

Orihwase'shón: 'a ne Wahta Rontenro Raotirihwá:ke

Seskeha - The Time of Freshness



August 2021



THIS ISSUE

- ◆ Calendar of Events
- ◆ Chief/Council Update
- ◆ Minutes
- ◆ FYI & Notices
- ◆ Education & Training
- ◆ Health & Social Services

Virtual Public Council Meeting

There will be a virtual Public Council Meeting on **Tuesday August 31st, 2021 at 7:00PM**. The meeting will be hosted on **Zoom**. Please **REGISTER**

in advance at the following link:

https://zoom.us/join/zoom/register/tJlscuCqrDgvGd0wJ-qhFW1lHU_P8PO4gu3m

See inside for more information on how to use Zoom and join the meeting.

Community Buildings Closed

The Administration Building, Cultural Healing Centre, and Gym are closed for the time being in order to help prevent the spread of COVID-19. We will continue to reassess the situation and reopen when it is safe to do so.

You will find updates on the [website](#) and [Facebook](#) page. The Landfill will remain open during its normal schedule.

If you have any questions about the status of the closures, please call 705-762-2354.

Are you thinking about building or renovating? Contact Karen or Matthew for help with the various Housing Programs, Subsidy Programs & Mortgage Programs that are available. 705-762-2354

karen.sahanatien@wahtamohawks.ca
matthew.commandant@wahtamohawks.ca



Chief and Council Update

Chief Philip Franks

As time goes on, certainly more grave sites will be detected at former residential schools. The search has only begun. Closest to us, the Mohawk Institute, will be examined by a commission headed up by Six Nations with their police force having entered into a crime investigation along with other police counterparts, the coroner's office, and survivors. Although hurt and sadness were opened up amongst Indigenous people in Canada once again, we can take heart in the fact that so many more Canadians are now aware of their history. As you may be aware, the government recently passed legislation to make **September 30th** a federal statutory holiday called the National Day for Truth and Reconciliation. At this time the act has not received final assent but it certainly is a step forward.

We will be releasing a set of policies in early August on our website that focus on how your elected officials conduct themselves and clarify roles and responsibilities. Formalizing these policies will assist the membership in knowing what they can expect. They will also serve to assist new Council members in the future to understand the roles of Council. While this work is not new, it is built from the experiences of Council and those that have gone before.

Council is now focusing on doing extensive consultation on land usage on the territory to help lay guidance for the future. It is expected to identify how we will use not only the lands coming back to reserve status, but the existing common lands on Wahta. The study should give consideration to the environment, the people, and the economy. Council is also going to look at legal aspects regarding powers of a Certificate of Possession held by individuals and how the rights of communal good plays into the grand scheme of things.

Council will soon be reviving the work that was stalled by the pandemic in the area of citizenship and residency. A newer version of citizenship code is in a draft form. The residency section was dropped in order to create a new residency code for non-members of Wahta. We expect to hold talks with the membership on how this new code will look.

Council recently approved the annual audit for Wahta Mohawks and this was submitted to Indigenous Services Canada. Once again, as has always been the case, the audit was given an unqualified approval meaning there were no major issues to be concerned with by the independent auditing firm. Overall, we stand in a very strong fiscal position meaning that if we for some reason had to pay off all of our liabilities, we could very easily do so.

While we do hold weekly meetings with our Senior Administrator on some administrative issues that Council is charged to monitor, the focus for the next while will remain on working with governance issues. We certainly look forward to your input on the many aspects we will touch on.

Please continue to practice safety and stay well during the remainder of the summer.

Nia:wen for reading.



Wahta Mohawks Council Meeting Minutes

Date: Wed June 23rd, 2021

Time: 9:30 am

Those Present:

Chief Philip Franks

Councillor Blaine Commandant

Councillor Lorie Strength-Fenton

Councillor Teresa Greasley

In Attendance:

Murray Maracle, Senior Administrator

Samantha Walker, Council Executive Assistant

Adoption of Agenda & Minutes

Motion 1:

Moved by Teresa Greasley and seconded by Blaine Commandant to adopt the June 23rd agenda.

ALL IN FAVOUR

CARRIED

Motion 2:

Moved by Lorie Strength-Fenton and seconded by Blaine Commandant to approve the minutes from June 17th, 2021.

ALL IN FAVOUR

CARRIED

Request for Gravel Follow-up – Request to Delay from Cottage Association

Senior Administrator, Murray Maracle, provided Council with an update on the gravel request from the Gibson Lake Cottage Association. Council approved the purchase of gravel for use on Wahta Road 2 on a one-time basis, while the policy is being developed, however the Cottage Association has already used the money budgeted for this purpose and have asked for an extension to next Spring. Council agreed to grant the extension pending the availability of the gravel at that time.

Sand Pit – Discussion

Council had further discussions on the development of a sand/gravel policy that would standardize access to resources in the community and ensure there are sustainable practices to protect them. Council feels that the resources should be used for personal use and on reserve only. Council has asked that Murray provide notice to those who use the sand that it will be for personal use for members only once the policy is completed. The policy will likely be finalized in the Fall.

Round Table – Discussion

Councillor Strength-Fenton has been continuing discussions with Peter Goodwin regarding the custom building of a round table for the Council Chambers. He will be putting together a draft for Council to review at the next meeting, where they can make modifications and discuss the finer details.

Trespassing Issues – Discussion

There have been complaints about trespassing and non-members within the community. Council discussed the challenges involved with effective enforcement of trespassing. While Council does have a bylaw, effective local enforcement remains a challenge. The OPP are available to enforce trespassing issues but insist doing so under provincial legislation. Council will continue to discuss these challenges with their legal counsel who drafted the existing community bylaw as well as table the issue for discussion at the next community meeting.

