in and now we are looking at comparison of the specifications to ensure they meet our needs and requirements of Indigenous Services Canada. This significant capital project will go ahead in the spring given all details are worked out.

Along the same line I recently took part in a housing department meeting with a major bank to look at options for providing housing opportunities to our members. We understand to undertake a new build is a great task and many people do not have the capital to get started through a guaranteed mortgage, and all of the requirements from three levels of authority. One idea that could be explored by the community in the future might be for Wahta to build homes and put them up for sale, or rent to own arrangements. Clearly the systems we have now does not work for everyone.

Understanding Governance: I recently stated in this column my interest in finding a way to assist our members in understanding how Wahta governance works, and with the control we have, how we can maintain that based on our rights as Mohawk people. Council operates by policies that have been set forth to ensure accountability and fairness for the membership. Most of the path is directed by things such as the Indian Act. But to truly get an understanding of the big picture I would like to see a more

simplified way of explaining our political history and why we maintain our positions with Ontario and Canada. Having spoken with the deputy Grand Chief of AIAI back in August we agreed it would be beneficial because it is so important. Currently AIAI is assessing and measuring feedback from people on what they need to understand better amidst a quite complicated story. I hope we can begin introducing some better communication around this in the new year.

Youth Engagement Youth are the future of First Nations. Through the Association of Iroquois and Allied Indians we have opportunities to fund activities to assist young people to get involved in the issues of these times and to express their voice. Some communities have up and running youth councils who add their voice at community meetings and at Council. I believe this is very worthwhile in sustaining our future and look forward to implementing some of the activities that will help with this.

Health Transformation: Council continues to monitor the situation with the creation of Ontario Health Teams and how these changes could effect our health system. Most of the changes will be on how services for primary care, doctors and hospitals operate. Council is working diligently to ensure funding is not affected for seniors. In our area an Ontario Health Team for Muskoka is close to being a reality. Council will be meeting with leaders of that initiative to have our input and concerns put forward. I am hoping we can instil some ongoing affect into the protection of those services.

General Election: With Wahta's new election regulations, the process of election for Chief and Council is right around the corner. The process begins in January. Please read the Electoral Officers information in this newsletter, and it is a very different timetable to either run for office or to vote from a distance.

Projects Ongoing In partnership with our Administrative staff, the Community Trust, and various funding agencies, Council has approved or help develop a great number of ongoing projects. Good drinking water at the main building and public access to that water, hoping to decide on the best way to put good drinking water into every home next year, repairing and preserving our communities monument, installation of better internet systems at the administration buildings, business development board, the list goes on. It is my hope we will be able to publish a round up of all the projects, plans, and achievements for the membership early in the year.

Once again, anyone who wants more details or information on any items mentioned here or in this newsletter please don't hesitate to be in contact. You can find the contacts numbers listed in this newsletter. Niawen for reading.

Strange as it seems to me at this early date, this will be the last newsletter of the year. At this time on behalf of Councillors Commandant, Greasley, Schell, Strength-Fenton and myself I would like to wish everyone a safe and happy Christmas season, and all the best in the coming year.

2019 Council Weekly Meeting Summaries

Council Weekly Meeting Summary – Wed September 11, 2019

In Attendance:

☑Philip Franks ☑Lawrence Schell ☑Blaine Commandant ☑Teresa Greasley ☑Lorie Strength-Fenton

Agenda:

09.11.01 ISC Agreement Amendment #20 (For Signature) – Amendment of \$359 000 for tuition agreements, housing allocations and general renovations. Agreement signed.

09.11.02 ISC Agreement Amendment #14 (For Signature) - Amendment of \$13 293 and \$ 25 454 for various health initiatives, medical transportation, water testing, non insured health benefits. Agreement signed.

09.11.03 AIAI Indigenous Healing and Wellness Strategy Agreement (For Signature) – Provincial funding through AIAI for various programs Healthy babies, Community Wellness, Mental Health and HSAB Community Support. Agreement signed.

09.11.04 Kagita Mikam Board Appointment – see motion below.

09.11.05 Trust Application – Chiefs Monument Repairs – see motion below.

09.11.06 Trust Application – New Excavator – more information required on costs vs rental cost on an as needed basis.

09.11.07 Bala Legion – Request to Waive Tent Rental Fee – Fee waived on condition that the Bala Legion obtain their own insurance and sign a liability waiver.

09.11.08 Capital Asset Disposal – Silverado Truck – truck no longer operational see motion below.

09.11.09 Durham CAS Consent to Openness Order (For Signature) – Adoptive parents agree to apply for Wahta Mohawks membership on behalf of child as per the Child and Youth Family Services Act.

09.11.10 District of Muskoka – Request to Host Indigenous Awareness Training - Council agrees to host meeting, more information needed on the kind of awareness training being held and if it is culturally appropriate to the Mohawk history.

