

# Orihwase'shón: 'a ne Wahta Rontenro Raotirihwá:ke

Tsothorkowa - The Big Cold



January 2022



## THIS ISSUE

- ◆ Calendar of Events
- ◆ Chief/Council Update
- ◆ Minutes
- ◆ FYI & Notices
- ◆ Education & Training
- ◆ Health & Social Services

## Virtual Public Council Meeting

There will be a virtual Public Council Meeting on **Tuesday January 25th, 2022 at 7:00PM**. The meeting will be hosted on **Zoom**. Please **REGISTER** in advance at the following link:

<https://bit.ly/3pthx5B>

See inside for more information on how to use Zoom and join the meeting.

## Community Buildings Closed

The Administration Building, Cultural Healing Centre, and Gym are closed for the time being in order to help prevent the spread of COVID-19. We will continue to reassess the situation and reopen when it is safe to do so.

You will find updates on the [website](#) and [Facebook](#) page. The Landfill will remain open during its normal schedule.

If you have any questions about the status of the closures, please call 705-762-2354.

**Are you thinking about building or renovating? Contact Karen or Matthew for help with the various Housing Programs, Subsidy Programs & Mortgage Programs that are available. 705-762-2354**

karen.sahanatien@wahtamohawks.ca  
matthew.commandant@wahtamohawks.ca



## CHIEF AND COUNCIL UPDATE

Chief Philip Franks

During December, Council only met once to do regular business as we wind down the calendar year. We have been dealing with ongoing issues recommended by Administration such as a submission for ongoing language funding, and other funding allocations as they come in, such as the Tobacco Law funding, and funding to complete an investigation regarding a future Child Welfare law for Wahta.

We were saddened to hear mid month of the passing of Tiffany Strength and are thoughts and prayers go out to the Strength and Jennings families and all of her relatives. As usual community flags were lowered, and Council recessed that week in respect.

Council members to the Wahta Community Trust look forward to starting a new year in January. The slate of trustees has changed a bit with members going forward, Kristal Berwick, Kelsey Mullen, and Shirley Hay. Thanks go out to Tim Thompson for the years he has served on the trust board. As required, a Chair will be elected by the board during the first meeting of the new trust board in January.

One of the last pieces of business to go out this month was the awarding of a contract for the design of a transfer station at the current landfill site. The project group comprised of Wahta, Indigenous Services Canada, and Ontario First Nations Technical Services Corporation. The design will pave the way for the final stage construction of the transfer facility and closing of the landfill. It is expected the whole project could be complete by the end of 2022 if all goes well.

The Emergency Control Group has been active during December as usual. This group has been active now for more than twenty months since the pandemic began and continues to offer guidelines and education for our members. In addition to the pandemic the control group deals with other types of emergencies such as the Wahta power outage policy. This recently was put in play as we lost power during the high winds the hit us a couple of times. Staff are dispatched to ensure seniors are provided warmth, water, and food. Following the event, the group debriefs to see what can be done better for future events.

I hate to have to say this again for the second Christmas season but please be careful about COVID-19 over the holidays especially with the new variant Omicron gathering steam. There is information posted on our social media sites regarding this.

We as Council do wish everyone a safe and happy holiday season and look forward to getting back together in the New Year to continue our work.

Niawen for reading, see you in 2022!



## Wahta Mohawks Council Meeting Minutes

Date: Thu Nov 25th, 2021

Time: 9:30 am

### Those Present:

Chief Philip Franks

Councillor Blaine Commandant

Councillor Lorie Strength-Fenton

Councillor Teresa Greasley

Councillor Jesse Strength

### In Attendance:

Murray Maracle, Senior Administrator

Samantha Walker, Council Executive Assistant

Carol Holmes, Education Services Manager

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### Adoption of Agenda & Minutes

#### Motion 1:

Moved by Blaine Commandant and seconded by Jesse Strength to adopt the November 25<sup>th</sup> agenda.

ALL IN FAVOUR

CARRIED

#### Motion 2:

Moved by Jesse Strength and seconded by Blaine Commandant to approve the minutes from November 10<sup>th</sup>, 2021.

ALL IN FAVOUR

CARRIED

#### Motion 3:

Moved by Lorie Strength-Fenton and seconded by Teresa Greasley to approve the minutes from November 17<sup>th</sup>, 2021.

ALL IN FAVOUR

CARRIED

### AIAI Education Partnership (EPP) - Letter of Agreement

Education Services Manager, Carol Holmes, presented a Letter of Agreement from the Association of Iroquois and Allied Indians regarding the Education Partnership Agreement. The

Wahta Sharing of Expertise in the Classroom was approved for funding assistance by Indigenous Services Canada in the amount of \$31,633.20 for the 2021-22 fiscal year. The Letter of Agreement outlines the terms and requirements of the Association of Iroquois and Allied Indians for the transfer of funds to Wahta for the Education Partnership Program Initiatives.

**Motion 4:**

**Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to authorize Senior Administrator, Murray Maracle, to sign the AIAI Education Partnership Program Letter of Agreement in the amount of \$31,633.20 dated October 5<sup>th</sup>, 2021.**

**ALL IN FAVOUR**

**CARRIED**

Language Project

Education Services Manager, Carol Holmes, presented a briefing note to Council regarding a Request for Proposal on Language Curriculum Design and Teacher Training. An RFP was circulated that asked those responding to review existing resources with community consultation with stakeholders, to design a curriculum framework and continuation of skills, and to develop a teachers guide, resources and assessment tools. Future Design School has submitted a proposal in the amount of \$75,000.00 to be completed by April 30, 2022. It addresses the items outlined in the RFP as well as the community concerns regarding the need for consultation. It will also offer a solid framework that can be used for at least 3 levels of learning. Deferred funding from 2020-21 could be used to cover this expense.

**Motion 5:**

**Moved by Lorie Strength-Fenton and seconded by Teresa Greasley to accept the proposal from Future Design School to develop language curriculum in the amount of \$75,000 to be paid through existing funds, and to authorize Senior Administrator, Murray Maracle, to sign the contract with Future Design School.**

**ALL IN FAVOUR**

**CARRIED**

Mental Health and Addictions Trauma Funding

Education Services Manager, Carol Holmes, presented a letter from the Ministry of Children, Community and Social Services (MCCSS), which is offering Wahta Mohawks an additional one-time funding of up to \$46,014 to provide urgent mental health and addictions and trauma supports to Indigenous children, youth, women, families, communities, and individuals in your community. Carol is preparing a workplan for a potential project for a designated multi-use outdoor gathering space at the Cultural Healing Centre that could make use of these funds. If other funding can be deferred, then Carol could use this funding in addition for the outdoor space.

**Motion 6:**

**Moved by Lorie Strength-Fenton and seconded by Jesse Strength to accept the Ministry of Children, Community and Social Services funding in the amount of \$46,014.00.**

**ALL IN FAVOUR**

**CARRIED**

Harvesters Building Request

A business on reserve is looking to expand in the future and was wondering what their options were for leasing the Harvesters Building. The building needs a lot of upgrading at this time to be used year-round. Council agrees they need to refer to the section on Asset Disposal in the Finance Policy before making any decisions. Senior Administrator, Murray Maracle, will ask Capital Assets Manager to investigate how much it would cost to make the building usable year-round.