Landfill/Garbage Dumping – Discussion

Council discussed complaints about non-members using the landfill. They asked Capital Assets Manager, Randell Sonmor, to ask his staff if they have seen non-members using the landfill, and there was only one instance where the visitor was asked to return to Bala and use the municipal landfill for Bala residents. Council will provide statistics at the next Public Council Meeting. There was also a large amount of garbage illegally dumped off Iroquois Cranberry Growers Drive. It was cleaned up and identifying items were found. Murray has reached out to Wahta's OPP liaison to find out what steps can be taken.

Public Council Meeting

Council discussed the upcoming virtual Public Council Meeting that will be held on June 29th, 2021. Council discussed potential agenda items and agreed to add a community member's request to discuss the landfill.

Adjournment

Motion 3:

Moved by Teresa Greasley and seconded by Blaine Commandant to adjourn at 12:15pm.

ALL IN FAVOUR

CARRIED



Wahta Mohawks Council Meeting Minutes

Date: Wed June 30th, 2021

Time: 9:30 am

Those Present:

Chief Philip Franks

Councillor Blaine Commandant

Councillor Lorie Strength-Fenton

Councillor Teresa Greasley

Councillor Jesse Strength

In Attendance:

Murray Maracle, Senior Administrator

Samantha Walker, Council Executive Assistant

Adoption of Agenda & Minutes

Motion 1:

Moved by Blaine Commandant and seconded by Teresa Greasley to adopt the June 30th agenda.

ALL IN FAVOUR

CARRIED

Annual Reconciliation Report for Local Health Integration Network

Murray provided Council with a Declaration of Compliance to be signed by Chief Franks stating that Council has fulfilled its obligations under the service accountability agreement with the Local Health Integration Network in effect between April 1st, 2020 and March 31st, 2021.

Motion 2:

Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to approve Chief Franks to sign the Local Health Integrated Network Declaration of Compliance.

ALL IN FAVOUR

CARRIED

Meeting with Peter Goodwin regarding Commission of Round Table

Council invited craftsman Peter Goodwin of Goodwin Creations to discuss the custom building of a round table for the Council Chambers. Councillor Strength-Fenton provided Peter with the dimensions of the Council Chambers, and he believes that a 10-12 person round table would fit comfortably in the space. The table would be made up of sections, and the centre can be left empty or filled with complimentary wood. They discussed which types of wood would be suitable for the table, and where the wood could be sourced from. Peter agreed to put together a few digital designs with different options for Council to choose from, as well as an estimate for each one.

Canada Day Event Discussion

Council discussed the Canada Day event being planned for the following day. People can come for short visits to pay their respects and leave a pair of children's shoes. A tent will be set up for seniors, so they can sit down while they are there. There will be three staff members on hand, and all COVID-19 restrictions will need to be followed. Councillor Greasley will put together media release and provide it to Council for final approval before posting.

Adjournment

Motion 3:

Moved by Lorie Strength-Fenton and seconded by Blaine Commandant to adjourn at 12:30pm.

ALL IN FAVOUR

CARRIED



Wahta Mohawks Council Meeting Minutes

Date: Wed July 14th, 2021

Time: 9:30 am

Those Present:

Chief Philip Franks

Councillor Blaine Commandant

Councillor Lorie Strength-Fenton

Councillor Teresa Greasley

Councillor Jesse Strength

In Attendance:

Murray Maracle, Senior Administrator

Samantha Walker, Council Executive Assistant

Joanne Contant, Chief Financial Officer

Adoption of Agenda & Minutes

Motion 1:

Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to adopt the July 14th agenda.

ALL IN FAVOUR

CARRIED

Adoption of Minutes

Motion 2:

Moved by Teresa Greasley and seconded by Blaine Commandant to approve the minutes from June 23rd, 2021.

ALL IN FAVOUR

CARRIED

Motion 3:

Moved by Lorie Strength-Fenton and seconded by Teresa Greasley to approve the minutes from June 30th, 2021.

ALL IN FAVOUR

CARRIED

Land Lease MCR's – For Approval and Signature

Council was presented with a number of draft Mohawk Council Resolutions to approve regarding land lease renewals.

Motion 3:

Moved by Blaine Commandant and seconded by Jesse Strength to sign Mohawk Council Resolutions for Land Leases 2021/2022-01 to 2021/2022-10.

ALL IN FAVOUR

CARRIED

Support for Tax Free Gas Sales Application

A new business on reserve has requested a letter of support from Council to complete their application to the province to provide exemptions under the Gasoline Tax Act. Council would like to defer the request so Council can look into federal regulations before providing a letter of support and to ensure that everything has been installed in a manner that meets safety standards for the industry. Council will discuss this request further at the next meeting.

2021-22 Budget Approval

Chief Financial Officer, Joanne Contant, joined the meeting to present the 2021-22 Final Budget with the suggested changes discussed during the initial budget presentation. Joanne answered any questions put forward by Council and after some discussion, Council agreed to approve the budget.

Motion 3:

Moved by Lorie Strength-Fenton and seconded by Blaine Commandant to approve the Wahta Mohawks 2021-2022 budget.

ALL IN FAVOUR

CARRIED

OPP Detachment Board Update – District Presentation and Proposed Composition

Murray provided Council with a presentation from the Bracebridge OPP Detachment Board. The OPP is looking to ensure a streamlined approach with one municipally-based board per OPP Detachment, in which representation on the board is spread equally across municipalities and First Nations. The District has developed two proposed composition options with different Board sizes. One would have eight people on the Board, in which Wahta Mohawks would have one representative, and the second is a Board of approximately 15 people, in which Wahta Mohawks would have two representatives. The District is looking for feedback from Council to compile and use to submit final composition recommendations to the District Committee and

Council for approval. The option for a First Nation specific board remains as well so Council will discuss this issue further at the next Council meeting after reviewing the presentation and proposed compositions.