09.11.11 Trail Construction Approval – Amended Request – Member requesting partial access on band land. Request approved, it is a minor deviation from concession land.

09.11.12 Draft Letter for Discussion – Harvesting Rights – Letter has been approved to seek clarification on Wahta Mohawk rights of harvesting within the Province. The letter was sent to Indigenous Affairs Canada and Crown Indigenous Relations, no response yet.

09.11.13 Draft Letter for Discussion – Trust Broadband Tower Approval – Response letter approved discussing Internet Tower restrictions stipulated by the Trust. Chief and Council will not agree to restrictions on the use of the Tower, construction has begun.

09.11.14 Plow Truck Repairs – deferred, look at other repair quotes and leasing options.

09.11.15 Revised Draft Membership Code – Falls Law to draft plain language version of proposed membership code for distribution. Falls Law to attend next consultation meeting, date to be announced.

Motions:

09.11.04 – Motion to appoint Carol Holmes to the Kagita Mikam Aboriginal Employment & Training Board of Directors. Carried by consensus.

09.11.05 – Motion to approve the application to the Wahta Mohawks Trust for repairs to the Chiefs Monument submitted by Senior Administration. Carried by consensus.

09.11.08 – Motion to approve the disposal of a Silverado Truck that is no longer operational as per the Capital Assets Disposal policy. Carried by consensus.

Next Meeting: Sept 18, 2019

Update: September 18 and 25 meetings cancelled.

Council Weekly Meeting Summary – Friday September 27, 2019

In Attendance:

☑Philip Franks ☑Lawrence Schell ☑Blaine Commandant ☑Teresa Greasley ☑Lorie Strength-Fenton

Board of Directors Discussion– Cherie Brant attended and discussed the General Partner Entity that protects businesses from liability. This is a collective responsibility to members as they are the shareholder. A shareholder declaration must be drafted that outlines the Boards responsibilities and terms of reference. Strategic priorities must also be discussed that will outline what the Board shall focus on. One more Board member is needed, posting will go in the newsletter.

October 2019 Community Meeting Minutes

Wahta Mohawks Community Meeting Minutes

Date: Tuesday October 1, 2019

- I. **Present:** Chief Philip Franks, Councillor Blaine Commandant, Councillor Teresa Greasley, Councillor Strength-Fenton. Regrets Councillor Lawrence Schell.
- II. **Call to Order:** The meeting was called to order at 7:06 pm.
- III. **Adoption of the Agenda:** Moved by Councillor Commandant, Seconded by Councillor Greasley. Carried.
- IV. **Adoption of Minutes of September 3, 2019:** Moved by Councillor Commandant, Seconded by Councillor Strength-Fenton. Carried.
- V. **Actions Arising from Minutes:**
Guard rails are now installed. The Mayor of Oka apologized for his comments regarding the land issues within Kanesatake.
- VI. **New Business:**
 - **Health Budgets Approval** – Health and Social budgets have been approved. There will be an RN Nurse position hired for secondary health and home care needs. This will include assessments, surgery aftercare, check ups etc. This position is not related to the Health Hub but will be an additional service to community members.
 - **Ontario Health Team** – Ontario is dismantling the LHIN (Local Health Integrated Networks). A new body will be set up locally to form Ontario Health Teams, they are required to consult with First Nation communities which to date has not been satisfactory. More work is needed to ensure other funding such as AIAI dollars are not redirected away from the best interests of First Nation communities. A meeting is scheduled to discuss further consultation and how funding will be directed appropriately.
 - **Kagita Mikam Board** – Carol Holmes has been approved to join the Board. This Board helps to manage funding for employment and training services.
 - **Bala Legion Tent Loan** – The Bala Legion has requested a tent rental donation; this has been granted by council. The Bala Legion must provide their own insurance, a waiver will be signed, they must also set it up themselves.
 - **AIAI Youth Council** – The representative is Brooke Temple. Funding of \$25 000 will be provided to each community to build capacity for youth to be involved in political

areas of concern, training etc.

- **ATR** – Monthly meetings are taking place for completion of the Additions to Reserve, the process is slow. Environmental assessments need to be redone, Hydro One and Bell permits needed. Permits also need to be drafted for the snowmobile club, Sandy Grey and Roderick Lake permits. Shore road allowances and hunt camp assessments also required. Numerous activities are ongoing, but the process will likely take another 2 years.

VII. Old Business/ Follow-up:

- **Hunting & Fishing** - A letter was sent to the Province and Federal agencies outlining our concerns about the inconsistent position of the Province. We believe our rights are based on the 1701 treaty area. No fulsome response has been received to date.
- **Development Board Update** – The purpose of the Board is to oversee any sustainable income through business activities. A meeting was held with the lawyer last week to discuss the governing documents and how the council will work effectively with the Board. The next step is to set priorities for areas of growth that the Board can start developing.