Trust Update

Chief Philip Franks provided an update on the Wahta Trust and reminded Council of the upcoming Trust Election on December 4<sup>th</sup>, 2021. Council would also like to see the Trust minutes, and Teresa will request them from the Trust Coordinator, Ariel Berwick.

Future Meetings

Chief and Council discussed the possibility of having in person Council Meetings in the new year once the Administration Building projects are completed and the building is open.

Adjournment

**Motion 7:**

**Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to adjourn at 11:30am.**

**ALL IN FAVOUR**

**CARRIED**



## Wahta Mohawks Council Meeting Minutes

Date: Wed Dec 1st, 2021

Time: 9:30 am

### Those Present:

Chief Philip Franks

Councillor Blaine Commandant

Councillor Lorie Strength-Fenton

Councillor Teresa Greasley

Councillor Jesse Strength

### In Attendance:

Murray Maracle, Senior Administrator

Samantha Walker, Council Executive Assistant

Joanne Contant, Chief Financial Officer

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### Adoption of Agenda

#### Motion 1:

**Moved by Blaine Commandant and seconded by Lorie Strength-Fenton to adopt the December 1<sup>st</sup> agenda.**

**ALL IN FAVOUR**

**CARRIED**

### Financial Update – Overview of Expenditures to end of October 2021

Chief Financial Officer, Joanne Contant, presented an update on the current fiscal year expenditures up to the end of October and answered questions brought forward by Chief and Council.

### Trillium Lakelands District School Board Tuition Invoice for Approval

Senior Administrator, Murray Maracle, presented a cheque requisition for a Trillium Lakelands District School Board invoice in the amount of \$254,640.40 for the period of September 2021 to March 2022 for elementary and secondary student tuition. Chief and Council agree to approve the cheque requisition.

#### Motion 2:

**Moved by Lorie Strength-Fenton and seconded by Blaine Commandant to approve the payment of the Trillium Lakelands District School Board tuition invoice in the amount of \$254,640.00**

ALL IN FAVOUR

CARRIED

Youth Council

Senior Administrator, Murray Maracle, shared the Wahta Mohawks Youth Council's mission statement with Council for discussion. Council would like to provide some feedback on the statement and to get a clear understanding on what they feel their mission in the community will be.

Adjournment

**Motion 3:**

Moved by Teresa Greasley and seconded by Lorie Strength-Fenton to adjourn at 11:00am.

ALL IN FAVOUR

CARRIED

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## Virtual Public Council Meeting

**Tuesday January 25<sup>th</sup>, 2021, 7:00pm**

Please join us for a virtual Public Council Meeting on Zoom!

**Register in advance for this meeting:**

<https://zoom.us/meeting/register/tJcqfu2urjsrH9z0bvFbMkMQHU2D0twpRB0j>

**After registering, you will receive a confirmation email containing information about joining the meeting.**

If you need help getting started or have any questions, please contact Samantha at [samantha.walker@wahtamohawks.ca](mailto:samantha.walker@wahtamohawks.ca)



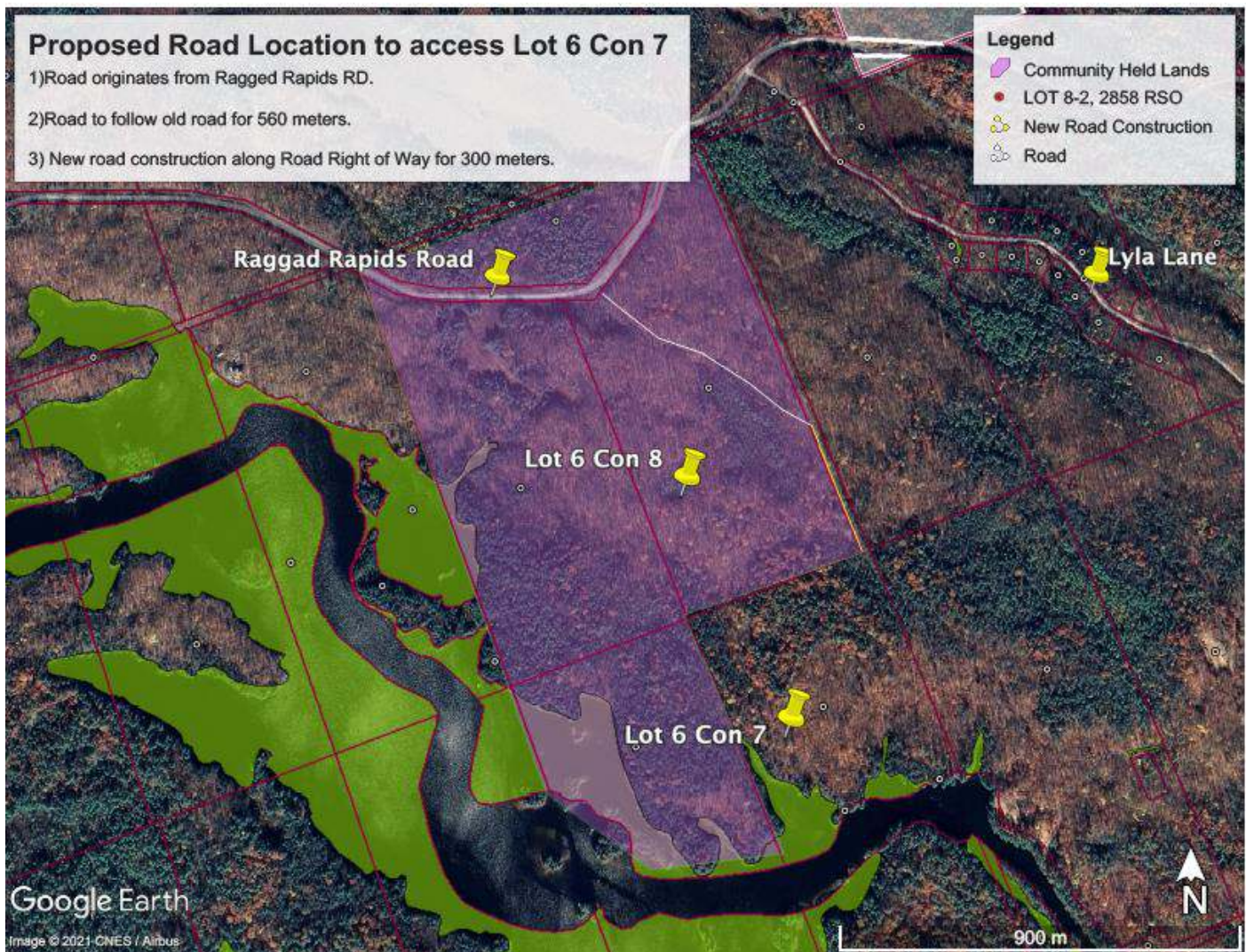
# Notice of Request to Utilize Community Lands

A Wahta Mohawks member has requested permission from Council to construct a road on community held land (Lot 6 Con 8). The request has been made to facilitate the member's access to Certificate of Possession held land (Lot 6 Con 7).