Summary of the AFN Election Process

Chief Franks provided a summary of the Assembly of First Nations Election. The voting process proceeded normally until the last two ballots, as they could not achieve the threshold as written in the Constitution, as 244 votes were needed. In the end, Reginald Bellerose announced that he would withdraw meaning that RoseAnne Archibald was ultimately elected as the National Chief of the Assembly of First Nations.

Additions to Reserve Update

Chief Franks provided a brief update on the Additions to Reserve process. The overall process is still very slow, and those involved are looking at ways to speed the process up. Chief Franks would like Lands and Resources Coordinator, Scott Aubichon, to provide a summary of the last meeting for Council to update them on any new developments.

Membership Appeal

Council has received a request from an individual looking to appeal their membership application decision. Council will take time to further consider the request and grounds stated for the appeal. Council will review membership procedures and revisit the appeal at the next Council meeting. Murray will ask that Membership/Lands Clerk, Karen Sahanatien, to put a hold on accepting membership requests until procedures are reviewed.

Governance Training Update

Councillor Greasley provided Council with potential dates in early September to attend governance training. Not all Councillors are available during those dates, so Councillor Greasley will ask Joanne if she can sign them up for the training in October.

Update on Garbage - North Gibson Trail

Councillor Strength-Fenton asked a lessee on North Gibson Trail what they do with their garbage, and if they could find out what other lessees on the Trail do with their garbage. He was unaware that it was possible to purchase a permit to use the Landfill and has been taking his garbage to a transfer station in Port Severn. Murray will invite Capital Assets Manager, Randell Sonmor to a future Council meeting to discuss common issues with waste management on the territory.

Adjournment

Motion 7:

Moved by Blaine Commandant and seconded by Teresa Greasley to adjourn at 1:00pm.

ALL IN FAVOUR

CARRIED



Wahta Mohawks Council Meeting Minutes

Date: Wed July 21st, 2021

Time: 9:30 am

Those Present:

Chief Philip Franks

Councillor Blaine Commandant

Councillor Lorie Strength-Fenton

Councillor Teresa Greasley

Councillor Jesse Strength

In Attendance:

Murray Maracle, Senior Administrator

Samantha Walker, Council Executive Assistant

Joanne Contant, Chief Financial Officer

Kyle Ellis, KPMG International Ltd.

Adoption of Agenda & Minutes

Motion 1:

Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to adopt the July 21st agenda.

ALL IN FAVOUR

CARRIED

Adoption of Minutes

Motion 2:

Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to approve the minutes from July 14th, 2021.

ALL IN FAVOUR

CARRIED

Tobacco Taskforce Update

Chief Franks provided an update on the Tobacco Taskforce put together by the Association of Iroquois and Allied Indians. At this stage, the taskforce is working on capacity development and legislation around tobacco. This legislation could potentially be applied to cannabis as well. They have put together a trade protocol, which would outline the steps that the taskforce is going to take until there is document that can be shared with the Government of Ontario to begin a relationship. This document would help to show the government that First Nations have their own ways of regulating tobacco sales. Wahta Mohawks has not signed this trade protocol yet, and Chief Franks will provide information to Council so they can make a decision on whether to sign it at the next meeting.

Jordan's Principle Navigator – DBCFS Support Request

Councillor Teresa Greasley brought forward a request from Dnaagdawenmag Binnoojiiyag Child and Family Services (DBCFS) to provide a letter of support to Indigenous Services Canada (ISC) supporting the proposal submitted for a Jordan's Principle position within DBCFS. This position would support the children, youth, families, caregivers and communities that they serve with any applications for identified needs that fit the Jordan's Principle eligibility. ISC requires a letter from each of the eight First Nation Chiefs. There is a slight concern about coordination of the program as Wahta has a Jordan's Principle Navigator. Council would like to ensure there is a format that would prevent confusion or duplicate applications being submitted. Teresa will find out more information, and Council will make a decision at the next meeting.

Draft Audit Presentation from KPMG

Kyle Ellis from KPMG presented the draft of the 20/21 audit to Council, which once again shows Wahta being in a strong position financially. KPMG will finalize the audit, which will then be provided to external funders as per the financial contribution agreements signed by Wahta. A presentation will also be prepared for the community on the audit.

Motion 3:

Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to accept the audited financial statements of Wahta Mohawks year end March 31st, 2021.

ALL IN FAVOUR

CARRIED

Financial Update - Overview of Expenditures to end of June 2021

Chief Financial Officer, Joanne Contant, presented an update on the current fiscal year expenditures up to the end of June and answered questions brought forward by Chief and Council. Overall budgets are on track to be somewhat under spent, with challenges related to normal programming activities being disrupted due to the COVID-19 pandemic. The financial statements will also be presented to the Directors of each department in the Administration to ensure they are kept up to date on their program spending.

Ministry of Education Statement of Attestation and Conformity – Approval and Signature

Chief Financial Officer, Joanne Contant, needs Council's approval and signatures on Ministry of Education reports dating back to 2017 on funding that was deferred. The Ministry of Education provided \$92,798 in funding at the end of the 2017/18 fiscal year which was deferred to be used in the next fiscal year. In 2018/19, they provided an additional \$76,978. Joanne discovered that the reports had not been completed and submitted to the Ministry, and that the funding would likely be required to be returned. Council agreed to sign the Statements of Attestation and Conformity for the 2017/18 and 2018/19 years.

Motion 4:

Moved by Lorie Strength-Fenton and seconded by Jesse Strength to authorize the Chief and one other signing authority to sign the Ministry of Education Statement of Attestation and Conformity – Child and Family Program report to return the funding of \$92,798 for the fiscal year 2017/2018.