VIII. September Motion Summary:

09.11.04 – Motion to appoint Carol Holmes to the Kagita Mikam Aboriginal Employment & Training Board of Directors. Carried by consensus.

09.11.05 – Motion to approve the application to the Wahta Mohawks Trust for repairs to the Chiefs Monument submitted by Senior Administration. Carried by consensus.

09.11.08 – Motion to approve the disposal of a Silverado Truck that is no longer operational as per the Capital Assets Disposal policy. Carried by consensus.

IX. Questions/Comments:

Councillor Commandant asked if anyone knows who originally made the monument. No one knew but it could be in archives.

X. Next Meeting Date: December 3, 2019

XI. Adjournment

XII. Closing

Draft Membership Code Consultation Meeting

Saturday December 7, 2019 – 10:00am

After lengthy consultation there is now a draft membership code for discussion that was mailed to you in October. This proposed code focuses on lineage rather than blood quantum. It also addresses membership transfers, residency and enfranchisement.

On Saturday, December 7th, Falls Law will be in attendance to discuss the proposed draft code. Please join us for discussions on the code and how it can be applied or changed in a way that best suits the needs of the Wahta membership as a whole. Light breakfast will be available.

Copies of the code can be obtained at the Band Office or downloaded at www.wahtamohawks.com/citizenship (login required). We hope to see you there!

Call for Potential Development Corporation Directors

We are looking for additional people who would be interested in sitting on a Board of Directors for our Development Corporation.

We are especially looking for members with business, accounting, or legal expertise.

If you are interested, please contact Murray Maracle at 705 762 2354 ext. 231 or email at: murray.maracle@wahtamohawks.ca

Community Engagement Survey

We are inviting all Wahta Mohawk members, along with their spouses and any children over the age of 13, to share their insights with us as we seek to better understand how we might further improve our programs, services and community infrastructure.

A third party has created an online survey to capture your feedback:

<https://www.surveymonkey.com/r/wahtacommunity>

The survey is quite comprehensive and takes about 20 minutes to complete. No identifying information will be collected and everything that you share will be remain entirely anonymous. We encourage you to be honest about your personal experiences and provide us with as much feedback as you can!

All of your insights will be compiled by the third party and shared back with the Administration to help inform the strategic plan for the new year.

The survey will be available online until December 16th. For those individuals who may not have online access, we invite you to stop into the Administration Office during the same time period. There will be a private area with iPads set up for those who wish to complete the survey in-person; as well as a limited number of paper copies reserved for those with accessibility needs. Skye and Sam will be available to help.

If you have any questions or concerns, please do not hesitate to reach out.



Wahta Mohawks

2664 Muskoka Road 38, Wahta
Box 260, Bala, Ontario,
Canada, P0C 1A0
Phone 705-762-2354
Fax 705-762-2376
www.wahtamohawks.ca

NOTICE OF ELECTION

2019.11.15

Notice of Nomination

Nominations for the positions on Chief and Council will take place on Saturday, January 18, 2020 at 2664 Muskoka Road 38 on Wahta Mohawk Territory between the hours of 14h00 and 18h00 local time. If more than one nomination for a position is received, there will be a poll. Eligibility for Nominators and Nominees are contained in the Wahta Mohawks Election Rules and Regulations.

Qualifying Candidates Forum

In accordance with the Wahta Mohawks Election Rules and Regulations, a Qualifying Candidates Forum will be held on Saturday, February 15, 2020 at 2664 Muskoka Road 38 on Wahta Mohawk Territory between the hours of 10h00 and 12h00 local time. All Candidates must attend this meeting.

Mail-In-Ballot Request

If an Elector wishes, they may request a Mail-In-Ballot package by completing a Mail-In-Ballot Request Form and returning the Form to the Electoral Officer at Wahta Mohawks. A Mail-In-Ballot Request Form package with instructions will be mailed to all Electors.

Notice of Poll

In accordance with the Wahta Mohawks Election Rules and Regulations, if more than one Nominee is nominated for a position of Chief and more than four are nominated for the position of Councilor, a Poll will be conducted for the positions on Saturday, March 21, 2020 at 2664 Muskoka Road 38 on Wahta Mohawk Territory between the hours of 09h00 and 19h00 local time.

The Election process will follow the Wahta Mohawks Election Rules and Regulations approved by Show-of-hands vote on 2019.10.05.

Photo identification is required for all Electors, without exception.

For more information please call Matthew Commandant, Assistant Electoral Officer or Kelly Maracle, Electoral Officer as noted below.