The request involves proposed road reconstruction within Lot 6 Con 8 commencing at Ragged Rapids Road, heading south for 560 meters (indicated with a white line on map). From there, a new road would then be constructed (indicated with a yellow line on map) along the Road Right of Way for a length of 300 meters. The road is to be no wider than 4 meters in width and will be approximately 860 meters in length. The construction and ongoing maintenance costs of the proposed road will be the responsibility of the member making the request. The proposed new road on Lot 6 Con 8 will also be open to community access once built.

Council will be tabling the request at a community meeting in January 2022. If you have any questions or would like to comment on this request in the meantime, please contact:

Scott Aubichon  
Lands & Resources Coordinator [scott.aubichon@wahtamohawks.ca](mailto:scott.aubichon@wahtamohawks.ca)  
705-762-2354 Ext 242





# Notice of Request to Utilize Community Lands

A Wahta Mohawks member has requested permission from Council to construct a road on community held land for the purpose of accessing the member's Certificate of Possession held land (Lot 11-1 Con 9).

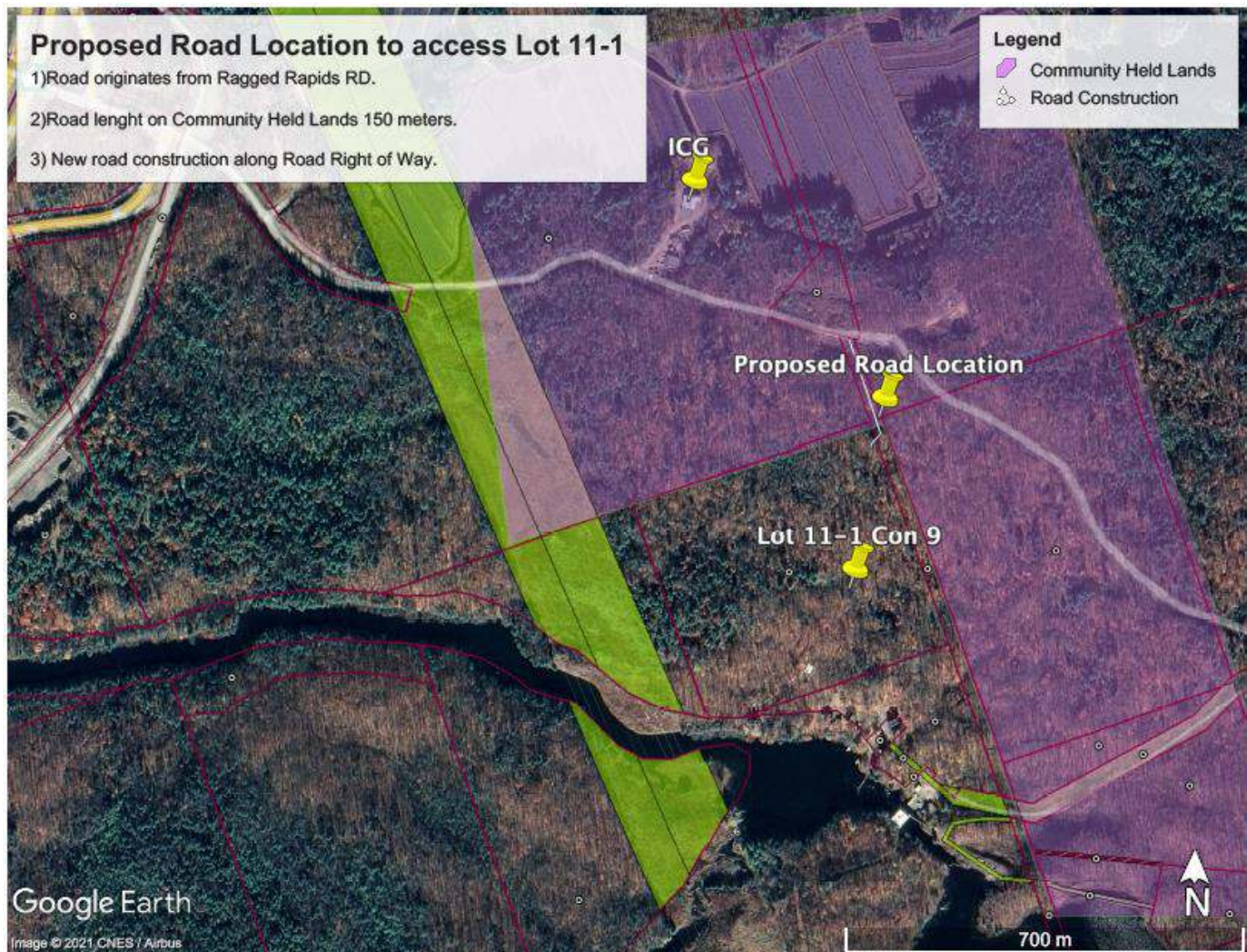
The request involves proposed road reconstruction commencing at Ragged Rapids Road heading south for 150 meters (indicated with a white line on map). The proposed road would be no wider than 4 meters in width. The construction and ongoing maintenance costs of the proposed road will be the responsibility of the member making the request. The proposed new road will also be open to community access once built.

Council will be tabling the request at a community meeting in January 2022. If you have any questions or would like to comment on this request in the meantime, please contact:

Scott Aubichon

Lands & Resources Coordinator [scott.aubichon@wahtamohawks.ca](mailto:scott.aubichon@wahtamohawks.ca)

705-762-2354 Ext 242



Chief, Council and Wahta Citizens

We would like to thank you for the lovely food that you provided our family as we grieved the sudden loss of our daughter Tiffany. Many thanks to all that sent flower arrangements, plants and kind words. This was sincerely appreciated.

With Thanks,  
The Strength families & The Jennings family

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### **Wahta Housing Subsidies**

Wahta Mohawks offers subsidies for New Construction and Renovations. We also have a subsidy for Water and Sanitation.

- New Construction Housing subsidies are limited to a maximum of \$26,300.00 each.
- Renovation subsidies are available to a maximum of \$26,300.00 on a 50/50 cost sharing basis.



We have only two of these subsidies available each year so it would mean two housing subsidies, or one housing subsidy and renovation subsidies totaling \$26,300.00 etc.

We also offer a Water and Sanitation subsidy of \$15,000.00 available for two new homes or to assist with the replacement of a well, pump, water system or for septic system renovation.

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### **Address Update**

If you have moved or plan to move, please let us know your new address whether it be a mailing address, email address, home phone and cell phone.

Contact [karen.sahanatien@wahtamohawks.ca](mailto:karen.sahanatien@wahtamohawks.ca) to update your contact information.

Lets keep in touch!



Indigenous Services  
Canada

Services aux  
Autochtones Canada

First Nation and Inuit Health Branch  
Environmental Public Health Services  
Orillia District Office  
3873 Agnew Road  
Washago, ON L0K 2B0  
Tel (705) 323-2772

December 15, 2021

Wahta Emergency Control Group(ECG)  
Wahta Mohawks

**Re: Acknowledgement of Work regarding Covid-19 Prevention**

As this year comes to a close, the present pandemic is still a major concern, with new variants, hospitalizations rising, vaccination rates slowly rising, and anxiety. In yours and other First Nations, off reserve neighbourhoods and communities, committees like yours have been committed to keeping their communities safe from the pandemic and but having to enforce strict guidelines, protocols, regulations to the best of their abilities. I have been especially proud of Wahta's commitment to the process and have tried to attend every teleconference that the ECG has had. These band officials from Administration, Health, Education, Council and others have managed to almost completely keep Covid-19 from entering the territory, even with major highways running through it. This is the real test of integrity and willingness to do what needs to be done to protect the elders, the youngsters, and those with underlying medical concerns.