ALL IN FAVOUR

CARRIED

Motion 5:

Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to authorize the Chief and one other signing authority to sign the Ministry of Education Statement of Attestation and Conformity – Child and Family Program report to return the funding of \$76,978 for the fiscal year 2018/2019.

ALL IN FAVOUR

CARRIED

Member Request – Permission to Construct a Road through Community Held Land

Council discussed a request from a member to get permission to the construct an access Road off of Iroquois Cranberry Growers Drive through community lands. The road would provide access to a lot that does not currently have road access. Lands and Resources

Coordinator, Scott Aubichon, created a map to show where the proposed road would be. Murray informed the member that there is currently a similar request that Council has not provided a decision on, as Council is looking to put together a formal process which requires a land use policy. Murray will ask Scott to put together another map showing the concession and lots lines.

Adjournment

Motion 6:

Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to adjourn at 12:30pm.

ALL IN FAVOUR

CARRIED

Virtual Public Council Meeting

Tuesday August 31st, 2021, 7:00pm

Please join us for a virtual Public Council Meeting on Zoom!

Register in advance for this meeting:

https://zoom.us/meeting/register/tJIsCuCqrDqvGd0wJ-qhFW1IHU_P8PO4gu3m

After registering, you will receive a confirmation email containing information about joining the meeting.

If you need help getting started or have any questions, please contact Samantha at samantha.walker@wahtamohawks.ca

Wahta Housing Subsidies

Wahta Mohawks offers subsidies for New Construction and Renovations. We also have a subsidy for Water and Sanitation.

- New Construction Housing subsidies are limited to a maximum of \$26,300.00 each.
- Renovation subsidies are available to a maximum of \$26,300.00 on a 50/50 cost sharing basis.



We have only two of these subsidies available each year so it would mean two housing subsidies, or one housing subsidy and renovation subsidies totaling \$26,300.00 etc.

We also offer a Water and Sanitation subsidy of \$15,000.00 available for two new homes or to assist with the replacement of a well, pump, water system or for septic system renovation.

July 15: Update on Applications for Housing, Renovations and Water & Sanitation Subsidy

The Administration would like to inform Community members that three applications were received and approved in the first phase of our revised application process (please refer to the March newsletter for information on the changes).


As funds remain available for the above subsidies, we are now inviting applications for the above subsidies as part of the second phase of our revised process.

For this second phase, we request that applications be submitted by September 30. As with the first phase, all applications will be assessed at the same time. We plan to assess all fully completed applications by October 15, after which we will notify applicants.

Please contact Karen Sahanatien at karen.sahanatien@wahtamohawks.ca for the application form.

Gravel Delivery Notice

Following the purchase of each gravel order, members are now requested to call Sahanatien Haulage to provide delivery instructions. Their number is 705 762 5346.



GET YOUR WATER TESTED

The best time to sample your well water is when the probability of contamination is greatest. This is likely to be in early spring just after the thaw, after an extended dry spell, following heavy rains or after lengthy periods of non-use. If you live on the Territory and would like your water to be tested, please contact Evan Holmes at 705-644-9884.

Land for Sale	Land for Sale	Land Wanted	Land Wanted	Land Wanted	Land Wanted
2 acres adjacent to Musk. Rd. 38 with driveway	Various locations	Band member looking to purchase waterfront property on lake Gibson.	Band member interested in purchasing a building lot along the river. If you own one of these lots and would consider selling it, we're most interested in speaking with you. We may also be interested in other lots not on the river. Please contact Diane at 226-332-2352	Band member looking to purchase property. Please contact 705-801-9508	Property for lease for member to use as recreational land, e.g. Camping Any size, any location Leah 705-238-9004 leah.readman@gmail.com
5 Acres adjacent to Musk. Rd. 38 with no driveway	Call 705-762-0013 for more information	Please contact Chantell. 289-440-2464			
80+ acres with bush lot and waterfront					
For more info, please call 705-644-4227					

Education and Family Services

Covid-19 and the new variants continue to spread across the province which continues to restrict Wahta Mohawks from the ability to provide in person programming at this time. Members of the Emergency Control Group, who provide services to other First Nations north of us, continue to complement Wahta Mohawks community and staff on our ability to keep the community safe. We often feel that we are missing out on great opportunities to provide in person programming, and we miss seeing the children. As much as we feel this is a disadvantage, we also recognize and are thankful for the use of technology and being able to connect with those who do not reside close to the Territory.

Family Well Being programs will continue virtually for the time being. Amy Davidson has a host of programs to offer infused with cultural teachings. Amy has been planning and creating these programs for children and youth and we hope for those who are participating that your children enjoy the virtual gatherings.

The Education/Language and Family Well Being programs will be hiring new staff to support the work that we plan to accomplish. In the past, these departments would have been staffed by 8 individuals. We have been operating with 3 staff for several months. We look forward to working at full capacity and cannot wait to provide in person programming for our families once again.

If you are a parent or caregiver and would like to join a virtual information session with our **Autism Ontario Navigator** for Simcoe Muskoka please contact Carol at carol.holmes@wahtamohawks.ca

When: Tuesday September 14

Time: We are offering two sessions: 10:00am and 7:00pm

TURTLE CONCEPTS PRESENTS

Celebrating You!!!

3 Part Series for 8-17 year olds.

A confidence building program with Dave Jones and his Turtles will focus on emotional, social, physical and spiritual wellbeing.

A light hearted and thought provoking workshop where participants will be introduced to the idea of having a right to feel good about themselves, and will be encouraged to look within themselves for some of the answers to their troubles and be challenged to change it up!

This virtual 3 day – 1 hour program is happening on Thursdays

August 12 at 1 pm

August 19 11 am

August 26 11 am

Please email Carol at carol.holmes@wahtamohawks.ca to register

PARENTING RELIEF WORKSHOP

Parents it has been a long haul.... And we see light at the end of the tunnel!!!