For more information about the election, please contact:

Kelly Maracle
Electoral Officer
831 Lower Slash Road
Deseronto, ON
K0K 1X0

613-920-1676
Kelly@m-powerconsulting.ca

Matthew Commandant
Assistant Electoral Officer
2664 Muskoka Rd. 38, Wahta
Box 260, Bala, ON
POC 1A0

705-762-2354 Ext. 275
Matthew.commandant@wahtamohawks.ca

Snow Removal for Driveways

Dear Homeowner:

Once again this winter season, Wahta Mohawks will be providing snow removal on **SENIOR** (65 years plus) or **DISABLED** household driveways for the time period November 15th, 2019 to April 15th, 2020. To assist with the planning with this years' service, we are asking that this form be completed and returned as soon as possible. We are pleased to advise that this service will continue free of charge for our senior and disabled residences.

If you would like to have this service for the winter season 2019/2020, please fill out the information below and deliver or mail it to the administration office. Only those who have completed and signed the form will receive this service. There will be no "as needed" service available.

Homeowner _____

Address: _____

It is the responsibility of the homeowner to ensure all objects are removed or marked clearly along the driveway area. All items should be at least 3 metres (10ft) from the snow removal area. Wahta Mohawks is not responsible for any damages under any circumstances and if damages do occur, no compensation will be paid. This service is provided at your own risk.

Senior or disabled community members must fill out this form and return to the administration office.

Signature: _____

Date: _____

Maintenance & Public Works Update

Landfill Site Christmas Hours

The Landfill site will be closed December 25th 2019, and January 1st, 2020. There will be regular hours on Saturday December 28th, 2019 and Saturday January 4th, 2020.

Solid Waste Study

The Solid Waste Study is continuing. We will be sampling the water from the test wells in early spring and that will wrap up the study. The consultant continues to assess our options and should have an interim report mid-December. In late November, the Maintenance & Public staff visited Waste Connections Bracebridge facility to learn more about how our recyclables are collected and handled.

Community Water Study

Work continues on the removal of the do not consume order for the Community Center/Administration Office. Once this work is done, the water at the facility will be safe to drink. There will also be a bottle filling station outside the building to provide the community with safe water. So far, the indications are that individual wells and septic systems may be the route the community goes for water supply. We are looking at individual treatment options so the quality of members of water is improved. We drilled two test wells in November as part of the assessment and will have results after Christmas. These wells were drilled in a location that they are available for future use.

DECK THE HALLS WITH FIRE SAFETY!

Decorate your home with these **Fire Safety Tips** throughout the holidays.

- Cooking** is the leading cause of fires during the holidays. **Always stay in the kitchen while cooking!**
- Keep **candles** in a **sturdy holder** away from children, pets and anything that can burn. **Blow them out** before leaving the room.
- Smoking** is the leading cause of fatal fires during the holidays. Butt out cigarettes in **large, deep ashtrays**.
- Alcohol** is a factor in approximately one in five fatal fires during the holidays. **Drink responsibly.**

YOU Need To Be Responsible For Your Family's Fire Safety!

Fire Moves FASTER Than You!

- Install **smoke** and **carbon monoxide alarms** in your home. **Test them every month.**
- Practice a **home fire escape plan** so **everyone** in your home knows what to do when the smoke and carbon monoxide alarms sound in an emergency.

 **Wahta Mohawks**

Office of the Fire Marshal and Emergency Management
ontario.ca/firemarshal

Gravel Delivery Notice

Following the purchase of each gravel order, members are now requested to call Sahanatien Haulage to provide delivery instructions. Their number is 705 762 5346.



We have some remaining cranberry juice available for free to community members.

Contact Harry Byrne at 705-641-0833 for more information, and to arrange pick up.



GET YOUR WATER TESTED

The best time to sample your well water is when the probability of contamination is greatest. This is likely to be in early spring just after the thaw, after an extended dry spell, following heavy rains or after lengthy periods of non-use. If you live on the Territory and would like your water to be tested, please contact Evan Holmes at 705-644-9884.

Lot for Sale

Lot 5-2, Concession 5 (23.40 Acres)

Please call Teresa DeCaire
at 778-587-3784 for more information

Land for Sale

- Two 2 acre lots off Wahta Road 2
- Three lots off Muskoka Road 38

For more information, please call
705-644-4227

Seeking a Graphic Designer!

Wahta Mohawks is seeking expressions of interest from Graphic Designers for community projects. Working in concert with the Education Department this individual would be tasked with planning and hosting sessions for selected youth, sharing with them the fundamentals of graphic design.

For more information on this exciting opportunity please contact Simon Sutherland at simon.sutherland@wahtamohawks.ca or 705-762-2354 ext. 245

Resource Teachers Needed!

Wahta Mohawks is currently seeking members interested in sharing their traditional knowledge and/or language in teaching sessions with young people. If you are interested in sharing your knowledge, or would like more information about this opportunity, please contact Simon Sutherland at simon.sutherland@wahtamohawks.ca or at 705-762-2385 ext. 245.

Happy
Holidays!

**Happy Holidays from
the Education
Department!**

Here in the Education Department, Carol and Simon, have had the privilege of working with children and their families throughout the year and wanted to take this time to reflect on all of the successes we have had this year and to wish everyone a safe and restful Holiday season filled with happiness and togetherness. See you all in the New Year!