It is really a step that everyone should take and consider. There may have been program cancellations that affected peoples plans, however, every consideration has been made before a decision is made after consulting with the health experts. Where communities have lessened the restrictions, we have been seeing an increase in cases and outbreaks have and are occurring. Please be assured that the ECG is doing the unpleasant task that needs to be done but do not take the pleasure in cancelling events or programs. My office is proud of the committee's commitment and hope this continues with the co-operation of all community members.

May all community members have a safe and covid free Christmas, but follow protocols for the sake of everyone's families, friends and neighbours.

If you have any questions, please contact the office at the above number. If there is an urgent call after hours, call the regional on call EPHO toll free at 1-855-407-2676

Yours truly,

George Korzeniecki,  
Environmental Public Health Officer  
Ontario Region South

cc Chief and Council  
Matthew Commandant  
Randell Sonmor




## Gravel Delivery Notice

Following the purchase of each gravel order, members are now requested to call Sahanatien Haulage to provide delivery instructions. Their number is 705 762 5346.

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### GET YOUR WATER TESTED

The best time to sample your well water is when the probability of contamination is greatest. This is likely to be in early spring just after the thaw, after an extended dry spell, following heavy rains or after lengthy periods of non-use. If you live on the Territory and would like your water to be tested, please contact Evan Holmes at 705-644-9884.

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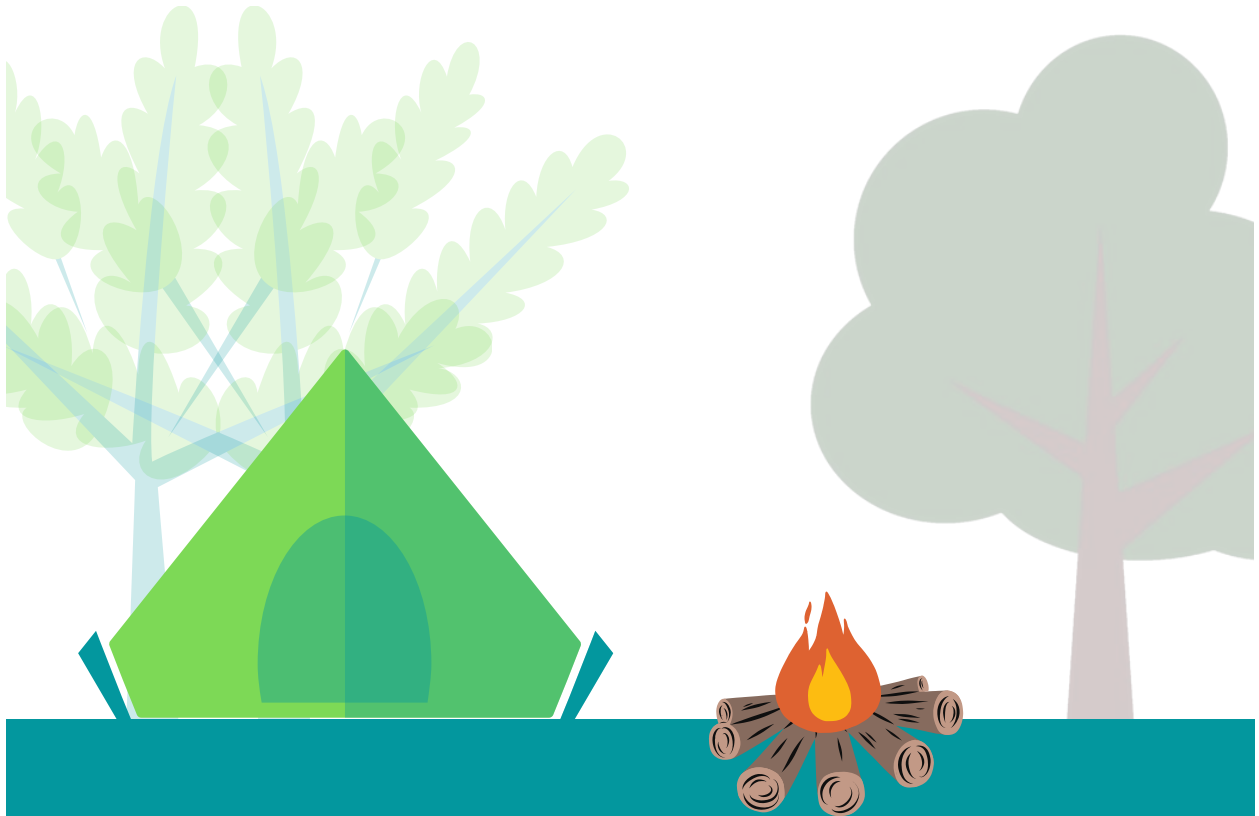
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Land for Sale	Land for Sale	Land Wanted	Land Wanted	Land Wanted	Land Wanted
2 acres adjacent to Musk. Rd. 38 with driveway	Various locations	Band member looking to purchase waterfront property on lake Gibson.	Band member interested in purchasing a building lot along the river. If you own one of these lots and would consider selling it, we're most interested in speaking with you. We may also be interested in other lots not on the river. Please contact Diane at 226-332-2352	Band member looking to purchase property. Please contact 705-801-9508	Property for lease for member to use as recreational land, e.g. Camping Any size, any location Leah 705-238-9004 leah.readman@gmail.com
5 Acres adjacent to Musk. Rd. 38 with no driveway	Call 705-762-0013 for more information	Please contact Chantell. 289-440-2464			
80+ acres with bush lot and waterfront					
For more info, please call 705-644-4227					

**WAHTA MOHAWKS**

# **MARCH BREAK CAMP**

**Culture - Language - Land-Based Learning**



**PLEASE SAVE THE DATE AND REGISTER EARLY**

**March 14th - 18th**

Monday - Thursday 9:00am-4:00pm, Friday 9:00am - 1:00pm

Open to school-aged children

Camp will run outside, in a land-based learning, forest school environment centered around cultural teachings and activities.

\*arrangements will be made to restructure in the case of new covid protocols\*

email: [sarah.chaloux@wahtamohawks.ca](mailto:sarah.chaloux@wahtamohawks.ca) or  
[amy.davidson@wahtamohawks.ca](mailto:amy.davidson@wahtamohawks.ca)



## Kanien'kéha Mohawk Language

New Winter Session beginning! Please email to register.

Classes begin week of January 10, 2022 running for 10 weeks

We will be starting a fresh new term for our Winter Session. All learners welcome and will be accommodated based on learning level, please don't hesitate to join. All classes continue to be held via Zoom with our instructor Richard Hay.

### Community Language Classes – Online Zoom

Beginner and Novice learners welcome. All welcome. Ability to commit to the 10 weeks is ideal.

Novice: Monday and Thursday evenings; 7-8pm

Beginner: to be determined based on interest and needs.

### Youth and Family – Online Zoom

Wednesday's 4:15-5:00pm. School-aged youth welcome. Join anytime weekly.