Dave Jones and his team will provide insight, solutions, stories, jokes and more to help relieve some of the mental stress that "needs to be spoken to"

WEDNESDAY EVENINGS
AUGUST 18, 25, SEPTEMBER 1 @ 8pm

Bring your favourite beverage and snack and enjoy the sessions!

Please email Carol at carol.holmes@wahtamohawks.ca to register

Back to School

As always Wahta Mohawks would like to provide our student with back-to-school assistance. Parents and caregivers that have Children, either in elementary school, or high school and would like to receive assistance to support your children's back to school needs, please contact Amy at amy.davidson@wahtamohawks.ca by Aug 16th. Please leave the name of each child, their age, and grade they will be entering. **Parents and Caregivers will be required to travel to Wahta to receive this assistance.**

Fall Recreation Assistance program. Wahta Mohawks is offering this program for our community and member children and youth aged 3-17 years. We encourage participation in Fall recreational activities that are currently being offered in a safe manner. Therefore up to \$200.00 may be reimbursed for registration fees, lessons, and equipment related to an activity that the child is registered in. The receipt to be reimbursed must identify the child's name, and reimbursement payment will be released by **cheque only**. **The parent/guardian must come to the Wahta Cultural Centre to pick up this cheque and sign a form** for accountability purposes.

This program is in place while funds are available. All receipts must be submitted by **October 20, 2021** with no exceptions. If you are unsure of what type of expenses qualify, please contact Amy Davidson at amy.davidson@wahtamohawks.ca

Kanien'kéha Mohawk Language

Kanien'kéha Language Update

Language classes have seen over 20 eager members participate in our evening sessions. The participation and enthusiasm has been exciting and we have been able to expand our sessions to meet the need. Our preschool aged children in the Language Nest as well as the Youth and Family session have also been well attended with students gaining important cultural teachings alongside language learning. If you wish to participate and have not yet reached out, please email me for the zoom links.

Community Language Classes – Online Zoom

Classes run **Monday, Tuesday, Wednesday, Thursday evenings 7-8pm** (No classes will be held on council nights, the last Tuesday of every month). Please email if you'd like to join in.

Youth and Family – Online Zoom

Sessions run **Tuesday mornings 10-11am**. This session is focused on school-aged youth and family focused environment. Students may join in this weekly class and caregivers are welcome to join so you may learn and interact together bringing Kanien'kéha Mohawk into the home.

Language Nest - Online Zoom

Sessions run **Monday mornings 10-11am**. Caregivers and preschool aged children may participate in this early-years exposure and supports for Kanien'kéha in the home.

CAN8 Language Software - sign ups are still welcome. Please email if you would like instructions and access to this program for self-led learning paired with Richard's teaching supports.

All registrations and questions welcome at sarah.chaloux@wahtamohawks.ca
Language Instructor Richard Hay can be reached at richard.hay@wahtamohawks.ca

Kanien'kéha Mohawk Words of the Month

Orhóntseri – String bean Festival (First week in August and lasts 1 day)

Okahseró:ta – Green Corn Festival (Middle of August)

Seskéha – August (the time of freshness)

Satkétsko – Wake up

Kérhite – Tree

Kaniá:tara - River

Wahta Mohawks Health and Social

August 2021 Programs

Cannabis Zoom Workshop

Dr. Marks de Chabris is an Ontario based physician and full-time clinician with a practice focus in Pain Medicine and Addiction Medicine. Wahta is happy to have Dr. Marks de Chabris come and share his knowledge with us for three workshops over the summer.

Workshop #3 - Chronic Pain and Cannabis

Monday Aug 23, 5:00 - 6:30PM

Please register for workshop with Kristan Sahanatien – kristan.sahanatien@wahtamohawks.ca

Online Traditional Healer Sessions

Rebecca Maracle from Tyendinaga will be available for one on one online healing sessions. If you do not have access to the internet and would like to participate, Rebecca also offers sessions over the phone. When registering, please indicate how you would prefer your session.

Please register with Kristan Sahanatien – kristan.sahanatien@wahtamohawks.ca or Sherry Byrne – sherry.byrne@wahtamohawks.ca or 705 762 2354. Ext 241 or 250.

Youth Drawing Program

11-17 years old

Please register with Kristan Sahanatien – kristan.sahanatien@wahtamohawks.ca. Deadline to register is August 10th, 2021.

Youth Addiction Workshop

Please register with Kristan Sahanatien – Kristan.sahanatien@wahtamohawks.ca Deadline to register is August 10th, 2021.

Every Child Matters Orange Shirt

If you are interested in receiving an orange shirt designed by Wahta Youth please register with Kristan Sahanatien – Kristan.sahanatien@wahtamohawks.ca or Sherry Byrne – sherry.byrne@wahtamohawks.ca. Deadline to register is August 10th, 2021. Shirts will be available for pick up in September.

Sensory Processing Workshop

The presentation would include an explanation of sensory processing, how we deal with sensory input, identification of the sensory systems, and concrete strategies on how to address difficulties within those systems. A primary goal of the sensory presentation is to help others

understand their own sensory processing needs, and what strategies we use without even realizing it. With that comprehension, we are better able to understand what strategies can help those around us with sensory processing difficulties. Please register with Kristan Sahanatien – kristan.sahanatien@wahtamohawks.ca or Sherry Byrne – sherry.byrne@wahtamohawks.ca .

Workshop date: August 30th @ 5:00pm.

Community Dinner Nights with Sara

This program is open to all! We will meet online and will all make the same dinner together. We will be using seasonal, traditional and cultural ingredients.

If you are interested in joining our Monthly Community Dinner, please email Sara DeCaire by August 9th.

sara.decaire@wahtamohawks.ca or 705-801-5300

Our Monthly dinner will be held on Thursday August 26th at 5:30pm

Recipes will be posted ahead of time so that everyone is able to get the ingredients that they will need. Wahta will provide some specialty ingredients.