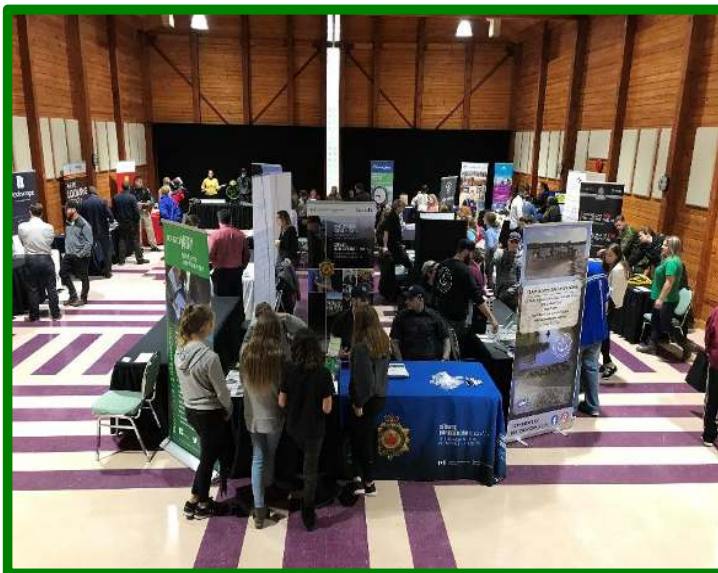


2019 Wahta Mohawks Career Fair



The Wahta Mohawks Education, Employment and Training, and Social Services teams hosted a Career Fair on November 21st at the Administration Building. We had over 30 booths and the opportunity to participate in Pre-Employment Skills Development workshops.

The event was attended by over 130 students from Glen Orchard Public School, Gravenhurst High School and Bracebridge Muskoka Lakes Secondary School as well as by community members! This event was an excellent chance to showcase Wahta Mohawks and to expand attendees thinking on what career opportunities are available in the region and beyond!





Student Bursary Business Educational Award

The Waubetek Business Development Corporation student bursary fund was launched in 2003 to assist Aboriginal post-secondary students. This bursary is intended to aid the Aboriginal student enrolled in a Business, Accounting or Economic Development related program.

To be eligible:
the application and
supporting documents
are to be received by the
**Waubetek Business
Development Corporation**
by 4:30 p.m. EST on January 31, 2020.



2019 Student Bursary Recipients:
Ruby Panamick, Quinn Meawasige, Michael Cimino, Conrad
Naponse, Bryanna Ominika-Jackson, and Zonya Jacobs

Completed application
package **MUST** contain:

- **FULLY** completed application form
- **COPY** of your most recent transcripts
- **LETTER** of support from a Professor or Instructor, or from an Aboriginal owned business.
- **300 word** Essay on Economic Development
- Head shot photo
- Certificate of Indian Status card

For more information or help with your
application contact Simon at
simon.sutherland@wahtamohawks.ca or
705 762 2354 ext. 245

APPLICATION DOWNLOAD AT:
waubetek.com/CommunityDevelopment

THREE (3) WAYS TO SUBMIT YOUR APPLICATION AND SUPPORTING DOCUMENTS

1. EMAIL: waubetek@waubetek.com
2. COURIER
3. MAIL: Waubetek Business Development Corporation, c/o Youth Committee
PO Box 209, 6 Rainbow Valley Rd, Birch Island, Ontario P0P 1A0
Subject line: Waubetek Student Bursary



WAUBETEK
Business Development Corporation
Investing in the Aboriginal Business Spirit
A Community Futures Development Corporation



Health & Social Services Events

Community Shopping Thursday, December 5th Barrie, Mall Kelsey's Walmart
Leaving at 9am Contact Christine

Community Kitchen Monday, December 9th 11-1 Contact Christine

Seniors Christmas Luncheon Tuesday, December 10th 11:30-1

Footcare/Blood Pressure/Dietician Wednesday, December 11th Please come and celebrate Esther's last morning with us!! Drop in and wish her well!!! Contact Christine

Good Food Box Pick Up Friday, December 13th 12:30-2

Community Christmas Luncheon Saturday, December 14th, 11:30-1

Mindfulness Monday, December 16th, January 13th & 27th, 9am

Upcoming Events

Lunch with Brad January 2020, please call Sherry for more information

Community Shopping Thursday January 8th Barrie, Mall, Food Court, Walmart –
Weather dependant

Quill Box Making – Jan 20, 21, 22 and 23, 9-4. Limited Space, Sign up with Kristan or Sherry.

SafeTalk Training (suicide prevention training) January 24th. Call Kristan to register ext. 241

Ongoing

AA Meetings – Parry Sound Friendship Centre, Sundays at 10am

NA Meetings – Parry Sound Friendship Centre, Monday and Fridays at 6:30pm

If you would like to attend, but transportation is an issue, please contact Kristan, 705 762 2354 ext. 241.