### Language Nest - Online Zoom

Monday mornings 10:30am. Caregivers and preschool aged children may participate in this early-years exposure and supports for Kanien'kéha in the home.

CAN8 Language Software - sign ups are still welcome. Please email if you would like instructions and access to this program for self-led learning paired with Richard's teaching supports.

### Partnering with Community

We are seeking interested stakeholders, learners, speakers, elders and knowledge keepers who would be willing to advise on language planning at various stages, or participate in various programming as knowledge keepers who could share their language, culture, and teachings with community.

All registrations and questions welcome at [sarah.chaloux@wahtamohawks.ca](mailto:sarah.chaloux@wahtamohawks.ca)  
Language Instructor Richard Hay can be reached at [richard.hay@wahtamohawks.ca](mailto:richard.hay@wahtamohawks.ca)

## Indigenous Healthy Babies Healthy Children

This service is offered to Indigenous families with children 0-6 years old. Objective is to prepare families for parenting through all stages (pre to post-natal, early years) to provide the best opportunity for healthy development using a wholistic, culturally responsive, and strength-based approach to care.

Services include : home visits, intakes, early identification and screenings, family support plans, service navigation, referrals and advocacy. Cultural component of this service will include a series on cultural teachings dedicated to the early life stages, and parenting. If you are interested and have not yet enrolled, please reach out to begin the intake process.

### Newborn Cultural Teachings

January 20, 2021 6-8pm

Zoom session with Indigenous Birth Keeper Melissa Brown of Zaagi'idiwin

First of our Cultural Teachings Series dedicated to early life stages and parenting journey. Newborn ceremonies included: Welcoming songs, cutting the cord, belly button teachings, placenta ceremony, soft spot teachings, moss bag teachings, cradleboard teachings.

Intakes, questions about IHBHC services, and registration for Newborn Cultural Teachings email:

[sarah.chaloux@wahtamohawks.ca](mailto:sarah.chaloux@wahtamohawks.ca)

## **Money Talks**

**We are excited to present Karen Collacutt, Money Coach**

What do you do with your money? Spend it? Save it? Join Karen, Money Coach to learn how to make friends with your money including a 3-part plan to do stuff today and have a game plan for the bigger stuff you want.



### **Family and individual Adults**

Tuesday January 18<sup>th</sup>, 2022, at 7:30 pm

### **Youth and Post-Secondary Students**

Wednesday January 19<sup>th</sup>, 2022, at 7:30 pm

### **Kids ages 8-11 years old**

Saturday January 29<sup>th</sup>, 2022, at 10:00 am

**To sign up please contact Jacqueline Stewart**

[Jacqueline.stewart@wahtamohawks.ca](mailto:Jacqueline.stewart@wahtamohawks.ca)



## **Post-Secondary Students!!!**

**Some PSE funds may be available to students for the Winter semester.**

**Eligibility requirements as PSE Policy apply.**

**This is not guaranteed**

**If you wish to apply, please contact Jacqueline Stewart**

[jacqueline.stewart@wahtamohawks.ca](mailto:jacqueline.stewart@wahtamohawks.ca)

# Skating Notice

## Requirements for Wahta Public skating at the Bala arena.

December 11<sup>th</sup>, & 18<sup>th</sup>, January 8<sup>th</sup> & 22<sup>nd</sup>, February 12<sup>th</sup> & 19<sup>th</sup>, March 5<sup>th</sup> & 26<sup>th</sup>

Masks must be worn in the building except when the people are skating on the ice. When they are exiting the ice surface they must put their masks back on.

As of December 8<sup>th</sup> the Simcoe Muskoka District Health Unit has requested that **children twelve and up must have proof of one vaccination**. Here is the regulation from Dr. Gardiner.

Effective the prescribed dates provided below and until further notice, I am instructing all owners, operators, and persons responsible for any indoor areas of facilities used for organized sports and recreational fitness activities in the municipalities of the County of Simcoe, the District of Muskoka, and the Cities of Orillia and Barrie to implement the following measures:

1. As communicated in the October 14, 2021 letter of instruction, effective November 25, 2021 at 12:01 a.m., require each individual, age 12 years of age and older on the date of entry, at the point of entry, who attends the indoor area of the facility for the purpose of: coaching, teaching, instructing, officiating at organized sports or volunteering in any capacity for any purpose, to provide

i. personal identification; and

ii. proof of being fully vaccinated\* against COVID-19 or provide a valid medical exemption each time they enter.

\* Acceptable proof of vaccination going forward shall be in the form as required by the Ministry of Health Proof of Vaccination Guidelines.

**2. Effective December 8, 2021, implement and enforce a policy that requires each participant, 12 years of age and older, who attends an indoor area of the facility for the purpose of: a. Attending or being involved, in any capacity, in indoor organized sports and/or indoor recreational fitness activities; to provide, at the point of entry:**

**i. identification and proof of having received at least one dose of a Health Canada approved COVID-19 vaccine for any entry on or after December 8, 2021, and**

**ii. identification and proof of being fully vaccinated against COVID-19 for any entry on or after February 16, 2022, or**

**iii. a valid exemption as set out in section 2.1(6) of Schedule 1, each time they enter.**

3. Effective January 1, 2022, implement and enforce a policy that provides that all children have a grace period of 12 weeks from their 12<sup>th</sup> birthday during which they provide identification at the point of entry, but do not need to provide proof of being fully vaccinated against COVID-19. This is to allow a reasonable opportunity for vaccination to be completed, and to accommodate the current recommended 8-week interval between dose 1 and dose 2.

# Family Day

## For Families with children 0-17

### Family History Project

Are you interested in creating your own family photo book/history book? Add in special photos, write quotes, and document your family history?? If interested, please contact Amy at [amy.davidson@wahtamohawks.ca](mailto:amy.davidson@wahtamohawks.ca) by January 21<sup>st</sup>.

A great Family day activity for the entire family to enjoy for years to come.

### Winter Recreation Assistance Program

Up to \$200.00 may be reimbursed for registration fees, lessons, and equipment related to an activity that school age children are registered in. The receipt to be reimbursed must identify the child's name, and reimbursement payment will be released by **cheque only**. **The parent/guardian must come to the Wahta Cultural Centre to pick up this cheque and sign a form** for accountability purposes.

**This program is in place while funds are available.** All receipts must be submitted by **February 18th 2022** with no exceptions. If you are unsure of what type of expenses qualify, please contact Amy Davidson at [amy.davidson@wahtamohawks.ca](mailto:amy.davidson@wahtamohawks.ca)

### Canadian Firearm Safety Course (CFSC)



Are you interested in obtaining your Possession and Acquisition Licence (PAL)?

Firearm possession and acquisition in Canada requires a Possession and Acquisition Licence (PAL). Ontarians applying for a Possession and Acquisition License for the first time are required to successfully complete the Canadian Firearms Safety Course (CFSC).

We are looking for numbers of interested participants to potentially get a course offered in Wahta. This is not a guarantee, and is dependent on numbers/funding. If approved, the course will likely take place in February or March 2022.

This course prepares students with beginner level knowledge on the responsibilities of possessing and using non-restricted firearms, their safe use and handling as well as storage of firearms and ammunition.

The course takes a minimum of 8 hours to complete, not including the written and practical test.