Let's come together and have a fun night as a community.

Adults Soy Wax Candle Making Project

If you are interested in receiving soy wax candle kit, please contact Sherry Byrne at sherry.byrne@wahtamohawks.ca by August 10th .

Men's Program

BBQ Kit

If you are interested in receiving BBQ kit. Which will include a food item to cook on a BBQ, please contact Sherry Byrne at sherry.byrne@wahtamohawks.ca by August 10th.

Jane Burning Session

Tentatively schedule for August

The Spiritual Body vs The Pain Body: Looking into your form through your spiritual lenses will give you greater insight into your pain. Whether it be mentally, emotionally, physically, or spiritually. We will explore the Universal umbilical cord of life and how this is known as our lifeline to a greater consciousness. Please register with Sherry Byrne at sherry.byrne@wahtamohawks.ca . Registered participants will be contacted with a zoom link. Deadline to register is August 10th.

Youth and Adults



Wristlet single wrap lanyards beading project

If you are interested in receiving a wristlet single wrap lanyard beading kit with instructions on how to make, please contact Sherry Byrne at sherry.byrne@wahtamohawks.ca by August 10th.

Lending Library

We have purchased some books and magazines that are available to be borrowed. There are a number of titles such as Nutrition Essentials for Mental Health by Leslie Korn, Finding the Spirit Within by Randy Hamelin and Erca McKenzie, 501 Ways to Boost Your Child's Self Esteem by Robert D Ramsey Ed.D and Wilma Jean the Worry Machine by Julia Cook. Magazines such as Owl, SAY, Beadwork and Diabetes Self Management. For more information or for a complete list of books please email Sherry at sherry.byrne@wahtamohawks.ca.

Respite Care and Supports Available

Being a full-time Caregiver can be physically and mentally exhausting. You need to look out for your mental health as well as your loved ones you are caring for. We have been fortunate to make a connection with Andy's House in Port Carling (Hospice Muskoka) to allow us to offer our families other options such as:

Caregiver support
Spiritual care
Respite Care

Bereavement support
Pediatric Grief

Andy's' house website: <https://www.hospicemuskoka.com/andys-house>

The In-home respite services will be available in August.

Please contact Bobby-Jean Decaire for further information or for a referral to any of these programs.

Pocket Letter Project with Tyendinaga community:

We will be doing a Letter Project for our seniors to be able to connect with other seniors from Tyendinaga, we will have different themes to add in our binder (we will be using photo album pockets).

At the end of the project we will be sending our completed project to Tyendinaga which in turn will send us the letters from them (same idea) Our first theme is "getting to know you"– you would write a letter about beading could be stories or whatever you choose and could even add a couple of your favorite color beads in your pocket and when we mail our pocket books they will send us their binder back where you will get the pockets with their letters in return with their stories/letters or beads for example.

This does not have to just be writing, you can draw a picture or even just add something like a piece of fabric you like the pattern on.

Bobby.decaire@wahtamohawks.ca

705-641-1263

Health and Social Services Resources

Mental Health Services

B'saanibaamaadsiwin Aboriginal Mental Health & Addiction

Referrals can be made over the phone. An intake worker will call back to arrange an intake appointment, also over the phone. If a crisis referral comes in, they will be given directly to the crisis worker on-call that day. 24/7

Contact Information:

Office Phone: 705-746-2512

Toll Free Phone: 1-866-829-7049

Crisis Phone: 1-888-893-8333

Muskoka Women's Shelters and Services

There are two shelters in Muskoka for abused women (with or without children): **Muskoka Interval House** (MIH) in Bracebridge, 1-800-461-1740 or 705-645-4461 and **Chrysalis** in Huntsville, 1-866-789-8488 or 705-789-8488.

Safe, short-term shelter * 24-hour phone support/ 24 hour staffing * child and youth programming * outreach support * support groups * assistance with navigating the legal system * accompaniment and advocacy * safety planning * risk assessment * practical needs assistance

Assaulted Women's Helpline

With assistance in English and up to 154 other languages

TTY: 416-364-8762

Toll-Free: 1-866-863-0511

Toll-Free TTY: 1-866-863-7868

Rogers, Fido, Bell & Telus: #SAFE (#7233)

Muskoka/Parry Sound Sexual Assault Services

Muskoka District Office

29 Manitoba St., Suite # 1, Bracebridge, ON P1L 1S4

Phone: (705) 646-2122 or

1-877-406-1268

Parry Sound District Office

7 William Street, Suite # 3,

Parry Sound, ON P2A 1V2

Phone: (705) 774-9083 or

1-877-851-6662

For more information, please call Sherry Byrne at 705-762-2354 ext: 250 or email

sherry.byrne@wahtamohawks.ca

Good Food Box

Northern Produce will be delivering Good Food Boxes to everyone who is signed up.

If you have not signed up and are interested in receiving the Good Food Box, and you live on reserve, please email Sara at sara.decaire@wahtamohawks.ca. You can also contact our receptionist Skye at 705-762-2354, and she will give Sara the message.



Ambulance Payment Assistance

Attention: If you have used an Ambulance to West Parry Sound Health Centre (Parry Sound Hospital)

When you receive your bill please get in contact with:

Patricia Austin, M.O.A.

Financial Services Clerk

West Parry Sound Health Centre

6 Albert Street, Parry Sound P2A 3A4

Phone: (705) 746-4540 ext 4112

email: paustin@wpshc.com

www.wpshc.com



Patricia can, with the status number that you provide, send the bill to FNIHB for payment directly!