Senior's Christmas Luncheon

11:30am-1pm

Tuesday, December 10th

(seniors 65+)

If you are attending *please note an angel tree form must be filled out *there is no monetary requirement.

Community Christmas Luncheon

Saturday, December 14th

11:30am-1:00pm

If you are bringing a child (sixteen and under) *please note an angel tree form must be filled out *there is no monetary requirement.

Also if you are interested in sponsoring an angel \$25 unwrapped gift, please contact Christine at ext 273. (Angels are available for both children and seniors (for the seniors Christmas Luncheon))

We look forward to seeing you there!!

Angel Form

Child

Please fill out the below information to have your child added to the tree. This is how the child will receive a Christmas gift this year. The monetary value will be \$25. If there is something they need please mention it below. As well as any other information you feel is appropriate. Please note that the child's name will remain confidential.

1. Name

2. Age

3. Boy Girl

4. Size

5. Needs

6. Interests

Other information:

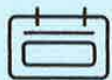


RAAM CLINIC

West Parry Sound Rapid Access Addiction Medicine Clinic

The Rapid Access Addiction Medicine (RAAM) Clinic is a low-barrier, culturally safe clinic for individuals 16 years of age and older who are struggling with substance use concerns; or for friends and family seeking personal support around a loved one's substance use.

Although not required, referrals are helpful and appreciated. Walk-ins are welcome.



Start Date:
Monday May 27, 2019



Mondays: 2 PM - 6 PM
Thursdays: 8 AM - 12 PM



West Parry Sound Health
Centre - Ambulatory Care
6 Albert St., Parry Sound



Check-in at Admitting

For additional information, referral forms, patient hand-outs, and brochures, please contact us:



705-375-9900

or call:



705-746-4264

and ask for a RAAM counsellor



Canadian Mental
Health Association
Maanishk - Parry Sound

Addictions and
Mental Health Services



West Parry Sound Health Centre

Rural Nurse Practitioner-Led Clinic



Canadian Mental
Health Association

Addictions and
Mental Health Services

West Parry Sound Health Centre

Rural Nurse Practitioner-Led Clinic

WPSHC
CARES



Phone: 705-375-9900

West Parry Sound

Fax: 705-375-9905

RAAM (Rapid Access Addiction Medicine) Clinic

Patient Handout

Note: Calls and Referrals answered by Moose Deer Point Nurse Practitioner Led

What is the RAAM Clinic?

RAAM is a low-barrier, culturally safe clinic available by Walk-in or Referral. Although not required, referrals are helpful and appreciated. It is for individuals aged 16 or older, who are looking for help with their substance use. The providers (Nurse Practitioner or Physician), have experience treating people who are struggling with their drinking or substance use, and know how difficult it can be to ask for help.

Individuals are welcome to come to the clinic even if there is uncertainty as to whether the addiction is an issue or alternatively if it is a known issue and support is desired.

Services Provided

- Care that is culturally competent
- Assess substance use concerns (includes multisubstance use) and concurrent mental health concerns
- Initiate pharmacotherapy if indicated: *Alcohol Use Disorders, Opioid Use Disorders*
- Anticraving medication for alcohol
- Suboxone induction and stabilization
- Provide harm reduction interventions and advice
- Provide solution-focused counselling
- Provide trauma-informed care
- Make appropriate links to community partners for addiction, psychosocial and social support services
- Transition clients back to their primary care provider when stable
- Help in connecting clients to a primary care provider if needed

Services Not Provided

- Management of acute/severe withdrawal. Clients in severe withdrawal should call 911 or present to the emergency department
- Management of acute intoxication; for alcohol Client should have their last drink the night before
- Replacement of primary care services
- Long-term psychotherapy
- Management of acute psychiatric illness
- Diagnosis, treatment, or opioid prescriptions for chronic pain
- Safe injection site services



Canadian Mental
Health Association
Learning • Policy • Support

Addictions and
Mental Health Services

West Parry Sound Health Centre

Rural Nurse Practitioner-Led Clinic

WPSHC
CARES



Page 1 of 2

Hours of Operation

- Monday: 2:00 pm-6:00 pm
- Thursday: 8:00 am- 12:00 pm

New clients are encouraged to arrive at the beginning of the clinic

To access RAAM, arrive at the **Admitting Department, Main Floor (3rd), WPSHC between 1:45-5:30 pm Mondays and 7:45-11:30 am Thursdays.**

What to Bring

- OHIP card
- List of medications, including prescribed and non-prescribed. Bring in the medication bottle if possible.
- Please bring a copy of your referral form if you have one.
- **Please feel free to bring support, for example a close family member or friend.** If you are feeling anxious or hesitant about coming to the RAAM clinic, a supportive person with you may help you feel less overwhelmed and alone.