You will learn:

- Basic firearms safety practices
- Ammunition types and storage
- Operating firearm actions
- Safe handling and carry procedures
- Responsibilities of the firearms owner/user
- Safe storage, display, transportation, and handling of firearms

If you are interested, please contact  
Kathleen White at  
[kathleen.white@wahtamohawks.ca](mailto:kathleen.white@wahtamohawks.ca)  
or (705) 330-1875.

# Wahta Mohawks Health and Social

## Ongoing Monthly Services

### Online Traditional Healer Sessions with Jane Burning

Please register with Kristan Sahanatien – [kristan.sahanatien@wahtamohawks.ca](mailto:kristan.sahanatien@wahtamohawks.ca) or Sherry Byrne – [sherry.byrne@wahtamohawks.ca](mailto:sherry.byrne@wahtamohawks.ca) or 705 762 2354. Ext 241 or 250.

### Music Therapy

Once a month we will provide an online group music-assisted progressive muscle relaxation session. Music can be used to assist the relaxation process, and to teach relaxation skills for independent self-care. Along with this, we also offer 1:1 music therapy sessions. For more information, please contact Kristan Sahanatien – [kristan.sahanatien@wahtamohawks.ca](mailto:kristan.sahanatien@wahtamohawks.ca) or Sherry Byrne – [sherry.byrne@wahtamohawks.ca](mailto:sherry.byrne@wahtamohawks.ca)

### Cannabis 1:1 Sessions

Dr. Lionel Marks de Chabris. Dr. Lionel is a pain and addiction specialist working out of Northern Ontario. We have had Dr. Lionel host multiple workshops for the community throughout the summer months and have received great feedback from participants. Dr. Lionel would be providing his expertise knowledge in this area and answer any questions you may have. For further information or to register, please contact Kristan Sahanatien – [kristan.sahanatien@wahtamohawks.ca](mailto:kristan.sahanatien@wahtamohawks.ca)

### Falling Leaf Program

Our Falling leaf program is aimed to protect our seniors when home alone or out. These systems are equipped with GPS so should a fall happen when at home or not you can call for help or it will detect the fall and help will find you. For more information or to sign up please email or call Bobby Decaire. Contact: Bobby Decaire - [Bobby.decaire@wahtamohawks.ca](mailto:Bobby.decaire@wahtamohawks.ca) 705-641-1263

### Music and Memory

Music and memory is used to calm anxiety and help with Dementia, alzheimers and much more. This unit is meant to be used anytime and any place. This can go with you anywhere. To Sign up for your Personalized unit please Email or Call Bobby Decaire  
Contact: [Bobby.decaire@wahtamohawks.ca](mailto:Bobby.decaire@wahtamohawks.ca) 705-641-1263

### Madeline's Mobile Salon:

Madeline is taking appointments for Hair services for our Seniors in the community. She is licenced and insured as well as will be wearing proper PPE for these appoints to assure the most safety possible, She comes right to the home so you don't have to travel, she has experience in Mobility issues of all types so she is great for working with our seniors to assure they get the best service in the most comfortable way possible. She brings all supplies and cleans up when finished. To sign up please Call or Email. This service is for Seniors 65+.



Contact : [Bobby.decaire@wahtamohawks.ca](mailto:Bobby.decaire@wahtamohawks.ca) 705-641-1263

### **Personal Care Services:**

We assist in providing Personal care to our seniors who need it, Prolonging the ability to be in their own homes longer. For a needs Assessment and to see if you qualify for this service please call or Email [Bobby.decaire@wahtamohawks.ca](mailto:Bobby.decaire@wahtamohawks.ca) 705-641-1263

## **Program Registrations for January**

**Virtual Escape Room** – Youth program (11-17years). Please register with Kristan Sahanatien – [Kristan.sahanatien@wahtamohawks.ca](mailto:Kristan.sahanatien@wahtamohawks.ca) by January 10<sup>th</sup>, 2022.

**Virtual Youth Acting Program** (ages 11-17 years). Please register with Kristan Sahanatien – [Kristan.sahanatien@wahtamohawks.ca](mailto:Kristan.sahanatien@wahtamohawks.ca) by January 10<sup>th</sup>, 2022.

**Skirt Making** – Adult and Senior program, will be done online on zoom. Please register with Kristan Sahanatien – [Kristan.sahanatien@wahtamohawks.ca](mailto:Kristan.sahanatien@wahtamohawks.ca) by January 10<sup>th</sup>, 2022.

**Adult Art Journaling 8 week program done online** – Please register with Kristan Sahanatien – [Kristan.sahanatien@wahtamohawks.ca](mailto:Kristan.sahanatien@wahtamohawks.ca) by January 10<sup>th</sup>, 2022.

**Diamond Painting Kits for Adults** -If you would like to register for a kit, please contact Sherry Byrne at [sherry.byrne@wahtamohawks.ca](mailto:sherry.byrne@wahtamohawks.ca) by January 7<sup>th</sup>

**Youth Rug Hooking Kits** - If you would like to register for a kit, please contact Sherry Byrne at [sherry.byrne@wahtamohawks.ca](mailto:sherry.byrne@wahtamohawks.ca) by January 7<sup>th</sup>

### **Virtual Wellness Workshops with Kristina Giacobbe**

- Session # 1 - Monday, January 24<sup>th</sup> from 4:30-6:30PM **“Anxiety: Get to know what it is, how to identify it, and how to better cope!”**
- Session # 2 - Monday, March 7<sup>th</sup> from 1:00pm to 3:00pm **“Stress: How to identify in adults & youth, and how to effectively cope.”**

Each session will include coping mechanisms, and formal resources. If you would like to register, please contact Sherry Byrne at [sherry.byrne@wahtamohawks.ca](mailto:sherry.byrne@wahtamohawks.ca)  
If you have already registered, you don't need to again.

**Snowman Making Contest** - Its that time of year! SNOW is coming, it's a great time to get outside and build a snowman.

### **Categories:**

- Children up to 12
- 13 to 17
- 18 to 64
- 65 +

Send me a picture of your snowman, indicating which age group you are entering (one entry per person) by February 11<sup>th</sup>, 2022. Send your picture to [sherry.byrne@wahtamohawks.ca](mailto:sherry.byrne@wahtamohawks.ca)

### **“WYE” Do We Need The Outdoors?**

Do you, your family, your partner, your dog like the outdoors? Do you like walking, biking, snowshoeing, cross country skiing? Maybe you like the birds? Seeing them and feeding them? This could be your chance to do all these things and more. At the Wye Marsh Wildlife Centre. If this sounds like something you’re interested in, please contact Sara DeCaire 705 801 5300 or [sara.decaire@wahtamohawks.ca](mailto:sara.decaire@wahtamohawks.ca)

## **Foot/knee or back pain?**

Visit Zach, the onsite pedorthist at the **Wahta Health Hub**.

Specializing in orthotics, footwear, compression socks and orthopedics braces.

Diabetics or those with a family history are now eligible for footwear coverage

Booking new appointments for December 2<sup>nd</sup> , 2021

Please call Zach at 705-796-0050 to book an appointment

Thank you.