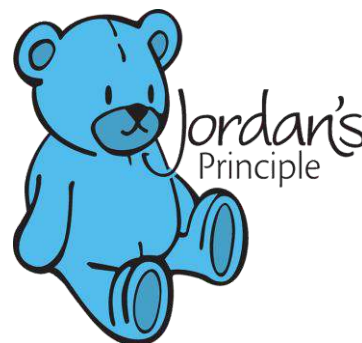
If any questions arise please contact Christine for assistance.

if you live elsewhere and have to use an ambulance get in touch with that hospitals finance department and see if this can be arranged for you

What is Jordan's Principle?

Jordan's Principle is meant to prevent First Nations children from being denied essential services or experiencing delays in receiving them. Different levels of government fund different services for First Nations children, and as a result it can be hard to figure out how to access necessary products, services, and supports. Under Jordan's Principle, we can:

- ✓ Inform families about the resources available for their child and how to access it
- ✓ Coordinate access to products, services, and supports
- ✓ Provide funding when it's needed to make sure products, services, and supports are accessed without delay



Who can apply to Jordan's Principle?

A child under the age of majority in their province of residence can access Jordan's Principle, if they permanently reside in Canada, and if the child meets **one** of the following criteria:

- ✓ Child is registered or eligible to be registered under the Indian Act
- ✓ Child has one parent or guardian who is registered/eligible to be registered under the Indian Act
- ✓ Child is recognized by their nation for the purposes of Jordan's Principle
- ✓ Child is ordinarily resident on reserve

What is covered under Jordan's Principle?

Health:

- ✓ mobility aids
- ✓ wheelchair ramps
- ✓ addiction services
- ✓ services from Elders
- ✓ mental health services
- ✓ specialized hearing aids
- ✓ traditional healing services
- ✓ services for children in care
- ✓ assessments and screenings
- ✓ transportation to appointments
- ✓ medical supplies and equipment
- ✓ long term care for children with specialized needs
- ✓ therapeutic services for individuals or groups

Social:

- ✓ social worker
- ✓ land-based activities
- ✓ personal support worker
- ✓ specialized summer camps
- ✓ respite care
- ✓ specialized programs based on cultural beliefs and practices

Education:

- ✓ school supplies
- ✓ tutoring services
- ✓ teaching assistants
- ✓ specialized school transportation
- ✓ psycho-educational assessments
- ✓ assistive technologies and electronics

For more information, please contact:

Kathleen White, Jordan's Principle Navigator

kathleen.white@wahtamohawks.ca or (705) 330-1875



B'SAANIBAMAASIWIN

ABORIGINAL MENTAL HEALTH PROGRAM

60 James Street Suite 201, Parry Sound; (705) 746-2512

Agency, self and family referrals accepted

24 Hour Crisis Support

August

2021

ADDICTION & OVERDOSE

The month of August includes a day dedicated to raising awareness of overdose and reducing the stigma associated with drug-related death. It also acknowledges and honours the grief felt by communities, families and friends remembering those who have died, experienced an injury as a result of overdose, or have been impacted by overdose in any way. The overdose epidemic is complex and there is no simple solution, but there are things you can do today to help prevent overdose deaths.

What does an overdose look like?

Although it depends on the substance being used, general signs are: unresponsiveness, passing out or 'slumped over' posture, shallow or irregular breathing, no breathing, slowed heart rate or absence of pulse, choking or gurgling sounds, purple lips and fingernails, clammy skin, low body temperature, vomiting, and seizures.

If you suspect an overdose, call 911 immediately.

The Good Samaritan Drug Overdose Act may help to protect you!

If you suspect an opioid overdose, administer Naloxone/Narcan, call our office to learn more about Naloxone and supply

Programs that are available for addiction support:

B'saanibamaadsiwin Addiction Counseling	(705) 746-2512
CMHA, Muskoka Parry Sound	(705) 746-4264
Addiction Counseling	
Harm Reduction Supplies and Education	
Rapid Access to Addiction Medicine	
Withdrawal Management Service	
Rapid Community Addiction Treatment Team	(705) 375-9900
Your local National Native Alcohol and Drug Abuse Program	
Ontario Addiction Treatment Center	(705) 774-9669
Speak to your family doctor or nurse practitioner	

August 31st

Communities can help raise awareness, support those who are struggling, honour a lost loved one, inspire change and save lives.

The tragedy of overdose death is preventable and more must be done to save lives.

The goals of International Overdose Awareness Day are:

- To call for change in drug policies around the world to reduce the overdose toll
- To remember the people who have lost their lives to overdose
- To acknowledge the grief felt by the friends and family members left behind
- To end the stigma of drug-related deaths

www.overdoseday.com

Good Samaritan Drug Overdose Act

This act provides some legal protection for people who experience or witness an overdose and call 911 or their local emergency number for help.

<https://www.canada.ca/en/health-canada/services/opioids/about-good-samaritan-drug-overdose-act.html>

Full Moon: August 22nd

Next Full Moon: September 20th



OJIBWE — DATKAAGMIN (Blackberry Moon): We honour the blackberry, being one of the first plants put on Mother Earth, and its purpose is to protect the Sacred Circle of Life by allowing us to recognize and understand the teachings that come from the Spirit World.

CREE — OHPAHOWIPISIM (Flying Up Moon): when the young fowl are ready to fly

HAUDENOSAUNEE — Onástase? (Green Corn Ceremony): Celebrating that corn has once again provided us with its life sustaining spirit. Soup is made with sweet white corn along with various beans and squash. Three dances are done, **Ohstowa'kówa** (the Great Father), Kunukwehnéha, and Osahéta **Aotiláná** (Bean Dance).

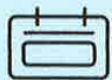


RAAM CLINIC

West Parry Sound Rapid Access Addiction Medicine Clinic

The Rapid Access Addiction Medicine (RAAM) Clinic is a low-barrier, culturally safe clinic for individuals 16 years of age and older who are struggling with substance use concerns; or for friends and family seeking personal support around a loved one's substance use.