Please Call for an Appointment (705-375-9900)

While **Walk-in appointments are welcome**, pre-booking your appointment helps us to plan for your visit, as well as helps plan your transportation (if transportation is a barrier for you coming to our clinic).

Note: Calls and Referrals answered by Moose Deer Point Nurse Practitioner Led Clinic

What to Expect

- Safe, comfortable, accessible meeting space
- Provide a urine sample for drug screening at each clinic visit
- Appointments with medical staff (Nurse Practitioner or Physician), and addictions counsellors
- Detailed history, explore substance use concerns and recovery
- Regularly scheduled clinic visits based on clinical progress

We do not provide emergency medical services, or acute/severe withdrawal detox. If you are in severe withdrawal please visit the emergency department. Please do not present intoxicated. Have your last drink the night before.

If you require a residential (inpatient) withdrawal management service, here are some services you may contact:

- Withdrawal Management Services of Health Sciences North: (705) 671-7366
- Royal Victoria Hospital Residential Withdrawal Management: (705) 728-4226
- North Bay Withdrawal Management Services: (705) 476-6240

We are Excited to announce YOUR LOCAL HEARING CLINIC
RIGHT HERE IN WAHTA. Partnered with the Wahta Health and
Social Services Department and for now, clinic will held out of
Administration Office. First Clinic will be held March 26, 2019
from 10 am-4:30 pm

Do you need HEARING TEST?

Do you have or need HEARING AIDS?

Do you need Custom Swim Plugs, Custom Noise Protection,
Home Alerting Devices or anything to do you with your EARS?

PLIMMER

hearing centres

www.plimmerhearing.com

CALL TODAY TO RESERVE YOUR SPOT.

1 (833) 350-1165 or (647) 350-1165

www.plimmerhearingcentres@hotmail.com

(Ages 4 to 18 can have screen hearing tests)

(Ages 18+ can have hearing tests and hearing aid evaluations)

WE'VE GOT YOU COVERED:

ALL NIHB (Indian Affairs), ALL WSIB

(Workers Safety Insurance Board)

ALL ODSP, OW (Social Services), ALL DVA (Veterans Affairs) and

ALL Private Insurance

IROQUOIS CRANBERRY GROWERS

ORAL HISTORY PROJECT



This project aims to document and celebrate the history of the Iroquois Cranberry Growers and marsh, informed by the stories, knowledge and experiences of Wahta Mohawk community members.



PROGRESS

- Consultation workshops in Fall 2017 & Winter 2018 involving Wahta elders, administration, and representatives
- Life story interviews with former Iroquois Cranberry Growers employees
- Compiled archives related to cranberry marsh



NEXT STEPS

- Additional interviews and workshops with Wahta community members, including those involved with the Iroquois Cranberry Growers
- Collect additional documents (e.g., photos, newspaper articles) relating to the Iroquois Cranberry Growers
- Work with Wahta community to create a display that documents and tells the history of the Iroquois Cranberry Growers



GET INVOLVED

- Take part in an interview or workshop to share stories, photographs and other symbols / objects that you associate with the cranberry marsh. You will receive a \$50.00 honorarium for each session
- Offer ideas on how to showcase the history of the Iroquois Cranberry Growers
- Contact Bryan if you're interested in working together on the project



CONTACT

Bryan Grimwood, PhD
Associate Professor
Department of Recreation and Leisure Studies
University of Waterloo
Waterloo, ON, Canada N2L 3G1
Tel: (519) 888-4567 ext. 32612
bgrimwood@uwaterloo.ca

A Mohawk Council Resolution was passed July 26, 2017 in support of this research. The research has been reviewed and received ethics clearance from the University of Waterloo Research Ethics Committee (ORE #23054)



Social Sciences and Humanities
Research Council of Canada

Conseil de recherches en
sciences humaines du Canada

Canada



UNIVERSITY OF
WATERLOO | FACULTY OF APPLIED
HEALTH SCIENCES



*Happy Holidays and Best Wishes in the
New Year!*

*From Chief, Council and the
Wahta Mohawks Staff*

DECAIRATIONS

Time is running out only a month until the Christmas Season starts.



Order one these Custom Christmas crates now to ensure you have it before the big day. Made with recycled skids/pallets. Three colour combos red with white letters, green with white letters or white with red letters. The dimensions of the crates are 24" x 13 "x 7". \$35.00

Or 24"x 13 x 10" \$40.00

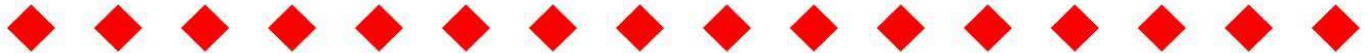
Decairations@gmail.com

Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.



Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact **Simon Sutherland** at 705-762-3343 x. 245 or by email at simon.sutherland@wahtamohawks.ca



Do you need support...someone to talk to?? Everyone needs support at one time or another.