## We All Deserve to be Happy!

- Many of us have experienced feeling depressed, distressed, anxious or angry. Potentially you aren't performing as effectively at work or school. You could be struggling to build and maintain relationships. You are not enjoying activities you typically did before. You may be feeling like you cannot cope on your own. You are not the only one that has felt like this at one time or another.
- Most of the time we can deal with this on our own or with the help of family members, friend, co-workers... but there are times that we may need a little help.
- Taking care of yourself and your own wellbeing strengthens your ability to cope with everyday stressors and handle challenges more effectively.
- If you are interested in improving yourself and becoming the best person you can be. We can help you receive the tools and building blocks to help you to achieve this.
- We can help find someone for child/youth/adults to talk to in a safe, non-judgemental way. These services will let you vent about your issues and/or concerns that you are experiencing. They will help you come up with options and help develop skills that will help you in the future when you encounter difficult or triggering issues.
- Please contact Sherry Byrne the Community Wellbeing & Good Minds Co-ordinator at [sherry.byrne@wahtamohawks.ca](mailto:sherry.byrne@wahtamohawks.ca) or 705-762-2354 ex 250.

## Webster Lake (calm and peaceful)



**Saturday February 19th, 2022**

**Starts at 8am**

# Ice Fishing Derby 2022

*If you wish to participate, please sign up by contacting  
karen.sahanatien@wahtamohawks.ca  
by January 14th, 2022.*

*Due to the ongoing pandemic the annual ice fishing derby won't be held as usual. This year people can ice fish at any location on February 19th, 2022 from 8am to 3pm.*

*If you catch a pike, please take a picture with you and your fish with a measuring device and send to  
karen.sahanatien@wahtamohawks.ca*

*Prizes for those who participate.*

*Please plan on participating and remember to social distance.*

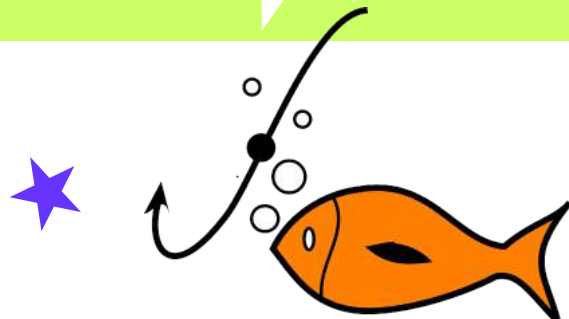
*Stay safe everyone!*

*Ice Fish at any location*

*Fun for the whole  
Family*

*Categories for women, men  
and youth*

*Pictures maybe used in the  
Wahta newsletter and  
facebook page*



# Good Food Box

Northern Produce will be delivering Good Food Boxes to everyone who is signed up.

If you have not signed up and are interested in receiving the Good Food Box, and you live on reserve, please email Sara at [sara.decaire@wahtamohawks.ca](mailto:sara.decaire@wahtamohawks.ca). You can also contact our receptionist Skye at 705-762-2354, and she will give Sara the message.



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## Ambulance Payment Assistance

**Attention:** If you have used an Ambulance to West Parry Sound Health Centre (Parry Sound Hospital)

When you receive your bill please get in contact with:

Patricia Austin, M.O.A.

Financial Services Clerk

West Parry Sound Health Centre

6 Albert Street, Parry Sound P2A 3A4

Phone: (705) 746-4540 ext 4112

email: [paustin@wpshc.com](mailto:paustin@wpshc.com)

[www.wpshc.com](http://www.wpshc.com)



Patricia can, with the status number that you provide, send the bill to FNIHB for payment directly!

If any questions arise please contact Christine for assistance.

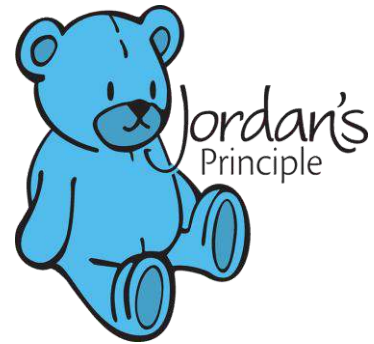
**\*if you live elsewhere and have to use an ambulance get in touch with that hospitals finance department and see if this can be arranged for you\***



### What is Jordan's Principle?

Jordan's Principle is meant to prevent First Nations children from being denied essential services or experiencing delays in receiving them. Different levels of government fund different services for First Nations children, and as a result it can be hard to figure out how to access necessary products, services, and supports. Under Jordan's Principle, we can:

- ✓ Inform families about the resources available for their child and how to access it
- ✓ Coordinate access to products, services, and supports
- ✓ Provide funding when it's needed to make sure products, services, and supports are accessed without delay



### Who can apply to Jordan's Principle?

A child under the age of majority in their province of residence can access Jordan's Principle, if they permanently reside in Canada, and if the child meets **one** of the following criteria:

- ✓ Child is registered or eligible to be registered under the Indian Act
- ✓ Child has one parent or guardian who is registered/eligible to be registered under the Indian Act
- ✓ Child is recognized by their nation for the purposes of Jordan's Principle
- ✓ Child is ordinarily resident on reserve

### What is covered under Jordan's Principle?

#### Health:

- ✓ mobility aids
- ✓ wheelchair ramps
- ✓ addiction services
- ✓ services from Elders
- ✓ mental health services
- ✓ specialized hearing aids
- ✓ traditional healing services
- ✓ services for children in care
- ✓ assessments and screenings
- ✓ transportation to appointments
- ✓ medical supplies and equipment
- ✓ long term care for children with specialized needs
- ✓ therapeutic services for individuals or groups

#### Social:

- ✓ social worker
- ✓ land-based activities
- ✓ personal support worker
- ✓ specialized summer camps
- ✓ respite care
- ✓ specialized programs based on cultural beliefs and practices

#### Education:

- ✓ school supplies
- ✓ tutoring services
- ✓ teaching assistants
- ✓ specialized school transportation
- ✓ psycho-educational assessments
- ✓ assistive technologies and electronics

### For more information, please contact:

Kathleen White, Jordan's Principle Navigator

kathleen.white@wahtamohawks.ca or (705) 330-1875

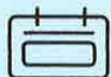


# RAAM CLINIC

## West Parry Sound Rapid Access Addiction Medicine Clinic

The Rapid Access Addiction Medicine (RAAM) Clinic is a low-barrier, culturally safe clinic for individuals 16 years of age and older who are struggling with substance use concerns; or for friends and family seeking personal support around a loved one's substance use.

Although not required, referrals are helpful and appreciated. Walk-ins are welcome.



Start Date:  
Monday May 27, 2019



Mondays: 2 PM - 6 PM  
Thursdays: 8 AM - 12 PM



West Parry Sound Health  
Centre - Ambulatory Care  
6 Albert St., Parry Sound



Check-in at Admitting

For additional information, referral forms, patient hand-outs, and brochures, please contact us:



**705-375-9900**

or call:



**705-746-4264**

and ask for a RAAM counsellor



Canadian Mental  
Health Association

Addictions and  
Mental Health Services



West Parry Sound Health Centre

*Rural Nurse Practitioner-Led Clinic*

# Kagita Mikam Employment & Training

Intake applications are ongoing for Kagita Mikam Employment & Training Programs. If you are unemployed, underemployed or out of school and would like to receive training to get back into the workforce then support is available upon meeting the criteria and funding availability.