Although not required, referrals are helpful and appreciated. Walk-ins are welcome.



Start Date:
Monday May 27, 2019



Mondays: 2 PM - 6 PM
Thursdays: 8 AM - 12 PM



West Parry Sound Health
Centre - Ambulatory Care
6 Albert St., Parry Sound



Check-in at Admitting

For additional information, referral forms, patient hand-outs, and brochures, please contact us:



705-375-9900

or call:



705-746-4264

and ask for a RAAM counsellor



Canadian Mental
Health Association

Addictions and
Mental Health Services



West Parry Sound Health Centre

Rural Nurse Practitioner-Led Clinic

Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.



Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact **Kathleen White** at **705-762-2354 x. 240** or by email at **kathleen.white@wahtamohawks.ca**



Do you need support...someone to talk to?? Everyone needs support at one time or another.

Aboriginal Mental Health and Addictions Program (B'saanibaamaadsiwin)
705-746-2512 24/7 Support Line

This program is aimed at providing culturally appropriate support and treatment for Indigenous individuals, families, and community. Model of service is culturally relevant and community specific therapeutic interventions that are based on best practices.

Please contact Sherry for referral (ext. 250) or referrals for counselling and treatment can come through any source or self-referral throughout the districts of Muskoka and Parry Sound. Services can be accessed by calling the Parry Sound Office. People can be supported in community or go into their offices...whatever your preference may be.

If you would like an appointment with **Dr. Ed Connors** please call **Sherry Byrne** at 705-762-2354 ext. 250.

Wahta Mohawks Business Directory

<u>Business Name</u>	<u>Phone Number</u>	<u>Website</u>	<u>Services Offered</u>
Commandant Towing and Recovery	(705)-205-1418		Towing and Recovery
First Nations Liquidation	(705)762-0101	https://www.facebook.com/FirstNationLiquidation	convenience/gifts/fire works/house wares
Long House Grill	(705) 762 6687	https://firstnationliquidation.com/long-house-grill/	Restaurant
Mrs. H's Fish & Chips	(705)762-4262	mrshsfishandchips.ca/	Restaurant
Muskoka Rural Electric	(705)762-3440	www.muskokaruralelectric.com	Licensed Electricians
Poseidon Plumbing	(705)801-6164	www.godofwater.ca	Full-Service Plumber
Sahanatien Haulage	(705)762-5346	https://lshaulage.com/	Site development/roads and driveways/ septic systems/landscaping and landscaping supplies/ material delivery
Team Boats	(855)-770-8326	www.teamboats.ca	Custom Aluminum Boats
The Big Smoke	(705) 762-4934		Smoke/Convenience
Wahta Station	(705)762-2195	thewahtastation.com/	Convenience/grocery
Wahta Springs	1 800-593-0127	www.wahtasprings.com	Water Bottling
What-a-Convenience	(705)762-1923	https://www.facebook.com/whatabakery/	Gas Bar/bakery/Gifts
Womb Rising	(705)323-5599	www.wombrising.com	Birth Services

If you own and operate a business on the territory of the Wahta Mohawks and would like to be included in this directory please contact Kathleen White at kathleen.white@wahtamohawks.ca to share the details of your business.

You will be asked to provide the name of your business, the type of services provided, and contact details.

Contact Information

Chief & Council

Chief Philip Franks	philip.franks@wahtamohawksCouncil.ca	705-528-9468
Councillor Blaine Commandant	blaine.commandant@wahtamohawksCouncil.ca	705-394-8699
Councillor Teresa Greasley	teresa.greasley@wahtamohawksCouncil.ca	705-644-9934
Councillor Lorie Strength-Fenton	lorie.fenton-strength@wahtamohawksCouncil.ca	705-774-2796
Councillor Jesse Strength	jesse.strength@wahtamohawksCouncil.ca	TBD

Administration

705-762-2354

Scott Aubichon	Lands and Resources Coordinator	Ext. 242
Sherry Byrne	Community Wellbeing & Good Minds Programming Coord.	Ext. 250
Sarah Chaloux	Language Activator	Ext. 259
Matthew Commandant	Housing Coordinator	Ext. 275
Joanne Contant	Chief Financial Officer	Ext. 227
Christine Cox	Health & Social Services Manager	Ext. 273
Amy Davidson	Family Well-Being Worker	Ext. 203
Rubecka Davidson	Band Representative	Ext. 202
Bobby DeCaire	Senior Services Coordinator	N/A
Courtnei DeCaire	Financial Assistant	Ext. 230
Sara DeCaire	Diabetes & Seniors Programming Coordinator	Ext. 206
Skye DeCaire	Receptionist	Ext. 221
Richard Hay	Kanien'keha Language Instructor	N/A
Carol Holmes	Education Services Manager	Ext. 233
Murray Maracle	Senior Administrator	Ext. 231
Kim North	Finance Clerk	Ext. 237
Karen Sahanatien	Membership/Lands & Housing Clerk	Ext. 222
Kristan Sahanatien	NNADAP	Ext. 241
Randell Sonmor	Capital Assets Manager	Ext. 224
Samantha Walker	Council Executive Assistant/Librarian	Ext. 272
Kathleen White	Ontario Works Administrator/Employment & Training	Ext. 240

Maintenance & Public Works

Berry Berwick	Public Works Supervisor	705-641-0722
Harry Byrne	Maintenance Supervisor	705-641-0833
Terry DeCaire	Maintenance	705-644-9862
Evan Holmes	Public Works	705-644-9884

Please Feel Free to Call with any Questions or Concerns

Administration Office Hours:

Monday through Thursday, 8:00am - 4:30pm

Fridays 8:00am - 2:00pm