**Aboriginal Mental Health and Addictions Program (B'saanibaamaadsiwin)
705-746-2512 24/7 Support Line**

This program is aimed at providing culturally appropriate support and treatment for Indigenous individuals, families, and community. Model of service is culturally relevant and community specific therapeutic interventions that are based on best practices.

Please contact Sherry for referral (ext. 250) or referrals for counselling and treatment can come through any source or self-referral throughout the districts of Muskoka and Parry Sound. Services can be accessed by calling the Parry Sound Office. People can be supported in community or go into their offices...whatever your preference may be.

If you would like an appointment with **Dr. Ed Connors** please call **Sherry Byrne** at 705-762-2354 ext. 250.

Join our Newsletter Email List!

In an effort to help save paper and postage costs, we would like to email the newsletter to as many community members as possible. There are two ways to join the newsletter list.

1. Register at www.wahtamohawks.com/member-registration
2. Email us at info@wahtamohawks.com and let us know you would like to have the newsletter emailed to you

Why Switch to Email?

Why should I opt in for Newsletters?

Help save on postage and paper! With over 300 newsletters sent out each month, it is a time consuming and costly procedure for staff. Electronic newsletters also make it easier to visit links provided for websites and contact information.

When will I get the Newsletter?

You will receive the newsletter as soon as it is ready. You will not have to wait for it to be sent out in the mail.

Do I need to be a member to receive the newsletter?

If you are the spouse or parent of a member of the community, please email us at info@wahtamohawks.com, and let us know you would like to receive the newsletter.

How else will my email address be used?

Your email address will not be shared with anyone and will only be used for newsletters and the occasional communication regarding community updates.

The Good Food Box



The Good Food Box is a monthly box of assorted fresh fruits and vegetables. Bulk ordering of fresh, high-quality produce (mostly local and Ontario) offers a sizable discount to customers. Each box contains a monthly newsletter with health and dietary information along with produce information and recipes to prepare meals from the box of produce you receive.

Boxes can be purchased and picked up from the administration building.

Small boxes cost \$10.00 and large boxes cost \$15.00.

Boxes must be pre-ordered and paid for by the 7th of each month, and they are available for pick up on the fourth Tuesday of every month

Please contact Christine or Kristan

Contact Information

Chief and Council

Chief Philip Franks	philip.franks@wahtamohawksCouncil.ca	705-528-9468
Councilor Blaine Commandant	blaine.commandant@wahtamohawksCouncil.ca	705-394-8699
Councilor Teresa Greasley	teresa.greasley@wahtamohawksCouncil.ca	705-644-9934
Councilor Lorie Strength-Fenton	lorie.fenton-strength@wahtamohawksCouncil.ca	705-774-2796
Councilor Lawrence Schell	lawrence.schell@wahtamohawksCouncil.ca	705-644-3001

Administration

705-762-2354

Scott Aubichon	Lands and Resource Coordinator	Ext. 242
Patricia Benson	Family Well-Being Worker	705-762-3343
Sherry Byrne	Health Services	Ext. 250
Matthew Commandant	Housing Coordinator	Ext. 275
Joanne Contant	Chief Financial Officer	Ext. 227
Christine Cox	Health Services Family Violence	Ext. 273
Amy Davidson	Health and Social Assistant (CHC)	705-762-3343
Rubecka Davidson	Family Well-Being Coordinator	705-762-3343
Brittany DeCaire	Ontario Works Administrator	Ext. 240
Sara DeCaire	Cook/Custodian	N/A
Skye DeCaire	Receptionist	Ext. 221
Carol Holmes	Education Services Manager	Ext. 233
Murray Maracle	Senior Administrator	Ext. 231
Danielle Neelands	Family Well-Being Worker	705-762-3343
Kim North	Finance Clerk	Ext. 237
Karen Sahanatien	Lands and Housing Clerk	Ext. 222
Kristan Sahanatien	NNADAP	Ext. 241
Randell Sonmor	Director, Capital Assets	Ext. 224
Simon Sutherland	Edu. Assist./Employment & Training	Ext. 245
Cindy Thompson	Health Services Manager	705-762-3343
Samantha Walker	Executive Assistant/Librarian	Ext. 272

Maintenance & Public Works

Berry Berwick	Public Works Supervisor	705-641-0722
Harry Byrne	Maintenance Supervisor	705-641-0833
Terry DeCaire	Maintenance	705-644-9862
Evan Holmes	Public Works	705-644-9884

Please Feel Free to Call with any Questions or Concerns

Administration Office Hours:

Monday through Thursday, 8:00 am-4:30 pm

Fridays 8:00 am-2:00 pm



P.O. Box 260
Bala, On. P0C 1A0
705-762-2354 phone
705-762-2376 fax
www.wahtamohawks.com