Programs available through Kagita Mikam are: Purchase of Training, Targeted Wage Subsidy, Mobility Assistance, Youth Work Experience, Employment Assistance Supports and Self Employment Assistance. Funding for training is for 1 year only. Members of Wahta Mohawks without status are eligible for funding. A Letter from Wahta Mohawks stating that you have membership must be provided. Members with status must provide status number and membership letter. For more information on the program please contact **Kathleen White** at **705-762-2354 x. 240** or by email at **kathleen.white@wahtamohawks.ca**



**Do you need support...someone to talk to?? Everyone needs support at one time or another.**

**Aboriginal Mental Health and Addictions Program (B'saanibaamaadsiwin)**  
**705-746-2512 24/7 Support Line**

This program is aimed at providing culturally appropriate support and treatment for Indigenous individuals, families, and community. Model of service is culturally relevant and community specific therapeutic interventions that are based on best practices.

Please contact Sherry for referral (ext. 250) or referrals for counselling and treatment can come through any source or self-referral throughout the districts of Muskoka and Parry Sound. Services can be accessed by calling the Parry Sound Office. People can be supported in community or go into their offices...whatever your preference may be.

If you would like an appointment with **Dr. Ed Connors** please call **Sherry Byrne** at 705-762-2354 ext. 250.

## Wahta Mohawks Business Directory

Business Name	Phone Number	Website	Services Offered
Commandant Towing and Recovery	(705) 205-1418		Towing and Recovery Free Scrap Vehicle Removal Tire Services – vehicles, trailers, atvs
First Nations Liquidation	(705) 762-0101	<a href="https://firstnationliquidation.com/">https://firstnationliquidation.com/</a>	Convenience Gifts Fireworks Household items
Long House Grill	(705) 762 6687	<a href="https://firstnationliquidation.com/longhouse-grill/">https://firstnationliquidation.com/longhouse-grill/</a>	Restaurant
Mrs. H's Fish & Chips	(705) 762-4262	<a href="https://mrshsfishandchips.ca/">https://mrshsfishandchips.ca/</a>	Restaurant
Muskoka Rural Electric	(705) 762-3440	<a href="http://www.muskokaruralelectric.com">www.muskokaruralelectric.com</a>	Licensed electricians
Poseidon Plumbing	(705) 801-6164	<a href="http://godofwater.ca/">http://godofwater.ca/</a>	Full-service plumber
Redd Roads Craft and Smoke Shop	(705) 706-1476		Native crafts and smokes
Sahanatien Haulage	(705) 762-5346	<a href="https://lshaulage.com/">https://lshaulage.com/</a>	Site development Roads and driveways Septic systems Landscaping and supplies Material delivery
Team Boats	(855) 770-8326	<a href="https://teamboats.ca/">https://teamboats.ca/</a>	Custom Aluminum Boats
The Big Smoke	(705) 762-4934		Smoke Convenience
Wahta Station	(705) 762-2195	<a href="https://thewahtastation.com/">https://thewahtastation.com/</a>	Convenience Grocery
Wahta Springs	(800) 593-0127	<a href="http://www.wahtasprings.com/">http://www.wahtasprings.com/</a>	Water Bottling
What-a-Convenience	(705) 762-1923		Gas Station Bakery Gifts
Wolf Energy Muskoka and Trading Post	(249) 605-0238	<a href="https://wolfenergymuskoka.ca/">https://wolfenergymuskoka.ca/</a>	Trading Post Gas Station Gifts Grocery Wellness
Womb Rising	(705) 323-5599	<a href="http://www.wombrising.com">www.wombrising.com</a>	Birth Services

If you own and operate a business on territory and you would like to be included in this directory,  
please contact Kathleen White at  
[kathleen.white@wahtamohawks.ca](mailto:kathleen.white@wahtamohawks.ca) or (705) 330-1875.

# Contact Information

## Chief & Council

Chief Philip Franks	<a href="mailto:philip.franks@wahtamohawksCouncil.ca">philip.franks@wahtamohawksCouncil.ca</a>	705-528-9468
Councillor Blaine Commandant	<a href="mailto:blaine.commandant@wahtamohawksCouncil.ca">blaine.commandant@wahtamohawksCouncil.ca</a>	705-394-8699
Councillor Teresa Greasley	<a href="mailto:teresa.greasley@wahtamohawksCouncil.ca">teresa.greasley@wahtamohawksCouncil.ca</a>	705-644-9934
Councillor Lorie Strength-Fenton	<a href="mailto:lorie.fenton-strength@wahtamohawksCouncil.ca">lorie.fenton-strength@wahtamohawksCouncil.ca</a>	705-774-2796
Councillor Jesse Strength	<a href="mailto:jesse.strength@wahtamohawksCouncil.ca">jesse.strength@wahtamohawksCouncil.ca</a>	TBD

## Administration

**705-762-2354**

<a href="#">Scott Aubichon</a>	Lands and Resources Coordinator	Ext. 242
<a href="#">Sherry Byrne</a>	Community Wellbeing & Good Minds Programming Coord.	Ext. 250
<a href="#">Sarah Chaloux</a>	Language Activator	Ext. 259
<a href="#">Matthew Commandant</a>	Housing Coordinator	Ext. 275
<a href="#">Joanne Contant</a>	Chief Financial Officer	Ext. 227
<a href="#">Christine Cox</a>	Health & Social Services Manager	Ext. 273
<a href="#">Amy Davidson</a>	Family Well-Being Worker	Ext. 203
<a href="#">Bobby DeCaire</a>	Senior Services Coordinator	N/A
<a href="#">Courtnei DeCaire</a>	Financial Assistant	Ext. 230
<a href="#">Sara DeCaire</a>	Diabetes & Seniors Programming Coordinator	Ext. 206
<a href="#">Skye DeCaire</a>	Receptionist	Ext. 221
<a href="#">Richard Hay</a>	Kanien'keha Language Instructor	N/A
<a href="#">Carol Holmes</a>	Education Services Manager	Ext. 233
<a href="#">Murray Maracle</a>	Senior Administrator	Ext. 231
<a href="#">Kim North</a>	Finance Clerk	Ext. 237
<a href="#">Karen Sahanatien</a>	Membership/Lands & Housing Clerk	Ext. 222
<a href="#">Kristan Sahanatien</a>	NNADAP	Ext. 241
<a href="#">Randell Sonmor</a>	Capital Assets Manager	Ext. 224
<a href="#">Jacqueline Stewart</a>	Education Assistant	N/A
<a href="#">Samantha Walker</a>	Council Executive Assistant/Librarian	Ext. 272
<a href="#">Kathleen White</a>	Ontario Works Administrator/Employment & Training	Ext. 240

## Maintenance & Public Works

<a href="#">Berry Berwick</a>	Public Works Supervisor	705-641-0722
<a href="#">Harry Byrne</a>	Maintenance Supervisor	705-641-0833
<a href="#">Terry DeCaire</a>	Maintenance	705-644-9862
<a href="#">Evan Holmes</a>	Public Works	705-644-9884

Please Feel Free to Call with any Questions or Concerns

Administration Office Hours:

Monday through Thursday, 8:00am - 4:30pm

Fridays 8:00am - 2:00pm